



Northern Virginia Regional Projects

**Fiscal Year 2011
Ending August 31, 2010**

Regional Utilization Group Report for the Regional Management Group

Michael Gilmore
Executive Director
Alexandria CSB

Mark Diorio
Director
Northern Virginia Training
Center

R. Maximilien Del Rio
Facility Director
Northern Virginia
Mental Health Institute

Cindy Koshatka
Regional Projects Manager

Thomas Geib
Executive Director
Prince William CSB

Tom Maynard
Executive Director
Loudoun CSB

George E. Braunstein
Executive Director
Fairfax-Falls Church CSB

Cynthia Kemp
Executive Director
Arlington CSB

Utilization Management Review: August 2010

LIPOS:

- 15 admissions for 75 bed days
- Monthly admission of 18 is much lower than FY10 monthly average (37); FY09 = 36
- Admissions are predominantly Voluntary (50%) compared to Voluntary (35%) for FY10
- Average LOS of 4.8 days is similar to the average LOS for FY10 (4.3 days) and FY09 (5.2 days)
- One consumer used LIPOS more than once in FY11
- 2 consumers stayed between 8-11 days and 1 stayed longer than 21 days
- Mt. Vernon Hospital has the highest number of admissions (36%)
- PHP: 1 admission

NVMHI:

- 84 admissions; FY10 average monthly admissions = 87; FY09 average monthly admissions = 85
- 41 TDO admissions (24%) YTD
- For this month, 24 insured admissions (29%): 11 TDOs (46%), 11 post-hearing admissions (46%), and 2 voluntary or transfer admissions (8%), FY10 insured admissions = 26%
- Admissions are Involuntary (29%), Voluntary (24%), and CMA (22%)
- Average (mean) LOS for 176 discharges YTD = 35 days; average (median) LOS = 8 days
- Transfers from LIPOS bed to NVMHI = 30%; lower than FY10 (45%) but similar to FY09 (33%)
- Average LOS of LIPOS transfers = 10 days
- Occupancy rate for this month: 92%; FY10 = 95%, FY09 = 93%
- 30 day re-admission rate for this month: 8.5% (8 re-admissions in July); FY10 = 9.7%, FY09 = 11%
- EBL decreased to 25 by the end of this month (9 are NGRI); 2 consumers added; 4 discharged
- 2 ID admissions this month; FY11 = 6; FY10 = 15; FY09 = 13

TDO/Commitments:

- 172 commitment hearings this month
- FY11 monthly average of 175 is lower than FY09 and FY10 monthly averages
- FY09 and FY10 monthly average commitment hearings = 199
- 39% are CMAed, 37% are Committed, 24% are Dismissed, 1% are MOT (2)
- 352 TDO consumers were sent primarily to NVMHI (18%), Mt. Vernon (17%) and Fairfax Hospital (17%)
- 129 commitment/CMA consumers were sent primarily to NVMHI (42%)
- 57% of Commitment/CMA consumers have insurance; 15% sent to state facility have insurance
- 7 TDO admissions to out of area hospitals (Snowden = 4; CCCA = 2) this month; FY11 monthly average = 5.5; FY10 monthly average = 12

Crisis Care:

- 69 admissions and 65 discharges this month; FY11 monthly average = 64.5 admissions and 67 discharges
- Monthly admission is higher than FY10 monthly average admission = 58; higher than FY09 = 42
- 59% are diversion, 38% are step-down; 2% are respite
- 52% had SA diagnosis; 35% were homeless at admission
- 78% had a planned discharge; 8% were hospitalized
- 14 consumers (11% of admissions) stayed longer than 15 days
- 29% had Medicaid; 60% had no insurance
- 81% occupancy for this month
- 2 ID admissions this month

Older Adults:

- 5 consumers at ESH, 3 are Ready for Discharge
- 27 consumers at Piedmont; 11 are Ready for Discharge; 1 admission and 2 discharges for FY11
- RAFT census: 9 in ALFs, 2 in supported homes, 4 in nursing homes
- RAFT waiting list: 10 for ALF, 5 for nursing home

FY11 LIPOS
July 1, 2010 - August 31, 2010

LIPOS Admissions		PHP Admissions
Jul 2010	21	0
Aug 2010	15	1
Sep 2010	0	
Oct 2010	0	
Nov 2010	0	
Dec 2010	0	
Jan 2011	0	
Feb 2011	0	
Mar 2011	0	
Apr 2011	0	
May 2011	0	
Jun 2011	0	
FY 2011 Total	36	1
FY 2011 Monthly Average	18	1

