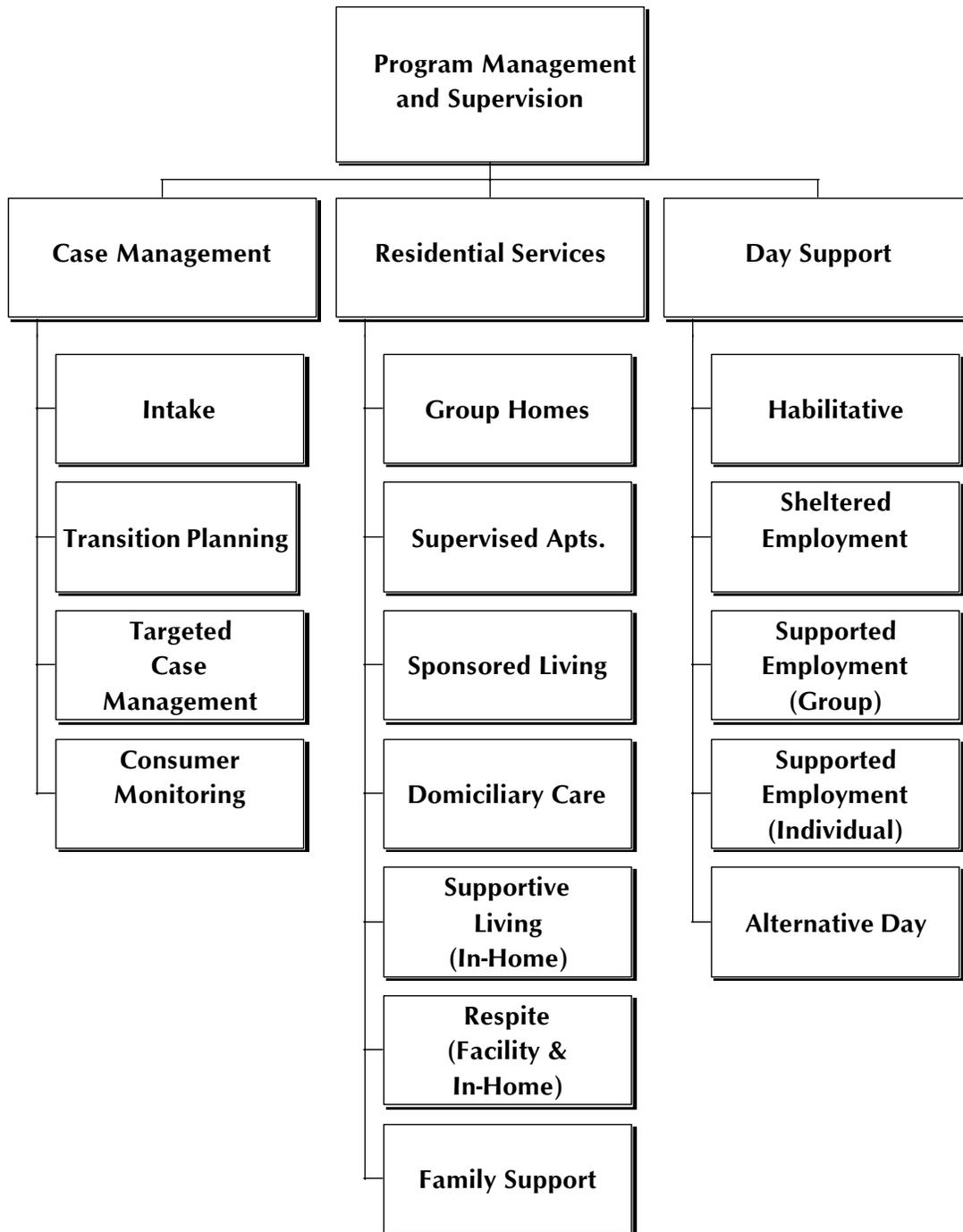


Fund 106

Community Services Board (CSB) - Mental Retardation Services



Fund 106

Community Services Board (CSB) - Mental Retardation Services

Mission

It is the mission of Mental Retardation Services (MRS) to promote services and support which enable people with mental retardation and their families to attain a personally desired and valued quality of life. MRS will achieve its mission by directly providing individualized services and by building community capacity to provide services that are effective and efficient.

