

## REGIONAL MANAGEMENT GROUP MEETING

**Date:** July 26, 2013

**Time:** 9:00 a.m.

**Attendees:** Jim Newton, Mark Diorio, George Braunstein, Joe Wilson, Cindy Kemp, Kathy Drumwright, Cindy Koshatka, Lyanne Trumbull, Deborah Warren, Lisa Madron, Margaret Graham, Barbara Martinez, Sara Brinkmoeller

**Guests:** Judith Korf, Bob Anthony, Jane Anthony, Jim Thur, Cathy Wilson, Camilla Schwoebel

**Absent:** Tom Geib

**Recorder:** Lyanne Trumbull/Cindy Koshatka

Call to Order: J. Wilson called the meeting to order at 9:00 a.m.

Announcements: None.

Notes: Notes from June 28, 2013 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (June 28, 2013), Regional Utilization Management Report, FY13 HPR II Regional Funds Budget Status, Hospital Contact Information, FY14 Renewal Exhibit C: Discharge Assistance Program Requirements

| TOPIC          | DISCUSSION   | REC/ACTIONS   | RESPON-<br>SIBLE<br>PARTY | FOLLOW-<br>UP<br>DATE  |
|----------------|--|---|---------------------------|------------------------|
| <b>Updates</b> | <p><b><u>RDAP</u></b></p> <ul style="list-style-type: none"> <li>• \$1.5M is available statewide</li> <li>• Region II will request a 4 bed home for 4 men with a backup plan of approx. 6 standalone plans</li> <li>• If home is funded, a CSB will need to manage the contract</li> <li>• NVMHI will participate in the proposal</li> <li>• LDAP and RDAP existing funds must be used before the new FY14 RDAP funds can be allocated</li> <li>• Four person selection committee will make their decisions by the end of August</li> </ul> <p><b><u>State Performance Contract Exhibit C</u></b></p> <ul style="list-style-type: none"> <li>• Current draft requires additional reporting from Regional Offices and CSBs</li> <li>• Update of draft is expected</li> </ul> <p><b><u>Dual Eligible Project</u></b></p> <ul style="list-style-type: none"> <li>• Two new models: BHATTS (PACT with a medical component) and ECC (ICT with integrated primary care)</li> </ul> | <p>Proposals are due by 7/31/13.</p> <p>Fairfax will consider managing this contract</p> <p>Review next draft</p> | <p>NVRPO</p> <p>RMG</p>   | <p>When it arrives</p> |



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| <b>Wounded Warrior</b> | <p><b>Wounded Warrior</b><br/>Presentation by Cathy Wilson, Jim Thur, and Camilla Schwoebel:</p> <ul style="list-style-type: none"> <li>• VWWP is a national model that includes interagency partnerships and collaboration</li> <li>• Secretary Hazel and DBHDS support this model</li> <li>• CSB hires, fires, and has administrative oversight, and DVS has program and operational control so DVS can move forward quickly with agencies who get funds, redirect resources as needed</li> <li>• For FY14, Region I will serve persons in our region. Camilla Schwoebel is the Regional Director, and she is a Coast Guard veteran and a clinician. RACSB is the operating Board and fiscal agent. Northwestern CSB has hired 3 veteran peer specialists to serve Northern Virginia. DVS will pay CSBs for services CSB provides to consumers.</li> <li>• Work is being done on an automated data base with a goal of combining data systems.</li> <li>• Next steps: DVS will 1) meet with each CSB and discuss wait times, available services, 2) set up family support, 3) assure that all CSBs are Tricare providers, 4) look at different strategies for next year</li> </ul> |   |  |  |
| <b>Budget</b>          | <p><b>Regional Budget Overview</b></p> <ul style="list-style-type: none"> <li>• Funds allocated for Youth LIPOS have been expended</li> <li>• RDAP retained earnings are being considered for use toward purchase of a home</li> <li>• Regional Utilization Group had the following ideas regarding use of unexpended funds: <ul style="list-style-type: none"> <li>○ Youth LIPOS</li> <li>○ Respite beds for elderly</li> <li>○ Guardianship pool</li> <li>○ Language interpretation</li> <li>○ Transportation</li> </ul> </li> </ul>   | <p>Combine Youth and Adult LIPOS<br/>Analyze Youth LIPOS admissions</p> <p>Formalize proposals and forward to RMG</p> | <p>NVRPO</p> <p>NVRPO</p> <p>NVRPO</p> | <p>ASAP</p> <p>8/23/13</p> <p>ASAP</p> |
| <b>Data</b>            | <p><b>LIPOS:</b> 54 admissions in 6/13; average per month for FY12 was 41; average per month for FY13 is 47. Average LOS = 5.2 days; FY12 was 5.4 days. Most admissions went to Mt. Vernon Hospital. 18 PHP admissions for FY13. 30 consumers stayed longer than 12 days. 33 Youth LIPOS admissions.</p> <p><b>NVMHI/WSH:</b> 52 admissions in 6/13. 23% TDOs in FY13 and FY12. 25% were insured for 6/13; 23% for FY13 and 22% for FY12. 30 day re-admission rate = 11%. 95% occupancy in 6/13. 23 people on the EBL. 2 ID admissions for 6/13. 27% had a SA diagnosis. WSH had 19 admissions.</p> <p><b>TDOs:</b> 184 commitment hearings were held in 6/13; FY13 monthly</p>  | <p>Review EBL and summarize what services are needed</p>  | <p>NVRPO/<br/>NVMHI</p>                |  |

