



## **Northern Virginia Regional Projects**

**Fiscal Year 2014  
Ending February 28, 2014**

### **Regional Utilization Group Report for the Regional Management Group**

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Loudoun CSB

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Cindy Koshatka  
Regional Projects Director

## Utilization Management Review: February 2014

### LIPOS:

- 49 admissions for 262 bed days; 483 admissions for 2,598 bed days for FY14 YTD
- 568 admissions for 2,880 bed days for FY13
- **Monthly average admissions:**

FY14 YTD=60	FY13=47	FY12=41	FY11=39	FY10=37	FY09=36
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- Admissions are predominantly CMA (37%)
- **Average LOS:**

FY14 YTD=5.4	FY13=5.2	FY12=5.4	FY11=5.4	FY10=4.3	FY09=5.2
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- 42 consumers used LIPOS more than once YTD
- 36 consumers (7%) stayed longer than 12 days (2 stayed longer than 21 days) YTD
- Mt. Vernon Hospital had highest number of admissions (23%)
- **Transfers from LIPOS bed to NVMHI:**

FY14 YTD=32%	FY13=35%	FY12=31%	FY11=34%	FY10=45%	FY09=33%
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- PHP=13 admissions for 57 days YTD with ALOS of 4.4 days; FY13=18 admissions for 82 days, average LOS of 4.5 days; FY12=20 admissions
- Youth LIPOS=38 admissions YTD for 322 bed days with ALOS of 10.7 days; FY13 (7 months)=33 admissions for 256 bed days, average LOS of 7.8 days

### NVMHI:

- 42 admissions this month
- 334 admissions, 333 discharges for 15,729 bed days for FY14 YTD
- **Average monthly admission:**

FY14 YTD=42	FY13=58	FY12=52.5	FY11=73	FY10=82	FY09=85
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- 5 TDO admissions (12%) this month
- **TDO admissions:**

FY14 YTD=12%	FY13=23%	FY12=23%	FY11=33%		
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- 26% of this month's admissions had insurance
- **Insured admissions:**

FY14 YTD=22%	FY13=23%	FY12=22%	FY11=25%	FY10=26%	
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- Admissions are Involuntary (49%), CMA (27%), and Voluntary (10%) YTD
- 37% have stayed less than 90 days; 41% have stayed longer than one year, 32% are NGRI
- Average (mean) LOS for 333 discharged consumers = 47 days; Average (median) LOS =24 days
- **Average LOS of LIPOS transfers (days)**

FY14 YTD=25	FY13=25	FY12=24	FY11=20		
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- Occupancy rate for this month=97%
- **Occupancy rate:**

	FY13=95%	FY12=92%	FY11=96%	FY10=95%	FY09=93%
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- 1 ID admission this month (2%); 8 admissions had substance use disorder diagnosis (19%) this month
- **Number of ID admissions:**

FY14 YTD=8	FY13=28	FY12=15	FY11=28	FY10=15	FY09=13
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- 30 day re-admission rate for this month= 8% (3 in January)
- **30 day re-admission rate:**

	FY13=7.2%	FY12=9.5%	FY11=7.6%	FY10=9.7%	FY09=11%
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- EBL decreased to 30 by the end of the month (FFC=11, Arl=10, PW=7, Alex=1, L=0, Hanover=1); 2 added, 4 discharged, 5 are Forensic; 14 have been on EBL> 6 months

### Western State Hospital:

- 17 admissions this month; an average of 15.5 admissions per month for FY14 YTD
- Census of 43 (40 Forensic, 3 civil) for HPR II
- **WSH admissions:**

FY14 YTD=124	FY13=162	FY12=146	FY11=125		
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**NVTC/REACH:**

- NVTC census = 110 as of 3/24/14 (Alex=9, Arl=16, FFC=68, L=1, PW=15, Henrico=1)
- 22 discharges in FY14
- 9 referrals to REACH this month; 84 referrals in FY14
- 9 admissions to REACH CSU this month, 82 admissions in FY14
- 1 REACH in-home crisis intervention this month, 12 interventions in FY14

**Youth/Older Adults:**

- 7 admissions and 7 discharges at CCCA for this month
- FY14 YTD=66 admissions (average of 8.3 per month) and 66 discharges to CCCA for 1,205 bed days
- 1 admission and 2 discharges at PGH this month; census is 24, 3 are ready for discharge
- FY14 YTD=13 admissions and 15 discharges

**TDO/Commitments:**

- 191 commitment hearings this month

**TDOs:**

FY14 YTD=194	FY13=201	FY12=192	FY11=192	FY10=199	FY09=199
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- Adults: 42% CMA; Older Adults: 58% Committed; Minors: 46% Voluntary for FY14 YTD
- 8 MOTs this month

**MOTs:**

FY14 YTD=69	FY13=66	FY12=37	FY11=8	FY10=44	
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- 233 of 1,222 adult non-geriatric TDO consumers went to Mt. Vernon (19%)
- 190 of 1,015 commitment/CMA adult non-geriatric consumers went to NVMHI (19%)
- 33 of 72 commitment/CMA minors went to Dominion (46%)
- 34 out of 85 commitment/CMA older adults went to Loudoun Hospital (40%)
- 62% of Commitment/CMA non-geriatric adults have insurance YTD; 11% sent to NVMHI have insurance
- 83% of Commitment /CMA minors have insurance YTD
- 88% of Commitment/CMA older adults have insurance YTD
- TDO out of area admissions this month=15; 142 for FY14 (98 from PW CSB)
- **Average number of TDOs per month sent out of region:**

FY14 YTD=18	FY13=20	FY12=16	FY11=19	FY10=12	
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**Crisis Stabilization Units:**

- 62 admissions and 65 discharges this month;
- FY14 YTD=551 admissions for 5,803 days
- FY13= 767 admissions for 7,181 bed days
- **Average monthly admissions:**

FY14 YTD=69	FY13=64	FY12=67	FY11=66	FY10=58	FY09=42
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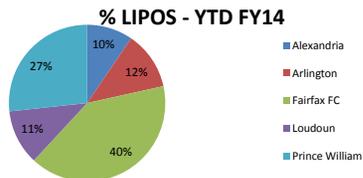
- 71% are diversion, 25% are step-down; 4% are NGRI/TDO/CMA
- 42% had SA diagnosis; 2% (12) received detox; 37% were homeless at admission YTD
- 76% had a planned discharge; 9% (49) were hospitalized
- 74 consumers (13% of admissions) stayed longer than 15 days
- Average LOS ranged from 7.5 to 18 days this month across the 4 CSUs
- 32% had Medicaid; 54% had no commercial insurance
- 81% occupancy for this month
- **Occupancy:**

