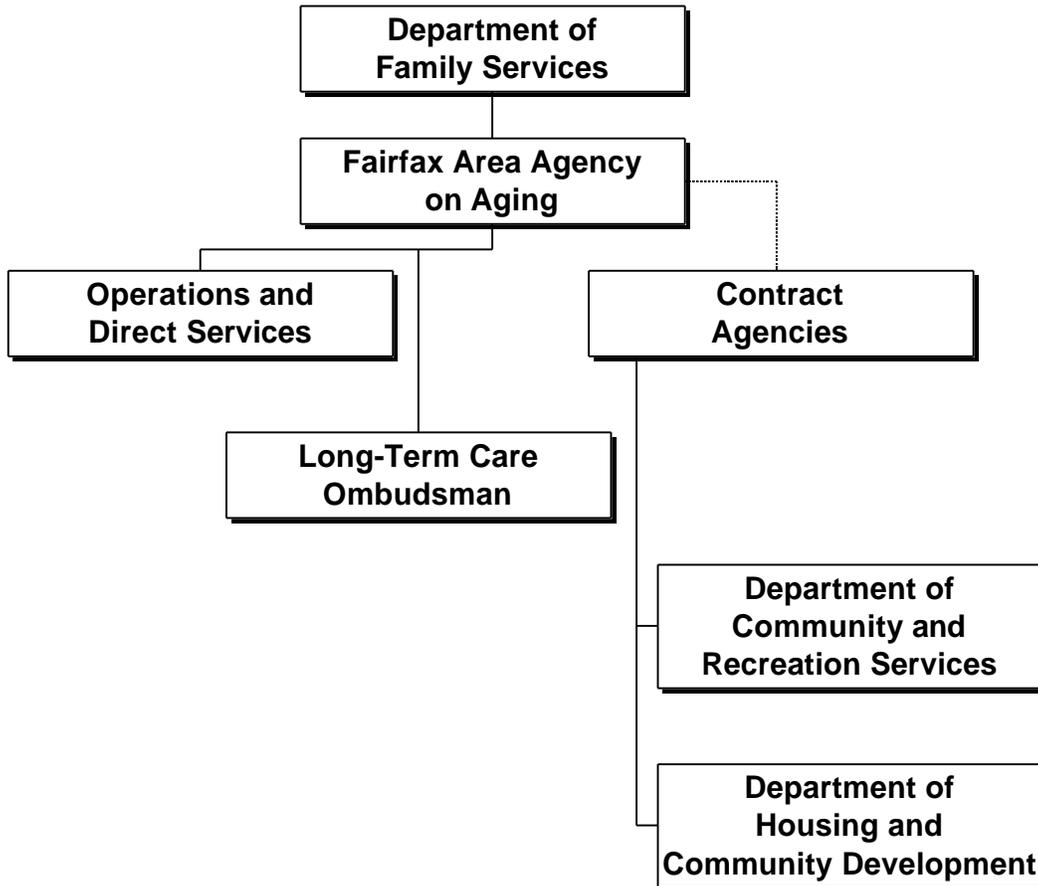


# FAIRFAX AREA AGENCY ON AGING



# FUND 103

## AGING GRANTS AND PROGRAMS

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### *Agency Position Summary*

37 Grant Positions / 36.0 Grant Staff Years

### ***Position Detail Information***

#### **DEPARTMENT OF FAMILY SERVICES**

##### **OPERATIONS AND DIRECT SERVICES**

##### **Community-Based Social Services**

1	Human Services Worker IV
1	Human Services Worker III
1	Human Services Worker I
1	Volunteer Services Program Manager
1	Volunteer Services Coordinator II
1	Volunteer Services Coordinator I, PT
1	Social Worker II
1	Administrative Assistant II, PT
8	Positions
7.0	Staff Years

##### **Care Coordination for the Elderly Virginian**

1	Social Work Supervisor
2	Social Workers II
1	Social Worker III
1	Mental Health Therapist II
2	Public Health Nurses II
1	Management Analyst I
1	Administrative Assistant II
9	Positions
9.0	Staff Years

##### **Home Delivered Meals**

1	Human Services Worker IV
2	Human Services Workers III
2	Human Services Workers I
5	Positions
5.0	Staff Years

##### **Family Caregiver Support**

1	Management Analyst III
1	Position
1.0	Staff Year

##### **LONG-TERM CARE OMBUDSMAN**

1	Long-Term Care Ombudsman
3	Long-Term Care Assistant Ombudsmen
4	Positions
4.0	Staff Years

#### **DEPARTMENT OF COMMUNITY AND RECREATION SERVICES**

##### **Congregate Meals**

5	Recreation Specialists II
5	Recreation Assistants
10	Positions
10.0	Staff Years
PT	Denotes Part-Time Positions

# FUND 103

## AGING GRANTS AND PROGRAMS

### Agency Mission

To promote and sustain a high quality of life for older persons residing in Fairfax County by offering a mixture of services, provided through the public and private sectors, that maximize personal choice, dignity, and independence.