It is the vision of MRS that all people with mental retardation and their families in Fairfax County and the Cities of Fairfax and Falls Church, have access to quality, individualized services, offered locally, and are empowered to participate in developing and evolving those services.

MRS values services and supports that:

- Empower individuals/families to maximize their independence and quality of life (with a minimum, but necessary degree of structure to achieve their desired independence and quality of life);
- Are flexible and diverse to meet existing and changing individual/family needs and preferences;
- Protect individual/family health, safety, and confidentiality;
- Are provided in an integrated, community-based setting; and,
- Are of quality in nature valuing excellence and professionalism in services, supports and workforce.

Budget and Staff Resources

Agency Summary				
Category	FY 2008 Actual	FY 2009 Adopted Budget Plan	FY 2009 Revised Budget Plan	FY 2010 Baseline Budget
Authorized Positions/Staff Years				
Regular	100/ 99.5	100/ 99.5	100/ 99.5	102/ 101.5
Grant	43/ 43	43/ 43	44/ 44	44/ 44
Expenditures:				
Personnel Services	\$11,528,858	\$12,105,127	\$12,507,627	\$13,267,697
Operating Expenses	28,421,807	28,843,537	28,805,734	28,772,283
Capital Equipment	0	0	0	0
Subtotal	\$39,950,665	\$40,948,664	\$41,313,361	\$42,039,980
Less				
Recovered Costs	(\$742,879)	\$0	\$0	\$0
Total Expenditures	\$39,207,786	\$40,948,664	\$41,313,361	\$42,039,980
Revenue:				
Fairfax County	\$33,110,577	\$34,047,893	\$34,065,993	\$34,888,933
Fairfax City	509,234	509,234	509,234	509,234
Falls Church City	194,817	194,817	194,817	194,817
State MHMRSAS	140	0	9,610	0
Federal Block Grant	11,843	0	0	0
Medicaid Waiver	1,837,967	1,732,246	1,732,246	1,741,273
Medicaid Option	2,909,768	3,206,302	3,279,376	3,447,551
Program/Client Fees	1,229,888	1,258,172	1,258,172	1,258,172
Fund Balance	(596,448)	0	263,913	0
Total Revenue	\$39,207,786	\$40,948,664	\$41,313,361	\$42,039,980

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Community Services Board (CSB) - Mental Retardation Services

FY 2010 Funding Adjustments

The following funding adjustments from the FY 2009 Revised Budget Plan are necessary to support the FY 2010 program:

- ◆ **Employee Compensation** **\$572,868**
An increase of \$572,868 in Personnel Services is associated with salary adjustments necessary to support the County's compensation program.

- ◆ **FASTRAN** **\$281,716**
An increase of \$281,716 in Operating Expenses is based on an annual adjustment of FASTRAN operating expenses.

- ◆ **Internal Funding Adjustment and Realignment Between CSB Agencies** **\$45,430**
An increase of \$45,430 in Operating Expenses is due to funding adjustments and realignment between CSB agencies to reflect expenditure requirements for FY 2010.

- ◆ **Carryover and Miscellaneous Adjustments** **(\$173,395)**
A net decrease of \$173,395 is associated with a decreases of \$359,087 due to the carryover of one-time encumbered items and \$9,610 due to the carryover of one-time baseline adjustments; offset by increases of \$177,202 in grant adjustments, \$10,000 to extend the \$13.13/hr living wage to limited term employees and \$8,100 for an increase in the County's mileage reimbursement rate. These adjustments are comprised of an increase of \$187,202 in Personnel Services and a decrease of \$360,597 in Operating Expenses.