FY14 YTD=77%	FY13=89%	FY12=88%	FY11=87%		
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- 1 ID admission this month (2%)
- 30 day readmission rate (29 consumers) = 5%

**FY14 LIPOS**  
**July 1, 2013 - June 30, 2014**

LIPOS Admissions		PHP Admissions
Jul 2013	67	4
Aug 2013	64	2
Sep 2013	68	0
Oct 2013	67	0
Nov 2013	61	3
Dec 2013	35	1
Jan 2014	72	1
Feb 2014	49	2
Mar 2014	0	0
Apr 2014	0	0
May 2014	0	0
Jun 2014	0	0
<b>FY 2014 Total</b>	<b>483</b>	<b>13</b>
<b>FY 2014 Monthly Average</b>	<b>60</b>	<b>2</b>



Consumer Admission Status by Hospital YTD							
HOSPITAL	CMA		INVOLUNTARY		VOLUNTARY		Total # of Adm
	# of Adm	% of Total	# of Adm	% of Total	# of Adm	% of Total	
VHC Arlington	6	17.6%	12	35.3%	16	47.1%	34
Dominion	33	41.8%	9	11.4%	37	46.8%	79
INOVA Fairfax	35	43.2%	17	21.0%	29	35.8%	81
INOVA Loudoun	15	30.0%	11	22.0%	24	48.0%	50
INOVA Mt Vernon	39	35.8%	37	33.9%	33	30.3%	109
Prince William	43	47.3%	25	27.5%	23	25.3%	91
Poplar Springs	5	21.7%	18	78.3%	0	0.0%	23
Other	3	18.8%	12	75.0%	1	6.3%	16
<b>TOTAL</b>	<b>179</b>	<b>37.1%</b>	<b>141</b>	<b>29.2%</b>	<b>163</b>	<b>33.7%</b>	<b>483</b>

Consumer Admission Status by CSB YTD							
CSB	CMA		INVOLUNTARY		VOLUNTARY		Total # of Adm
	# of Adm	% of Total	# of Adm	% of Total	# of Adm	% of Total	
Alexandria	9	19.6%	24	52.2%	13	28.3%	46
Arlington	14	24.1%	20	34.5%	24	41.4%	58
Fairfax	81	41.5%	42	21.5%	72	36.9%	195
Loudoun	17	30.9%	15	27.3%	23	41.8%	55
Prince William	58	45.0%	40	31.0%	31	24.0%	129
<b>TOTAL</b>	<b>179</b>	<b>37.1%</b>	<b>141</b>	<b>29.2%</b>	<b>163</b>	<b>33.7%</b>	<b>483</b>

LIPOS Admissions by Hospital								NVMHI Admissions by Hospital YTD		
HOSPITAL	CURRENT MO	YTD TOTAL	Percentage by Hospital	DISCHARGED	BED DAYS	YTD AVERAGE LOS	YTD PAYMENT	Monthly Transf to NVMHI	YTD Transf to NVMHI	% NVMHI/DC
Dominion	10	79	16.4%	77	483	6.3	\$644,434	2	12	15.6%
INOVA-Fairfax	8	81	16.8%	80	372	4.7	\$184,075	3	25	31.3%
INOVA - Loudoun	4	50	10.4%	50	199	4.0	\$93,800	0	11	22.0%
INOVA-Mount Vernon	13	109	22.6%	108	569	5.3	\$409,950	4	38	35.2%
Prince William	9	91	18.8%	91	499	5.5	\$197,100	3	35	38.5%
Poplar Springs	1	23	4.8%	22	137	6.2	\$135,135	1	10	45.5%
VHC: Arlington	3	34	7.0%	33	214	6.5	\$164,659	0	13	39.4%
Other:	1	16	3.3%	16	125	7.8	\$46,150	0	7	43.8%
<b>TOTAL</b>	<b>49</b>	<b>483</b>	<b>100.0%</b>	<b>477</b>	<b>2598</b>	<b>5.4</b>	<b>\$1,875,303</b>	<b>13</b>	<b>151</b>	<b>31.7%</b>

LIPOS Admission by CSB								NVMHI Admissions by CSB YTD			
CSB	CURRENT MO	YTD TOTAL	DISCHARGED	BED DAYS	YTD AVERAGE LOS	ADM/100K	BD/100K	Transf to NVMHI	% Transf to NVMHI	NVMHI BED DAYS	AVERAGE LOS
Alexandria	5	46	46	227	4.9	30	150	21	45.7%	633	30.1
Arlington	5	58	56	407	7.3	26	179	20	35.7%	843	42.2
Fairfax FC	21	195	192	1,024	5.3	17	89	52	27.1%	934	18.0
Loudoun	3	55	55	237	4.3	16	68	13	23.6%	384	29.5
Prince William	15	129	128	703	5.5	26	144	45	35.2%	944	21.0
<b>TOTAL</b>	<b>49</b>	<b>483</b>	<b>477</b>	<b>2,598</b>	<b>5.4</b>	<b>20</b>	<b>110</b>	<b>151</b>	<b>31.7%</b>	<b>3,738</b>	<b>24.8</b>

## PHP and Youth LIPOS February - FY 2014

### PHP FY14

CSB	Month	YTD	LOUDOUN PHP	YTD	FFX PHP	YTD	DOMINION PHP	YTD	Mt Vernon PHP	YTD	Days of Service	YTD	ALOS	YTD	PLANNED D/C	YTD	UNPLANNED D/C	YTD
ALEXANDRIA	2	6	0	0	0	0	0	0	2	6	13	27	6.5	4.5	2	6	0	0
ARLINGTON	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FAIRFAX	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LOUDOUN	0	7	0	7	0	0	0	0	0	0	0	30	0	4.3	0	7	0	0
PRINCE WILLIAM	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>TOTAL</b>	<b>2</b>	<b>13</b>	<b>0</b>	<b>7</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>6</b>	<b>13</b>	<b>57</b>	<b>6.5</b>	<b>4.4</b>	<b>2</b>	<b>13</b>	<b>0</b>	<b>0</b>