Agency Summary					
Category	FY 2001 Actual	FY 2002 Adopted Budget Plan	FY 2002 Revised Budget Plan	FY 2003 Advertised Budget Plan	FY 2003 Adopted Budget Plan
Authorized Positions/Staff Years					
Grant	35/ 34	36/ 35	37/ 36	37/ 36	37/ 36
Expenditures:					
Personnel Services	\$1,659,736	\$1,792,064	\$2,382,013	\$1,956,975	\$1,956,975
Operating Expenses	2,032,735	2,064,790	2,766,336	2,173,357	2,185,097
Capital Equipment	0	0	0	0	0
<b>Total Expenditures</b>	<b>\$3,692,471</b>	<b>\$3,856,854</b>	<b>\$5,148,349</b>	<b>\$4,130,332</b>	<b>\$4,142,072</b>
Revenue:					
Federal	\$1,089,190	\$989,585	\$1,405,306	\$1,078,126	\$1,078,126
State	820,972	815,304	1,036,796	826,152	826,152
Project Income	307,997	291,309	360,278	313,954	336,028
Other Jurisdictions' Share of the Ombudsman Program	67,844	83,995	90,183	83,995	83,995
City of Fairfax	31,638	33,013	33,013	33,013	33,013
City of Falls Church	34,793	36,306	36,306	36,306	36,306
Private Corporations	15,240	15,116	14,259	12,453	12,453
<b>Total Revenue</b>	<b>\$2,367,674</b>	<b>\$2,264,628</b>	<b>\$2,976,141</b>	<b>\$2,383,999</b>	<b>\$2,406,073</b>
<b>Net Cost to the County</b>	<b>\$1,324,797</b>	<b>\$1,592,226</b>	<b>\$2,172,208</b>	<b>\$1,746,333</b>	<b>\$1,735,999</b>

### ***Board of Supervisors' Adjustments***

***The following funding adjustments reflect all changes to the FY 2003 Advertised Budget Plan, as approved by the Board of Supervisors on April 29, 2002:***

- ◆ A decrease of \$26,144 as part of the \$28.8 million in Reductions to County Agencies and Funds approved by the Board of Supervisors to allow for a two-cent real estate tax rate reduction and to provide additional funding for the Fairfax County Public School system. These reductions include a decrease of \$26,144 in agency training initiatives and administrative costs.
- ◆ An increase of \$37,884 to establish a new Meals-on-Wheels route in the Chantilly/Centreville area.

***The following funding adjustments reflect all approved changes to the FY 2002 Revised Budget Plan from January 1, 2002 through April 22, 2002. Included are all adjustments made as part of the FY 2002 Third Quarter Review:***

- ◆ A decrease of \$41,850 as part of the \$24.2 million in Reductions to County Agencies and Funds approved by the Board of Supervisors. These reductions include:
  - Reduction of \$20,000 in the Congregate Meals Program due to lower than expected enrollment at the new Herndon Harbor Adult Day Health Care Center.

# FUND 103

## AGING GRANTS AND PROGRAMS

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- Reduction of \$20,550 in the Care Coordination program, which provides in-home services and equipment for elderly citizens who are waiting for Medicaid assistance approval.
  - Reduction of \$1,300 for administration of the Community Based Services program.
  - ◆ A net increase of \$277,126 is primarily due to a shift in the reporting period for State-supported programs from July to June in order to align the program year with the federal fiscal year. As a result, program year 2001 was funded for 15 months as opposed to 12 months.
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### ***County Executive Proposed FY 2003 Advertised Budget Plan***

#### **Purpose**

The purpose of the Fairfax Area Agency on Aging (FAAA) is to be a community leader on aging issues and to promote programs and activities that contribute to the independence and well being of elders and their caregivers.

