REGIONAL MANAGEMENT GROUP MEETING

Date: December 19, 2014 **Time:** 9:00 a.m.

Attendees: Joe Wilson, Alan Wooten, Beth Tschopp, Mark Diorio, Lyanne Trumbull, Jim Newton, Tisha Deeghan, Suzanne Chis, Tom Young

Guests: Judith Korf, Margaret Graham, Laura Yager, Ravi Sundaram

Absent: None.

Recorder: Julie Parkhurst

Call to Order: Joe Wilson called the meeting to order at 9:00 a.m. Welcome and introductions were made.

Notes: Notes from October 24, 2014 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (October 24, 2014), Regional Utilization Management Report, FY14 HPR II Regional Funds Budget Status, Exceptions Report for 1st and 2nd Quarters FY15, LIPOS Budget Projections, Project Link Survey Results, Children's Navigator Positions, NVTC Stats.

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	F/U DATE
Updates	**COPN** • Applications from North Springs and Dominion were both recommended for denial. **Legislative Session** • The State Executive Council meets regarding CSA/children's services. Youth are going to private residential placements without going through the FAP process which is causing problems with Medicaid not reimbursing the educational piece. • There is a 14 day requirement with the plan (staffed). If it is not done, localities pay for the cost. • FY13 data was presented but no comparison data from other years was available. Cost shifting could have a large impact on localities. This needs to be studied more and revisited in January 2015. • CSA views CSBs as service providers versus partners. • Explore how to address needs in the community when residential providers need to fill beds and are willing to provide the educational component for free. Medicaid pays, making this option appealing to families. **Collaborative Care Project** • An overview of the project was given by Ravi Sundaram of SageSurfer.			

REGIONAL MANAGEMENT GROUP MEETING

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Updates (cont.)	• It is a tool to maintain fidelity to the experience of those ages 16-20 in the form of a virtual meeting place. • It keeps people engaged enough to progress the plan of care for consumers and families. • It can be accessed via cell phone with limited abilities. It has a secure HIPAA environment. • Cocentrix can push and pull data to other applications. • It holds each team member accountable. Service providers can be added and referrals made. Real-time access is available. • Rules can be set up as well as a crisis plan, triggers, etc. • Consider this option for regional use. • DBHDS has seen and is excited.			
Regional Projects Updates	**Suicide Prevention Survey Results** • Planning group is meeting today. • Crisis Link was expanded to include texting, posters were created and handed out to all HPRII CSBs. • Funding is available for training. Kognito will be offering training on Jan. 15, 2015 for adults working with high school, middle school and LGBTQ youth. There are approximately 250 slots available per CSB in the region for training. Each CSB can decide how they want to use their slots. • The contract expires in September 2015. The intention is for ongoing funding to be available and the contract can be extended. • $1k per CSB will be available for a youth project in the Spring. Details will come later. • $20-25k will be available for a marketing campaign regarding suicide prevention. • L. Yager indicated there is a plan to develop a regional website with suicide prevention resources. **Project Link** • NVRPO will be managing this project as of March 2015. • Survey results were handed out to the group. **Children's Crisis Response Team** • The team has received 76referrals. • There is a plan in place for when the program is saturated. Cases are being diverted and CSU placements are being explored. ID/DD youth are being served and training opportunities are being explored as well. **REACH** A handout regarding child navigator positions was distributed to the group. • An additional $750k is to be allocated on 7/1/15 for ID/DD child	Add to January agenda. Electronic link to survey results will be sent to group. Utilization data will be included in the quarterly report.	L. Trumbull L. Trumbull NVRPO	

