PLEASE READ: This document was designed to provide a **sample** of the questions and responses that will be included in the **2009** Fairfax County Youth Survey. This is not the actual survey instrument. The survey that will be administered to students will be designed on a computer-scannable form, with a round circle or "bubble" adjacent to the appropriate response on the form. The questions are listed in the same order in which they will appear on the survey.

On the actual survey, each question will have a separate response. However, to make this document easier to read, a response is printed ONLY ONCE when it is exactly the same for a group of questions.

SAMPLE

2009 Fairfax County Youth Survey

Thank you for agreeing to participate in this study. These questions ask your opinion about a number of things concerning you, your friends, your family, your neighborhood, and your community.

All of your answers will be kept strictly confidential. This means your answers are secret. This survey is completely voluntary. You can skip any questions that you do not want to answer.

Be sure to read the instructions below before you begin.

Thank you very much.

Instructions

1. This is not a test, so there are no right or wrong answers.

2. All of the questions should be answered by marking one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank.

3. Your answers will be read automatically by a scanner and computer. Please follow these instructions carefully.

4. For questions that have the following answers: NO!! no yes YES!!

   Mark the big **YES!!** if you think the statement is DEFINITELY TRUE for you.
   Mark the little **yes** if you think the statement is MOSTLY TRUE for you.
   Mark the little **no** if you think the statement is MOSTLY NOT TRUE for you.
   Mark the big **NO!!** if you think the statement is DEFINITELY NOT TRUE for you.

MARKING INSTRUCTIONS

a. Use a No. 2 pencil or a blue or black pen only.
b. Do not use pens with ink that soaks through the paper.
c. Make solid marks that fill the response completely.
d. Make no stray marks on this form.

Example: Chocolate is the best ice cream flavor.

○ NO!! ○ no ○ yes ● YES!!

These questions ask for some general information about the people completing the survey.
Please mark the response that best describes you.

1. How old are you?	10 or younger 11 12 13 14 or older
2. What grade are you in?	5th 6th 7th
3. Are you:	Female Male
4. What do you consider yourself to be? ***Select ONE only.***	Hispanic or Latino Not Hispanic nor Latino
5. What do you consider yourself to be? ***Select ONE OR MORE.***	American Indian or Alaskan native Asian Black or African-American Native Hawaiian or other Pacific Islander White
6. Think of where you live most of the time. **Which of the following people live there with you?** ***Choose ALL that apply.***	Mother Father Stepmother Stepfather Grandmother(s) Grandfather(s) Foster parent Other adults Sister(s) Brother(s) Stepsister(s) Stepbrother(s) Other children
7. What language do you use most often at home?	English Spanish Another Language

The next section asks about your experiences at school.

8. Putting them all together, what were your grades like last year?	Mostly Fs Mostly Ds Mostly Cs Mostly Bs Mostly As
9. I think sometimes it is okay to cheat at school.	NO!! no yes YES!!
10. How often do you come to classes without your homework finished?	Usually Sometimes Never
How much do you agree or disagree with the following? **11.** I know how to use a computer to do things like schoolwork, finding information, or typing papers. **12.** I can do well in school if I want to.	Strongly Agree Agree Not Sure Disagree Strongly Disagree ***This response will be included once for each of these questions on the final survey.***

SAMPLE

13. I feel safe at my school.	NO!! no yes YES!!
The next section asks about your feelings and experiences in other parts of your life. Remember, your answers are confidential.	
14. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	Yes No
15. I ignore rules that get in my way.	Very false Somewhat false Somewhat true Very true
16. It is important to be honest with your parents even if they become upset or you get punished. **17. I think it is okay to take something without asking if you can get away with it.**	NO!! no yes YES!! ***This response will be included once for each of these questions on the final survey.***
How many times have you: **18.** …done something dangerous because someone dared you to do it? **19.** …done crazy things even if they are a little dangerous?	Never I've done it, but not in the past year Less than once a month About once a month Two or three times a month Once a week or more ***This response will be included once for each of these questions on the final survey.***
How many times in the past year have you: **20.** …carried a weapon other than a handgun (such as a knife or club)?	Never 1 to 2 times 3 to 5 times 6 to 9 times 10 to 19 times 20 to 29 times 30 to 39 times 40 or more times
How important is each of the following to you in your life? **21.** … Accepting responsibility for my actions when I make a mistake or get in trouble. **22.** … Doing my best even when I have to do a job I don't like.	Extremely Important Quite Important Not Sure Somewhat Important Not Important ***This response will be included once for each of these questions on the final survey.***
How much do you agree or disagree with the following? **23.** … I am able to save my money for something I really want. **24.** … When things don't go well for me, I am good at finding a way to make things better. **25.** … I feel as if I can solve most problems in my life.	Strongly Agree Agree Not Sure Disagree Strongly Disagree ***This response will be included once for each of these questions on the final survey.***
How much do you do the following when you have a problem of any kind? **26.** … I try to find different solutions to the problem.	A lot Sometimes A little Never