In FY 2003, as in the past, the FAAA will be the focal point for the network of county and private sector agencies serving the interests of the elderly. The FAAA plays a key role linking practice and policy for Fairfax County and will continue to advocate for the needs of seniors. The agency helps seniors remain in the community through the administration of social service programs that deal with older persons whose needs are varied and may require intervention by one or more agency services. The Fairfax Area Commission on Aging, appointed by the Board of Supervisors and the cities of Fairfax and Falls Church, serves as the official advisory body to the FAAA.

Volunteerism is an integral part of FAAA program operations, allowing citizens to assist older persons and giving seniors the opportunity to become involved in community service. The agency operates programs that serve older persons, as well as programs that utilize older persons as resources to the community. Approximately 2,500 individuals volunteer their time for FAAA-sponsored programs.

In terms of funding, the Title III-C (1) Congregate Meals program, which will serve an estimated 182,193 meals to the elderly in FY 2003, will continue to be the largest program administered in Fund 103. While the Department of Family Services (DFS) has oversight of Fund 103, two other County Agencies have primary responsibility for administering the Congregate Meals program:

- ◆ The Department of Housing and Community Development administers the meal programs at three County-owned residential facilities: the Lewinsville Senior Residence, the Lincolnia Senior Residence, and the Little River Glen Senior Residence. It also administers meal programs at the Annandale, Herndon Harbor House, and Mount Vernon Adult Day Health Care Centers.
- ◆ The Department of Community and Recreation Services administers the congregate noon meal program at 15 existing Senior Centers and one Adult Day Health Care Center.

The Title III-C (2) Home Delivered Meals Program provides meals to frail seniors who are homebound, unable to prepare their own meals, and without informal or formal caregiver support to help them prepare meals. In FY 2002, the agency estimates it will serve 249,826 meals through this program.

The Northern Virginia Long-Term Care Ombudsman Program is jointly funded by Fairfax County, Arlington County, Prince William County, Loudoun County, and the City of Alexandria. The goals of this program are to investigate and help resolve complaints concerning nursing homes, assisted care facilities, and community-based home care.

# FUND 103

## AGING GRANTS AND PROGRAMS

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The Care Coordination for the Elderly Virginian (CCEV) grant, formerly called Case Management for Elderly Virginians, is a joint program of Fairfax County's Department of Family Services (DFS), the Fairfax Area Agency on Aging, the Health Department, the Community Services Board, and the Department of Systems Management for Human Services. This program uses a multidisciplinary approach to the assessment and care plan development process. Case managers from all disciplines have direct access to authorize long-term care services that are administered under DFS, the FAAA, and the Health Department.

### Key Accomplishments

- ◆ Sponsored the Older Worker Job Fair and Technology event for the first time at the Fairfax County Government Center in conjunction with other county departments and outside businesses. Provided a high quality fair with greater participation than in FY2000 and served an unprecedented 2,046 participants.
- ◆ Provided staff support to the Commission on Aging representatives to the Long Term Care Task Force. Provided resources to the Task Force's incubator groups, which were formed to develop strategies to address gaps in long-term care services. At the end of FY 2001, the incubator groups finalized strategies that were presented to the Task Force.
- ◆ Distributed over 350 brochures as participants in the Senior Information Center (SIC) pilot project to provide resource information to seniors and their families in local doctors' offices. The Senior Information Center (SIC) is a coalition of agencies and organizations serving seniors in the Fairfax area. The coalition developed and designed the brochure and solicited participation from six local doctors' offices.
- ◆ Participated in a business redesign for the Falls Church case management pilot in collaboration with staff from the Health Department and the Department of Systems Management for Human Services.
- ◆ Co-sponsored Senior Information Day with WETA, by receiving inquiries and providing referrals and service to hundreds of callers including commuters, the senior community, family caregivers, and e-mails from the public.

### FY 2003 Initiatives

- ◆ Plan and prepare for the growing number of seniors and adults with disabilities. Adult and Aging staff will continue to support the Long-Term Care Task Force, a citizen work group that studies these issues and will make recommendations regarding long-term care service delivery.
- ◆ Develop a community education program targeting family caregivers of persons needing long term services.
- ◆ Explore opportunities to provide appropriate, accessible services to culturally diverse, non-English speaking elders and their caregivers through technical assistance to the many small minority groups and organizations in the community.
- ◆ Eliminate the waiting list of frail, homebound elderly citizens who need food, by establishing a new Meals-on-Wheels route in the Centreville/Chantilly area.