REGIONAL MANAGEMENT GROUP MEETING

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Regional Projects Updates (cont.)	services. • REACH is mandated in the performance contract to work with ES and provide contact information, etc. This information is reported to the State quarterly.			
Follow Up	**LIPOS Workgroups** • The preliminary report is almost ready to be submitted to the State. • Data will be reported uniformly statewide and is already being provided by HPRII. • Other workgroups have not provided updates. All three groups will meet again in January 2015. **Transportation to NVMHI** • Transportation services have been contacted and are willing to work with the region on an as needed basis for approximately $50/10 miles. **DSM5 Training/ICD-10 Transition** • Cerner has not been very forthcoming regarding what the product will look like. • Nothing has taken place in Fairfax; waiting for Credible. • Without ICD-10 training, no payment will be made. It is unclear was insurers are requiring. • This won't be in the State performance contract until 7/1/16. • Alexandria has a trainer to begin DSM-V training. Some diagnoses in the DSM-V are not in ICD-10 and Cerner will not be providing a cross-walk; thus, clinicians will need to learn ICD-10 and learn to cross-walk in order to get reimbursement. • If a non-clinician does the coding, there are concerns regarding possible HIPAA violations. **Telepsychiatry** • CSC grant allows for sharing resources for the CSC model. • Loudoun may share PRS with Fairfax. L. Yager will explore how many hours of psychiatry would be available. Alexandria is interested as well. • For young adults (16-25 year olds), Dr. Sherer will have some hours freed up soon by NVTC.	Work w/C. Manning to set up contract. Discuss allocation of funds and how to present to ES Managers. Request the State's position on ICD-10 training at January 2015 meeting. Discuss at January meeting.	L. Trumbull L. Trumbull and J. Wilson RMG	
Budget	**Regional Budget** • Youth LIPOS expenditures have increased. • Use retained earnings for people in the community or be prepared to return to the State. **REACH** • The full allotment of REACH funds has still not been received.	Discuss with K. Drumwright and C. Koshatka.	RMG	

REGIONAL MANAGEMENT GROUP MEETING

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Budget (cont.)	• The child navigator model is being considered again. Two staff are being sought to fulfill this role and will partner with the Children's Crisis Response Team with the existing $250k the program has. REACH will provide services. **Deaf Funds** • Invoices have been requested but none have been received yet. **Aftercare Funds** • The Willow Lane contract has changed. As of 1/1/15, two beds will be available to the region. • Use one-time DAP funds to continue services at higher level of care until appropriate placements for two individuals can be found. • Pathways' new program in Prince William will open soon.	Approved by RMG.		
Utiliza-tion Manage-ment	**Regional UM Report** • Regional statistics were discussed and reviewed. • It was noted that NVMHI has not had a census >125 since new beds opened. Occupancy needs to be increased or beds will be lost. • 25 people have been at NVMHI >18 months and this is not acceptable. • If jail transfers come to NVMHI, modifications will be needed to be done to make the facility more secure. **Exceptions Report** • A handout was distributed to the group for review. **NVTC Statistics** • A handout was distributed to the group for review.	Discuss at January 2015 meeting.		
Round Robin	**NVMHI:** • Recruitment is underway for a Nurse Practitioner and a Psychologist. Structural work continues. **Alexandria:** • The budget is due 12/23/14. A few team leaders have been lost and staffing challenges exist. **NVTC:** • Census is 78 and expected to be 70 by 2/1/15. • Homes are being consolidated while others are being shut down. • Layoffs will start soon. • A closure meeting with DOJ took place. • A recent proposal was given to health network (RCSC). The link will be sent to the RMG. • M. Diorio will be at CVTC at the end of the month to look at NOVA people. • Advoserv works with people who have challenging behavioral disorders and chronic medical conditions, severe MI, etc. They hope to expand			

REGIONAL MANAGEMENT GROUP MEETING

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Round Robin (cont.)	to 5-6 homes and are involved in REACH. • Safety care training will be required of REACH in January 2015. **Arlington:** • An electronic signature folder is being compiled. **Fairfax:-Falls Church:** • There is currently a 13% vacancy rate in Fairfax County jobs. The rate is 26% in Emergency Services. **Loudoun:** Recruitment is underway for a nurse practitioner. Seven positions are being added to ES. The CSB is now a policy/advisory board (since 11/14).	NVRPO needs electronic signatures as well.		

Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on January 23, at 9:00 a.m. in Chantilly, Suite 200, Multipurpose Room.

Julie M. Parkhurst 2/5/15
Recorder **Date**

Chair **Date** 2/5/15