

BRIDGES TO Success

Crossing the Bridge to Self-Sufficiency

Information for clients receiving
Temporary Assistance for Needy Families (TANF)



Crossing the Bridge to Self-Sufficiency

Kim, a homeless, single mother with a history of childhood abuse, medical problems and depression entered into the **Bridges to Success** program. At the time, Kim worked two low-paying jobs and found it impossible to find a stable home. Through **Bridges to Success**, she was administered diagnostic services, therapy for her depression and job development training.

A full-time job opportunity soon became available. Kim proved to be a valuable employee and started earning a living wage. She recently moved into a two bedroom townhouse with the help of the **Bridges to Success** program and its community partners.

Kim has finally begun her true path toward self-sufficiency.



Many people go through life and never realize they have a hidden disability or other issues that may keep them from becoming self-supporting.

- Do you have difficulty understanding things you read or were you classified as a “slow learner” when you were in school?
- Do you find it hard to concentrate and/or focus on a specific task?
- Are you having trouble keeping a job?
- Have you been diagnosed by a doctor as having a learning disability or any other disabilities?
- Do you struggle with depression or feel you need to use controlled substances to function?
- Do you have an impairment or condition that is not obviously apparent or visible?
- Do you have difficulty expressing yourself clearly?
- Do you struggle with establishing and maintaining healthy social connections?

If you are currently receiving TANF and answered “yes” to any of these questions, contact the Bridges to Success program and find out how you can begin the journey toward a successful career.

**For more information:
703-704-6864; TTY 711**

Did you know?

- There are many strategies that help people with learning or hidden disabilities achieve their goals.
- Sometimes these learning and hidden disabilities can keep you from finding and keeping a job.
- Our *FREE* program is a bridge to employment. This program can help you discover your strengths so you can find and keep a job you enjoy.

**For more information about
Bridges to Success, please call
703-704-6864; TTY 711**

www.fairfaxcounty.gov/dfs

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