Consumer Admission Status by Hospital YTD							
HOSPITAL	CMA		INVOLUNTARY		VOLUNTARY		Total # of Adm
	# of Adm	% of Total	# of Adm	% of Total	# of Adm	% of Total	
Dominion	1	20.0%	1	20.0%	3	60.0%	5
INOVA Fairfax	4	33.3%	1	8.3%	7	58.3%	12
INOVA Loudoun	0	0.0%	1	50.0%	1	50.0%	2
INOVA Mt Vernon	2	15.4%	5	38.5%	6	46.2%	13
Prince William	1	33.3%	1	33.3%	1	33.3%	3
VHC Arlington	0	0.0%	1	100.0%	0	0.0%	1
Other	0	0.0%	0	0.0%	0	0.0%	0
TOTAL	8	22.2%	10	27.8%	18	50.0%	36

Consumer Admission Status by CSB YTD							
CSB	CMA		INVOLUNTARY		VOLUNTARY		Total # of Adm
	# of Adm	% of Total	# of Adm	% of Total	# of Adm	% of Total	
Alexandria	2	28.6%	3	42.9%	2	28.6%	7
Arlington	1	33.3%	1	33.3%	1	33.3%	3
Fairfax	4	20.0%	4	20.0%	12	60.0%	20
Loudoun	0	0.0%	1	50.0%	1	50.0%	2
Prince William	1	25.0%	1	25.0%	2	50.0%	4
TOTAL	8	22.2%	10	27.8%	18	50.0%	36

LIPOS Admissions by Hospital								NVMHI Admissions by Hospital YTD		
HOSPITAL	CURRENT MO	YTD TOTAL	Percentage by Hospital	DISCHARGED	BED DAYS	AVERAGE LOS	YTD PAYMENT	Monthly Transf to NVMHI	YTD Transf to NVMHI	% NVMHI/DC
Dominion	2	5	13.9%	4	19	3.8	\$35,394	1	2	50.0%
INOVA-Fairfax	3	12	33.3%	11	66	5.5	\$17,575	0	3	27.3%
INOVA - Loudoun	1	2	5.6%	2	11	5.5	\$24,975	0	0	0.0%
INOVA-Mount Vernon	7	13	36.1%	12	58	4.5	\$26,525	2	4	33.3%
Prince William	1	3	8.3%	3	10	3.3	\$25,200	1	1	33.3%
VHC: Arlington	1	1	2.8%	1	9	0.0	\$28,303	0	0	0.0%
Other:	0	0	0.0%	0	0	0.0	\$0	0	0	0.0%
TOTAL	15	36	100.0%	33	173	4.8	\$157,972	4	10	30.3%

LIPOS Admission by CSB								NVMHI Admissions by CSB YTD			
CSB	CURRENT MO	YTD TOTAL	DISCHARGED	BED DAYS	AVERAGE LOS	ADM/100K	BD/100K	Transf to NVMHI	% Transf to NVMHI	NVMHI BED DAYS	AVERAGE LOS
Alexandria	4	7	7	23	3.3	5.0	17	3	42.9%	40	13.3
Arlington	2	3	3	12	4.0	1.4	6	1	33.3%	8	8.0
Fairfax FC	6	20	18	109	5.5	1.9	10	5	27.8%	43	8.6
Loudoun	1	2	2	11	5.5	0.7	4	0	0.0%	0	0.0
Prince William	2	4	3	18	4.5	0.9	4	1	33.3%	5	5.0
TOTAL	15	36	33	173	4.8	1.7	2	10	30.3%	96	9.6

FY11 NVMHI Admissions - August 2010

CSB	TDO				Voluntary				CMA				Involuntary			
	Month	%	YTD	%	Month	%	YTD	%	Month	%	YTD	%	Month	%	YTD	%
Alex	1	14.3%	2	14.3%	2	28.6%	4	28.6%	1	14.3%	2	14.3%	3	42.9%	6	42.9%
Arl	5	27.8%	10	29.4%	6	33.3%	9	26.5%	1	5.6%	5	14.7%	4	22.2%	8	23.5%
Fairfax	4	16.0%	6	11.5%	3	12.0%	10	19.2%	4	16.0%	14	26.9%	14	56.0%	22	42.3%
Loudn	2	28.6%	2	12.5%	2	28.6%	4	25.0%	2	28.6%	5	31.3%	1	14.3%	4	25.0%
PW	9	33.3%	21	36.8%	4	14.8%	14	24.6%	9	33.3%	12	21.1%	5	18.5%	9	15.8%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	1	100.0%
Total	21	25.0%	41	23.6%	17	20.2%	41	23.6%	17	20.2%	38	21.8%	27	32.1%	50	28.7%

