REGIONAL MANAGEMENT GROUP MEETING

Date: November 22, 2013 **Time:** 9:00 a.m.

Attendees: Jim Newton, Joe Wilson, Tom Geib, Mike Gilmore, George Braunstein, Mark Diorio, Kathy Drumwright, Cindy Koshatka, Lyanne Trumbull, Tom Young, Wendy Ford.

Guests: Judith Korf, Marc Manalac, Stephanie Labus, Cecilia Van Rooyen, Cheryl Ricciardi, Janine Woldt, Wendl Barton, Shirley Repta, Ginny Cooper, Jim Stratoudakis, Margaret Graham

Absent: Cindy Kemp

Recorder: Julie Parkhurst

Call to Order: J. Wilson called the meeting to order at 9:00 a.m. Welcome and introductions were made.

Announcements: None.

Notes: Notes from September 27, 2013 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (September 27, 2013), Regional Utilization Management Report, FY13 HPR II Regional Funds Budget Status, LIPOS Budget Projections, Online Resource Guide and Help Line, InTotal Health Presentation Materials.

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	FOLLOW-UP DATE
Client Care	**InTotal Health:** • InTotal Health (previously Amerigroup) is now owned by Inova and gave an overview of their services. Handouts were distributed to the group. • Disease management is now mandated by the State. • Foster children will be eligible for Medicaid 12/1/13. • Confusion exists regarding Magellan. • A case manager will be assigned to each of the three Inova hospitals. • Headquarters is located in Vienna. **Commonwealth Coordinated Care/DE Project:** • Beacon is eager to finalize the agreement. They want a ten-year retention of clinical records although only seven years is required in Virginia. • CSBs are contemplating what will be offered. • Enhanced care is still being discussed. • The next call will be held on 12/18/13.			

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Client Care (cont)	• VA Premier expressed interest at VACSB in working with CSBs. • Beacon does not have a provider manual and contract is not valid until provider book is given. **Magellan:** • There are no forms on the Magellan page • Emails with updates are circulating. • MH skill building is taking place this morning. Start service authorizations now although it doesn't begin until 12/1/13. • Fairfax is loading forms. **Mental Health Skill Building:** • Changes are being discussed regarding the model. Treatment plan outcomes are based mostly on the ability to fulfill ADLs. • Fairfax contracts with Pathways for Stevenson Place. Some changes can cause a therapeutic facility to become a custodial one. • There is a time limit if no progress is made. Sustaining should equal progress. People not being sustained would need a more intense facility. • Changes to MHSB may cause some clients to not be eligible. • Documentation is key to noting progress.	Forward website with forms to C. Koshatka	J. Stratoudakis	ASAP
Quarterly DBHDS/ID Meeting Planning	Region II issues are different from those in the rest of the State. Explore how reported bridge money will be applied and how these decisions will be made. Explore the specificity that will be shared regarding the waivers. There is a new Assistant Commissioner for ID, Connie Kirkwin.	Reach out to the State to determine attendees for December meeting. Alert ID Directors of December meeting.	C. Koshatka M. Graham	ASAP ASAP
COPN Hearings	HealthVest met with DMAS on 11/21/13. Letters have been sent from Prince William in support of North Spring (for child beds) and HealthVest. HealthVest will dedicate a 15 bed unit to the CSBs and assign a regional liaison to it. Beds would be LIPOS because they won't accept Medicaid as free-standing psychiatric facilities. Beds will be available to Regions 1 and 2. George Barker does not support this. A geropsych program is needed, not just dedicated geropsych beds. It is important to know what HealthVest's expectations are of the CSBs.	Recommendation is to support with some conditions in the contract. Send address of NVRC to J. Wilson Draft a letter and send to RMG for review.	C. Koshatka C. Koshatka	ASAP ASAP