### Youth LIPOS FY14

CSB	TOTAL #	YTD	DOMINION	YTD	POPLAR SPRINGS	YTD	SNOWDEN	YTD	OTHER	YTD	DISCHARGED	YTD	BED DAYS	YTD	ALOS	YTD	READMISSIONS	YTD
ALEXANDRIA	0	3	0	3	0	0	0	0	0	0	0	3	0	19	0.0	6.3	0	0
ARLINGTON	0	2	0	2	0	0	0	0	0	0	0	2	0	19	0.0	9.5	0	0
FAIRFAX	2	14	2	13	0	1	0	0	0	2	14	21	129	10.5	9.2	0	2	
LOUDOUN	1	5	0	3	0	1	0	0	1	1	1	5	11	48	11.0	9.6	0	0
PRINCE WILLIAM	0	14	0	11	0	3	0	0	0	0	0	14	0	107	0.0	7.6	0	1
<b>TOTAL</b>	<b>3</b>	<b>38</b>	<b>2</b>	<b>32</b>	<b>0</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>3</b>	<b>38</b>	<b>32</b>	<b>322</b>	<b>10.7</b>	<b>8.5</b>	<b>0</b>	<b>3</b>

**NVMHI Admissions - February 2014  
FY-14**

	TDO				Voluntary				CMA				Involuntary			
CSB	Month	%	YTD	%	Month	%	YTD	%	Month	%	YTD	%	Month	%	YTD	%
Alex	0	0.0%	0	0.0%	0	0.0%	0	0.0%	0	0.0%	2	7.4%	3	75.0%	23	85.2%
Arl	3	30.0%	13	19.4%	0	0.0%	4	6.0%	4	40.0%	13	19.4%	3	30.0%	35	52.2%
Fairfax	2	16.7%	11	8.7%	0	0.0%	17	13.4%	3	25.0%	38	29.9%	7	58.3%	60	47.2%
Loudn	0	0.0%	0	0.0%	0	0.0%	1	4.0%	1	50.0%	10	40.0%	1	50.0%	12	48.0%
PW	0	0.0%	14	16.5%	3	21.4%	10	11.8%	5	35.7%	26	30.6%	6	42.9%	34	40.0%
Other	0	0.0%	1	0.0%	0	0.0%	1	0.0%	0	0.0%	0	0.0%	0	0.0%	1	0.0%
<b>Total</b>	<b>5</b>	<b>11.9%</b>	<b>39</b>	<b>11.7%</b>	<b>3</b>	<b>7.1%</b>	<b>33</b>	<b>9.9%</b>	<b>13</b>	<b>31.0%</b>	<b>89</b>	<b>26.6%</b>	<b>20</b>	<b>47.6%</b>	<b>165</b>	<b>49.4%</b>

	Forensics/DOC				Total		
CSB	Month	%	YTD	%	Month	YTD	100K
Alex	1	25.0%	2	7.4%	4	27	2
Arl	0	0.0%	2	3.0%	10	67	29
Fairfax	0	0.0%	1	0.8%	12	127	11
Loudn	0	0.0%	2	8.0%	2	25	7
PW	0	0.0%	1	1.2%	14	85	17
Other	0	0.0%	0	0.0%	0	3	0
<b>Total</b>	<b>1</b>	<b>2.4%</b>	<b>8</b>	<b>2.4%</b>	<b>42</b>	<b>334</b>	<b>14</b>

	Forensic Type					
CSB	Nol Prossed	URS	NGRI	TCE	DOC	Other
Alex	0	0	1	0	0	0
Arl	0	0	0	0	0	0
Fairfax	0	0	0	0	0	0
Loudn	0	0	0	0	0	0
PW	0	0	0	0	0	0
Other	0	0	0	0	0	0
<b>Total</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>

**NVMHI Discharges**

CSB	Month	YTD	Monthly Bed Days	Bed Days YTD	Bed Days YTD 100K	Monthly Mean LOS	YTD Mean LOS	Monthly Median LOS	YTD Median LOS
Alex	4	26	187	1674	1107	47	64	20	45
Arl	8	78	441	4675	3092	55	60	10	25
Fairfax-FC	20	113	854	4599	3041	43	41	27	22
Loudoun	2	28	52	1725	1141	26	62	26	28
PW	6	85	56	3014	1993	9	35	9	21
Other	1	3	27	42	0	27	14	27	8
<b>Total</b>	<b>41</b>	<b>333</b>	<b>1617</b>	<b>15729</b>	<b>664</b>	<b>39</b>	<b>47</b>	<b>24</b>	<b>24</b>

### Insured Admits to NVMHI

	FY 11	FY 12	FY 13 Qtr 1	FY 13 Qtr 2	FY 13 Feb	FY 13 Mar	FY 13 April	FY 13 May	FY 13 June	FY 13	FY 14 July	FY 14 Aug	FY 14 Sept	FY 14 Qtr 1	FY 14 Oct	FY 14 Nov	FY 14 Dec	FY 14 Qtr 2	FY 14 Jan	FY 14 Feb
<b>Total insured admissions</b>	216	170	39	31	15	13	13	12	13	136	15	10	8	33	7	9	5	21	7	11
Medicare	140	119	20	25	9	7	7	6	6	80	11	6	6	23	4	5	5	14	2	6
Medicaid	13	0	1	0	1	3	4	0	4	13	1	2	0	3	2	3	0	5	3	2
Commercial	62	51	18	6	5	3	2	6	3	43	3	2	2	7	1	1	0	2	2	3
<b>Total NVMHI admissions</b>	873	763	150	164	63	56	73	65	52	623	49	54	34	137	40	43	33	116	39	42
<b>% insured</b>	24.7%	22.3%	26.0%	18.9%	23.8%	23.2%	17.8%	18.5%	25.0%	21.8%	30.6%	18.5%	23.5%	24.1%	17.5%	20.9%	15.2%	18.1%	17.9%	26.2%
<b>By CSB</b>																				
Alexandria	11	13	3	1	2	0	0	0	0	6	0	0	1	1	2	2	0	4	1	0
Arlington	54	53	11	12	2	2	8	5	1	41	5	3	2	10	4	1	1	6	0	5
Fairfax	80	44	13	7	4	5	1	3	4	37	8	4	1	13	0	4	4	8	4	4
Loudoun	15	6	2	1	0	0	0	2	1	6	1	0	1	2	0	0	0	0	0	0
Prince William	55	54	10	9	7	6	4	2	7	45	1	2	3	6	1	2	0	3	2	2
Other	1	0	0	1	0	0	0	0	0	1	0	1	0	1	0	0	0	0	0	0
<b>Total</b>	216	170	39	31	15	13	13	12	13	136	15	10	8	33	7	9	5	21	7	11