SAMPLE

How many times have you: **27.** …participated in school or non-school extracurricular activities (e.g., sports, student government, student newspaper, scouting, etc.)? **28.** …volunteered to do community service?	Never I've done it, but not in the past year Less than once a month About once a month Two or three times a month Once a week or more ***This response will be included once for each of these questions on the final survey.***
On an average school day, how many hours do you: **29.** …watch TV? **30.** …play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)	Not at all Less than 1 hour per day 1 hour per day 2 hours per day 3 hours per day 4 hours per day 5 or more hours per day ***This response will be included once for each of these questions on the final survey.***
31. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? ***Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.***	0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days

The next section asks about things you might have done, or that might have happened to you. Some of the questions are about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

Remember, your answers are confidential.

During the past year, how many times have <u>you</u>: **32.** …bullied, taunted, ridiculed, or teased someone? **33.** …said something bad about someone's race or culture? **How many times in the past year has <u>anyone</u> done any of the following TO YOU:** **34.** …bullied, taunted, ridiculed, or teased you? **35.** …said something bad about your race or culture? **36. How many times in the past year has a parent or adult in your household bullied, taunted, ridiculed, or teased you?**	Never It's happened, but not in the past year A few times in the past year About once a month Two or three times a month Once a week or more Every day ***This response will be included once for each of these questions on the final survey.***
Cyberbullying is electronic bullying, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging. **37. How many times in the past year have <u>you been</u> cyberbullied by a student who <u>attends your school</u>?** **38. How many times in the past year have <u>you</u> cyberbullied a student <u>attending your school</u>?**	Never 1 to 2 times 3 to 5 times 6 to 9 times 10 to 19 times 20 to 29 times 30 to 39 times 40 or more times ***This response will be included once for each of these questions on the final survey.***

SAMPLE

The next section asks about your experiences with tobacco, alcohol, and other drugs.	
How much do you think people risk harming themselves (physically or in other ways) if they: **39.** …smoke one or more packs of cigarettes per day? **40.** …try marijuana once or twice? **41.** …smoke marijuana regularly? **42.** …take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	No risk Slight risk Moderate risk Great risk ***This response will be included once for each of these questions on the final survey.***
43. Have you ever smoked cigarettes?	Never Once or twice Once in a while but not regularly Regularly in the past Regularly now
44. How often have you smoked cigarettes during the past 30 days?	Not at all Less than one cigarette per day One to five cigarettes per day About one-half pack per day About one pack per day More than one pack per day
45. Have you ever, even once in your lifetime, had more than a sip or two of beer, wine, or hard liquor?	Yes No
46. During the past 30 days, on how many days did you drink beer, wine, or hard liquor?	None 1-2 days 3-5 days 6-9 days 10 or more days
47. Have you ever, even once in your lifetime, smoked marijuana?	Yes No
48. During the past 30 days, on how many days did you use marijuana?	None 1-2 days 3-5 days 6-9 days 10 or more days
49. Have you ever, even once in your lifetime, sniffed glue, breathed (huffed) the contents of an aerosol spray can, or inhaled other gases or sprays in order to get high?	Yes No
50. During the past 30 days, on how many days did you sniff glue, breathe (huff) the contents of an aerosol spray can, or inhale other gases or sprays in order to get high?	None 1-2 days 3-5 days 6-9 days 10 or more days
51. Have you ever, even once in your lifetime, used bentrometin (BTM)?	Yes No
52. During the past 30 days, on how many days did you use bentrometin (BTM)?	None 1-2 days 3-5 days 6-9 days 10 or more days