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Updates	**CSA** • Alexandria, Fairfax-Falls Church and Loudoun CSBs got grants for systems of care. • The future of CSA and OCS may be changing. • Determine what the CSBs' role is in high fidelity wraparound services in order to benefit everyone. • Coordination with CSA has not happened regionally. • Mandated kids are from schools and foster care. • Localities have been responsible for a 25% match with CSA on residential. • CPMT and CSA will be part of a bigger picture of systems of care in Loudoun. The system conversation needs to take place at the State level. • Prince William has a shortfall and is trying to make up for it.			
	Youth Crisis Project • The RFP is still with Arlington's attorney.	Ask C. Kemp how long the delay will be and alert G. Braunstein.	C. Koshatka	ASAP
	Willow Lane Residence • $168k is provided by HPR II yearly to fund seven beds at Willow Lane. The other $168k is funded by HUD for HUD use. • HUD says if >30 days in a hospital, the client is not considered homeless. This creates problems and PRS is in the middle. • Regional clients must be from Fairfax-Falls Church CSB. • HUD criteria is too restrictive. • Seven people are currently in the HPR II beds.	Discuss making the program a fully regional one. Pursue RFP and funding.		
	DSM V Training Needs • Providers will not be using DSM 5 until ICD 10 codes are used next Fall (2014). ICD 11 will be out in Fall 2015. • Trainings will be different for billing vs. clinicians. • If Medical Directors have no suggestions for training, ask J. Rodgers or J. Stratoudakis.	Request training recommendations from Medical Directors.	C. Koshatka	ASAP
	Resources Committee • A handout was distributed to the group. • The resource committee has partnered with NAMI for a website using iCarol and money from RMG will be necessary. • Upkeep is necessary and ongoing. Individual specific needs should be addressed. • It was suggested that InTotal and Inova manage the resource center.	This project needs to be privately driven and managed as there is no ongoing funding.		

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Updates (cont.)	**Piedmont** • Pilot for our region is no longer occurring because PGH has said they cannot meet the six day timeline. They have offered a 15 day timeline for forensic clients.	Write a letter to J. Pezzoli and request more LIPOS funding to care for older adults.	C. Koshatka C. Kemp	ASAP
Budget	**LIPOS Projections** • A handout was distributed to the group and reviewed. LIPOS utilization is still high. **Regional Budget Overview** • COLA increases were given for LIPOS, RDAP and crisis stabilization. **Unexpended Funds** • K. Baker is looking at different options for deaf services. She would like to meet with CSBs and discuss funding for regional coordination of deaf services. There is currently an ongoing amount of $23,750 annually in the HPRII budget. Funding has been spent via interpreter services. A proposal is being worked on for guardianship, geriatric respite beds and alternative transportation. • Digital certifications are expiring and $2,500 has been requested to renew them.	Review in December and determine whether changes need to be made. Explore spending money on system development or paying someone to find resources/contract with a vendor. Request approved.	RMG C. Koshatka RMG	Dec. 2013 Ongoing
Data	• Regional statistics were discussed and reviewed. • Hospital beds/capacity will be updated in December 2013	Clarify Brandon House number for START involved	L. Trumbull	ASAP
Round Robin	**K. Drumwright:** D. Fletcher's next report is due to the judge. Try to correct inaccuracies. There are questions regarding the INC survey. Some helpful suggestions were made regarding the CM report. Meetings with CSBs will continue. Regional quality councils have been meeting. HPR II's was held a few weeks ago and has a full membership. Data was discussed. Two council models are being looked at, one in Massachusetts and one in Georgia. The Quality Improvement Committee will be working on that. Medicaid audits are being held regarding criminal background checks. DMAS regulations don't apply to State licensed programs. **M. Gilmore:** Judy Kraznow will be giving a presentation on 12/11/13. All are invited. The budget goes to OMB on 12/20/13. Alexandria is looking at a $1 million cut. **NVTC:** Census is 120. Four moves are taking place in December. Some clients have moved to the Fisherville area. A new database, the Cocentric Data Dashboard is assisting with discharges as part of the DOJ requirement. Training will take place the second week of			

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	December with implementation scheduled the week before Christmas. Layoffs start in February. Bridge funding should be available for use by Christmas. **M. Graham:** Will be in touch with C. Koshatka regarding the agenda after 12/6/13. **T. Geib:** PW had a VICAP audit and was charged $1,500 for not having licensed people assessing. Recruitment for T. Geib's position is done. A decision should be made soon, hopefully by 12/16/13. **NVMHI:** NVMHI is at 6% occupancy. Admissions and discharges are lower than usual. NVMHI is recruiting for a psychiatrist and a peer specialist. The roof is not yet finished. **NVRPO:** CARE meeting with civic association went very well. The neighborhood is comfortable with the program. There is a START meeting on 12/2 to discuss program direction, etc. **G. Braunstein:** Sponsors for MH housing bill have been retained. Logisticare is a top priority due to citizen complaints. JLOC is studying DMAS' management of Logisticare contract. Guidelines are not being followed for public meetings, publishing outcomes, etc.			

Adjournment: The meeting was adjourned at 12:00 noon. The next meeting will be on December 20, 2013, at 9:00 a.m. in Chantilly, Suite 200, Multipurpose Room.

Items for next meeting:

Julie M. Parkhurst	12/20/13	M. Gilmore	12/20/13
Recorder	**Date**	**Chair**	**Date**