## Hospital Readmissions within 30 days

CSB							Total	
	NVMHI		LIPOS		Mixed		<i>NVMHI+LIPOS+Mixed</i>	
	Feb	FY14	Feb	FY14	Feb	FY14	Feb	FY14
Alexandria	0	0	0	1	1	1	1	2
Arlington	0	3	0	0	0	4	0	7
Fairfax	1	5	2	9	3	6	6	20
Loudoun	0	0	0	4	1	4	1	8
Prince William	0	1	0	1	1	5	1	7
<b>TOTAL:</b>	<b>1</b>	<b>9</b>	<b>2</b>	<b>15</b>	<b>6</b>	<b>20</b>	<b>9</b>	<b>44</b>

## LIPOS Extended Length of Stay and Readmission - FY14

CSB	Number of individuals							# of individuals - FY14 (YTD)		
	6-7 days	8-11 days	12-14 days	15-17 days	18-20 days	21 or more days	TOTAL Extended Stay > 12 days	CSB	More than once	More than twice
Alexandria	7	8	2	0	0	0	2	Alexandria	4	0
Arlington	14	8	8	1	1	1	11	Arlington	4	0
Fairfax	41	20	9	1	3	0	13	Fairfax	16	2
Loudoun	9	5	1	0	0	0	1	Loudoun	2	2
Prince William	15	26	6	2	0	1	9	Prince William	10	2
<b>TOTAL:</b>	<b>86</b>	<b>67</b>	<b>26</b>	<b>4</b>	<b>4</b>	<b>2</b>	<b>36</b>	<b>TOTAL:</b>	<b>36</b>	<b>6</b>

**NVMHI Bed Census  
FY13-14**

**WSH Bed Census  
FY13-14**

	4/1/2013		7/1/2013		10/1/2013		1/1/2014		7/10/2013		9/30/2013		1/6/2014		3/10/2014*	
	Month	100K	Month	100K	Month	100K	Month	100K	Month	100K	Month	100K	Month	100K	Month	100K
Alex	11	7	10	7	9	6	10	7	4	3	5	3	2	1	5	3
Arl	21	10	32	15	29	13	25	11	9	4	5	2	8	4	6	3
FFC	43	4	31	3	37	3	50	4	10	1	12	1	19	2	21	2
Lou	5	2	10	3	8	2	6	2	0	0	0	0	0	0	3	1
PW	37	8	33	7	35	7	26	5	4	1	2	0	7	1	8	2
Other	3		3		3		3									
<b>Total</b>	<b>120</b>	<b>5</b>	<b>119</b>	<b>5</b>	<b>121</b>	<b>5</b>	<b>120</b>	<b>5</b>	<b>27</b>	<b>1</b>	<b>24</b>	<b>1</b>	<b>36</b>	<b>2</b>	<b>43</b>	<b>2</b>

\*3 Civil; 40 Forensic

**NVMHI Bed Census by LOS: 3/1/14**

	<90 days	90-180 days	181-364 days	1-2 years	2-3 years	> 3 years	Total	Forensics	
								NGRI	TCE
Alex	5	3	1	1	1	0	11	3	0
Arl	6	2	4	4	2	3	21	4	0
FFC	18	2	5	6	7	7	45	14	0
Lou	3	1	3	0	0	0	7	3	0
PW	12	1	5	9	2	4	33	11	1
Other	0	0	0	0	1	2	3	3	0
<b>Total</b>	<b>44</b>	<b>9</b>	<b>18</b>	<b>20</b>	<b>13</b>	<b>16</b>	<b>120</b>	<b>38</b>	<b>1</b>

REACH Report for February 2014

	Referral Source						Referral Type				Current Treatment Status ***			
	Number of Referrals		CSB		Other		Crisis		Crisis Prevention		Active	Monitoring	Inactive	denied
	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD				
CSB														
Alexandria	0	1	0	1	0	0	0	0	0	1	1	0	0	
Arlington	2	5	1	3	1	2	0	1	2	4	4	1	0	
FFC	6	53	2	26	4	27	1	2	5	51	43	5	4	1*
Loudoun	0	3	0	2	0	1	0	1	0	2	1	1	1	
Prince William	1	22	1	16	0	6	0	3	1	19	19	2	1	
Total	9	84	4	48	5	36	1	7	8	77	68	9	6	1

Referral Sources other than CSB February 2014: Arlington = 1 family, Fairfax - 3 family, 1 GH

\* denied individual did not meet criteria for admission to START. Remaining referrals have been appropriate and assigned to a coordinator

\*\*\* Current treatment status is not reflective of total caseload and data is for referrals received in FY14. START Coordinators continue to serve clients referred in FY13.

Therapeutic Home Services

(Home is currently operating at 4 beds)

CSB	Residential								In-Home			
	Planned Episodes		Planned - Undup.		Emerg. Episodes		Emerg. Undup.		In-Home Episodes		In-Home Undup.	
	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD	Feb-14	FY 2014 YTD
Alexandria	0	2	0	2	0	0	0	0	0	1	0	1
Arlington	0	9	0	5	0	3	0	1	0	0	0	0
FFC	4	30	3	21	1	14	1	9	0	6	0	4
Loudoun	0	1	0	1	0	3	0	2	0	0	0	0
PWC	1	9	1	7	2	7	2	7	1	5	1	3
Out of Region	0	2	0	2	1	2	1	2	0	0	0	0
Total	5	53	4	38	4	29	4	21	1	12	1	8

All individuals discharged from Therapeutic Home are served in follow-up by assigned Coordinator



Referral Sources other than CSB
family / guardian
day support / school
NVTC
Abilities Unleashed
The ARC of NoVA
The ARC of PW
VA Support Services
Residential Programs

