

# Fairfax County Youth Survey: Comparison of SY2010/11 and SY2011/12

Fall 2012



**Fairfax County Youth Survey**



# The Fairfax County Youth Survey...

- Is comprehensive, anonymous, and voluntary
- Examines the behaviors, experiences, assets, and risks that influence the well-being of our county's youth
- Provides data for: program planning, needs assessment, decision-making, grant-writing, community indicators
  - Data from year-to-year are from different cohorts. The comparison data in this presentation are from two different cohorts.
  - Data from five or more years are needed to determine significant trends. This comparison document does not provide trend data.



# The Fairfax County Youth Survey (cont.)...

- 8<sup>th</sup>-, 10<sup>th</sup>-, and 12<sup>th</sup>-grade students were administered:
  - Risk and Protective survey in 2010
  - Healthy Behaviors survey in 2011
  - Overlap of core questions across the two surveys
- 6<sup>th</sup>-grade students completed a shorter modified survey that was the same across the two years
- Results by demographics are representative of the student population of the grade levels surveyed



# Fairfax County Youth Survey Participation

- Census approach among 6<sup>th</sup>-, 8<sup>th</sup>-, 10<sup>th</sup>-, and 12<sup>th</sup>- grade students
- The 2010 Youth Survey was completed by:
  - Over 44,000 students, representing 86% of enrolled students in those grades
- The 2011 Youth Survey was completed by:
  - Over 45,000 students, representing 87% of enrolled students in those grades



# Comparison between SY2010/11 and SY2011/12



**Fairfax County Youth Survey**



# Substance Use

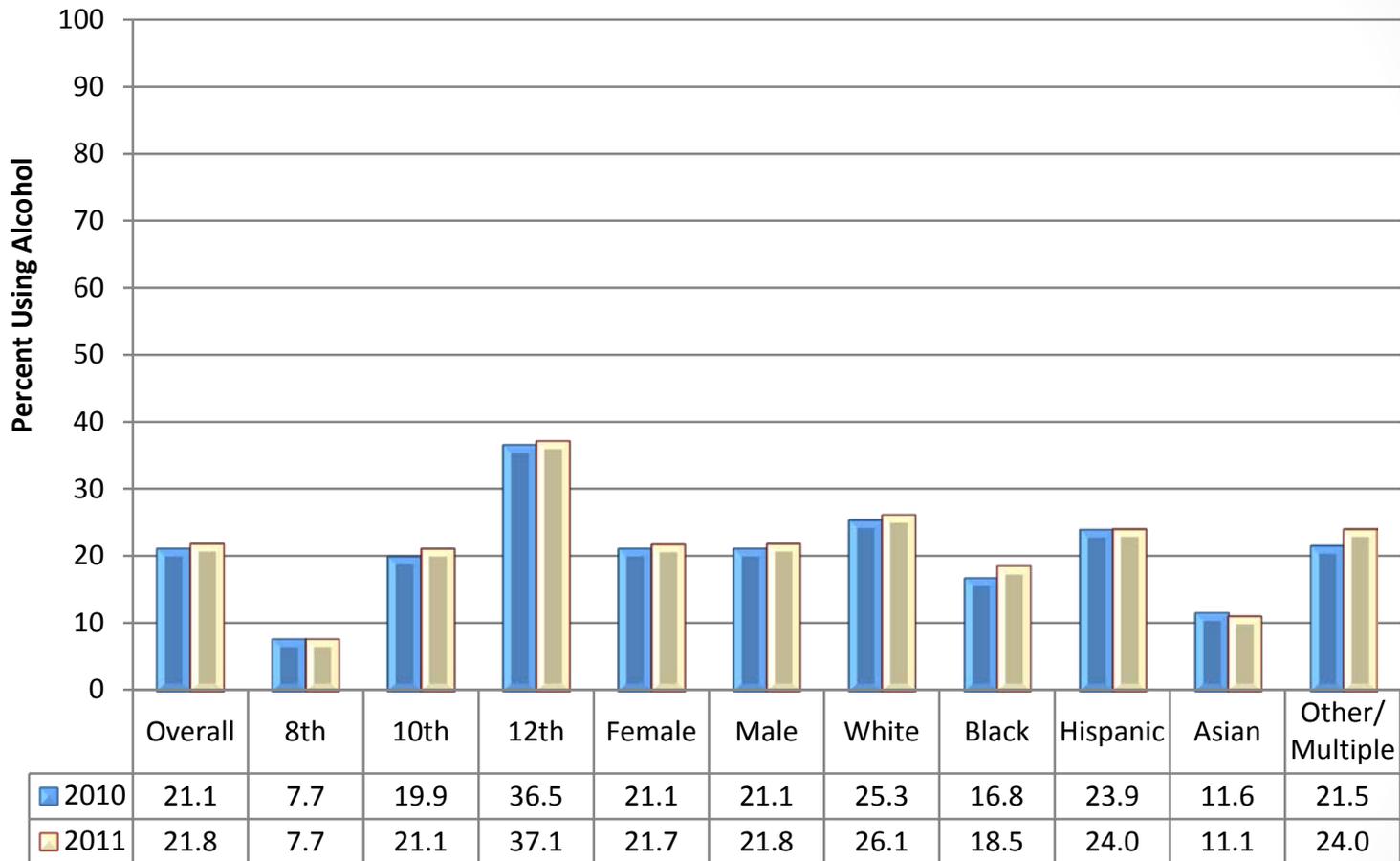


**Fairfax County Youth Survey**



# Alcohol (Grades 8, 10, 12)

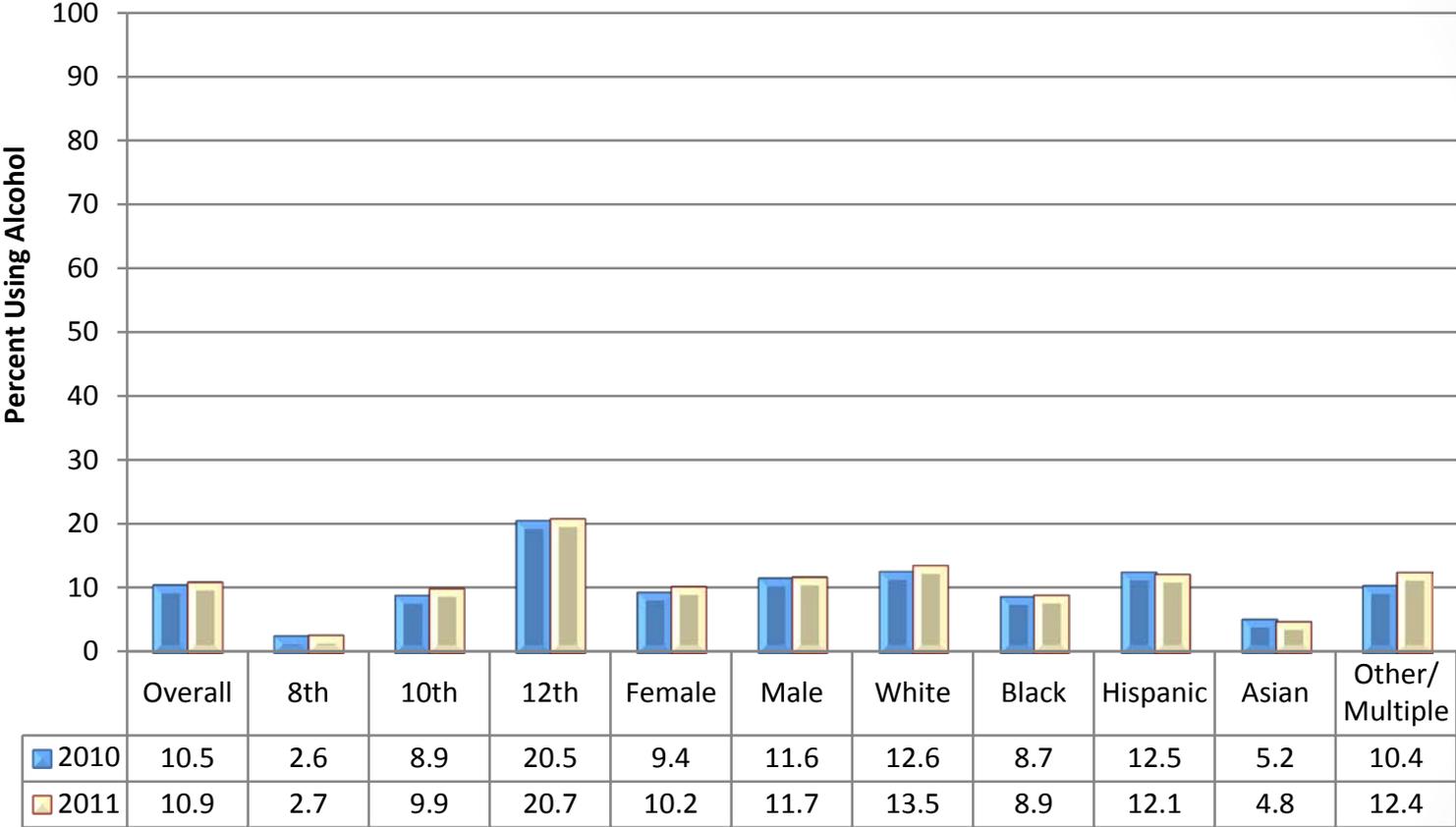
## Percent Who Used in Last 30 Days



Note: 6<sup>th</sup> Grade Prevalence = 2.6% and 2.4% in 2010 and 2011, respectively

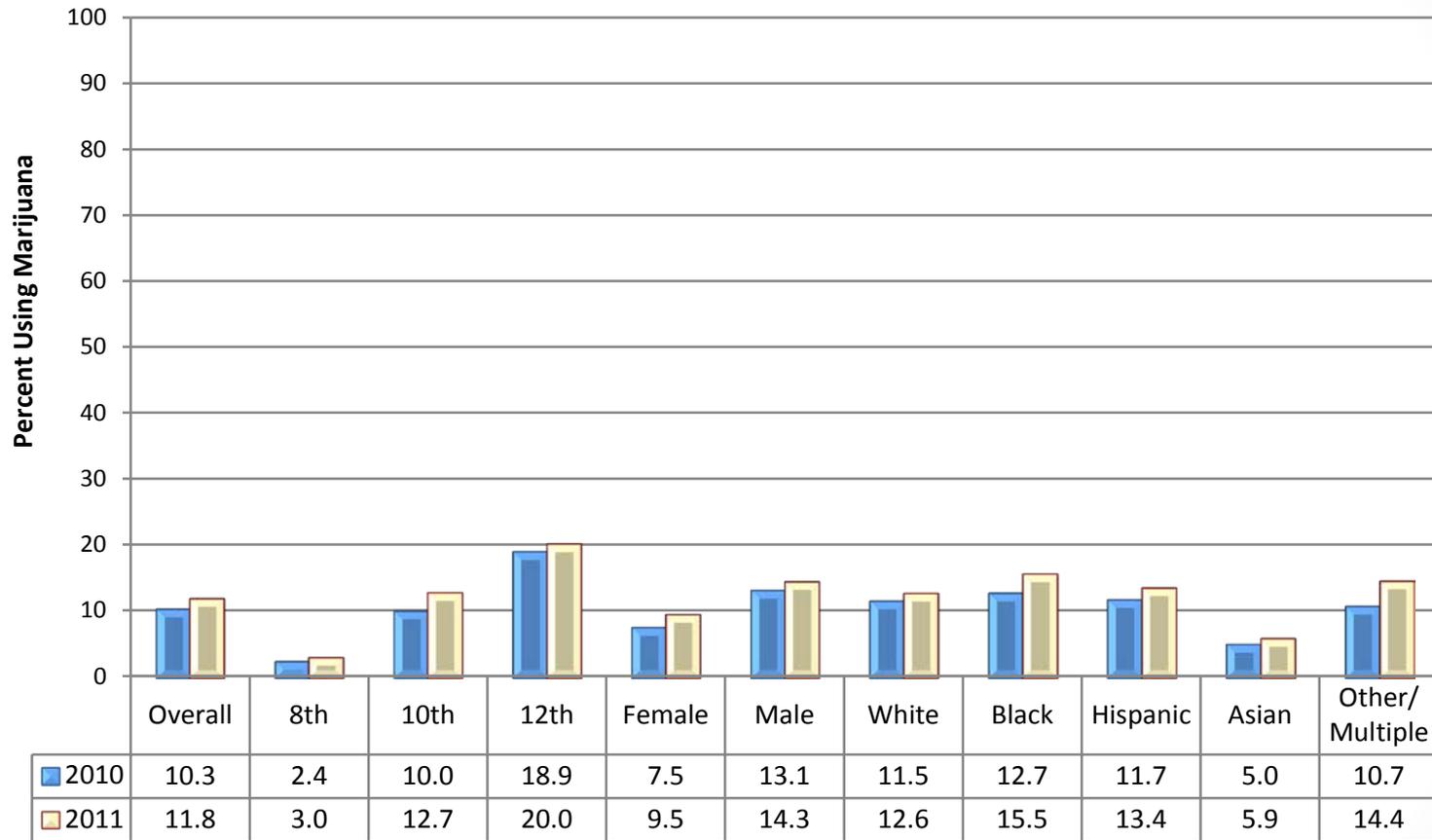


# Percent Reporting Binge Drinking (Grades 8, 10, 12) (Five or More Drinks in a Row)

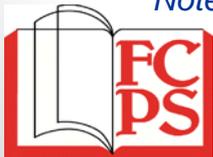


# Marijuana

## Percent Who Used in Last 30 Days



Note: 6<sup>th</sup> Grade Prevalence = 0.2% and 0.3% in 2010 and 2011, respectively