Changes to FY 2009 Adopted Budget Plan

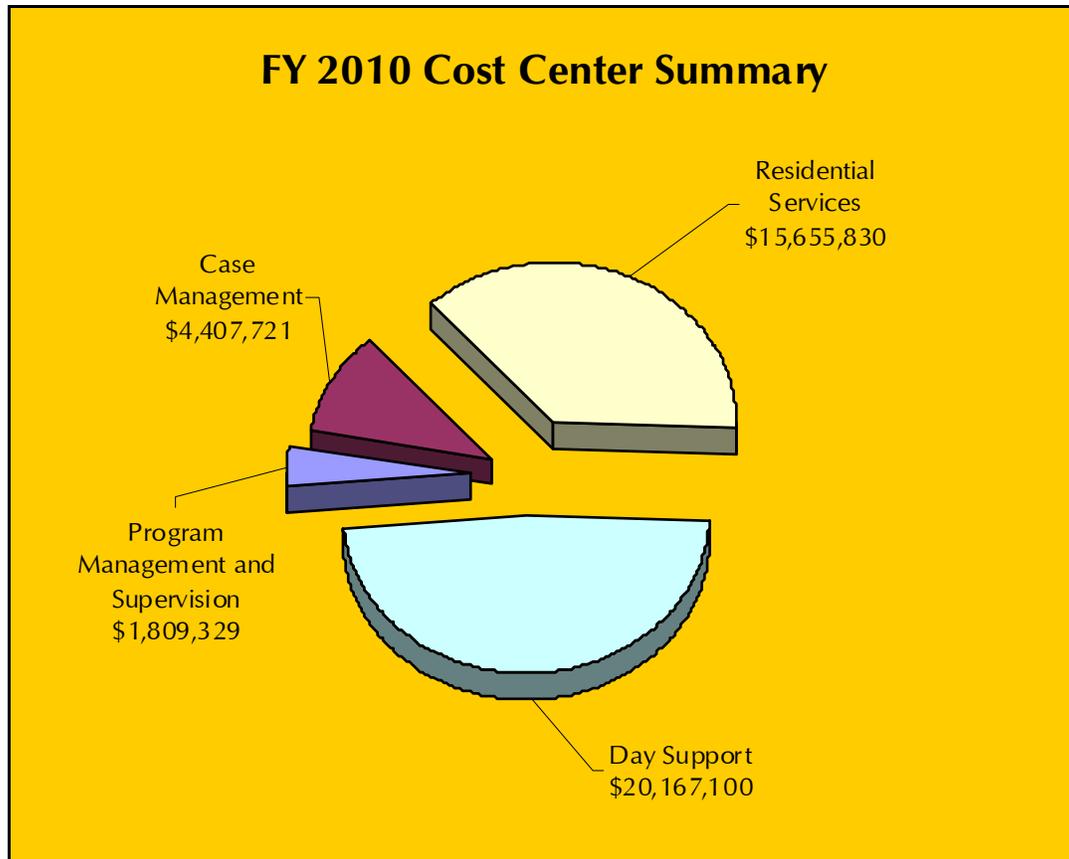
The following funding adjustments reflect all approved changes in the FY 2009 Revised Budget Plan since passage of the FY 2009 Adopted Budget Plan. Included are all adjustments made as part of the FY 2008 Carryover Review and all other approved changes through September 15, 2008:

- ◆ **Carryover Adjustments** **\$364,697**
As part of the FY 2008 Carryover Review, the Board of Supervisors approved a net increase of \$364,697, comprised of an increase of \$402,500 in Personnel Services and a decrease of \$37,803 in Operating Expenses. This includes increases of \$359,087 for encumbered items; \$73,074 for 1/1.0 SYE new Medicaid grant position associated with case management of the June 2008 special education graduates; \$10,000 to extend the \$13.13/hr living wage to limited term employees; \$9,610 in baseline adjustments for a Court Guardianship project with a commensurate increase in state revenue; and \$8,100 for an increase in the County's mileage reimbursement rate; offset by a decrease of \$95,174 in funding adjustments and realignment between CSB agencies to reflect projected FY 2009 expenditures.