SAMPLE

53. Have you ever, even once in your lifetime, used other illegal drugs (not counting alcohol, tobacco, or marijuana)?	Yes No
54. During the past 30 days, on how many days did you use other illegal drugs (not counting alcohol, tobacco, or marijuana)?	None 1-2 days 3-5 days 6-9 days 10 or more days
How easy or hard would it be for you to get: **55.** …beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? **56.** …some cigarettes?	Very hard Sort of hard Sort of easy Very easy ***This response will be included once for each of these questions on the final survey.***
The next section asks about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.	
During the past 7 days, how many times did you: **57.** …eat fruit? Do not count fruit juice. **58.** …eat vegetables? **59.** …drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite)? Do not include diet soda or diet pop.	I did not: o eat fruit o eat vegetables o drink soda or pop during the past 7 days 1 to 3 times during the past 7 days 4 to 6 times during the past 7 days 1 time per day 2 times per day 3 times per day 4 or more times per day ***This response will be included once for each of these questions on the final survey.***
The next few questions ask about your family. When answering these questions, please think about the people you consider to be your family; for example, parents, stepparents, grandparents, aunts, uncles, etc.	
60. How many times have you changed homes since kindergarten?	None 1-2 times 3-4 times 5-6 times 7 or more times
61. People in my family often insult or yell at each other. **62. We argue about the same things in my family over and over.** **63. People in my family have serious arguments.**	NO!! no yes YES!! ***This response will be included once for each of these questions on the final survey.***
64. During the past 30 days, how often did you go hungry because there was not enough food in your home?	Never Rarely Sometimes Most of the time Always
The next section asks about the environment.	

SAMPLE

How often do you perform the following activity: **65.** …recycle things such as newspapers, cans, and glass? **66.** …turn off lights and electrical appliances (such as TVs and computers) when not in use? **67.** …try to cut down on the amount of trash and garbage you create? **68.** …conserve water in your home or yard (such as shutting off the faucet when brushing your teeth)?	Frequently Sometimes Never ***This response will be included once for each of these questions on the final survey.***
69. I believe that my actions can improve the quality of the environment.	Strongly Agree Agree Disagree Strongly Disagree
The next section asks about your experiences related to civic engagement.	
70. During an average week, how many hours do you spend helping friends or neighbors, or helping other people without getting paid (such as helping out at a hospital, daycare center, food shelf, youth program, community service agency, or doing other things) to make your city a better place for people to live?	0 hours 1 hour 2 hours 3-5 hours 6-10 hours 11 or more hours
During the last 12 months, how many times have you: **71.** …been a leader in a group or organization? **72.** …helped make sure that all people are treated fairly?	Never Once Twice 3-4 times 5 or more times ***This response will be included once for each of these questions on the final survey.***
73. In the past 30 days, how often have you read about issues affecting the public, politics, and/or political campaigns from newspapers, magazines, or the Internet in your free time?	Frequently Sometimes Never
74. During the last 12 months, have you used your political voice (signed a petition, contacted a government official for a reason other than a school assignment, wrote to a publication to express your opinion, refused to use or buy a product made by a company that has a policy you disagree with, etc.) as a result of reading about politics, political campaigns, and/or issues affecting the public from newspapers, magazines, or the Internet in your free time?	Yes No
75. How important is participating in a democratic process (such as by voting, working on a political campaign, running for elected office) to you?	Very Important Quite Important Fairly Important Slightly Important Not at all Important
Think about the people who know you well. How do you think they would rate you on each of these?	
People who know me would say this: **76.** Being good at planning ahead is … **77.** Giving up when things get hard for me is … **78.** Knowing how to say "no" when someone wants me to do things I know are wrong or dangerous is … **79.** Thinking through the possible good and bad results of different choices before I make decisions is …	Not at all Like me A Little Like me Somewhat Like Me Quite Like Me Very Much Like Me ***This response will be included once for each of these questions on the final survey.***

SAMPLE

The next section asks about cyberbullying.	
80. I know of someone who has been really hurt by cyberbullying. **81. I would report cyberbullying incidents, if I could do so without anyone knowing it was me.**	Strongly Agree Agree Disagree Strongly Disagree
82. How honest were you in filling out this survey?	I was very honest I was honest pretty much of the time I was honest some of the time I was honest once in a while I was not honest at all

This is the end of the survey.
Thank you for participating.

SAMPLE