

**FAIRFAX AREA COMMISSION ON AGING  
FINAL MINUTES OF MEETING  
Wednesday, September 21, 2016**

Centreville Regional Library, 14200 St. Germain Drive, Centreville, VA 20121

**Commissioners Present:** Kay Larmer (*Chair*), Carolyn Sutterfield (*Vice Chair*), Tom Bash, Sharron Dreyer, Joe Heastie, Cathy Muha, Mike Perel, Grace Paris Starbird

**Commissioners Absent:** Bob Kuhns

**Staff Present:** Sharon Lynn, Jacquie Woodruff, Tenia Simmons

**Others Present:** Latrice Hall, *BOS Hunter Mill Office*; Dean Klein, *Office to Prevent and End Homelessness*; Virginia Eller, *Office to Prevent and End Homelessness*; Xenia Montenegro, *AARP*; Patricia Rohrer, *Health Department*; Lorena McDowell, *Northern Virginia Family Services*; Chris Leonard, *Department of Neighborhood and Community Services*; Suzanne Young, *Elder Tree*; Jennifer Kanarek, *NV Rides*

**Call to Order, Additions to Agenda, Approval of the Agenda and Approval of the Minutes**

Chair Kay Larmer called the meeting to order at 12:00 p.m. Sharron motioned that the agenda be approved. Grace seconded. Joe motioned that the minutes be approved. Carolyn seconded.

**Public Comment**

No public comment.

**Introduction of Mike Perel, New Braddock District Commissioner**

Kay introduced the new Braddock District Commissioner, Mike Perel. Mike provided a brief overview of his career with the National Highway Traffic Safety Administration. He has been involved in many county activities supporting older adults.

**Discussion: Homelessness and Older Adults – Dean Klein, Director, Office to Prevent and End Homelessness**

Dean Klein presented an overview of the homeless services provided in the county, including emergency shelters, hypothermia prevention services and supportive housing services. The Office to Prevent and End Homelessness, in collaboration with nonprofit and faith communities, has moved from managing homelessness to preventing homelessness.

In the latest point in time assessment, 29 percent (139) of the single homeless adults were over 55 years of age, an increase from 25 percent (123) in 2015. Dean, Sharron Dreyer, and others have been meeting about the 50+ Community Action Plan initiative to develop additional housing options for older adults who are homeless.

The Human Services Bond Referendum includes funding for redevelopment of four shelters. The Bailey's shelter will not be relocated to a temporary location. The new shelter should open in 2019. The shelter will support health-related activities, emergency space and permanent housing units. The shelter will also provide five additional medical respite beds.

**Senior and Community Centers on Bond Referendums – Chris Leonard, Director, Department of Neighborhood and Community Services**

Chris Leonard presented about the Human Services and Community Development Bond Referendum that will be on the November 8 ballot. Money from these bonds would be used toward replacement of the Sully Senior Center and construction of a new Lorton Community Center. The bonds would also provide funding for renovation, expansion or replacement of four of the county's homeless shelters.

Sharron suggested that Chris present on the issue at Greenspring.

**NV Rides Recruitment Needs – Jennifer Kanarek**

Jennifer Kanarek distributed a summary sheet about NV Rides. NV Rides provides community-based organizations with free ride-scheduling software, background checks, marketing and recruitment support, and program development support. There are currently nine service providers in the NV Rides network. In Fairfax County in FY 2016, there were 127 unique users to volunteer driver programs that NV Rides assists. Jennifer has coordinated with Mobility Manager Susan Shaw. Jennifer asked the COA to help recruit people who want to drive and to let people know that volunteer transportation options exist.

Rich Chobot's volunteer transportation group was awarded a Best of Braddock Award.

**Old Business**

The updated draft bylaws have been reviewed by the assistant county attorney and the Virginia Department for Aging and Rehabilitative Services. The BOS hasn't issued guidance to the Boards, Authorities and Commissions regarding remote meeting participation. If the COA decides to move forward with seeking BOS approval without the clauses related to remote participation, the bylaws could then be amended to include remote participation language at a COA meeting.

Grace stated that other Boards, Authorities and Commissions may not have considered the current participation limitations for people with disabilities. The COA could draft a position paper on the issue of remote meeting participation.

Carolyn motioned that the amended and restated bylaws be considered for vote at the October COA meeting. Kay seconded the motion. The motion passed unanimously.

### **New Business**

In 2017, the COA would like to continue to rotate meeting locations by magisterial district and city jurisdiction. Two consecutive meetings will be held in each location. Grace suggested that the Chair and hosting commissioner invite the elected official to attend a meeting.

Tenia distributed the annual updates and additions for the COA reference notebook.

### **Director's Report**

Sharon reminded the COA that the NVAN Legislative Breakfast is September 26.

The Fairfax Area Agency on Aging will celebrate its 40th anniversary at a luncheon on November 8. The commissioners will receive invitations. Sandy Markwood, executive director of the National Association of Area Agencies on Aging, will provide remarks.

Sharon distributed flyers for the Fall Seminars for Family Caregivers. Commissioners will distribute the flyers and encourage caregivers to attend.

### **Commissioner Updates**

Cathy met with Supervisor Smith's assistant. The Sully Senior Center will relocate to a temporary location in Chantilly in the spring. The new permanent site is planned to open in 2021. Programs will continue to be offered during the transition.

Mike stated that, though the Parks bond issue aims to make parks more age-friendly, the boat launching pads currently are not accessible. Mike would like to explore that issue.

Kay proposed that the COA visit the new outdoor fitness gym at Lincolnia Park as part of the October meeting.

Carolyn attended the Senior Citizens Council fall breakfast and learned about a new Korean adult day health program and an event focused on older adults at Antioch Baptist Church. Carolyn volunteered to represent the COA at LTCCC meetings.

Kay distributed a draft of "Commissioner Roles, Responsibilities and Talking Points" to be discussed at the October meeting.

Kay reported that GrandInvolve held a wonderful training. Linda Hernandez-Giblin provided an excellent presentation about cultural considerations for the volunteers. GrandInvolve now has over 100 volunteers.

Tom distributed handouts with updates on his 50+ projects. The Fairfax Alerts Functional Needs Registry is not connected to the 911 system. Tom is working on this issue with the Disabilities Services Board. Other local jurisdictions are considering working with Uber and Lyft. Tom is working on integrating transportation network companies (TNCs) into the larger transportation system for older adults.

Sharron stated that, due to her personal situation, she has a whole new perspective on caregiving. She reported that Greenspring has a new executive director. Greenspring has meeting space that the COA might be able to use.

**Adjournment**

Carolyn motioned that the meeting be adjourned. Grace seconded. The meeting was adjourned at 2:25 p.m.