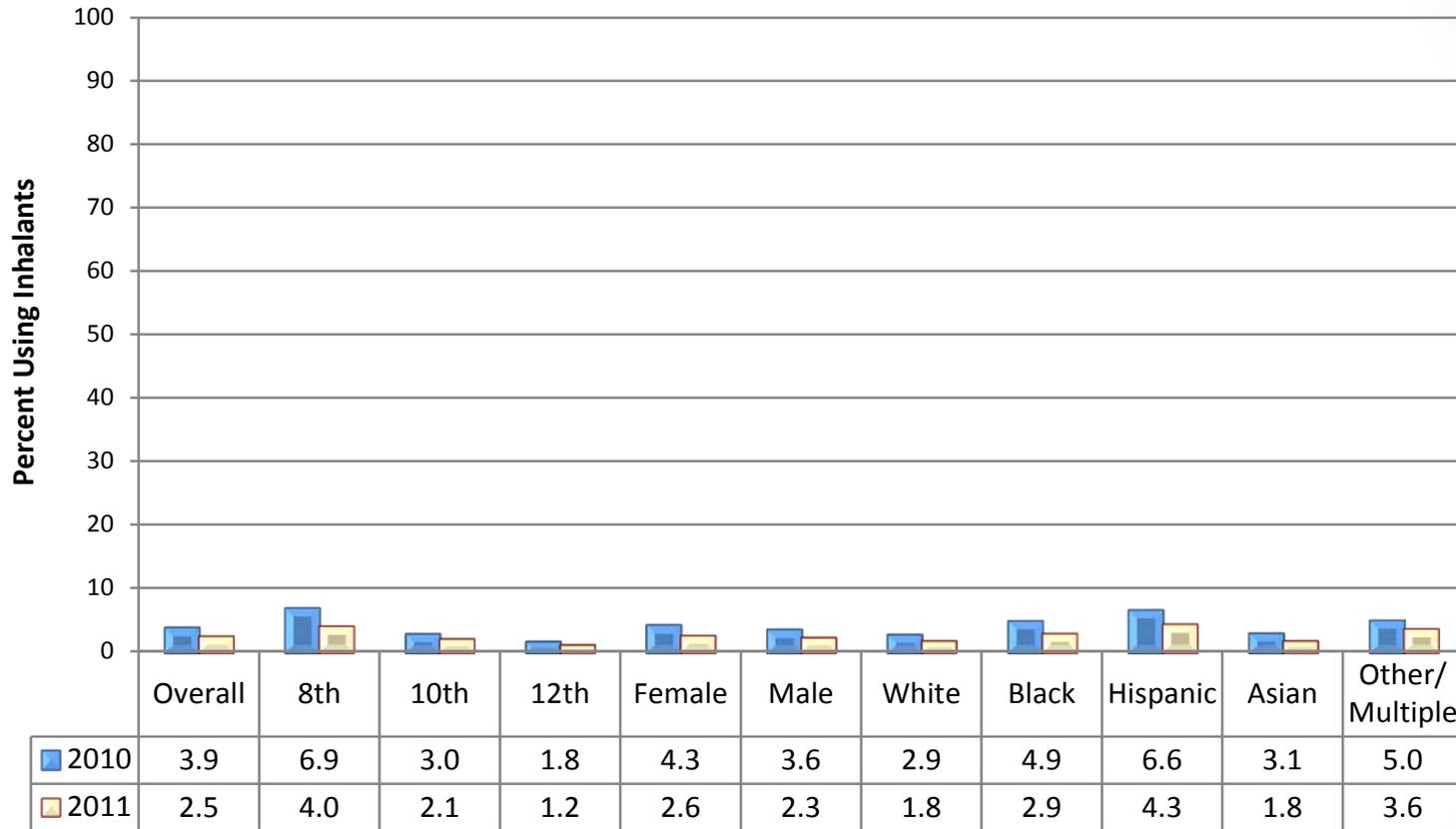


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# Inhalant Use (Grades 8, 10, 12)

## Percent Who Used in Last 30 Days



Note: 6<sup>th</sup> Grade Prevalence = 3.6% and 3.6% in 2010 and 2011, respectively

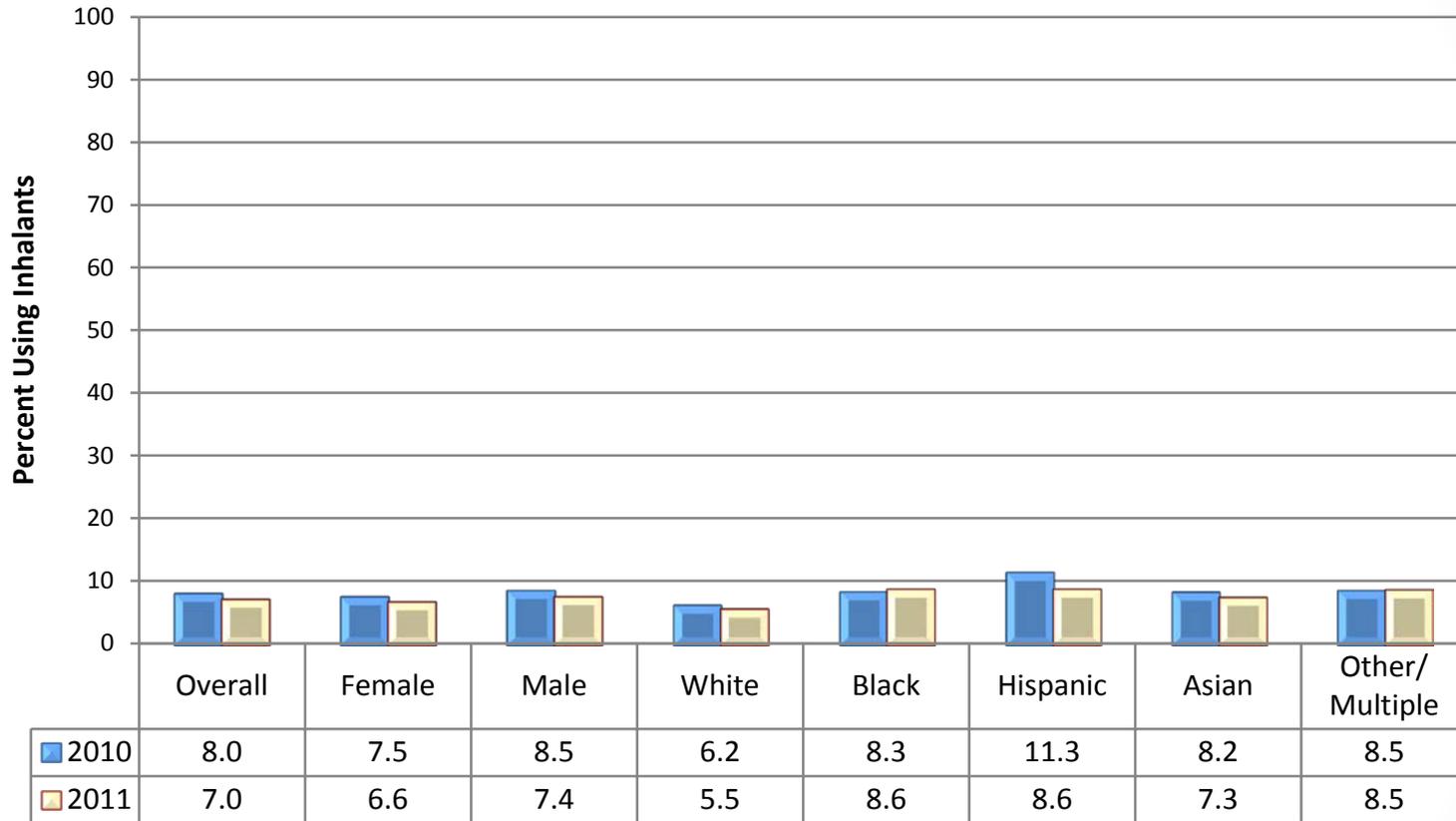


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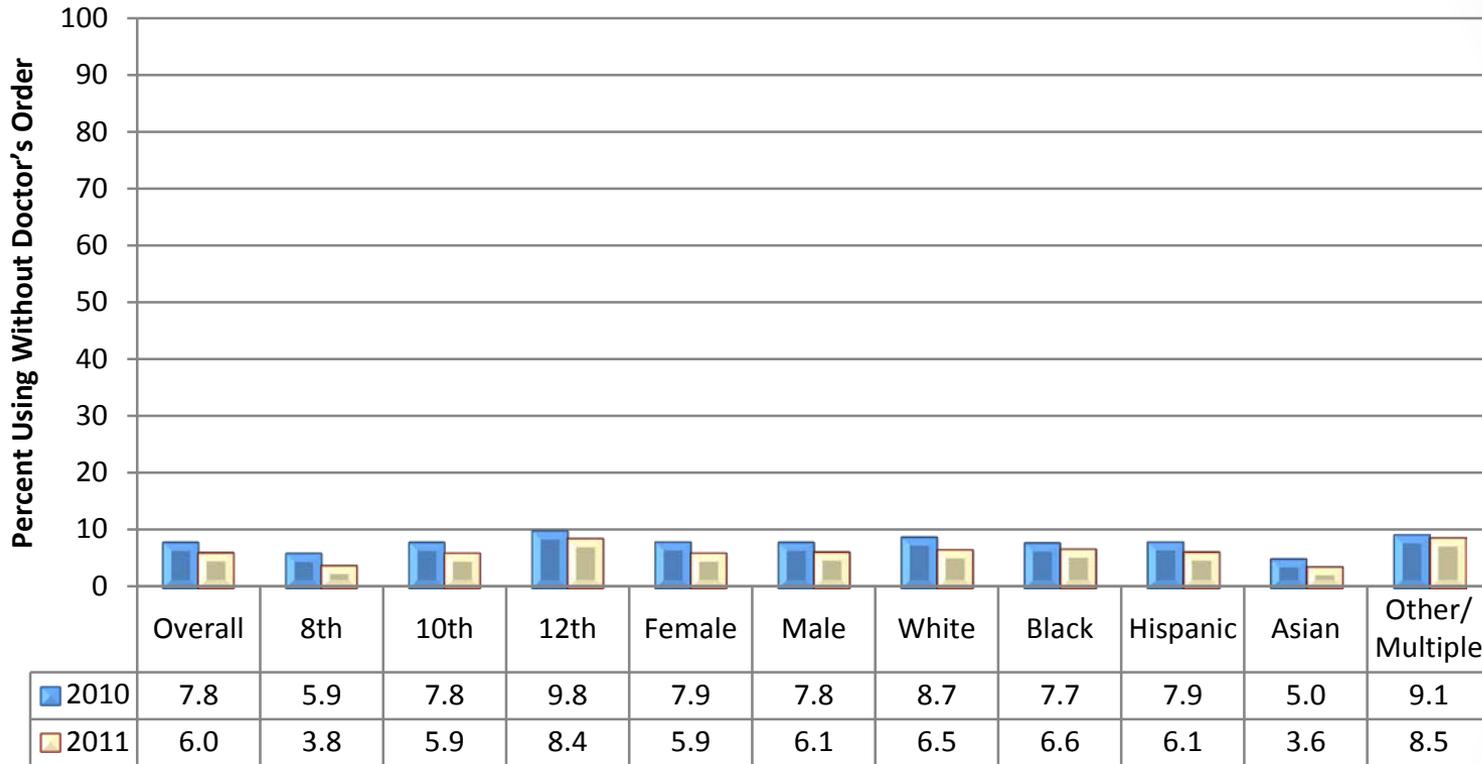
# Inhalant Use (Grade 6)