Therapeutic Home admits:	
Level of disability **	
Mild	26
Mod.	16
Severe	4
Prof.	1
normal/unknown	7
Borderline	2

\*\* Level of Disability: This data is extracted from SIRS which is currently not fully implemented. N for level of disability is 56. For this sample, all individuals with borderline or normal intelligence, there is a diagnosis of Autism

FY14 through February 28, 2014

Piedmont Geriatric Hospital

	Admissions	Discharges	Census	RFD
Alex	0	0	4	1
Arl	2	4	6	0
FFC	6	6	8	1
Loudoun	1	1	3	1
PW	4	4	3	0
<b>Total</b>	<b>13</b>	<b>15</b>	<b>24</b>	<b>3</b>

Commonwealth Center  
For Children and Adolescents

	Admissions	Discharges	Bed Days
Alex	13	12	121
Arl	7	7	95
FFC	17	19	484
Loudoun	8	9	215
PW	21	19	290
<b>Total</b>	<b>66</b>	<b>66</b>	<b>1205</b>

**Commitment Hearing Results - February 2014**

FY-14

**Consumers Ages 18 to 64**

CSB	Involuntary			CMA			MOT			Dismissed			Total		
	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	100K
Alex	6	51	48.6%	3	29	27.6%	0	2	0.0%	3	23	21.9%	12	105	69.4
Arl	13	66	35.1%	12	65	34.6%	0	0	0.0%	6	57	30.3%	31	188	82.8
Fairfax	18	154	30.6%	28	260	51.6%	2	28	5.6%	12	62	12.3%	60	504	43.7
Loudn	3	48	30.0%	9	52	32.5%	1	5	3.1%	9	55	34.4%	22	160	46.0
PW	14	131	32.8%	17	159	39.8%	5	30	7.5%	11	80	20.0%	47	400	82.1
<b>Total</b>	<b>54</b>	<b>450</b>	<b>33.2%</b>	<b>69</b>	<b>565</b>	<b>41.6%</b>	<b>8</b>	<b>65</b>	<b>4.8%</b>	<b>41</b>	<b>277</b>	<b>20.4%</b>	<b>172</b>	<b>1357</b>	<b>57.3</b>

**Consumers Ages 65 and Over**

CSB	Involuntary			CMA			MOT			Dismissed			Total		
	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	100K
Alex	0	2	50.0%	0	1	25.0%	0	0	0.0%	0	1	25.0%	0	4	2.6
Arl	0	8	57.1%	3	5	35.7%	0	0	0.0%	0	1	7.1%	3	14	6.2
Fairfax	0	9	31.0%	2	15	51.7%	0	1	3.4%	0	4	13.8%	2	29	2.5
Loudn	2	24	72.7%	2	7	21.2%	0	0	0.0%	1	2	6.1%	5	33	9.5
PW	1	12	80.0%	1	1	6.7%	0	0	0.0%	0	2	13.3%	2	15	3.1
<b>Total</b>	<b>3</b>	<b>55</b>	<b>57.9%</b>	<b>8</b>	<b>29</b>	<b>30.5%</b>	<b>0</b>	<b>1</b>	<b>1.1%</b>	<b>1</b>	<b>10</b>	<b>10.5%</b>	<b>12</b>	<b>95</b>	<b>4.0</b>

**Minors**

CSB	Involuntary			Voluntary			MOT			Dismissed			Total		
	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	100K
Alex	0	1	25.0%	1	2	0.0%	0	0	0.0%	0	1	0.0%	1	4	2.6
Arl	0	1	50.0%	0	0	0.0%	0	0	0.0%	0	1	0.0%	0	2	0.9
Fairfax	0	11	23.9%	1	17	37.0%	0	3	6.5%	1	15	32.6%	2	46	4.0
Loudn	0	2	100.0%	0	0	0.0%	0	0	0.0%	0	0	0.0%	0	2	0.6
PW	0	13	27.7%	3	27	57.4%	0	0	0.0%	1	7	14.9%	4	47	9.6
<b>Total</b>	<b>0</b>	<b>28</b>	<b>27.7%</b>	<b>5</b>	<b>46</b>	<b>45.5%</b>	<b>0</b>	<b>3</b>	<b>3.0%</b>	<b>2</b>	<b>24</b>	<b>23.8%</b>	<b>7</b>	<b>101</b>	<b>4.3</b>

**Total**

CSB	Committed			CMA			MOT			Dismissed			Total		
	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	%	Month	YTD	100K
Alex	6	54	47.8%	4	32	28.3%	0	2	0.0%	3	25	22.1%	13	113	74.7
Arl	13	75	36.8%	15	70	34.3%	0	0	0.0%	6	59	28.9%	34	204	89.8
Fairfax	18	174	30.1%	31	292	50.4%	2	32	5.5%	13	81	14.0%	64	579	50.2
Loudn	5	74	37.9%	11	59	30.3%	1	5	2.6%	10	57	29.2%	27	195	56.0
PW	15	156	33.8%	21	187	40.5%	5	30	6.5%	12	89	19.3%	53	462	94.8
<b>Total</b>	<b>57</b>	<b>533</b>	<b>34.3%</b>	<b>82</b>	<b>640</b>	<b>41.2%</b>	<b>8</b>	<b>69</b>	<b>4.4%</b>	<b>44</b>	<b>311</b>	<b>20.0%</b>	<b>191</b>	<b>1553</b>	<b>65.6</b>

% = Committed (or other category) YTD / Total YTD for each CSB

**Hospital TDOs vs. Commitments / Insurance Status  
February 2014 (FY-14)  
Adults (Age 18-64)**

**TDO Hospitals**

CSB	Dominion		Fairfax		Mt. Vernon		Prince William		Loudoun		VHC		NVMHI		CSU		Poplar Springs		Other		Total	
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD
Alex	1	4	1	8	11	95	0	0	0	1	0	0	0	0	0	0	0	0	0	4	13	112
Arl	7	46	0	2	1	3	1	4	1	1	14	122	3	14	0	0	1	5	2	6	30	203
Fairfax	13	84	30	233	14	155	0	0	2	11	0	2	4	30	0	0	0	4	0	0	63	519
Loudoun	1	8	1	3	0	0	0	0	14	144	0	0	0	0	0	0	0	1	0	0	16	156
PW	10	74	2	5	3	9	28	231	1	2	0	5	0	17	0	0	0	28	3	30	47	401
<b>Total</b>	<b>32</b>	<b>216</b>	<b>34</b>	<b>251</b>	<b>29</b>	<b>262</b>	<b>29</b>	<b>235</b>	<b>18</b>	<b>159</b>	<b>14</b>	<b>129</b>	<b>7</b>	<b>61</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>38</b>	<b>5</b>	<b>40</b>	169	1391