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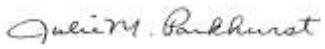
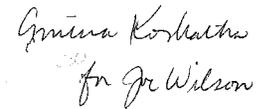
| TOPIC               | DISCUSSION  | REC/ACTIONS | RESPON-SIBLE PARTY | FOLLOW-UP DATE |
|---------------------|---|-------------|--------------------|----------------|
| <b>Data (cont.)</b> | <p>average = 201. FY12 monthly average = 192. 15 clients went out of region in 6/13.</p> <p><b>Crisis Care:</b> 72 admissions in 6/13; 76% diversion, 22% step-down, 2% NGRI/TDO/CMA YTD. 89% occupancy for FY13. 42% had a SA diagnosis; 4 admissions had an ID diagnosis in 6/13.</p>   |             |                    |                |
| <b>Round Robin</b>  | <p><b>Alexandria:</b> Working on Systems of Care. M. Gilmore will retire in January 2014.</p> <p><b>NVTC:</b></p> <ul style="list-style-type: none"> <li>• 11 consumers did not move on schedule because of medical issues and homes not ready.</li> <li>• CIP team has doubled in size.</li> <li>• NVTC staff provided consultation to START about OT/PT needs.</li> <li>• Peggy Fox and Supervisor Cook surprised NVTC with a visit.</li> <li>• Regional Support Teams meet regularly to discuss barriers.</li> <li>• Provider visits continue.</li> </ul> <p><b>Fairfax-FC:</b></p> <ul style="list-style-type: none"> <li>• New deputy director will be announced on Monday.</li> <li>• Revenue surplus is being used to shore up areas depleted by sequestration.</li> </ul> <p><b>DBHDS:</b></p> <ul style="list-style-type: none"> <li>• Case management data will be distributed soon; EDs will receive it on Monday and can fill in blanks as needed.</li> <li>• Kathy and Heidi will meet with AG regarding enhanced visits, grace period of 10 days.</li> <li>• Independent Reviewer will look at quality and risk management.</li> <li>• Regional Quality Council meeting will occur in Northern Virginia on 8/29/13, and discussion will include what QI Plans are needed. This meeting needs representatives; START is not needed.</li> <li>• Dashboard on case management will be on the website in mid-August; targets for visits were met in May.</li> </ul> <p><b>Arlington:</b></p> <ul style="list-style-type: none"> <li>• Person is being hired to set up the Child Crisis Project. Administrative costs are being reviewed.</li> <li>• Funding for Therapeutic Assessment Center (24-7 police drop off) was awarded by DBHDS. They will hire security to manage Transfer of Custody. They will coordinate with VHC during off hours.</li> </ul> <p><b>NVMHI:</b></p> <ul style="list-style-type: none"> <li>• Moved 25 forensic consumers to 40 bed Forensic Unit on K unit with no service interruptions</li> </ul> |             |                    |                |

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| <b>Round Robin (cont)</b> | <ul style="list-style-type: none"> <li>• DSM5 training may be arranged and available for some CSB staff as well</li> <li>• Amy Ruston will attend the next RMG meeting and discuss Peer support and recovery</li> </ul> <p><b><u>NVRPO:</u></b></p> <ul style="list-style-type: none"> <li>• VACSB report is due at the end of August.</li> </ul> | <p>Discuss topics at next conference call</p> | <p>C. Koshatka</p>        | 8/23/13               |
|                           |   |   |                           | 7/29/13               |

**Adjournment:** The meeting was adjourned at 11:45 p.m. The next meeting will be on August 23, 2013, at 9:00 a.m. in the Suite 200 Multipurpose room in Chantilly.

**Items for next meeting:** Regional priorities, Youth analysis, Peer support (Amy Rushton)

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| <b>Recorder</b>  | <b>Date</b>   | <b>Chair</b>   | <b>Date</b>   |