### Performance Measurement Results

Fairfax Area Agency on Aging (FAAA) will continue its service focus on helping elderly persons and adults with disabilities to live in their own homes with a performance goal of 80 percent of persons receiving case management in their homes at the time of case closure or after one year of service delivery. A County Long-Term Care Task Force has presented initial findings on demographics and cross-cutting themes of concern, which include workforce/labor supply issues for in-home services and the need for improving consumer awareness, knowledge, and access to services. To meet the objective

# FUND 103

## AGING GRANTS AND PROGRAMS

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of keeping people in their homes, FAAA is piloting task based in-home services. FAAA continues to provide case management and is working to enhance its joint case management work with the Health Department. FAAA also seeks to exceed its goal that 40 percent of home-delivered meals clients and 80 percent of congregate meals clients score at or below a moderate risk category on the Nutritional Screening Initiative (NSI) in order to maximize personal health.

### Funding Adjustments

*The following funding adjustments from the FY2002 Revised Budget Plan are necessary to support the FY 2003 program:*

- ◆ A net decrease of \$371,961 in Personnel Services reflects a decrease of \$536,872 primarily due to the carryover of unexpended FY 2001 grant funds to FY 2002. Carryover of grant funds is necessary because grant program years generally run from October 1 to September 30, while the County's fiscal year runs from July 1 to June 30. This decrease is partially offset by an increase of \$91,258 for salary adjustments necessary to support the County's compensation program and an increase of \$73,653 to support the Title III-E Family Caregiver grant award approved by the Board of Supervisors on June 11, 2001.
- ◆ A net decrease of \$410,780 in Operating Expenses reflects a decrease of \$521,824 primarily due to the carryover of unexpended FY 2001 grant funds to FY 2002. This decrease is partially offset by an increase of \$54,044 for new grant awards and an increase of \$57,000 to support the Title III-E Family Caregiver grant award approved by the Board of Supervisors on June 11, 2001.

*The following funding adjustments reflect all approved changes in the FY2002 Revised Budget Plan since passage of the FY 2002 Adopted Budget Plan. Included are all adjustments made as part of the FY 2001 Carryover Review and all other approved changes through December 31, 2001:*

- ◆ As part of the *FY 2001 Carryover Review*, an increase of \$745,399 reflects the carryover of unexpended FY 2001 grant funds to FY 2002. Carryover of grant funds is necessary because grant program years generally run from October 1 to September 30, while the County's fiscal year runs from July 1 to June 30.
- ◆ As part of the *FY 2001 Carryover Review*, an increase of \$261,306 and 1/1.0 SYE to support the Title III-E Family Caregiver grant award approved by the Board of Supervisors on June 11, 2001.
- ◆ As part of the *FY 2001 Carryover Review*, an increase of \$49,514 is due to the Title III-B Community-Based Social Services and Title III-C (2) Home-Delivered Meals Program.

### Objectives

- ◆ To maintain the number of elderly persons and adults with disabilities receiving case management services who remain in their homes after one year of service or who are in their own home at termination of services at 80 percent.
- ◆ To maintain the number of seniors receiving community-based services who remain living in the community rather than entering an institution after one year of service or information at 95 percent.
- ◆ To maintain the number of clients served who scored at or below a moderate risk category on the Nutritional Screening Initiative (NSI), a risk tool, at 40 percent for home-delivered meals and 80 percent for congregate meals in order to maximize personal health.
- ◆ To meet the State standard by maintaining the percent of Adult Protective Services (APS) and Ombudsman investigations completed within 45 days at 95 percent or more, in order to protect vulnerable adults.

# FUND 103

## AGING GRANTS AND PROGRAMS

### Performance Indicators

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 1999 Actual	FY 2000 Actual	FY 2001 Estimate/Actual	FY 2002	FY 2003
<b>Output:</b>					
Adult and Aging/Long Term Care clients served	2,017	2,044	2,400 / 2,046	2,200	2,200
Clients served with community-based services (CBS)	6,200	6,429	6,459 / 7,038	6,939	6,939
Meals provided	425,005	430,823	430,823 / 427,681	432,019	442,579
APS and Ombudsman Investigations conducted	887	750	870 / 698	750	750
<b>Efficiency:</b>					
Cost per Adult and Aging/Long Term Care Client	\$3,347	\$3,732	\$3,361 / \$4,025	\$3,855	\$4,215
Cost per CBS client <sup>1</sup>	\$73	\$77	\$80 / \$77	\$103	\$104
Cost per meal	\$7	\$8	\$8 / \$9	\$10	\$10
Cost per investigation	\$1,330	\$1,677	\$1,496 / \$1,880	\$1,903	\$1,971
<b>Service Quality:</b>					
Percent of Adult and Aging/Long Term Care clients satisfied with services	93%	91%	90% / 89%	90%	90%
Percent of CBS clients satisfied with the information and services	96%	96%	95% / 98%	95%	95%
Percent of clients satisfied with meal quality and quantity	98%	90%	95% / 100%	95%	95%
Investigations completed within the State standard of 45 days	852	686	827 / 697	718	740
<b>Outcome:</b>					
Percent of clients who remain in their homes after one year of services <sup>2</sup>	83%	79%	80% / 94%	80%	80%
Percent of CBS clients who remain in community after one year of service or information	99%	98%	95% / 98%	95%	95%
Percent of clients served home-delivered meals who score at or below a moderate nutritional risk category	NA	44%	20% / 44%	40%	40%
Percent of clients served congregate meals who score at or below a moderate nutritional risk category	77%	86%	80% / 88%	80%	80%
Percent of investigations completed within 45 days	96%	92%	95% / 96%	95%	95%