**Commitment/CMA Hospitals**

CSB	Dominion		Fairfax		Mt. Vernon		Prince William		Loudoun		VHC		NVMHI		CSU		Poplar Springs		Other		Total	
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD
Alex	0	0	0	3	3	39	0	0	0	0	0	0	6	34	0	0	0	0	0	4	9	80
Arl	3	17	0	0	0	0	0	2	0	0	14	69	7	24	0	0	1	12	0	7	25	131
Fairfax	4	36	13	148	10	104	0	0	1	8	1	2	16	108	1	1	0	6	0	1	46	414
Loudoun	0	0	0	0	0	0	0	0	12	95	0	0	0	4	0	0	0	1	0	0	12	100
PW	1	28	2	4	2	5	20	164	2	3	0	6	1	20	0	4	1	30	2	26	31	290
<b>Total</b>	<b>8</b>	<b>81</b>	<b>15</b>	<b>155</b>	<b>15</b>	<b>148</b>	<b>20</b>	<b>49</b>	<b>15</b>	<b>106</b>	<b>15</b>	<b>19</b>	<b>30</b>	<b>190</b>	<b>1</b>	<b>5</b>	<b>2</b>	<b>49</b>	<b>2</b>	<b>38</b>	123	1015

**Insurance Status for Commitment/CMA Consumers**

Current Month												
CSB	Insured		Uninsured/LIPOS		CSU		State Uninsured		State Insured		Total	
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD
Alex	3	42	0	0	0	0	6	36	0	2	9	80
Arl	16	82	2	25	0	0	6	22	1	2	25	131
Fairfax	25	253	4	52	1	1	15	95	1	13	46	414
Loudoun	10	69	2	27	0	0	0	4	0	0	12	100
PW	16	154	14	112	0	4	1	15	0	5	31	290
<b>Total</b>	<b>70</b>	<b>600</b>	<b>22</b>	<b>216</b>	<b>1</b>	<b>5</b>	<b>28</b>	<b>172</b>	<b>2</b>	<b>22</b>	<b>123</b>	<b>1015</b>

**Hospital TDOs vs. Commitments / Insurance Status  
February 2014 (FY-14)  
Minors**

**TDO Hospitals**

CSB	Dominion		Snowden		Poplar Springs		CCCA		CSU		Other		Total	
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD
Alex	1	3	0	0	0	2	1	3	0	0	1	4	3	12
Arl	0	1	0	0	0	0	0	2	0	0	0	0	0	3
Fairfax	5	52	0	0	0	3	1	3	0	0	2	2	8	60
Loudoun	1	6	0	0	0	1	0	2	0	0	0	0	1	9
PW	0	12	0	0	1	15	2	14	0	0	1	6	4	47
<b>Total</b>	<b>7</b>	<b>74</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>21</b>	<b>4</b>	<b>24</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>12</b>	<b>16</b>	<b>131</b>

**Commitment/CMA Hospitals**

CSB	Dominion		Snowden		Poplar Springs		CCCA		CSU		Other		Total	
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD
Alex	1	2	0	0	0	1	0	0	0	0	0	0	1	3
Arl	0	0	0	0	0	0	0	1	0	0	0	0	0	1
Fairfax	1	23	0	0	0	4	0	0	0	0	0	0	1	27
Loudoun	0	0	0	0	0	1	0	1	0	0	0	0	0	2
PW	0	8	0	0	1	13	2	16	0	0	0	2	3	39
<b>Total</b>	<b>2</b>	<b>33</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>19</b>	<b>2</b>	<b>18</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>5</b>	<b>72</b>

**Insurance Status for Commitment/CMA Consumers**

Current Month												
CSB	Insured		CSU		Uninsured		State Uninsured		State Insured		Total	
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD
Alex	1	3	0	0	0	0	0	0	0	0	1	3
Arl	0	0	0	0	0	0	0	1	0	0	0	1
Fairfax	1	23	0	0	0	4	0	0	0	0	1	27
Loudoun	0	1	0	0	0	0	0	0	0	1	0	2
PW	1	21	0	0	0	2	2	5	0	11	3	39
<b>Total</b>	<b>3</b>	<b>48</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>6</b>	<b>2</b>	<b>6</b>	<b>0</b>	<b>12</b>	<b>5</b>	<b>72</b>

**Hospital TDOs vs. Commitments / Insurance Status  
February 2014 (FY14)  
Geriatrics**

**TDO Hospitals**

CSB	Dominion		Fairfax		Mt. Vernon		Prince William		Loudoun		VHC		Piedmont		CSU		Other		Total		
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	
Alex	0	0	0	0	0	4	0	0	0	2	0	0	0	0	0	0	0	0	0	0	<b>6</b>
Arl	2	3	0	0	0	1	0	0	1	2	1	11	0	0	0	0	0	2	4	<b>19</b>	
Fairfax	1	2	0	16	1	10	0	0	0	2	0	0	0	1	0	0	0	0	2	<b>31</b>	
Loudoun	0	0	0	0	0	0	0	0	4	30	0	0	0	0	0	0	0	0	4	<b>30</b>	
PW	1	1	0	0	0	1	0	8	1	1	0	0	0	1	0	0	0	4	2	<b>16</b>	
<b>Total</b>	<b>4</b>	<b>6</b>	<b>0</b>	<b>16</b>	<b>1</b>	<b>16</b>	<b>0</b>	<b>8</b>	<b>6</b>	<b>37</b>	<b>1</b>	<b>11</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>6</b>	12	<b>102</b>	