## Percent Who Used in Lifetime



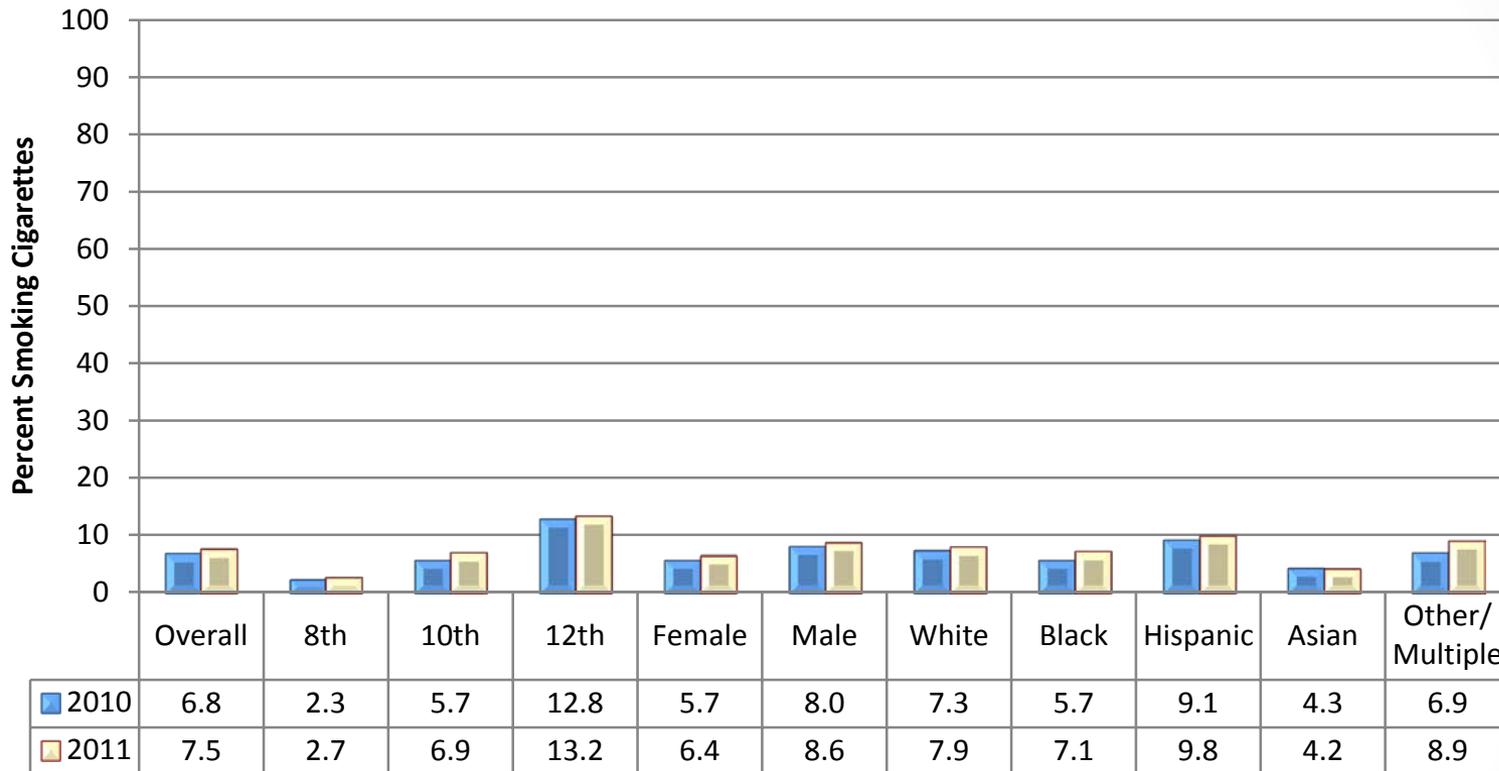
# Prescription and Painkiller Use (Grades 8, 10, 12)

## Percent Who Used in Last 30 Days



# Tobacco Use (Smoked Cigarettes) (Grades 8, 10, 12)

## Percent Who Used in Last 30 Days



Note: 6<sup>th</sup> Grade Prevalence = 0.5% and 0.4% in 2010 and 2011, respectively



**Fairfax County Youth Survey**



# Mental Health and Wellness

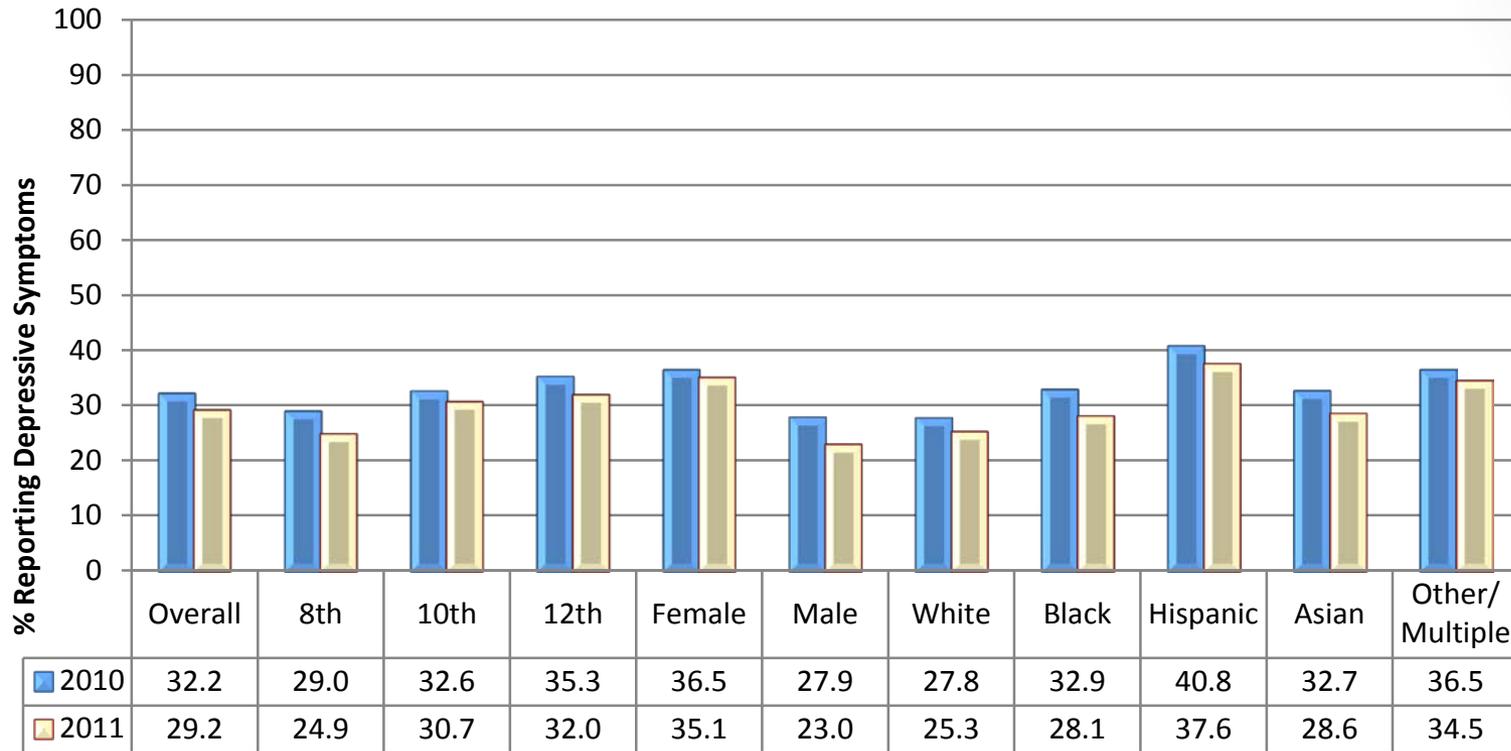


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# Depression (Grades 8, 10, 12)

## Percent Who Experienced Depressive Symptoms in Past Year

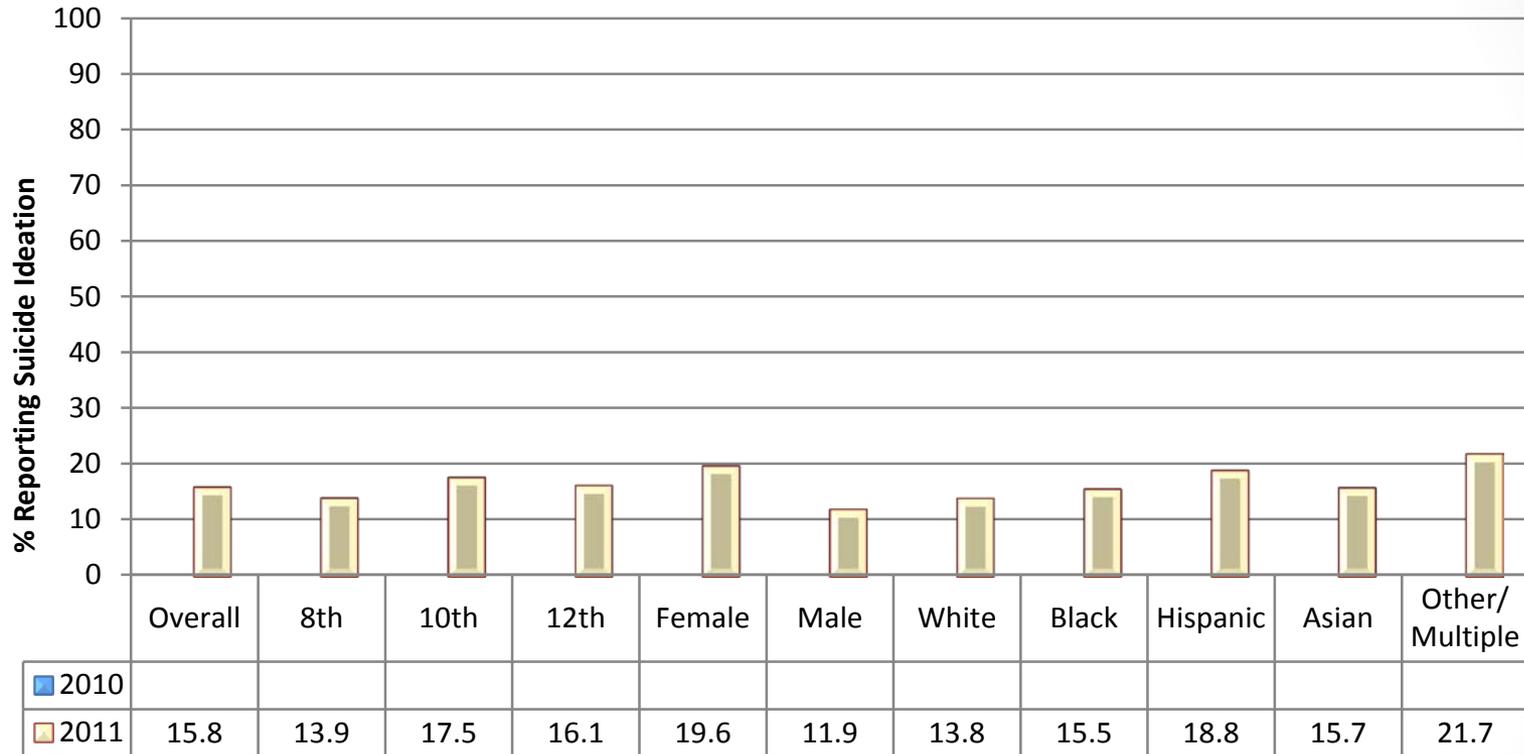


Note: 6<sup>th</sup> Grade Prevalence = 22.5% and 22.1% in 2010 and 2011, respectively



# Suicide (Grades 8, 10, 12)

## Percent Who Seriously Considered Suicide in Past Year



*There were no suicide-related questions in the 2010 Fairfax County Youth Survey*

