

# FAIRFAX AREA COMMISSION ON AGING FINAL MINUTES OF MEETING

Wednesday, January 19, 2011

Braddock District, 9002 Burke Lake Road, Burke, Va 22015

**Commissioners Present:** Tena Bluhm (Chair), Eileen Duggan (Vice Chair), Julie Bloom Ellis, Kenneth Malmberg, Maureen Renault, Suzanne Rudiselle, Sally Hottle

**Commissioners Absent:** Nazir Bhagat, Joe Heastie, Faviola Donato-Galindo

**Staff Present:** Sharon Lynn, Jacquie Woodruff

**Others Present:** Chris Leonard, Director, *Department of Neighborhood and Community Services*; Tom Bash, *Broker, Long-term Care Insurance Programs*; Jocelyn Rappaport, *Private Citizen of City of Fairfax*; Cherie Lejeune, *Chair of Human Services, Federation of Fairfax*

## **Call to Order, Adoption of the day's Agenda**

The Commission on Aging (COA) meeting called to order at 1:00 p.m. by Chairperson Tena Bluhm.

## **Department of Neighborhood and Community Services (DNCS) – Chris Leonard, Director**

Mr. Chris Leonard reported that his department has been reviewing the conceptual design of new agency for the past few months and is now working on strategic initiatives. The primary mission of DNCS is to serve people directly through neighborhoods or communities, to build capacity within community, and to help the community to identify and provide for needs. A human services scorecard is being developed.

Tena invited Chris back for a more in-depth update.

## **Review and Adoption of January meeting minutes, Public Comment Period**

Tena asked for a motion to approve the minutes from last meeting. Maureen motioned to approve, and Suzanne seconded.

## **Fairfax Area Agency on Aging's Acting Director's report – Sharon Lynn, Acting Director, AAA**

Sharon reported that the January 20th Quarterly Virginia Caregiver Coalition teleconference is open to public. The next teleconference will be in March.

The AAA Holiday Project was again a success, and the profits from the poinsettias will be used throughout the year. Seventy of AAA clients and seven of the Kinship families, who were either alone with no family or had limited resources, received gifts. The gifts

came from AAA staff and the AAA corporate partners: Intersections, Inc., Praxis, Inc., Network Solutions, Bailey's X-Roads Rotary Club, and the Virginia Women's Club. Three or four other organizations sent monetary donations for the project (and to assist older adults throughout the year). Many Adult Services, APS clients, and Birmingham Green residents received presents from Home Instead Senior Care who had so many donations for their project that they had extras to share.

The second respite volunteer provider training will be in January. This will be an evening training for volunteers to provide help on evenings and weekends.

Chronic disease self-management workshops are also being conducted. The ombudsman volunteer training will be held in March.

Sharon and Jacquie reviewed legislation for the DFS Legislative Review Committee.

### **Member Updates**

Ken reported that the pre-disaster meetings have not yet been held. The [Mobilizing for Action through Planning and Partnerships \(MAPP\)](#) meeting was postponed until January 26.

Eileen has begun to attend LTCCC meetings. She met with Dranesville leaders in Supervisor Foust's office to develop an aging in place plan that will work in McLean.

Julie serves on Supervisor Hyland's Visioning Task Force. Supervisor Hyland's Town Hall meeting will be held on February 5th. She is also working on the Region 1 transportation group.

Maureen is working with Sharon to develop a template to involve neighborhoods in informal aging in place initiatives. She serves on the Aging in Reston group. As part of her project to market adult day centers to businesses through Jennifer Robinson, Maureen is trying to meet with human resource departments regarding the best way to reach employee base.

Suzanne reported that Aging in Reston (AIR) contacted her regarding how Fellowship House might network with their work. She recently went through the process of getting drivers vetted from FISH, a non-profit social service agency.

Tena reported that despite the weather, the 50+ Committee met on Tuesday, January 18. The BOS has decided that they would like to co-host the focus groups for the revised 50+ Plan. These meetings will be open to the public.

Tena led discussion regarding a letter for COA requesting consideration for older adults over age 70 who want to remain in Fairfax County. She and Ken will respond to the letter.

Tena suggested that the COA might consider updating their by-laws.

Ken's first Commissioner's Corner article in the Golden Gazette generated phone calls and e-mails. The COA will submit 250-word articles every other month. Tena will provide the next Commissioner's Corner article.

**Old Business**

No old business discussed.

**New Business**

No new business discussed.

**Meeting Adjournment**

Sally motioned that the meeting be adjourned. Ken seconded. The meeting was adjourned at 3:00 p.m.