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Community Services Board (CSB) - Mental Retardation Services

Cost Centers



Program Management and Supervision

Funding Summary				
Category	FY 2008 Actual	FY 2009 Adopted Budget Plan	FY 2009 Revised Budget Plan	FY 2010 Baseline Budget
Authorized Positions/Staff Years				
Regular	15/ 15	15/ 15	15/ 15	15/ 15
Total Expenditures	\$1,518,582	\$1,731,958	\$1,761,196	\$1,809,329

Position Summary			
1 Director of MR Programs	2 MR Specialists III	1 Behavioral Nurse Clinician/Case Manager	
3 MR Specialists V	2 MR Specialists II	1 Administrative Assistant IV	
	1 Management Analyst III	4 Administrative Assistants II	
TOTAL POSITIONS			
15 Positions / 15.0 Staff Years			

Key Performance Measures

Objectives

- ◆ To provide direction and management support to Mental Retardation Services so that 88 percent of service quality and outcome goals are achieved.

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Community Services Board (CSB) - Mental Retardation Services

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 2006 Actual	FY 2007 Actual	FY 2008 Estimate/Actual	FY 2009	FY 2010
Outcome:					
Percent of mental retardation program performance indicators (service quality and outcome) achieved	88%	100%	80% / 100%	88%	88%

Performance Measurement Results

In FY 2008, 100 percent of Mental Retardation Services' (MRS) service quality and outcome goals were met or exceeded. Overall, these results indicate that MR services are operating effectively and meeting the needs of people receiving services. All service quality indicators in each service area exceeded FY 2008 targets by between 2 and 4 percentage points. Outcome indicators exceeded their FY 2008 targets by between 3 and 19 percentage points, with the largest increases seen in the indicators for average wages reported by individuals in MRS supported employment programs.

Case Management

Funding Summary				
Category	FY 2008 Actual	FY 2009 Adopted Budget Plan	FY 2009 Revised Budget Plan	FY 2010 Baseline Budget
Authorized Positions/Staff Years				
Regular	8/ 7.5	8/ 7.5	8/ 7.5	9/ 8.5
Grant	40/ 40	40/ 40	41/ 41	41/ 41
Total Expenditures	\$3,717,535	\$3,948,058	\$4,061,034	\$4,407,721

Position Summary	
1 MR Specialist V	1 MR Specialist II, PT
5 MR Specialists III	2 Management Analysts I
<u>Grant Positions</u>	
2 MR Specialists III	7 MR Specialists I
32 MR Specialists II	
TOTAL POSITIONS	
9 Positions / 8.5 Staff Years	
41 Grant Positions / 41.0 Staff Years	
PT Denotes Part Time Position	

Key Performance Measures

Goal

To provide service coordination and behavior management consultations to individuals with mental retardation to maximize their independence in the community.

Objectives

- ◆ To support individuals' self-sufficiency in the community by ensuring that clients receiving Targeted Case Management services meet at least 95 percent of their individual service plan objectives.

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Community Services Board (CSB) - Mental Retardation Services

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 2006 Actual	FY 2007 Actual	FY 2008 Estimate/Actual	FY 2009	FY 2010
Output:					
Targeted Case Management - Individuals served	1,156	1,202	1,200 / 1,273	1,300	1,300
Efficiency:					
Targeted Case Management - Cost per individual served	\$2,611	\$2,698	\$2,716 / \$2,920	\$2,981	\$3,043
Service Quality:					
Targeted Case Management - Percent of individuals satisfied with services	95%	97%	90% / 92%	90%	90%
Outcome:					
Targeted Case Management - Percent of individual case management service plan objectives met	98%	98%	95% / 98%	95%	95%

Performance Measurement Results

In FY 2008, 92 percent of individuals surveyed were satisfied with Case Management services, as compared to a goal of 90 percent. While slightly lower than in previous years, this performance indicates that case management staff consistently exceed targeted satisfaction levels despite more complicated and increased caseloads. Ninety-eight percent of individual service plan objectives were achieved versus a goal of 95 percent. In addition, the FY 2008 number of individuals receiving targeted case management services increased by almost 6 percent above FY 2007 levels.