**Commitment/CMA Hospitals**

CSB	Dominion		Fairfax		Mt. Vernon		Prince William		Loudoun		VHC		Piedmont		CSU		Other		Total		
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	
Alex	0	0	0	0	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	<b>3</b>
Arl	1	1	0	0	0	0	0	0	1	2	1	6	0	0	0	0	0	4	3	<b>13</b>	
Fairfax	1	2	0	14	1	7	0	0	0	0	0	0	0	2	0	0	0	0	2	<b>25</b>	
Loudoun	0	0	0	0	0	0	0	0	4	31	0	0	0	0	0	0	0	0	4	<b>31</b>	
PW	0	0	0	0	0	1	1	6	1	1	0	0	0	1	0	0	0	4	2	<b>13</b>	
<b>Total</b>	<b>2</b>	<b>3</b>	<b>0</b>	<b>14</b>	<b>1</b>	<b>11</b>	<b>1</b>	<b>6</b>	<b>6</b>	<b>34</b>	<b>1</b>	<b>6</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>8</b>	11	<b>85</b>	

**Insurance Status for Commitment/CMA Consumers**

Current Month												
CSB	Insured		Uninsured/LIPOS		CSU		State Uninsured		State Insured		Total	
	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD	Month	YTD
Alex	0	3	0	0	0	0	0	0	0	0	0	3
Arl	3	11	0	2	0	0	0	0	0	0	3	13
Fairfax	2	22	0	1	0	0	0	1	0	1	2	25
Loudoun	2	27	2	4	0	0	0	0	0	0	4	31
PW	1	11	1	2	0	0	0	0	0	0	2	13
<b>Total</b>	<b>8</b>	<b>74</b>	<b>3</b>	<b>9</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>11</b>	<b>85</b>

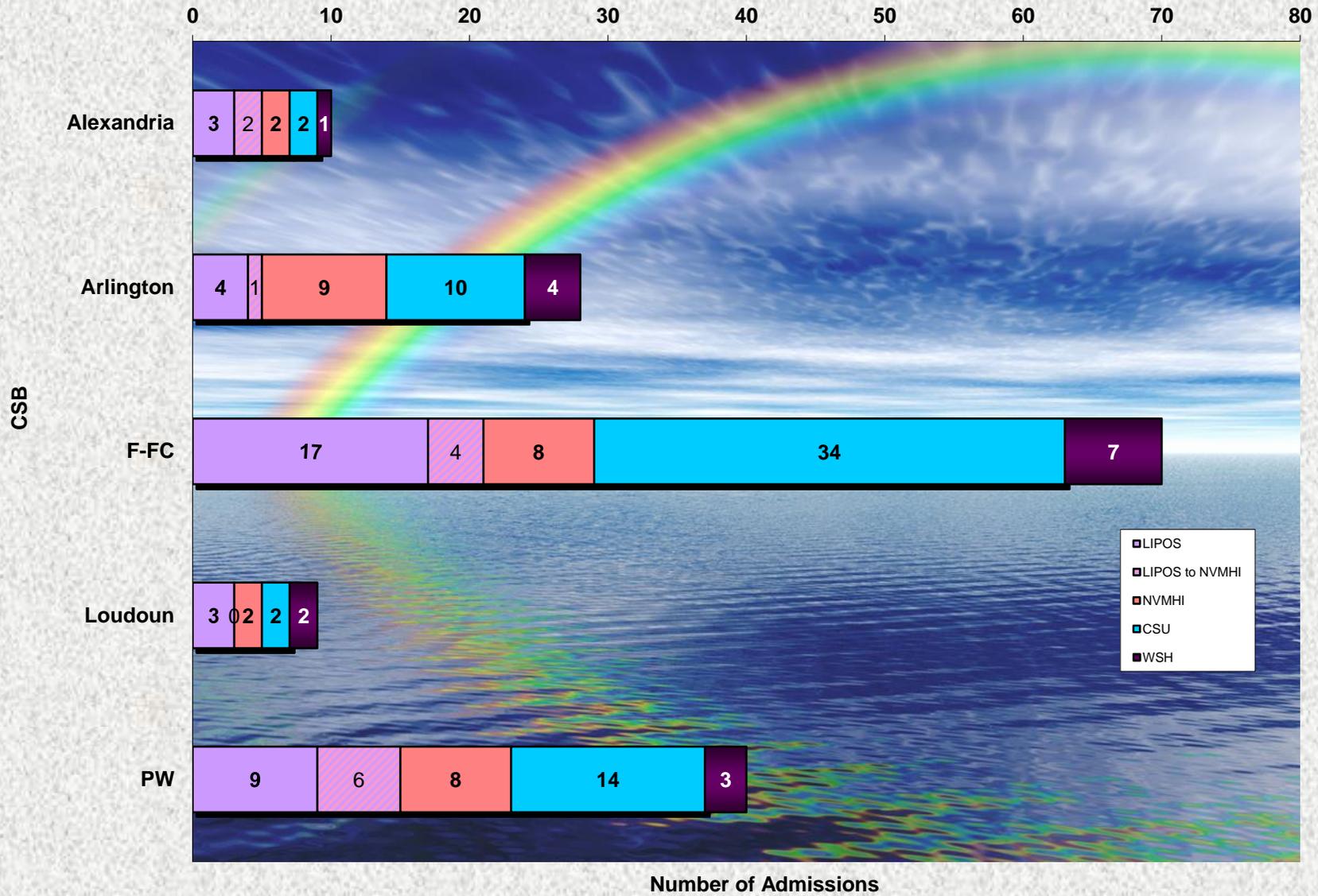
**HPR II Crisis Care Utilization Report  
February 2014 - FY14**

Indicator	Woodburn Place (12 Beds)		Monthly %	Brandon House (6 Beds)		Monthly %	Access (4 Beds)		Monthly %	CARE (6 beds)		Monthly %	Grand Total (30 beds)		Monthly %	YTD %
	Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		
Avg Daily Census	11.6	10.8	96.7%	3.8	3.9	62.5%	4.0	3.8	67.2%	5.0	4.5	83.3%	24.4	23.0	81.3%	76.6%
Average Length of Stay	8.0	9.1		7.5	7.7		18.1	18.0		15.0	10.8					
Bed Days	326	2668		105	1049		113	926		139	1160		683	5803		
Referral List (mean clients per day)	0.3	0.3		0	0.0		0	0.0		0.0	0.2					

