

REGIONAL MANAGEMENT GROUP MEETING

Date: December 18, 2015

Time: 9:00 a.m.

Attendees: Joe Rajnic, Alan Wooten, Jean Post, Tammy Peacock, Suzanne Chis, Tisha Deeghan, Beth Tschopp, Margaret Graham, Kathleen Culbertson

Guests: Judith Korf, Nevine Rizkalla

Absent: Gary Ambrose

Recorder: Julie Parkhurst

Call to Order: Alan Wooten called the meeting to order at 9:00 a.m. Welcome and introductions were made.

Notes: Notes from the November 20, 2015 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (November 20, 2015), Regional Utilization Management Report, FY15 HPR II Regional Funds Budget Package, Alexandria Substance Abuse Services Center.

TOPIC	DISCUSSION	REC/ACTIONS	RESPON- SIBLE PARTY	F/U DATE
PWC CIT Update	<ul style="list-style-type: none"> • CIT opened 11/30/15 and is located in Sudley North, Manassas. Security is made up of off-duty police officers, all of whom are CIT trained. The center is open from noon to midnight. Manassas City police are donating a TV. • Fairfax's CIT center will open on 1/1/16. Operating hours will be from 11:30 a.m. to midnight with double coverage officers. • L. Trumbull would like to track the number of ID clients that come to the centers 			
HIDTA Award	<ul style="list-style-type: none"> • A handout describing the award was distributed to the group. Congratulations were extend to Alexandria CSB for winning this award. • The Dr. who ran the methadone clinic has retired. 			
NVTC Updates	<ul style="list-style-type: none"> • Packets were handed out to the group and contents discussed. • Scarlet Haven Fairfax won't be ready to receive clients until March. Springfield and Triangle locations will take clients on a short term/temporary basis until Fairfax is ready. • There is concern regarding returned mail to NVTC. Please complete change of address cards and notify the Social Security office of address changes. Also notify providers and ID Directors. • Dr. Adams (DDHSN) and D. Smith are coming to NVTC to 			

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NVTC Updates (cont.)	<p>discuss dental services.</p> <ul style="list-style-type: none"> The rehab unit in Region 7 is up and running. Wheelchair repair continues. 			
MLTSS	<ul style="list-style-type: none"> A handout was given to the group and discussed. November/December 2018 is launch date for Northern region. More information will be provided at a future meeting. 			
Buy and Bill	<ul style="list-style-type: none"> Injectable meds can't be billed until the medication is administered. A Medicaid memo is being created. J. Post has spoken to Dr. Hand. Medical directors meet every 1-2 months. 	Ask Dr. Hand if he needs RMG assistance.	T. Deeghan	
RFI and Navigator Update	<ul style="list-style-type: none"> RFI closed 12/9/15. Two responses have been received. NVRPO is working with Arlington contracts department for next steps. National Counseling Group is interested. CR2 has been linked to Dr. Michele Ebright. 			
System Enhancement Opportunities	<ul style="list-style-type: none"> Needs include older adult psychiatric, ID/DD mixed milieu, med beds on psych units, medical screening vs. medical clearance, step-down/step-up from REACH, and a step-down facility from ICRT. CCCA is close to capacity except for TDOs. DBHDS has contracts with Poplar Springs, North Springs and Kempsville. Some referrals are declined. CCCA has been directed to not allow census to go over 85%. DBHDS is looking at overflow for PGH. Contracts are being explored with St. Mary's and VCU. Hospitals in northern Virginia are needed. An RFP will be going out. Hospitals are having challenges meeting the needs of the clients in HPR2 due to increased acuity, increased medical needs and staffing challenges. Poplar Springs has had a record number of children this year with increased acuity. A move towards prevention is desired rather than treating clients once a full blown crisis occurs. 	Contact Mindy Conley (DBHDS) for info.		
NVMHI Census Management	<ul style="list-style-type: none"> T. Peacock met with the Aftercare managers. All level 1 and 2 clients will be reviewed every month with the Aftercare managers for three months. After three months, the need will be re-evaluated. Acute care services has hired a team to support discharge planners. 	Expectations and form will be sent out by NVMHI by the first of the year.	NVMHI	

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NVMHI Census Management (cont.)	<ul style="list-style-type: none"> • T. Peacock has a list of nursing homes that will accept sex offenders. • Executive directors are welcome to attend the meeting, which will take place the second Wednesday of every month from 1-2:30 p.m. 			
ICD-10	<ul style="list-style-type: none"> • Check expiration date of contract. K. Culbertson says it expires in December 2016. • Look for trends regarding reimbursement for various diagnoses. 			
Budget	<ul style="list-style-type: none"> • A handout was distributed to the group. • A LIPOS deficit is projected. 	Alert D. Herr and let him know how much is being spent on older adults.	NVRPO	
UM Report	<ul style="list-style-type: none"> • The UM Report was reviewed and discussed. • VHI has private hospital statistics. • COPN process looks at location and time it takes to get to a hospital. Psych time has changed from 1 hour to 30 minutes. 	Review Total 100K numbers on commitment hearing page.	NVRPO	
Round Robin	<ul style="list-style-type: none"> • J. Post: Ryan White funds are being looked at. CSB contact list is being updated. CSBs prefer that Medical screening be used when appropriate rather than medical clearance for hospital admissions. New lab tests are being used and are necessary due to use of substances, including synthetics as part of medical clearance which is impacting private provider's ability to implement medical screening. This is a barrier to expeditious treatment. • S. Chis: Budget language regarding Performance Based Contracts needs to be discussed. • K. Culbertson: The budget team will meet again in January. K. Culbertson will coordinate. • J. Rajnic: Land proposals will be narrowed down to the top 15-17. • T. Deeghan: A new private residential contractor was in the news recently which has caused concern. D. Mangano is leaving at the end of December. Kate Hanley is stepping down from the CSB Board. Bettina Lawton is taking over. Laura Yager working out of Pat Harrison's office on Diversion First. Fairfax is training all magistrates and first responders in mental health first aid. Discussions with fire and rescue regarding taking MH clients to Merrifield rather than the hospital have been initiated. 			

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Round Robin (cont.)	<ul style="list-style-type: none"> • T. Peacock: J. Newton is no longer at NVMHI and she is the Acting Facility Director. Processes are being streamlined. Staff morale is up. She provided her cell phone number to the group and Executive Directors will email their information as well. • M. Graham: Licensure is visiting Loudoun today. • B. Tschopp: Arlington is trying to get accountable care off the ground. They need two care coordinators. Sassy is being used to assess for dual diagnosis and it was found that 80% of clients are MH/SA diagnosed. Treatment is currently for 300 clients and is being increased to 1200. • A. Wooten: Elections were held and there was one turnover on the BOS. Public transport is the biggest budget problem for the Board besides schools. The County Executive is retiring. Chris Martino is acting during the search for a new one. There has been increased turnover at the CBS. One board member is advocating for more outpatient services personnel. 			

Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on January 29, 2016, at 9:00 a.m. in Suite 240, Chantilly.

Julie M. Parkhurst
Recorder

_____ 1/29/16 _____
Date

[Signature]
Chair

_____ 1/29/16 _____
Date