Annual cost per individual served was \$2,920, 8 percent higher than the originally projected amount of \$2,716. This increase also represents an 8 percent change above the \$2,698 annual cost per individual receiving targeted case management amount incurred in FY 2007, and is reflective of increased spending for assistive technology and environmental modification purchases for Medicaid recipients. These purchases are coordinated by Case Management services, and the associated costs are offset by increased Medicaid Waiver revenue collections.

Residential Services

Funding Summary				
Category	FY 2008 Actual	FY 2009 Adopted Budget Plan	FY 2009 Revised Budget Plan	FY 2010 Baseline Budget
Authorized Positions/Staff Years				
Regular	71/ 71	71/ 71	71/ 71	71/ 71
Grant	3/ 3	3/ 3	3/ 3	3/ 3
Total Expenditures	\$14,496,136	\$15,186,673	\$15,623,047	\$15,655,830

Fund 106

Community Services Board (CSB) - Mental Retardation Services

Position Summary	
<u>Group Homes</u> 1 MR Specialist IV 3 MR Specialists III 12 MR Specialists II 52 MR Specialists I	<u>Supervised Apartments</u> 3 MR Specialists I
<u>Grant Positions</u> 3 MR Specialists I	
TOTAL POSITIONS 71 Positions / 71.0 Staff Years 3 Grant Positions / 3.0 Staff Years	

Key Performance Measures

Goal

To provide residential services to individuals with mental retardation to maximize their independence in the community.

Objectives

- ◆ To achieve a level of at least 92 percent of individuals who are able to remain living in group homes rather than more restrictive settings.

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 2006 Actual	FY 2007 Actual	FY 2008 Estimate/Actual	FY 2009	FY 2010
Output:					
Group Homes - Individuals served	311	314	305 / 314	305	305
Efficiency:					
Group Homes - Cost per client served	\$33,230	\$35,281	\$35,798 / \$35,749	\$38,150	\$40,712
Service Quality:					
Group Homes - Percent of individuals who are satisfied with support services	90%	90%	88% / 92%	88%	90%
Outcome:					
Group Homes - Percent of individuals living in group homes who maintain their current level of service	97%	99%	90% / 99%	90%	92%

Performance Measurement Results

In a survey of individuals receiving residential services, 92 percent reported satisfaction with support services, exceeding the FY 2008 goal of 88 percent. In FY 2008, 99 percent of individuals living in group homes were able to maintain their current level of service despite the fact that those served were more medically or behaviorally challenging. Efforts continue to occur to support individuals living in their own homes.

Overall, 314 individuals were served in group homes in FY 2008. This amount was the same as in FY 2007 and slightly higher than the projected total of 305 individuals. The average FY 2008 cost to the County per client served in group homes increased slightly to \$35,749 due to a variety of cost increases including staff salaries, rents, utilities, transportation/fuel, food, and others. This amount was only 1 percent above the FY 2007 level and slightly below the FY 2008 projected amount, reflecting increased efficiencies implemented in both directly-operated and contracted residential settings.

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Community Services Board (CSB) - Mental Retardation Services

Day Support   

Funding Summary				
Category	FY 2008 Actual	FY 2009 Adopted Budget Plan	FY 2009 Revised Budget Plan	FY 2010 Baseline Budget
Authorized Positions/Staff Years				
Regular	6/6	6/6	6/6	7/7
Total Expenditures	\$19,475,533	\$20,081,975	\$19,868,084	\$20,167,100

Position Summary	
1	Manpower Specialist IV
6	Manpower Specialists II
<u>TOTAL POSITIONS</u>	
7 Positions / 7.0 Staff Years	

Key Performance Measures

Goal

To maximize self-sufficiency and independence for individuals with mental retardation.