Indicator	Woodburn Place (12 Beds)		Monthly %	Brandon House (6 Beds)		Monthly %	Access (4 Beds)		Monthly %	CARE (6 beds)		Monthly %	Grand Total (32 beds)		Monthly %	YTD%
	Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		
<b>Admissions</b>																
TDOs	0	0		0	0		0	0		0	0		0	0	0.0%	0.0%
CMA	1	1		0	1		0	0		0	1		1	3	1.6%	0.5%
CMI	0	0		0	0		0	0		0	0		0	0	0.0%	0.0%
Diversion	25	215		11	88		5	47		3	43		44	393	71.0%	71.3%
Step Down	8	54		3	35		2	30		2	19		15	138	24.2%	25.0%
NGRI	2	15		0	0		0	2		0	0		2	17	3.2%	3.1%
Respite	0	0		0	0		0	0		0	0		0	0	0.0%	0.0%
<b>Total =</b>	<b>36</b>	<b>285</b>		<b>14</b>	<b>124</b>		<b>7</b>	<b>79</b>		<b>5</b>	<b>63</b>		<b>62</b>	<b>551</b>		
Homeless at Admission	10	79	28%	5	50	36%	4	47	57%	4	29	80%	23	205	37.1%	37.2%
First Admission to Crisis Care	23	163	64%	9	87	64%	3	47	43%	3	50	60%	38	347	61.3%	63.0%
No Case Manager	7	75	19%	8	69	57%	0	3	0%	3	29	60%	18	176	29.0%	31.9%
ID Diagnosis	1	8	3%	0	3	0%	0	4	0%	0	4	0%	1	19	1.6%	3.4%
START Involved	0	0	0%	0	13	0%	0	0	0%	0	3	0%	0	16	0.0%	2.9%
SA Diagnosis	11	126	31%	3	27	21%	5	42	71%	4	35	80%	23	230	37.1%	41.7%
Detox Services	0	0	0%	0	0	0%	0	0	0%	0	12	0%	0	12	0.0%	2.2%
<b>Referral Sources (CSB)</b>																
Alexandria	2	14		0	0		0	0		0	2		2	16	3.2%	2.9%
Arlington	0	3		1	4		7	78		2	11		10	96	16.1%	17.4%
Fairfax-Falls Church	30	244		1	2		0	0		3	37		34	283	54.8%	51.4%
Loudoun	2	6		0	1		0	0		0	7		2	14	3.2%	2.5%
Prince William	2	18		12	117		0	1		0	6		14	142	22.6%	25.8%
Other	0	0		0	0		0	0		0	0		0	0	0.0%	0.0%
<b>Total =</b>	<b>36</b>	<b>285</b>		<b>14</b>	<b>124</b>		<b>7</b>	<b>79</b>		<b>5</b>	<b>63</b>		<b>62</b>	<b>551</b>		

Indicator	Woodburn Place (12 Beds)		Monthly %	Brandon House (6 Beds)		Monthly %	Access (4 Beds)		Monthly %	CARE (6 beds)		Monthly %	Grand Total (32 beds)		Monthly %	YTD%
	Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		Current Mo	YTD		
<b>Fiscal Status</b>																
Uninsured	24	166		8	76		3	29		2	28		37	299	59.7%	54.3%
Medicaid	7	68		6	48		3	38		2	21		18	175	29.0%	31.8%
Medicare	4	44		0	0		0	7		1	13		5	64	8.1%	11.6%
Private Insurance	1	7		0	0		1	5		0	1		2	13	3.2%	2.4%
Self-Pay	0	0		0	0		0	0		0	0		0	0	0.0%	0.0%
Unknown	0	0		0	0		0	0		0	0		0	0	0.0%	0.0%
<b>Total =</b>	<b>36</b>	<b>285</b>		<b>14</b>	<b>124</b>		<b>7</b>	<b>79</b>		<b>5</b>	<b>63</b>		<b>62</b>	<b>551</b>		
<b>Discharges</b>																
<b>Planned =</b>	<b>29</b>	<b>213</b>		<b>12</b>	<b>91</b>		<b>7</b>	<b>53</b>		<b>4</b>	<b>48</b>		<b>52</b>	<b>405</b>	80.0%	76.0%
Private Residence	24	148		8	67		3	30		1	30		36	275	69.2%	67.9%
MH Program	0	7		1	5		0	0		1	2		2	14	3.8%	3.5%
SA Program	2	16		0	6		0	1		0	7		2	30	3.8%	7.4%
Other (ACR, NVMHI, etc.)	2	14		1	7		1	6		0	0		4	27	7.7%	6.7%
TDO Hearing	0	0		0	1		0	0		0	0		0	1	0.0%	0.2%
Shelter	1	28		2	5		3	16		2	9		8	58	15.4%	14.3%
<b>Unplanned =</b>	<b>5</b>	<b>66</b>		<b>2</b>	<b>20</b>		<b>2</b>	<b>25</b>		<b>4</b>	<b>17</b>		<b>13</b>	<b>128</b>	20.0%	24.0%
Involuntary Hospitalization	3	10		0	5		1	3		1	4		5	22	38.5%	17.2%
Voluntary Hospitalization	2	16		1	5		0	2		1	4		4	27	30.8%	21.1%
Program-initiated	0	11		0	8		0	2		1	5		1	26	7.7%	20.3%
Client-initiated	0	29		1	2		1	18		1	4		3	53	23.1%	41.4%
<b>Total Discharges =</b>	<b>34</b>	<b>279</b>		<b>14</b>	<b>111</b>		<b>9</b>	<b>78</b>		<b>8</b>	<b>65</b>		<b>65</b>	<b>533</b>		
<b>Referral List</b>																
# of contacts with no bed available	6	65		0	33		0	39		12	73		18	210		
Total # of persons on Referral list	7	51		0	0		0	0		5	32		12	83		
persons admitted from Referral list	5	46		0	4		0	0		3	13		8	63	66.7%	75.9%
<b>Extended Stay</b>																
persons staying longer than 15 days	2	28		1	14		2	10		5	22		10	74	16.1%	13.4%
persons staying longer than 21 days	1	6		0	2		1	7		3	15		5	30	8.1%	5.4%
<b>Readmissions</b>																
persons readmitted within 30 days	1	12		2	5		1	7		0	5		4	29	6.2%	5.4%
of persons readmitted within 12 months	5	65		3	17		2	13		2	12		12	107	18.5%	20.1%
# of persons readmitted with SA dx	0	0		0	0		0	0		2	4		2	4	3.1%	0.8%

### Admissions for February 2014 - FY14



### Admissions by Month - FY14