<sup>1</sup> FY 2003 includes an increase of \$130,653 from additional award (OAA Title III-E).

<sup>2</sup> In FY 2001, this indicator was revised to reflect a client's placement on the first action date that takes place a year after the service. If the client's case was not open for a year, the data used was the client's permanent residence upon discharge.

# FUND 103 AGING GRANTS AND PROGRAMS

## FUND STATEMENT

Fund Type G10, Special Revenue Funds

Fund 103, Aging Grants and Programs

	FY 2001 Actual	FY 2002 Adopted Budget Plan	FY 2002 Revised Budget Plan	FY 2003 Advertised Budget Plan	FY 2003 Adopted Budget Plan
<b>Beginning Balance</b>	<b>\$557,850</b>	<b>\$0</b>	<b>\$535,697</b>	<b>\$0</b>	<b>\$0</b>
Revenue:					
Federal Funds	\$1,089,190	\$989,585	\$1,405,306	\$1,078,126	\$1,078,126
State Funds	820,972	815,304	1,036,796	826,152	826,152
Project Income	307,997	291,309	360,278	313,954	336,028
Other Jurisdictions' Share of Ombudsman Program	67,844	83,995	90,183	83,995	83,995
City of Fairfax	31,638	33,013	33,013	33,013	33,013
City of Falls Church	34,793	36,306	36,306	36,306	36,306
Private Corporations	15,240	15,116	14,259	12,453	12,453
<b>Total Revenue</b>	<b>\$2,367,674</b>	<b>\$2,264,628</b>	<b>\$2,976,141</b>	<b>\$2,383,999</b>	<b>\$2,406,073</b>
Transfer In:					
General Fund (001)	\$1,302,644	\$1,592,226	\$1,636,511	\$1,746,333	\$1,735,999
<b>Total Transfer In</b>	<b>\$1,302,644</b>	<b>\$1,592,226</b>	<b>\$1,636,511</b>	<b>\$1,746,333</b>	<b>\$1,735,999</b>
<b>Total Available</b>	<b>\$4,228,168</b>	<b>\$3,856,854</b>	<b>\$5,148,349</b>	<b>\$4,130,332</b>	<b>\$4,142,072</b>
Grant Expenditures:					
<b>67450G</b> , Title III B, Community-Based Social Services	\$585,476	\$611,105	\$808,873	\$650,740	\$624,596
<b>67451G</b> , Title VII Ombudsman	193,948	235,304	293,616	248,008	248,008
<b>67452G</b> , Fee for Services/ Homemaker	224,748	202,494	283,678	223,682	223,682
<b>67453G</b> , Title III C(1) Congregate Meals	1,413,725	1,549,066	1,961,067	1,568,311	1,568,311
<b>67454G</b> , Title III C(2) Home-Delivered Meals	714,316	714,186	919,863	738,849	776,733
<b>67455G</b> , Care Coordination for the Elderly Virginian	560,258	544,699	619,946	570,089	570,089
<b>67456G</b> , Caregiver Support	0	0	261,306	130,653	130,653
<b>Total Grant Expenditures</b>	<b>\$3,692,471</b>	<b>\$3,856,854</b>	<b>\$5,148,349</b>	<b>\$4,130,332</b>	<b>\$4,142,072</b>
<b>Total Disbursements</b>	<b>\$3,692,471</b>	<b>\$3,856,854</b>	<b>\$5,148,349</b>	<b>\$4,130,332</b>	<b>\$4,142,072</b>
<b>Ending Balance</b>	<b>\$535,697</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>