CSB	Forensics				DOC Mandatory Parolees			
	Month	%	YTD	%	Month	%	YTD	%
Alex	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Arl	2	11.1%	2	5.9%	0	0.0%	0	0.0%
Fairfax	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Loudn	0	0.0%	1	6.3%	0	0.0%	0	0.0%
PW	0	0.0%	0	0.0%	0	0.0%	1	1.8%
Other	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Total	2	2.4%	3	1.7%	0	0.0%	1	0.6%

Total		
Month	YTD	100K
7	14	10
18	34	16
25	52	5
7	16	6
27	57	13
0	1	N/A
84	174	8

NVMHI Discharges

CSB	Month	YTD	Monthly Bed Days	Bed Days YTD	YTD Mean LOS	YTD Median LOS	Bed Days YTD 100K
Alex	8	19	336	870	42	15	626.2
Arl	19	36	647	2089	34	7	1503.6
Fairfax-FC	17	43	832	1665	49	16	1198.4
Loudoun	6	13	46	114	8	5	82.1
PW	32	64	854	1418	27	7	1020.6
Other	0	1	0	6	0	6	4.3
Total	82	176	2715	6162	35	8	4435.2

Commitment Hearing Results - August 2010

FY-11

Consumers Ages 18 to 64

CSB	Unknown/Unreported			Involuntary			CMA			MOT			Dismissed			Total		
	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	100K
Alex	0	0	0.0%	8	16	59.3%	3	4	14.8%	0	0	0.0%	3	7	25.9%	14	27	19.4
Arl	0	0	0.0%	5	21	55.3%	5	10	26.3%	0	0	0.0%	4	7	18.4%	14	38	18.3
Fairfax	0	0	0.0%	20	40	36.0%	22	47	42.3%	0	1	0.9%	16	23	20.7%	58	111	10.5
Loudn	0	0	0.0%	4	8	22.2%	7	16	44.4%	0	0	0.0%	7	12	33.3%	18	36	12.5
PW	0	0	0.0%	12	31	31.3%	26	44	44.4%	0	1	1.0%	9	23	23.2%	47	99	23.0
Total	0	0	0.0%	49	116	37.3%	63	121	38.9%	0	2	0.6%	39	72	23.2%	151	311	14.7

Consumers Ages 65 and Over

CSB	Unknown/Unreported			Involuntary			CMA			MOT			Dismissed			Total		
	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	100K
Alex	0	0	0.0%	0	0	0.0%	0	0	0.0%	0	0	0.0%	0	0	0.0%	0	0	0.0
Arl	0	0	0.0%	1	1	50.0%	0	0	0.0%	0	0	0.0%	0	1	50.0%	1	2	1.0
Fairfax	0	0	0.0%	4	4	40.0%	2	4	40.0%	0	0	0.0%	0	2	20.0%	6	10	0.9
Loudn	0	0	0.0%	2	2	66.7%	0	1	33.3%	0	0	0.0%	0	0	0.0%	2	3	1.0
PW	0	0	0.0%	0	0	0.0%	1	2	66.7%	0	0	0.0%	0	1	33.3%	1	3	0.7
Total	0	0	0.0%	7	7	38.9%	3	7	38.9%	0	0	0.0%	0	4	22.2%	10	18	0.8

Minors

CSB	Unknown/Unreported			Involuntary			Voluntary			MOT			Dismissed			Total		
	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	100K
Alex	0	0	0.0%	0	0	0.0%	0	0	0.0%	0	0	0.0%	0	0	0.0%	0	0	0.0
Arl	0	0	0.0%	0	0	0.0%	0	1	100.0%	0	0	0.0%	0	0	0.0%	0	1	0.5
Fairfax	0	0	0.0%	0	2	22.2%	0	1	11.1%	0	0	0.0%	4	6	66.7%	4	9	0.9
Loudn	0	0	0.0%	1	1	33.3%	0	1	33.3%	0	0	0.0%	0	1	33.3%	1	3	1.0
PW	0	0	0.0%	2	3	37.5%	4	5	62.5%	0	0	0.0%	0	0	0.0%	6	8	1.9
Total	0	0	0.0%	3	6	28.6%	4	8	38.1%	0	0	0.0%	4	7	33.3%	11	21	1.0