*The national survey for comparison (YRBS) was not administered in 2010*

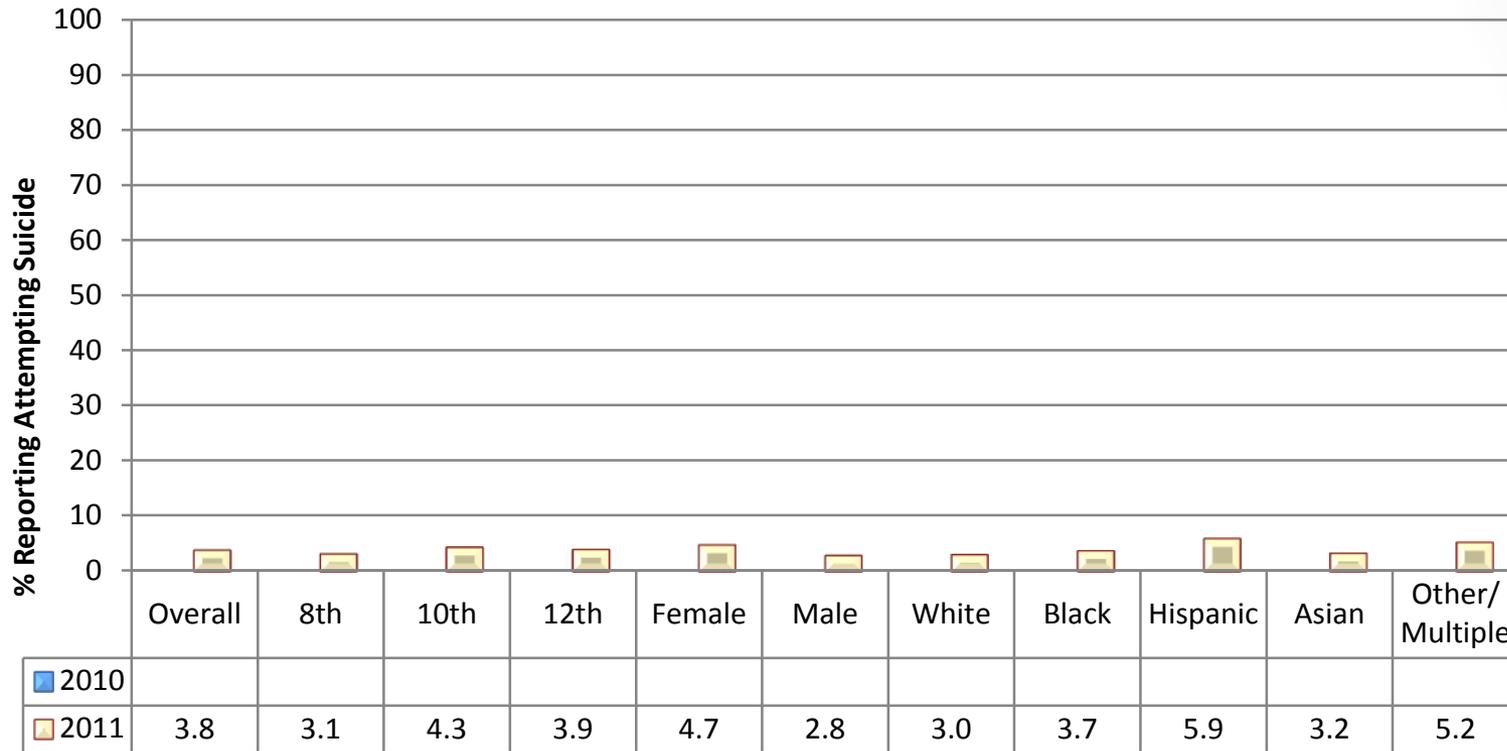


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# Suicide (Grades 8, 10, 12)

## Percent Who Attempted Suicide in Past Year



*There were no suicide-related questions in the 2010 Fairfax County Youth Survey*

*The national survey for comparison (YRBS) was not administered in 2010.*



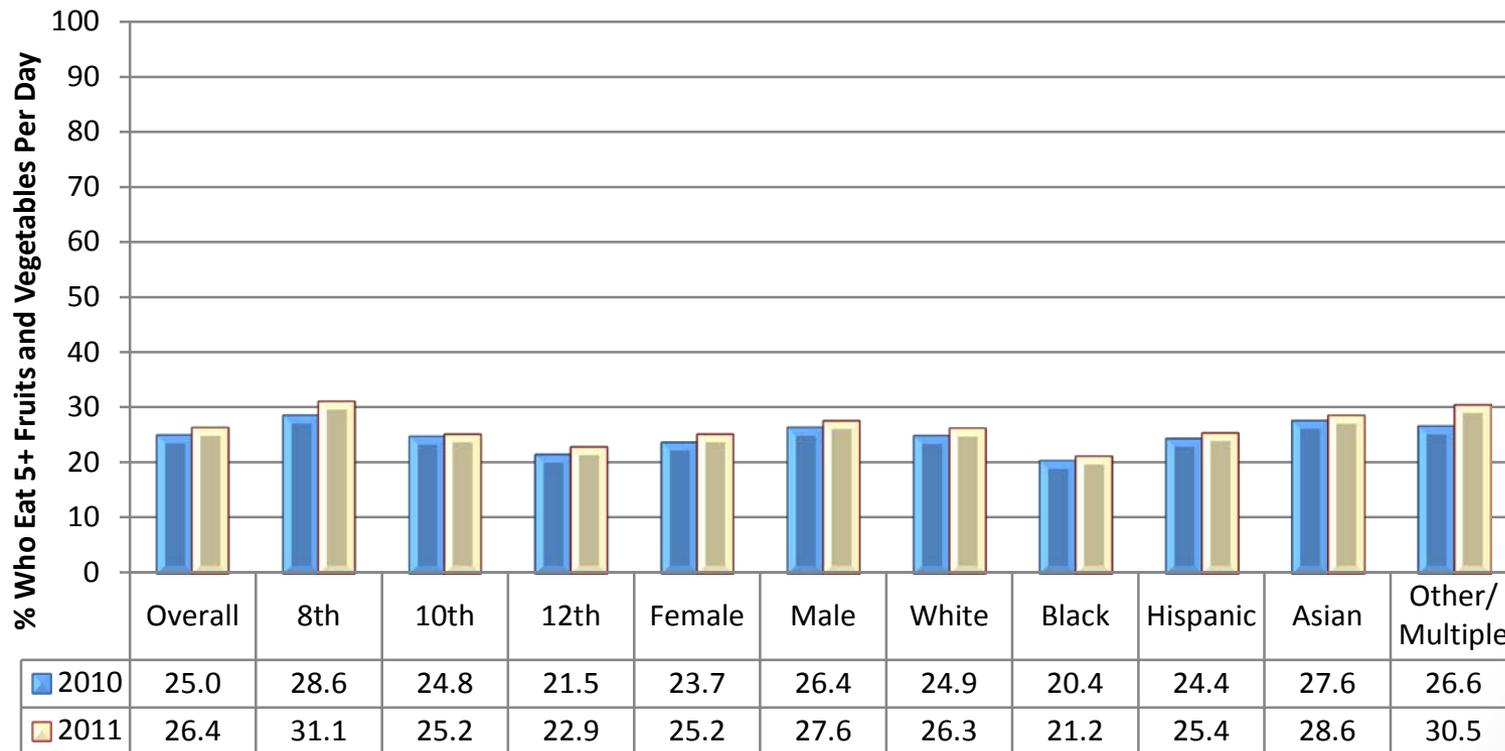
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# Nutrition (Grades 8, 10, 12)

## Percent Meeting Nutrition Requirements

The percent of youth who eat 5 fruits and vegetables per day decreases with age



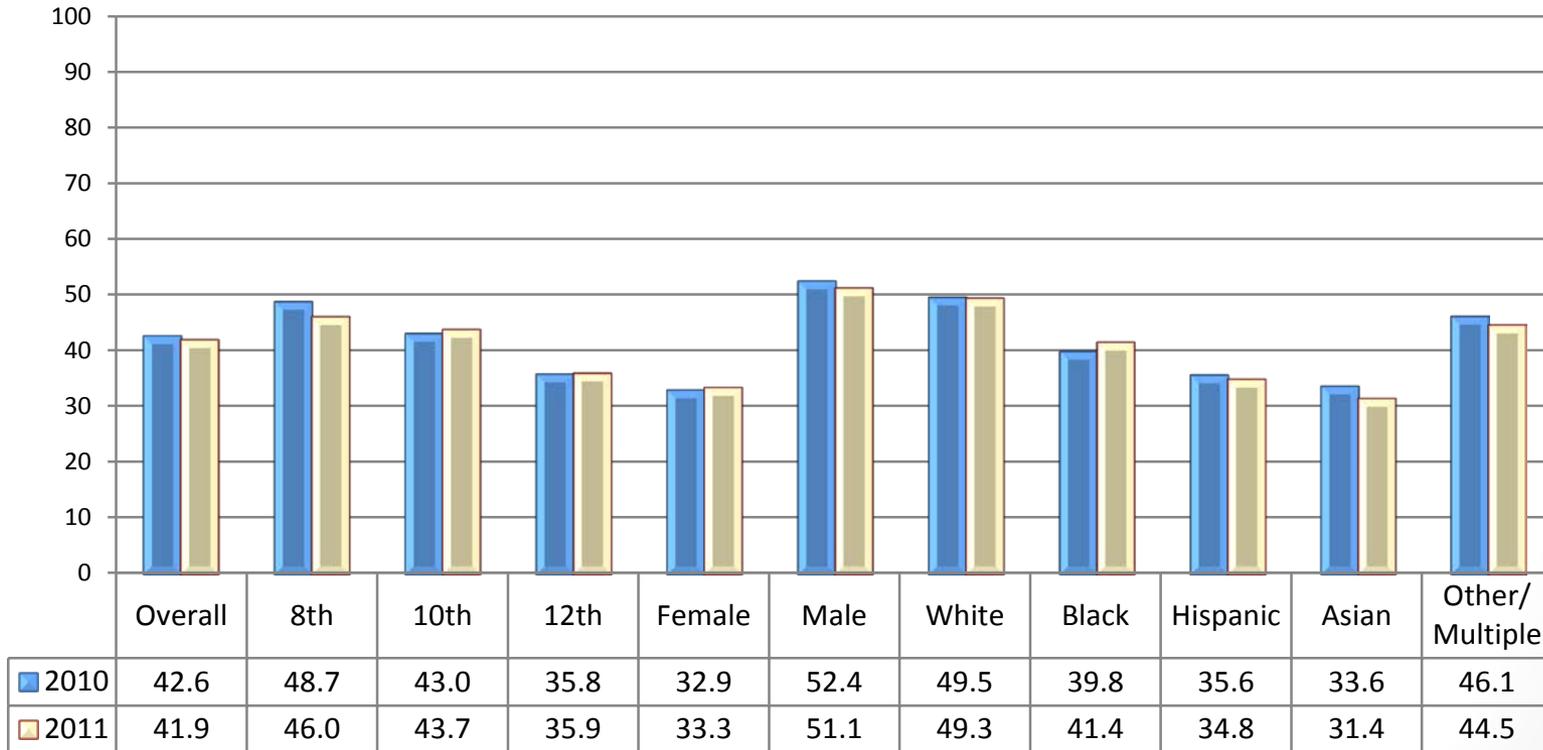
Note: 6<sup>th</sup> Grade Prevalence = 32.5% and 32.5% for 2010 and 2011, respectively



# Physical Activity (Grades 8, 10, 12)

## Percent Meeting Recommendations for Physical Activity

Percent of Fairfax youth who were physically active for at least 60 minutes during at least 5 of the last 7 days

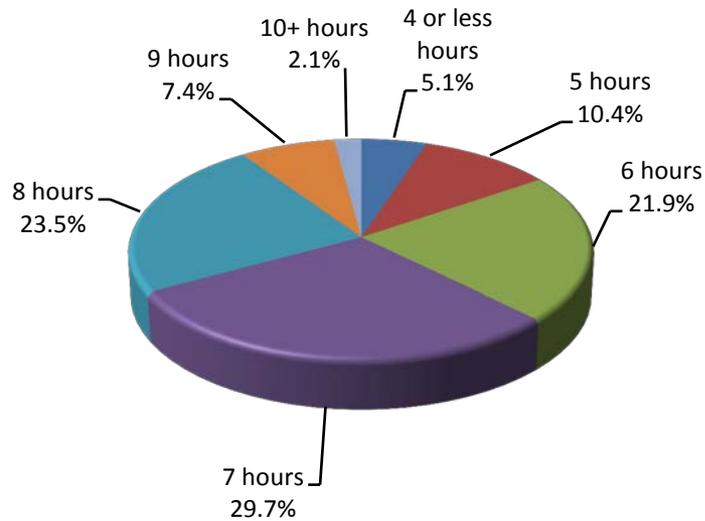


Note: 6<sup>th</sup> Grade Prevalence = 53.7% and 56.1% in 2010 and 2011, respectively