Objectives

- ◆ To achieve an annual increase of at least 2.00 percent in average wage earnings reported for individuals in Supported Employment services (both individual and group-based programs).

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 2006 Actual	FY 2007 Actual	FY 2008 Estimate/Actual	FY 2009	FY 2010
Output:					
Day Support - Total individuals served	1,174	1,188	1,293 / 1,218	1,293	1,273
Day Support - Non-Medicaid eligible individuals served	711	677	735 / 687	735	707
Supported Employment - Non-Medicaid eligible individuals served	NA	NA	570 /479	570	480
Efficiency:					
Day Support - Cost per individual served with local funds	\$17,302	\$16,816	\$18,481 / \$18,703	\$19,210	\$19,730
Supported Employment - Cost per individual served with local funds	\$10,871	\$11,661	\$11,113 / \$11,394	\$11,691	\$12,002
Service Quality:					
Day Support - Percent of individuals satisfied with services	92%	95%	90% / 94%	90%	90%

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Community Services Board (CSB) - Mental Retardation Services

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 2006 Actual	FY 2007 Actual	FY 2008 Estimate/Actual	FY 2009	FY 2010
Outcome:					
Supported Employment - Average wages reported by individuals in group-based programs	\$4,957	\$5,160	\$5,057 / \$6,012	\$5,263	\$6,000
Supported Employment - Average wages reported by individuals in individual-based programs	\$15,113	\$15,952	\$15,417 / \$16,519	\$16,273	\$16,519
Supported Employment - Percent change in average wages reported by individuals in all programs	4.00%	0.00%	1.00% / 8.40%	1.00%	2.00%

Performance Measurement Results

According to an annual survey, in FY 2008, 94 percent of individuals receiving day support services reported satisfaction, thereby exceeding the goal of 90 percent. Total wages earned by the 384 people surveyed who received group supported employment services in FY 2008 was \$2,308,742, for average annual earnings of \$6,012. This FY 2008 average wage total was \$852 higher than this group's FY 2007 average wage total of \$5,160; an increase of approximately 17 percent and 19 percent above target. Total wages earned by the 188 people surveyed who received individual employment services in FY 2008 were \$3,105,504, for average annual wage earnings of \$16,519. This group's average annual wage earnings were \$567 higher than their FY 2007 average earnings of \$15,952, as well as 7 percent above the FY 2008 target. Overall, in FY 2008, the percentage change in average wages reported by individuals in all contracted supported employment programs was an increase of 8.40 percent versus a target of 1.00 percent. These results greatly exceed performance increases of 4.00 percent seen in FY 2006 and 0.00 percent in FY 2007, but are extremely susceptible to the availability of employment opportunities for individuals with disabilities and the overall general economy. Consequently, wage growth for this population is extremely difficult to project and slower growth is anticipated in the near future.

The FY 2008 total of 687 non-Medicaid individuals receiving day support is a slight increase from the FY 2007 total of 677; but it is also lower than the originally projected number of 735 due to higher than anticipated attrition rates in FY 2008. The cost per individual served with local funds for Day Support was \$18,703 in FY 2008, an 11 percent increase from the FY 2007 amount but only 1 percent above the FY 2008 estimate. These increases in the annual cost per individual served are attributable to higher expenses for private providers in the following areas: direct-care personnel; increased medical, behavioral and accessibility needs for aging consumers; energy and fuel costs for facilities and vehicles; higher insurance premiums; and, necessary provisions for emergency management. The cost per individual served with local funds for Supported Employment was \$11,394 in FY 2008, a 2 percent decrease from the FY 2007 cost but 3 percent above the FY 2008 estimate. These estimates are determined up to two years ahead of time based on estimated state and local funding, number of projected consumers, expected program attrition, and foreseeable contract rate adjustments. Since these variables are continuously changing, the cost per individual for MRS Day Support services is difficult to accurately project.