Total

CSB	Unknown/Unreported			Committed			CMA			MOT			Dismissed			Total		
	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	100K
Alex	0	0	0.0%	8	16	0.0%	3	4	0.0%	0	0	0.0%	3	7	0.0%	14	27	19.4
Arl	0	0	0.0%	6	22	53.7%	5	11	26.8%	0	0	0.0%	4	8	19.5%	15	41	19.8
Fairfax	0	0	0.0%	24	46	35.4%	24	52	40.0%	0	1	0.8%	20	31	23.8%	68	130	12.3
Loudn	0	0	0.0%	7	11	26.2%	7	18	42.9%	0	0	0.0%	7	13	31.0%	21	42	14.5
PW	0	0	0.0%	14	34	30.9%	31	51	46.4%	0	1	0.9%	9	24	21.8%	54	110	25.6
Total	0	0	0.0%	59	129	36.9%	70	136	38.9%	0	2	0.6%	43	83	23.7%	172	350	16.5

% = Committed (or other category) YTD / Total YTD for each CSB

Hospital TDOs vs. Commitments / Insurance Status August 2010 (FY-11)

Number of TDOs by Hospital

CSB	Dominion	Fairfax	Loudoun	Mt. Vernon	Prince Wm	VHC	Snowden	NVMHI	CCCA	Piedmont	Crisis Care/MOT	Other	Month Total	Total YTD
Alex	1	1	0	11	0	0	0	1	0	0	0	0	14	27
Arl	8	0	0	0	0	6	0	4	0	0	0	0	18	42
Fairfax	11	30	0	14	0	0	0	12	0	0	0	0	67	131
Loudoun	5	0	12	1	0	0	1	2	0	0	0	0	21	42
PW	5	0	0	0	23	0	2	20	1	0	0	3	54	110
Total	30	31	12	26	23	6	3	39	1	0	0	3	174	352
Total YTD	56	59	30	59	54	21	6	62	2	0	0	3		352

Commitment/CMA Hospitals

CSB	Dominion	Fairfax	Loudoun	Mt. Vernon	Prince Wm	VHC	Snowden	NVMHI	CCCA	Piedmont	Crisis Care/MOT	Other	Total	Total YTD
Alex	0	1	0	4	0	0	0	6	0	0	0	0	11	20
Arl	2	0	0	0	0	1	0	6	0	1	0	1	11	33
Fairfax	4	15	0	9	0	0	0	20	0	0	0	0	48	99
Loudoun	1	0	7	0	0	0	1	5	0	0	0	0	14	29
PW	5	0	0	0	17	0	2	17	1	0	0	3	45	86
Total	12	16	7	13	17	1	3	54	1	1	0	4	129	267
Total YTD	20	33	15	31	32	6	5	115	4	1	1	4		267

Insurance Status for Commitment/CMA Consumers

Current Month								YTD					
CSB	Insured	LIPOS	Crisis Care/MOT	State Uninsured	State Insured	Total		YTD Insured	YTD LIPOS	YTD Crisis Care/MOT	YTD State Uninsured	YTD State Insured	Total YTD
Alex	5	0	0	6	0	11		12	0	0	8	0	20
Arl	4	0	0	7	0	11		10	0	0	23	0	33
Fairfax	26	2	0	13	7	48		51	7	1	32	8	99
Loudoun	9	0	0	5	0	14		19	0	0	10	0	29
PW	25	2	0	13	5	45		42	4	1	29	10	86
Total	69	4	0	44	12	129		134	11	2	102	18	267

**HPR II Crisis Care Utilization Report
August 2010 - FY11**

Indicator	Woodburn Place		%	Brandon House		%	ACCESS		%	Grand Total		YTD %	Monthly %
	(16 Beds)			(6 Beds)			(4 Beds)			(26 beds)			
	Current Mo	YTD	Current Mo	YTD	Current Mo	YTD	Current Mo	YTD	Current Mo	YTD			
Avg Daily Census	14.8	15.6		4.4	4.8		1.9	2.2		21.1	22.5	86.5%	81.2%
Average Length of Stay	10.2	11.8		8.1	8.9		8.3	9.4		26.5	30.2		
Bed Days	459	969		137	294		58	132		654	1395		
Referral List (mean clients per day)	0.2	0.4		0	0		0	0		0.2	1		