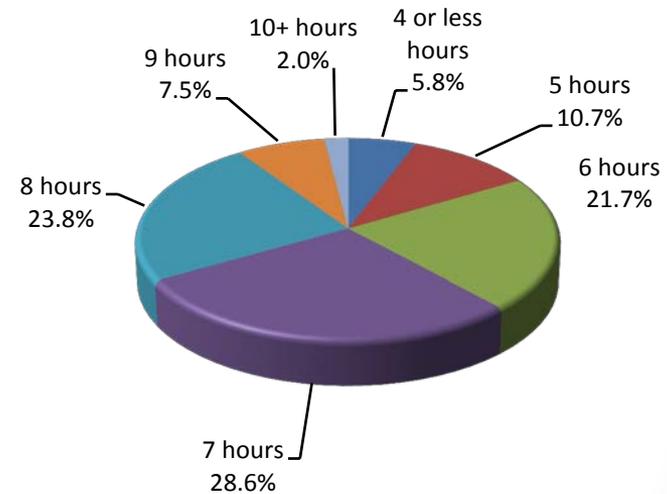


# Hours of Sleep per School Night (Grades 8, 10, 12)

**2010**

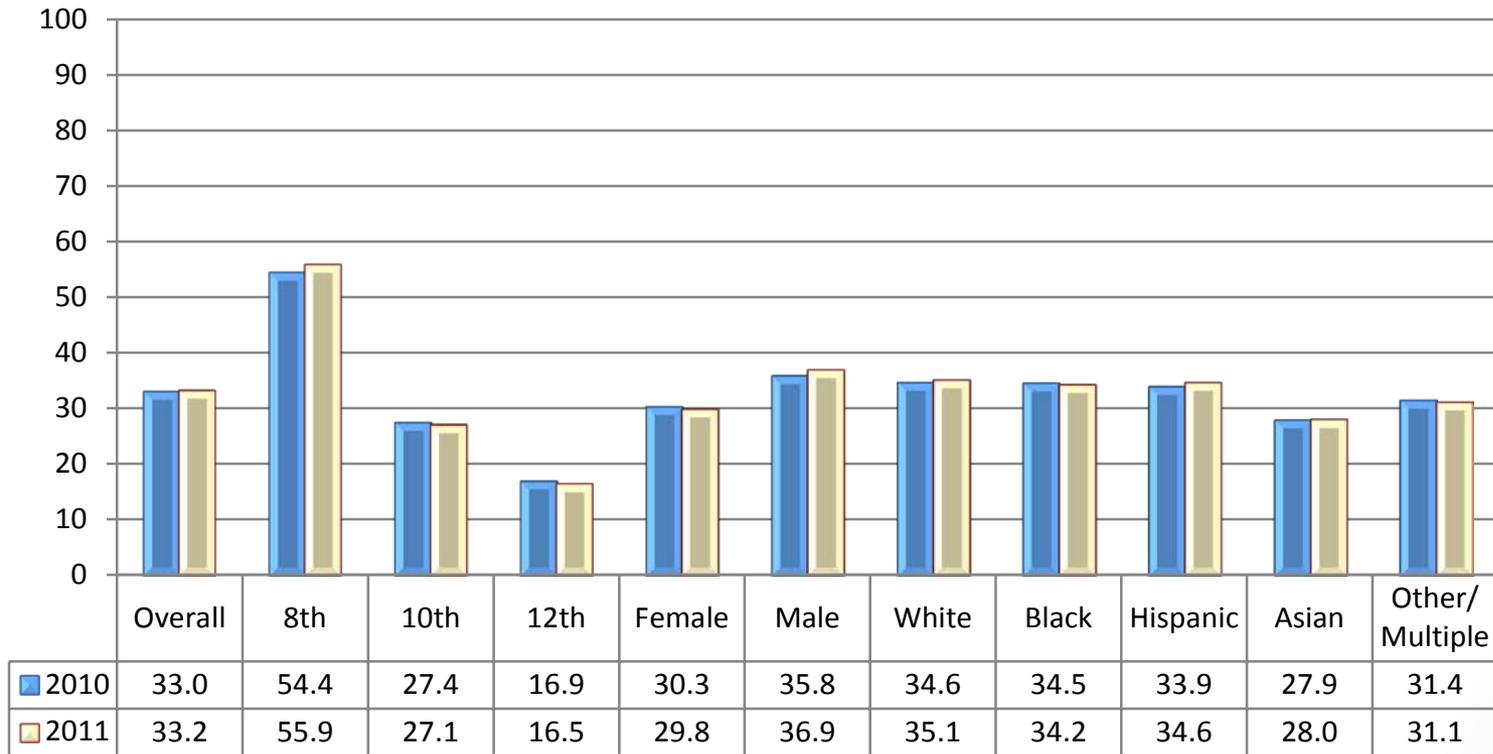


**2011**



# Sleep (Grades 8, 10, 12)

## Percent Who Get 8 or More Hours per Night



# Violence and Aggression

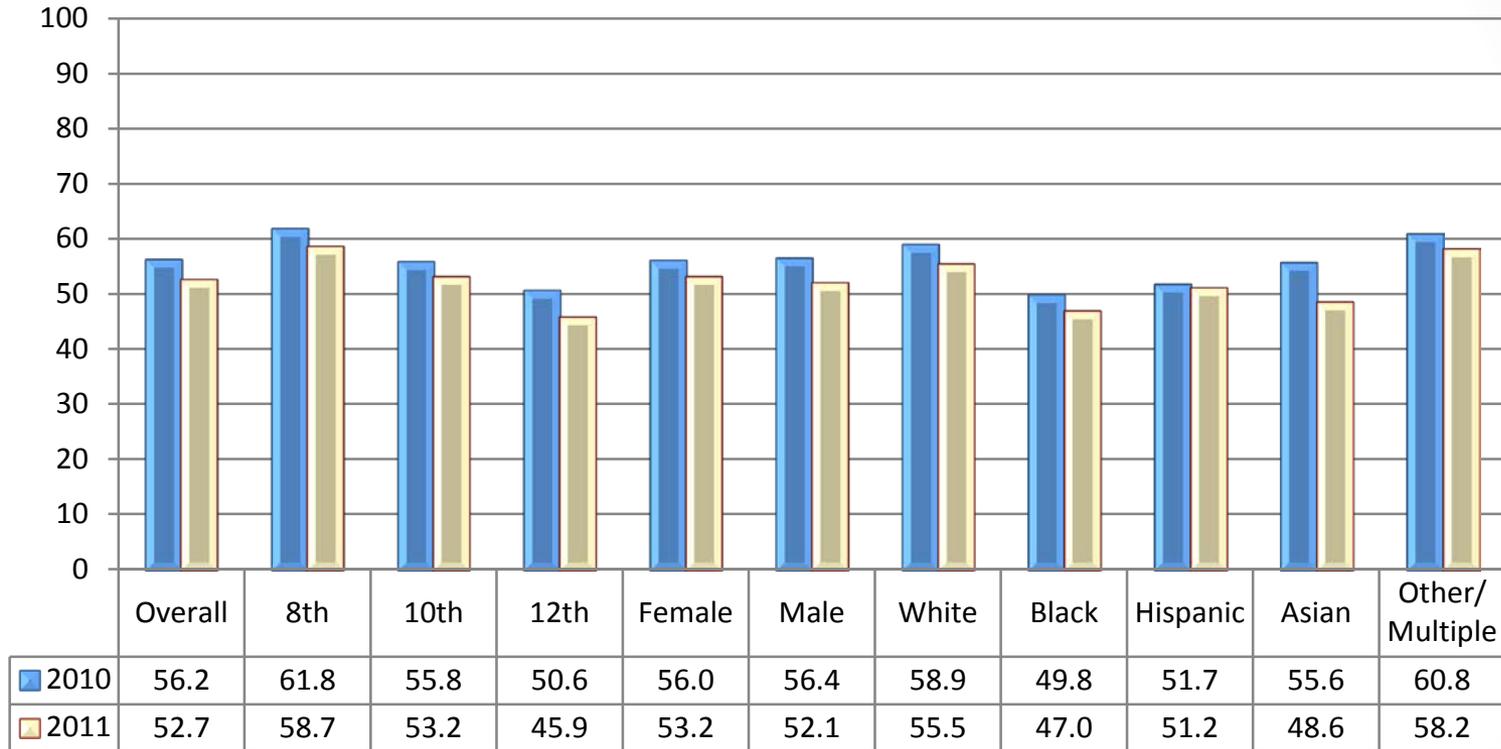


**Fairfax County Youth Survey**



# Bullying (Victim) (Grades 8, 10, 12)

## Percent Who Reported Being Bullied in Past Year

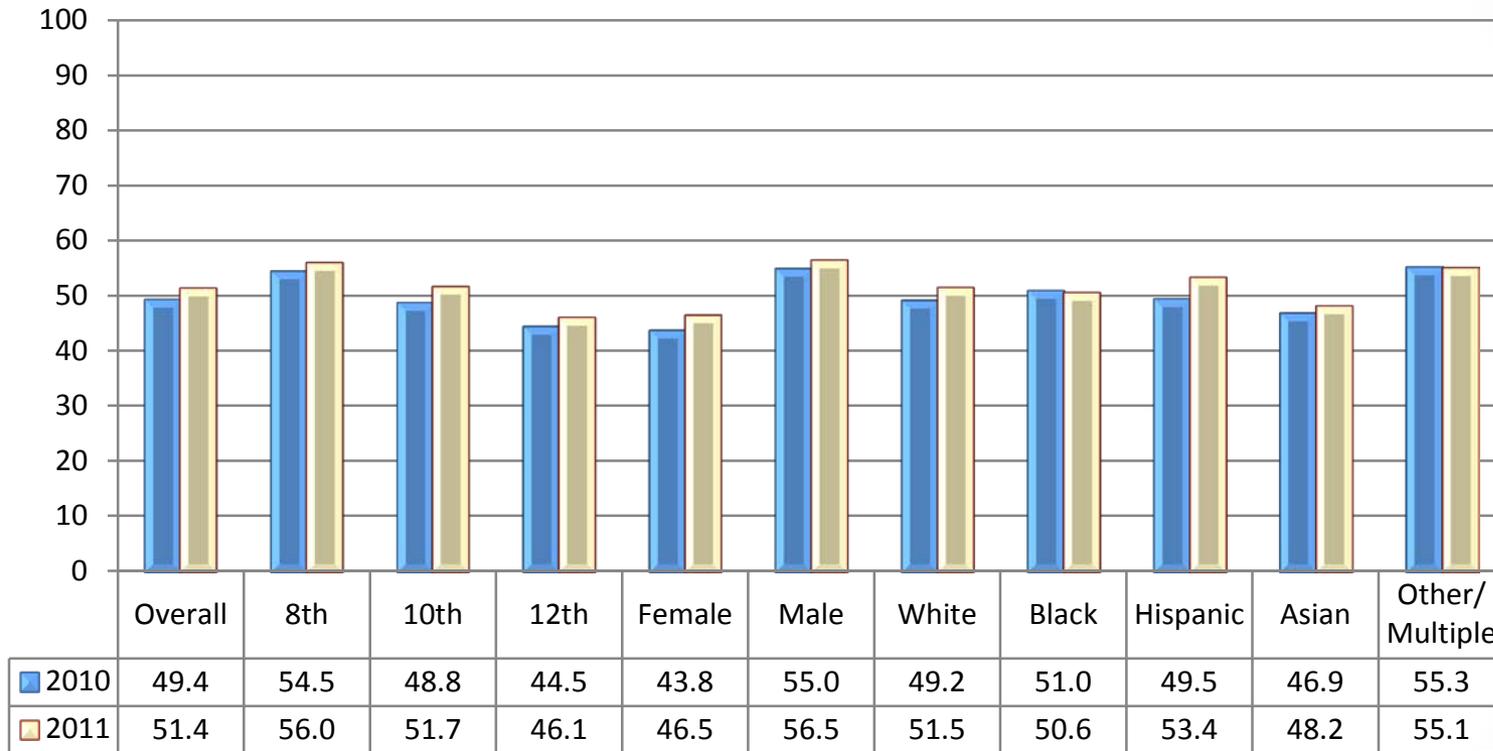


Note: 6<sup>th</sup> Grade Prevalence = 47.1% and 45.6% in 2010 and 2011, respectively



# Bullying (Aggressor) (Grades 8, 10, 12)

## Percent Who Reported Being A Bully in Past Year



Note: 6<sup>th</sup> Grade Prevalence = 23.6% and 21.5% in 2010 and 2011, respectively

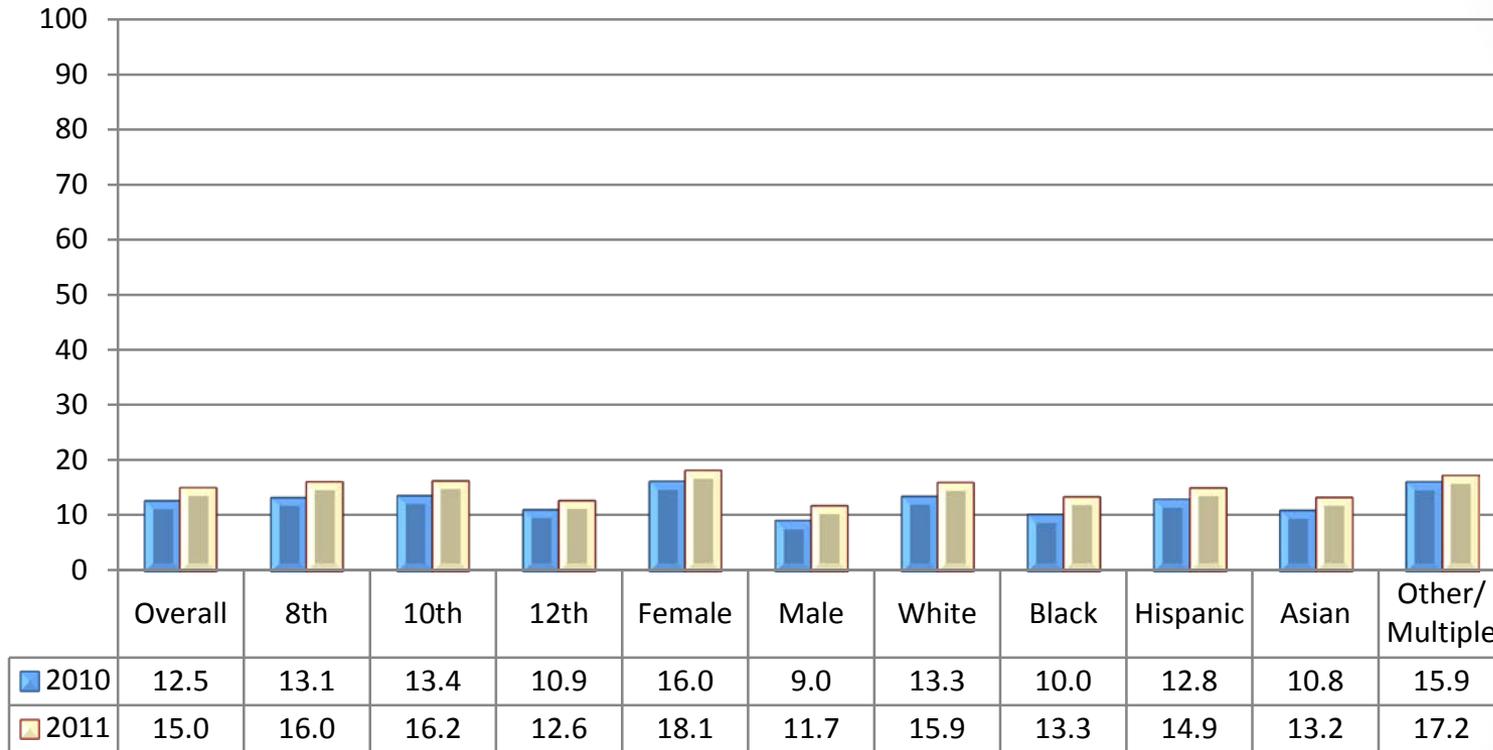


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# Cyberbullying (Victim) (Grades 8, 10, 12)

## Percent Who Reported Being Cyberbullied in Past Year

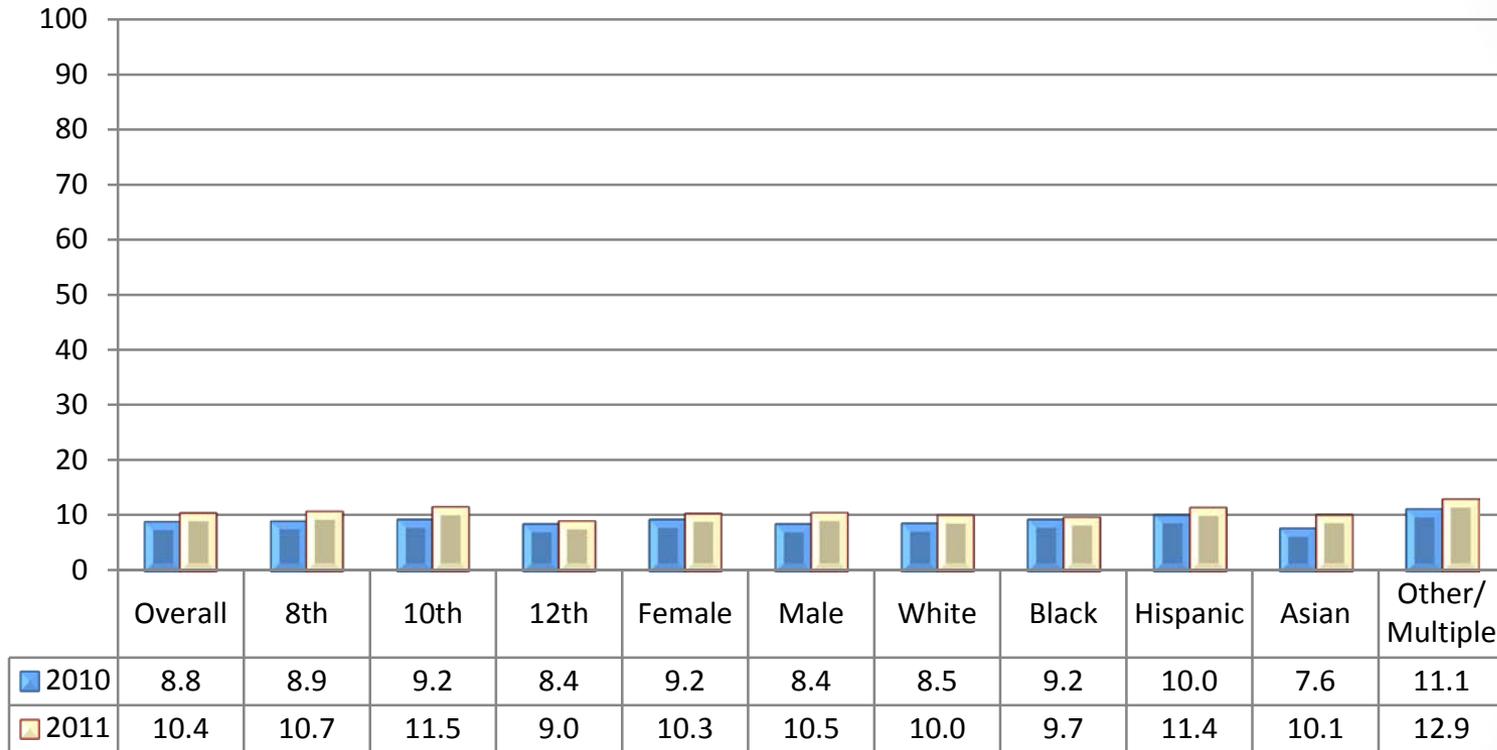


Note: 6<sup>th</sup> Grade Prevalence = 13.1% and 13.0% in 2010 and 2011, respectively



# Cyberbullying (Aggressor) (Grades 8, 10, 12)

## Percent Who Reported Being A Cyberbully in Past Year



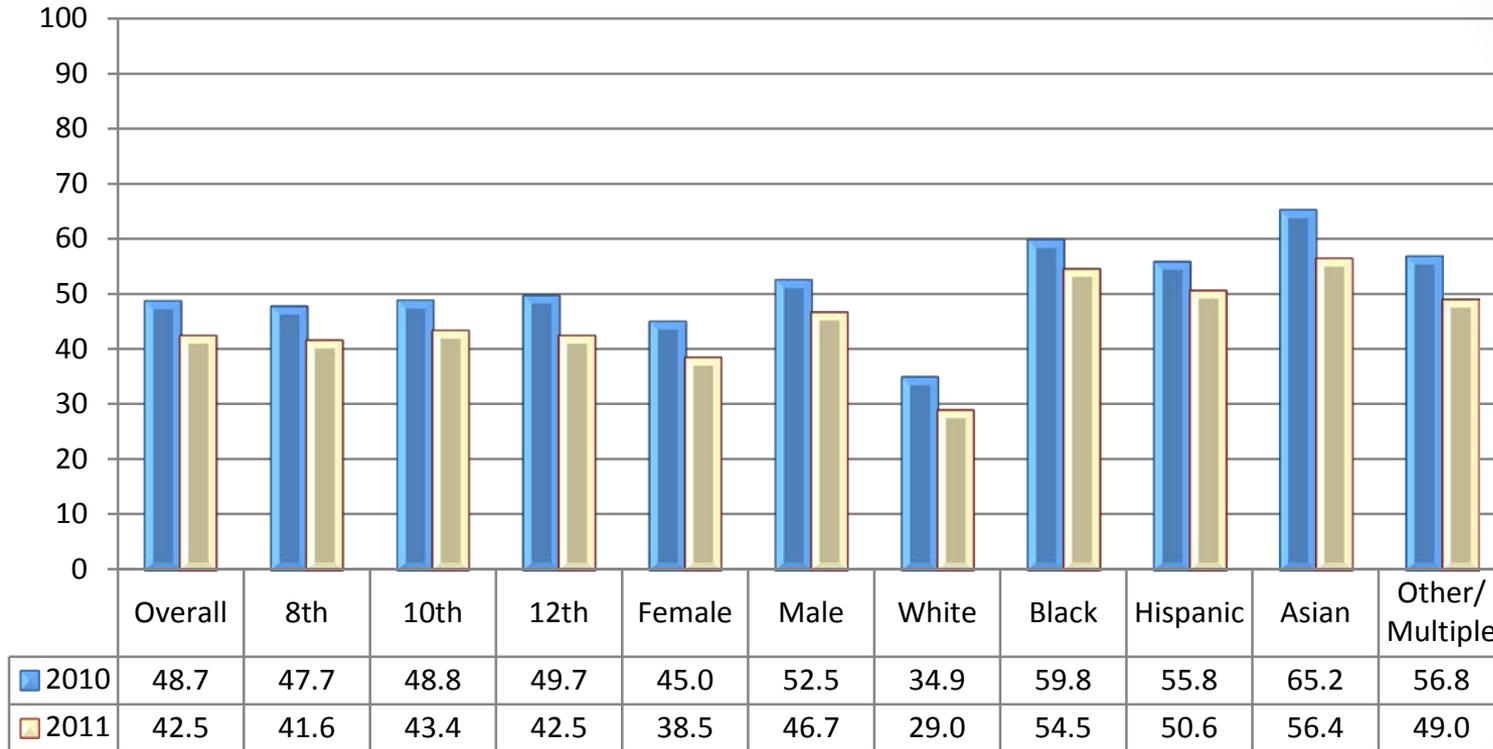
Note: 6<sup>th</sup> Grade Prevalence = 6.9% and 5.8% in 2010 and 2011, respectively



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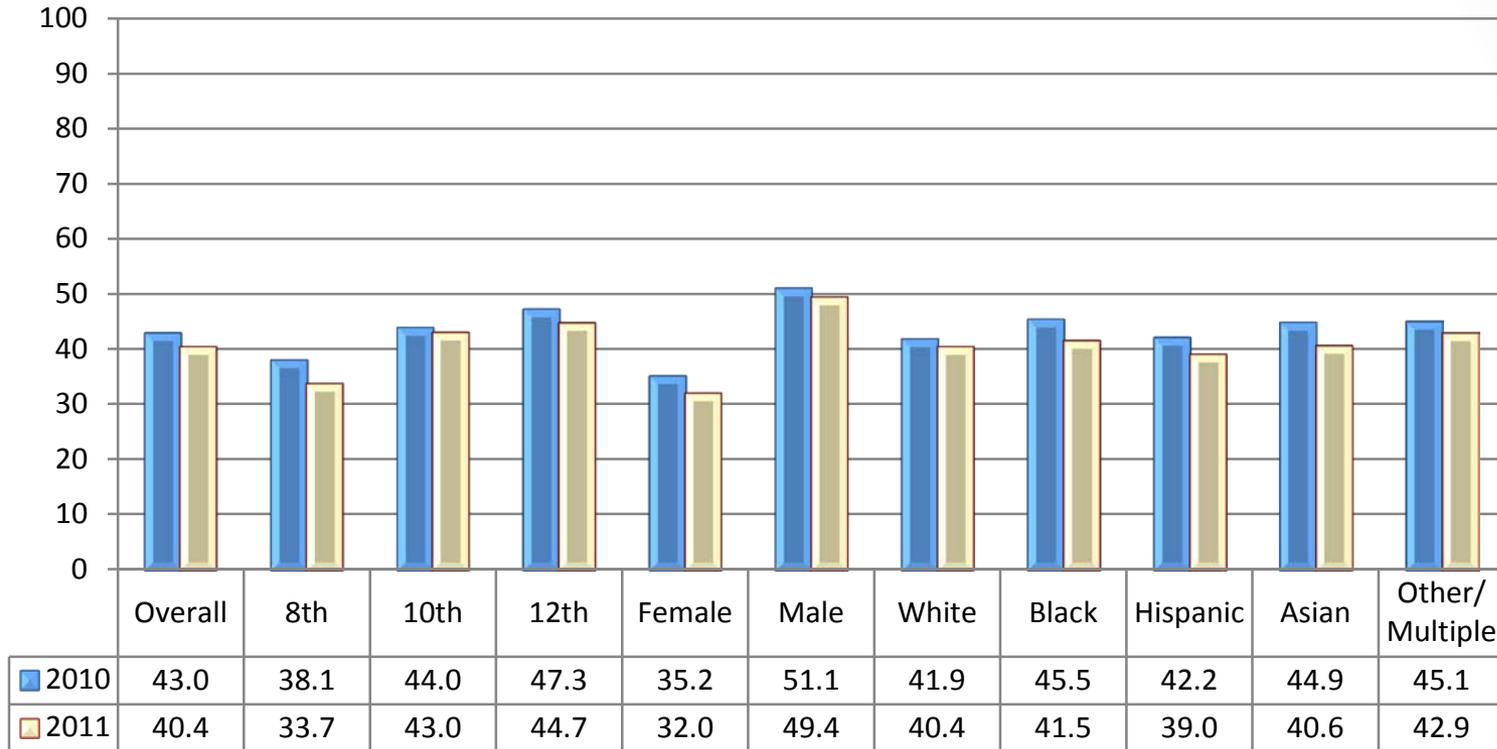
# Racial/Cultural Harassment (Victim) (Grades 8, 10, 12)



Note: 6<sup>th</sup> Grade Prevalence = 19.4% and 18.8% in 2010 and 2011, respectively



# Racial/Cultural Harassment (Aggressor) (Grades 8, 10, 12)



Note: 6<sup>th</sup> Grade Prevalence = 7.2% and 6.6% in 2010 and 2011, respectively