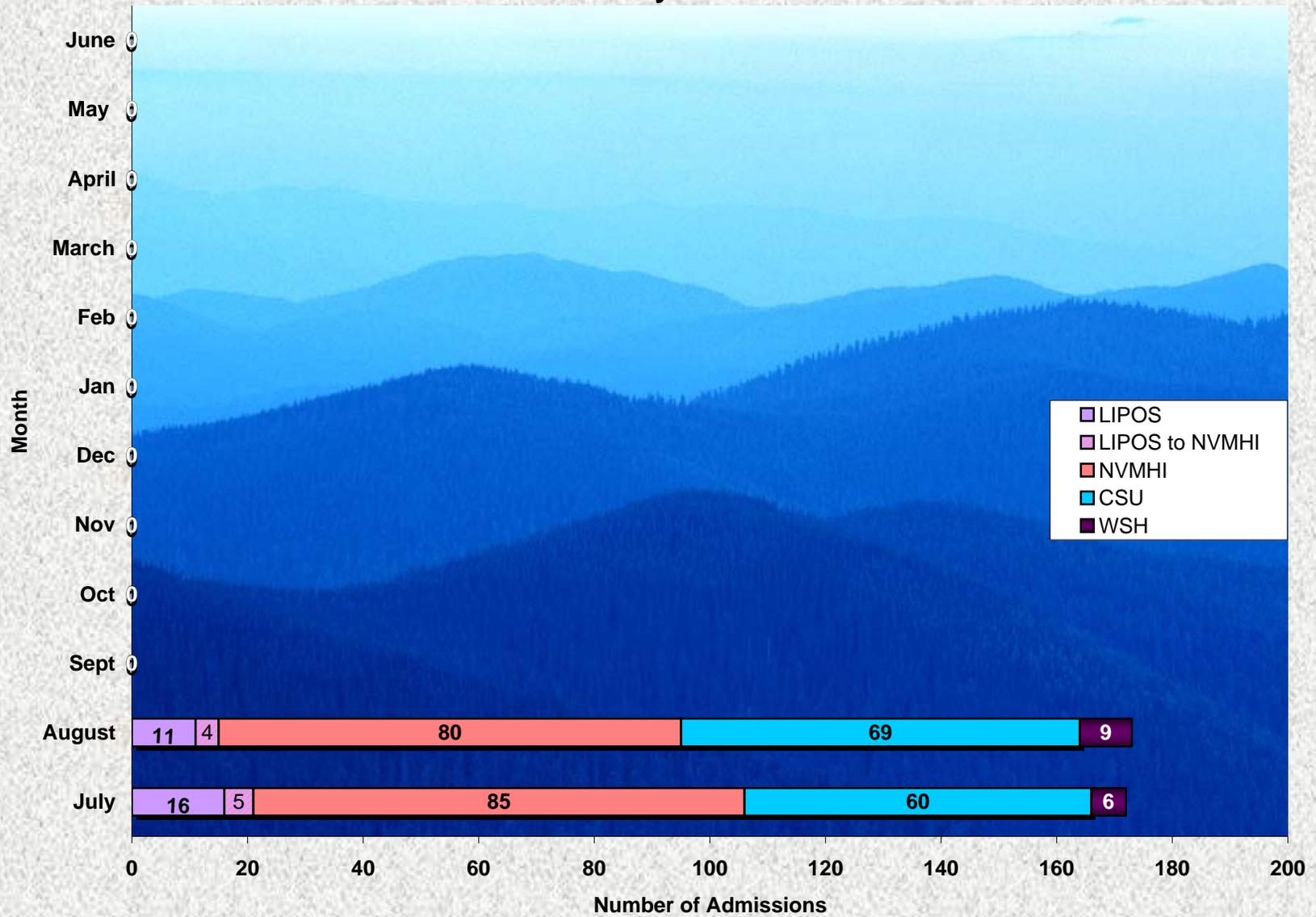
Indicator	Woodburn Place		%	Brandon House		%	ACCESS		%	Grand Total		YTD%	Monthly %
	(16 Beds)			(6 Beds)			(4 Beds)			(26 beds)			
	Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		
Admissions													
TDOs	0	0		0	0		0	0		0	0	0.0%	0.0%
Diversion	34	59		7	12		3	5		44	76	58.9%	63.8%
Step Down	8	19		10	21		4	9		22	49	38.0%	31.9%
NGRI	3	3		0	0		0	0		3	3	2.3%	4.3%
Respite	0	1		0	0		0	0		0	1	0.8%	0.0%
Total =	45	82		17	33		7	14		69	129		
Homeless at Admission	12	20	27%	6	13	35%	6	11	86%	24	44	34.1%	34.8%
First Admission to Crisis Care	26	51		14	23		4	8		44	82	63.6%	63.8%
No Case Manager	11	15		13	20		2	3		26	38	29.5%	37.7%
Previous State Hospitalization	0	0		9	22		0	0		9	22	17.1%	13.0%
ID Diagnosis	1	1		0	0		1	1		2	2	1.6%	2.9%
SA Diagnosis	22	38		8	13		6	10		36	61	47.3%	52.2%
Referral Sources (CSB)													
Alexandria	1	2		0	0		0	0		1	2	1.6%	1.4%
Arlington	0	0		1	5		7	13		8	18	14.0%	11.6%
Fairfax-Falls Church	38	69		4	6		0	1		42	76	58.9%	60.9%
Loudoun	3	5		0	0		0	0		3	5	3.9%	4.3%
Prince William	3	6		12	22		0	0		15	28	21.7%	21.7%
Other	0	0		0	0		0	0		0	0	0.0%	0.0%
Total =	45	82		17	33		7	14		69	129		
Fiscal Status													
Uninsured	26	44		13	25		6	8		45	77	59.7%	65.2%
Medicaid	13	23		4	8		1	6		18	37	28.7%	26.1%
Medicare/Private Insurance	6	15		0	0		0	0		6	15	11.6%	8.7%
Self-Pay	0	0		0	0		0	0		0	0	0.0%	0.0%
Unknown	0	0		0	0		0	0		0	0	0.0%	0.0%
Total =	45	82		17	33		7	14		69	129		