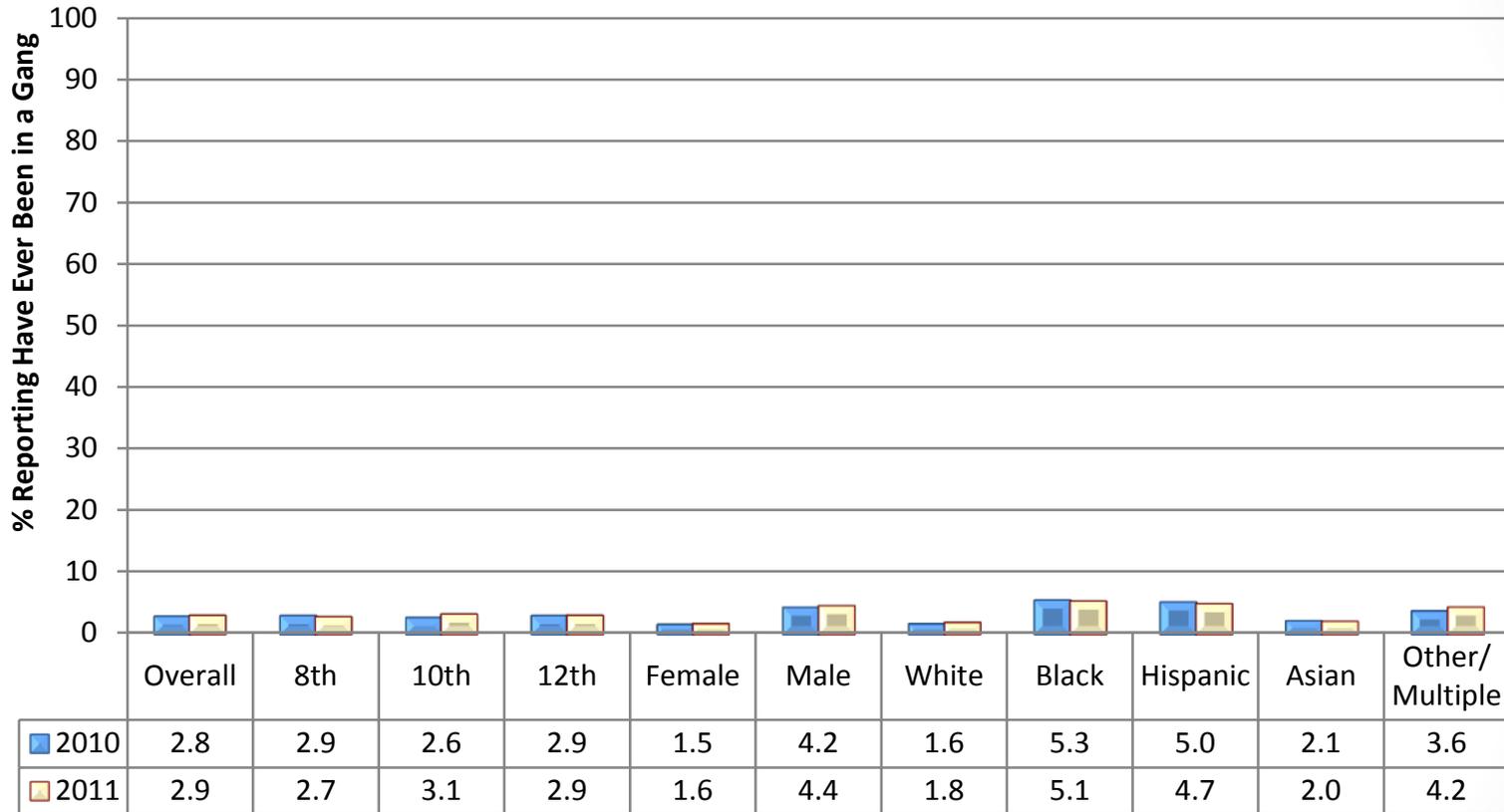


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# Gangs

## Percent Who Have Ever Been in a Gang



# Sexual Health

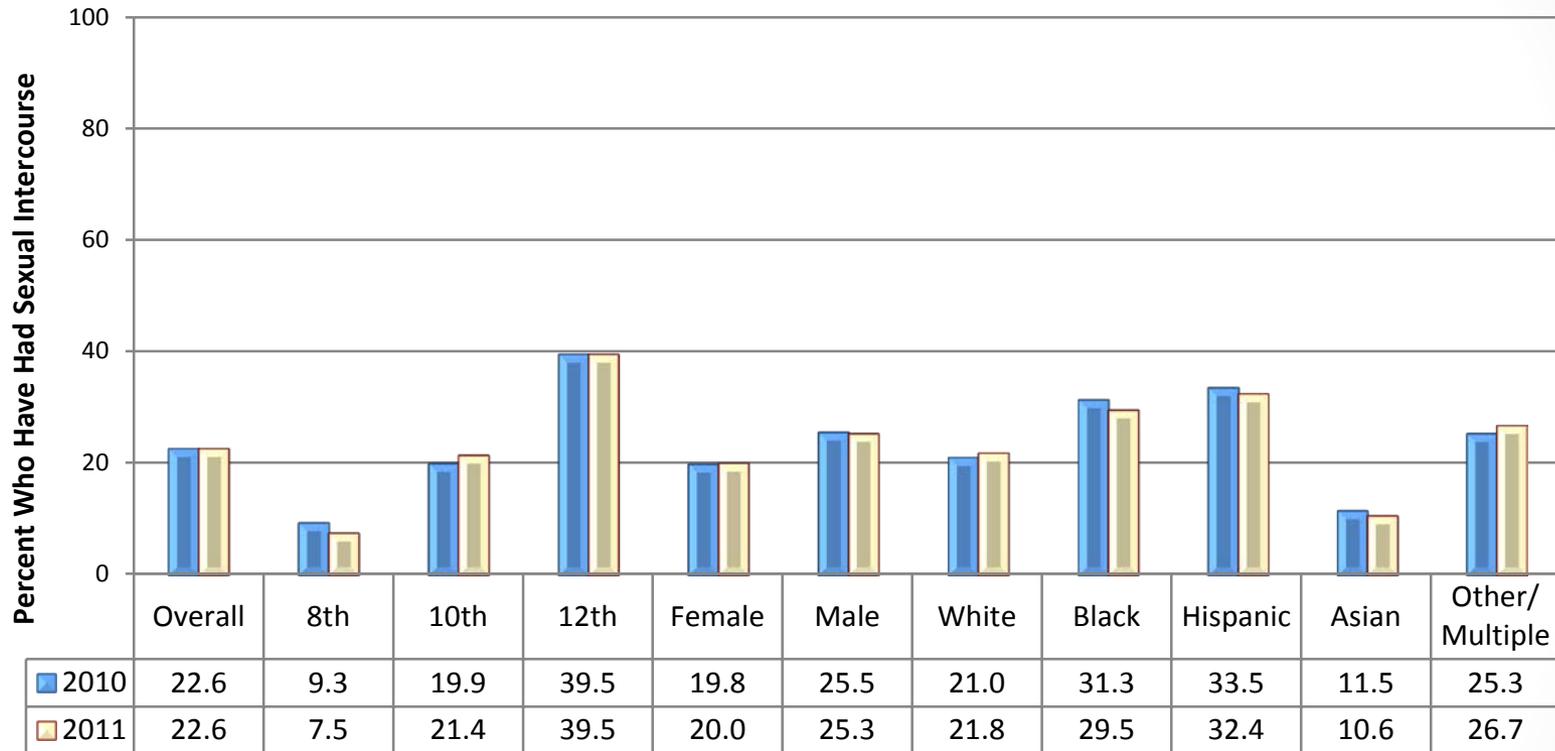


**Fairfax County Youth Survey**



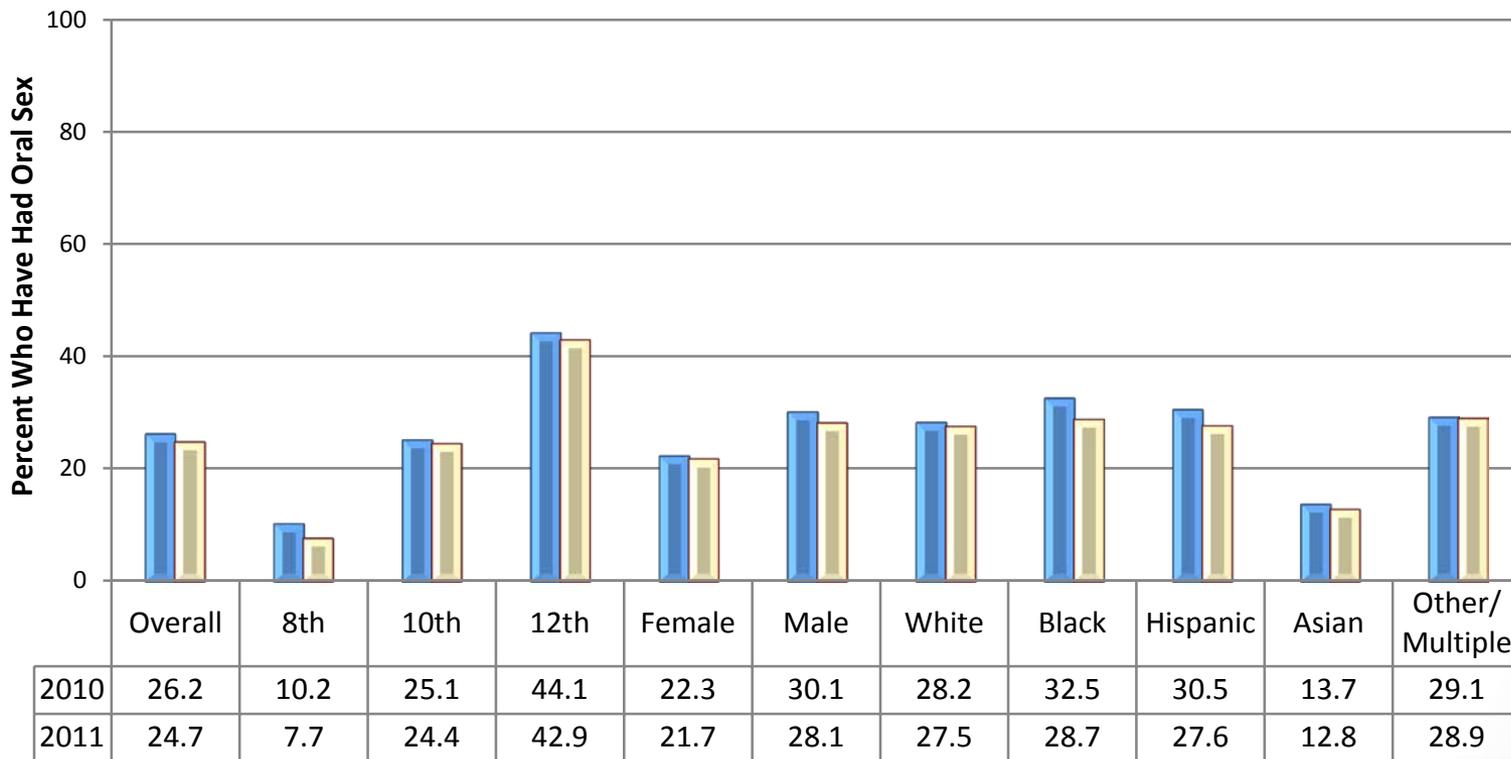
# Sexual Behavior (Grades 8, 10, 12)

## Percent Who Have Ever Had Sexual Intercourse



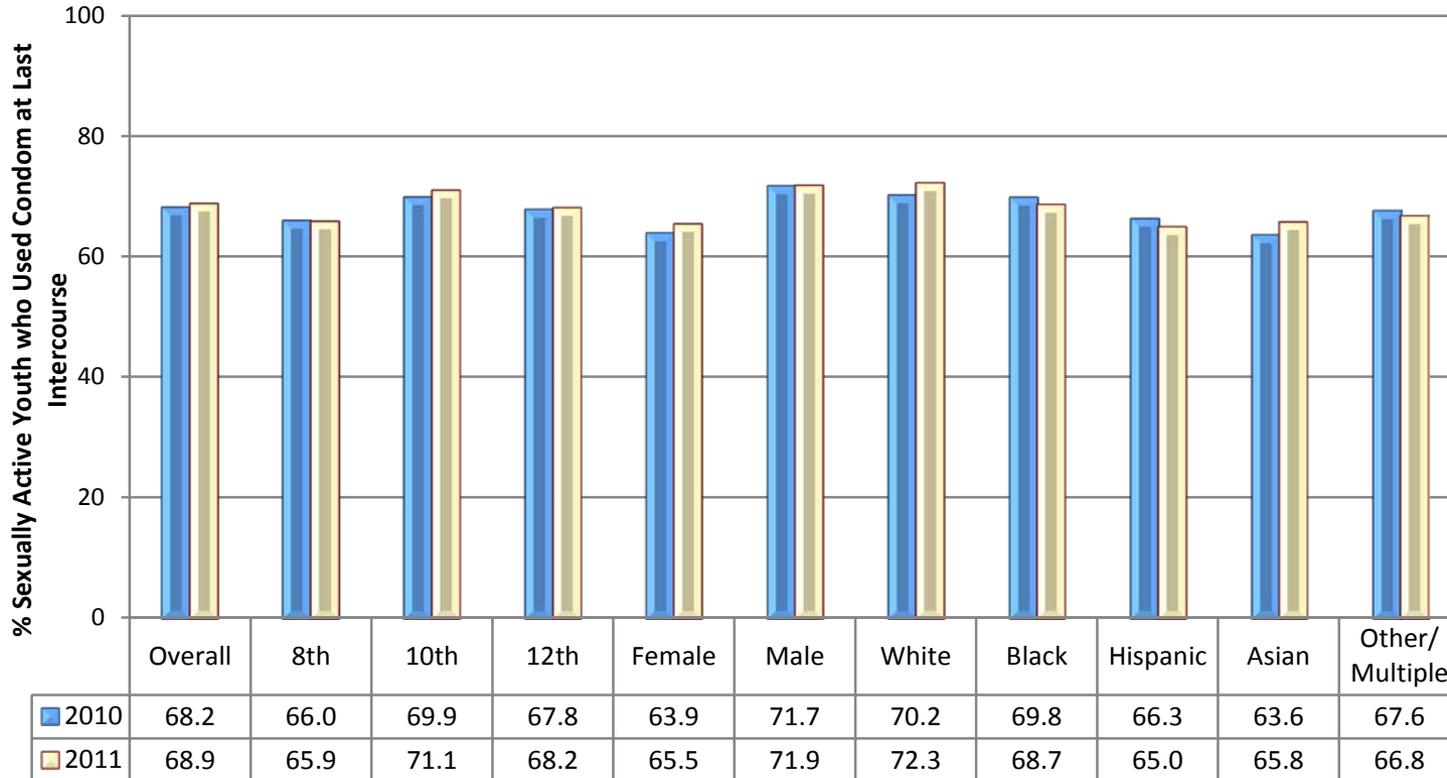
# Sexual Behavior (Grades 8, 10, 12)

## Percent Who Have Ever Had Oral Sex



# Sexual Behavior (Grades 8, 10, 12)

## Condom Use at Last Intercourse (Sexually Active Only)



# Protective Assets

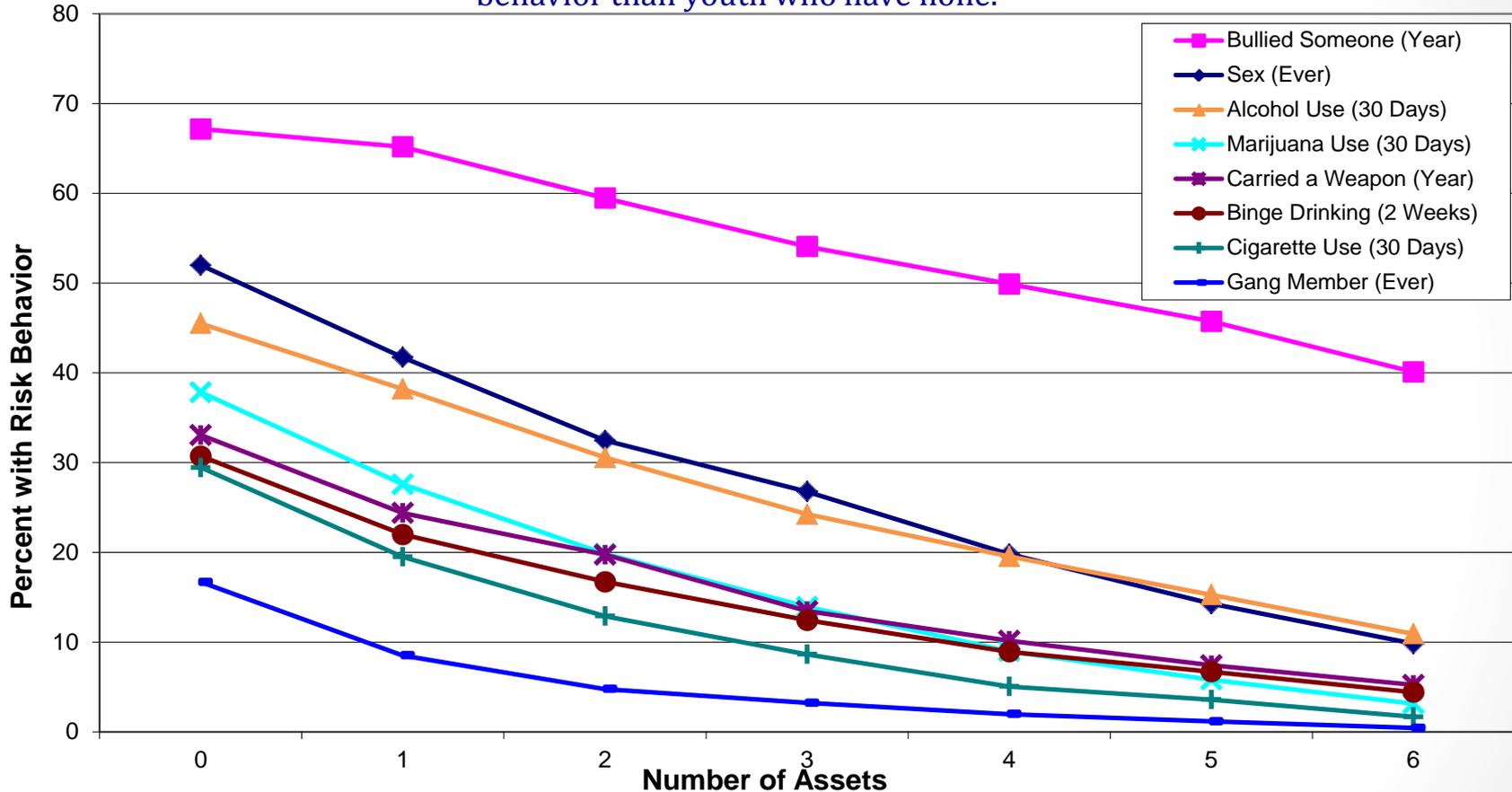


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# Asset Graph for Fairfax County (Grades 8, 10, 12)

Three to Succeed: Youth who have three assets are less likely to engage in risky behavior than youth who have none.



Having High Personal Integrity  
 Performing Community Service  
 Having Teachers Recognize Good Work

Having Community Adults to Talk to  
 Participating in Extracurricular Activities  
 Having Parents Available for Help

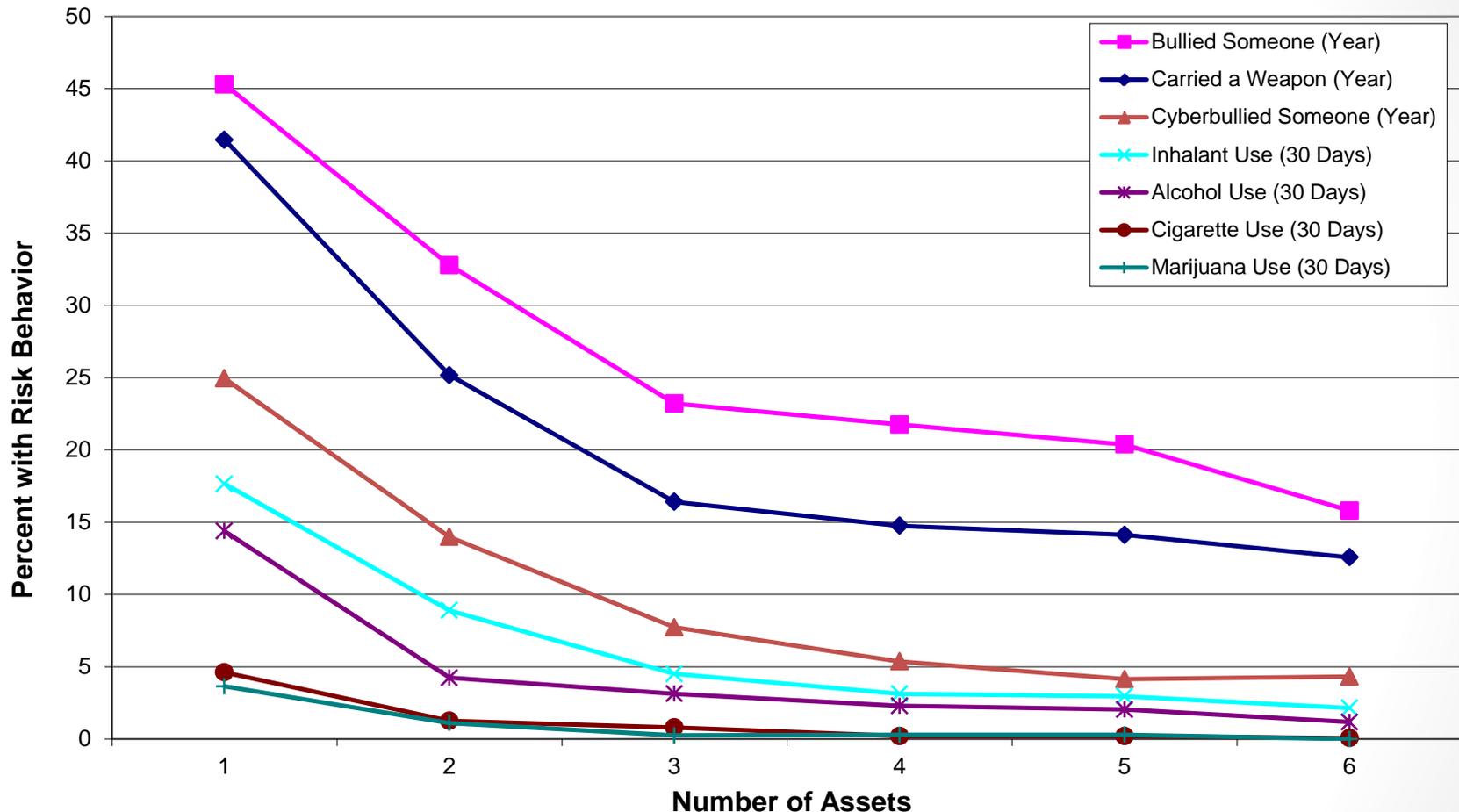


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# Asset Graph for Fairfax County (Grade 6)

Three to Succeed: Youth who have three assets are less likely to engage in risky behavior than youth who have none.



Having High Personal Integrity  
 Performing Community Service  
 Feeling Safe at School

Having Community Adults to Talk to  
 Participating in Extracurricular Activities  
 Having Parents Available for Help



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# Assets (Grades 6, 8, 10, 12)

What percentage of Fairfax County youth possess each particular asset below?

	Fairfax County							
	6th Grade		8th Grade		10th Grade		12th Grade	
	2010	2011	2010	2011	2010	2011	2010	2011
<b>High Personal Integrity</b>	95.7%	96.7%	80.2%	88.4%	68.4%	72.5%	61.3%	65.3%
<b>Performed Community Service Regularly</b>	28.9%	30.4%	63.5%	60.7%	35.7%	32.5%	55.4%	53.9%
<b>Teachers Recognize Good Work*</b>	N/A	N/A	64.8%	64.5%	63.9%	61.4%	66.9%	64.5%
<b>Have Community Adults to Talk to</b>	53.5%	55.4%	48.1%	43.4%	37.8%	35.2%	34.0%	32.1%
<b>Participate in Extracurricular Activities Regularly</b>	69.6%	69.9%	68.7%	63.3%	72.4%	67.9%	76.5%	73.7%
<b>Parents are Available for Help</b>	88.1%	89.3%	75.6%	79.4%	72.7%	76.7%	73.1%	78.4%

*\*Note: 6<sup>th</sup> Grade students were asked about "Feel Safe at School" for a school-based asset. 93.8% and 93.0% of 6<sup>th</sup> Graders felt safe at school in 2010 and 2011, respectively.*



# More Information

Youth Survey reports and related fact sheets and public service announcements:

[www.fairfaxcounty.gov/youthsurvey](http://www.fairfaxcounty.gov/youthsurvey)

The Prevention Toolkit:

[www.fairfaxcounty.gov/ncs/prevention/toolkit.htm](http://www.fairfaxcounty.gov/ncs/prevention/toolkit.htm)



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# Questions? Contact Us!

For information regarding the Fairfax County Youth Survey, please contact:

[Sophia.Dutton@fairfaxcounty.gov](mailto:Sophia.Dutton@fairfaxcounty.gov)

Fairfax County Youth Survey Project Manager

Department of Neighborhood and Community Services

Countywide Service Integration and Planning Management

Questions on the Prevention Toolkit or more general questions about Prevention may be directed to:

[NCSPrevention@fairfaxcounty.gov](mailto:NCSPrevention@fairfaxcounty.gov)



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