Discharges													
	32	69		15	30		3	6		50	105		
Planned =													
Private Residence	18	36		11	20		1	2		30	58	78.4%	76.9%
MH Program	4	8		0	0		0	0		4	8	7.6%	8.0%
SA Program	0	3		2	3		0	0		2	6	5.7%	4.0%
Other (ACR, NVMHI, etc.)	4	5		1	5		0	1		5	11	10.5%	10.0%
TDO Hearing	0	0		0	0		0	0		0	0	0.0%	0.0%
Shelter	6	17		1	2		2	3		9	22	21.0%	18.0%
Unplanned =	10	12		2	10		3	7		15	29	22%	23%
Involuntary Hospitalization	2	2		1	3		1	1		4	6	20.7%	26.7%
Voluntary Hospitalization	2	3		0	2		0	0		2	5	17.2%	13.3%
Program-initiated	1	1		1	4		1	1		3	6	20.7%	20.0%
Client-initiated	5	6		0	1		1	5		6	12	41.4%	40.0%
Total Discharges =	42	81		17	40		6	13		65	134		

Referral List													
# of contacts with no bed available	8	26		0	3		0	0		8	29		
Total # of persons on Referral list	7	25		1	1		0	0		8	26		
# of persons admitted from Referral list	6	19		1	1		0	0		7	20	76.9%	

Extended Stay													
# of persons staying longer than 15 days	10	12		1	2		0	0		11	14	10.9%	

Admissions by Month - FY11



Older Adults - FY11

Through 8/31/10

Eastern State Hospital			CSB	Piedmont Geriatric Hospital					
RFD	Not Ready for D/C	Current Census		Admissions August	Admissions FYTD	Discharges August	Discharges FYTD	RFD	Current Census
0	1	1	Alex	0	0	0	1	1	4
0	0	0	Arl	0	0	0	0	6	10
2	0	2	FFC	0	0	0	0	2	8
1	0	1	Loudoun	0	0	0	1	0	1
0	1	1	PW	0	1	0	0	2	4
3	2	5	Total	0	1	0	2	11	27

RFD = Ready for Discharge

2 consumers to remain at ESH due to family concerns, 1 due to NGRI process, and plan for 2 consumers to be discharged from ESH

RAFT Report FY11

Referring CSB	Admissions to RAFT thru 8/31/10		Current Census			RAFT Client Hospitalizations for August		
	ALF	NH	ALF	In Home Supports	NH	# Clients	Total Episodes	Total Bed days
Alex			3		2	0		
Arl			2		0	1	1	5
FFC	1		3	1	2	2	2	49
Loudoun			1		0	0		
PW			0	1	0	0		
Total	1	0	9	2	4	3	3	54

RAFT Wait List as of 8/31/10		
CSB	NH	ALF
Alex	0	2
Arl	1	3
FFC	3	5
Loudoun	1	0
PW	0	0
Total	5	10