

FUND 106-46

CSB MENTAL RETARDATION CONTRACT SERVICES

Agency Mission

To empower and support persons with mental retardation to achieve a self-determined and valued lifestyle by providing employment, training, vocational support, and residential services. Early intervention services are provided to infants and toddlers with disabilities and their families to reduce or eliminate the effects of disabling conditions. Services are designed to improve the lives of these individuals by providing programs directed toward integration, interdependence, individualized therapies, and paid employment.

Agency Summary					
Category	FY 2002 Actual	FY 2003 Adopted Budget Plan	FY 2003 Revised Budget Plan	FY 2004 Advertised Budget Plan	FY 2004 Adopted Budget Plan
Expenditures:					
Personnel Services	\$0	\$0	\$0	\$0	\$0
Operating Expenses	16,980,120	19,979,768	19,354,022	20,549,422	20,549,422
Capital Equipment	0	0	0	0	0
Total Expenditures	\$16,980,120	\$19,979,768	\$19,354,022	\$20,549,422	\$20,549,422
Revenue:					
Fairfax County	\$15,829,670	\$18,727,888	\$18,286,486	\$18,582,493	\$18,582,493
Fairfax City	274,445	274,445	274,445	274,445	274,445
Falls Church City	76,879	76,879	76,879	76,879	76,879
State MHMRSAS	571,442	564,861	0	0	0
Program/Client Fees	227,684	335,695	541,212	719,703	719,703
Fund Balance	0	0	175,000	895,902	895,902
Total Revenue	\$16,980,120	\$19,979,768	\$19,354,022	\$20,549,422	\$20,549,422

Summary by Cost Center					
Category	FY 2002 Actual	FY 2003 Adopted Budget Plan	FY 2003 Revised Budget Plan	FY 2004 Advertised Budget Plan	FY 2004 Adopted Budget Plan
Day Support	\$10,429,061	\$12,664,518	\$12,053,750	\$13,359,626	\$13,359,626
Residential Services	6,018,988	6,280,541	6,550,504	6,280,611	6,280,611
Early Intervention	532,071	1,034,709	749,768	909,185	909,185
Total Expenditures	\$16,980,120	\$19,979,768	\$19,354,022	\$20,549,422	\$20,549,422

Board of Supervisors' Adjustments

The following funding adjustments reflect all changes to the FY 2004 Advertised Budget Plan, as approved by the Board of Supervisors on April 28, 2003:

- ◆ The Board of Supervisors made no adjustments to the FY 2004 Advertised Budget Plan.
- ◆ As part of the FY 2005 Budget Guidelines approved by the Board of Supervisors on April 28, 2003, staff has been directed to review the Mental Retardation Graduates Program to explore options to enhance the sliding scale fee to reduce the County's share of the costs of supporting this program. In addition, staff has been directed to review the impact of the growth of the Mental Retardation Graduates Program on Mental Health and Alcohol and Drug Services rehabilitation programs. The review and recommendations should be provided to the Board of Supervisors to be considered as part of the FY 2005 Advertised Budget Plan.

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The following funding adjustments reflect all approved changes to the FY 2003 Revised Budget Plan from January 1, 2003 through April 21, 2003. Included are all adjustments made as part of the FY 2003 Third Quarter Review:

- ◆ Various internal funding adjustments and alignments between CSB agencies have been included to reflect updated expenditure needs for the remainder of FY 2003. These adjustments result in a decrease of \$800,746 in Mental Retardation Contracts.

County Executive Proposed FY 2004 Advertised Budget Plan

Purpose

Mental Retardation Contract Services provides early intervention, employment, vocational, and residential services to individuals with mental retardation and/or autism and infants and toddlers with disabilities through contracts with private vendors.

It should be noted that the FY 2004 Adopted Budget Plan includes \$359,000 in funding for day support services for only 19 of the 94 new special education students scheduled to graduate from Fairfax County Public Schools (FCPS) in June 2003 – a departure from historical funding adjustments. Over the last decade, the annual size of the special education graduating class has grown from 35 students in FY 1991 to 94 students in FY 2004. With 1,716 children and adults now participating in the Mental Retardation (MR) Graduate Program, annual expenditures have grown from approximately \$4 million in FY 1991 to over \$16 million in FY 2004, or approximately 20 percent of the General Fund Transfer to the CSB.

As directed by the Board of Supervisors, the Human Services Council, the County Executive, and the CSB have completed a review of the MR Graduate Program including, but not limited to, the following: types of services and service levels provided, number of clients currently receiving services, number of clients projected to require services over the next few years, facility and transportation requirements, parental and client participation in offsetting service costs, and benchmarking information on services provided by other jurisdictions. In addition, as part of the FY 2005 Budget Guidelines approved by the Board of Supervisors on April 28, 2003, staff has been directed to explore options to enhance the sliding scale fee to reduce the County's share of the costs of supporting the MR Graduate Program. Recommendations from these studies will be included in the FY 2005 Advertised Budget Plan.

It should be noted that of the 94 special education students scheduled to graduate in June 2003, 26 students either were determined ineligible for the MR Graduate Program or no longer required County funding for services. Of the remaining 68 students, 33 are under age 22 and, in accordance with the Individuals with Disabilities Education Act (IDEA), are still eligible to receive services from Fairfax County Public Schools (FCPS). Of the remaining 35 students who are over age 22 and no longer eligible to receive services from FCPS, the 19 designated to receive CSB services in FY 2004 are individuals with the most profound level of mental retardation and significant medical and/or physical challenges. Funding to support services for these 19 students has been appropriated from the CSB Fund Balance. CSB estimates that an additional \$433,965 would be required to serve the remaining 16 graduates and provide transportation services for those graduates who require it. It is anticipated that funding required to serve the remaining 16 graduates will be made available when the State assigns new Medicaid Waiver slots and funding to the CSB in early FY 2004.

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Key Accomplishments

- ◆ Increased both the wages and hours worked of consumers supported by vocational service providers.
- ◆ All vocational service providers are required to sustain national accreditation through the Commission on Accreditation of Rehabilitation Facilities (CARF).
- ◆ All vocational service providers are required to sustain Medicaid certification by the Virginia Department of Medical Assistance Services (DMAS).
- ◆ Vendors continue to operate with a philosophy of respect for self-determination and consumer choice.
- ◆ Vocational service providers have participated in numerous school-to-work transition events to disseminate accurate, timely information to individuals and families who may receive services in the future.

FY 2004 Initiatives

- ◆ The Respite Task Force plans to continue to advocate for increased respite services to families in their own homes and for facility-based services for children.
- ◆ Begin service provision at the new West County Developmental Center approved by the Board of Supervisors as part of the *FY 2001 Carryover Review*. When fully operational, this facility will provide day support services to approximately 125 individuals with mental retardation, most who have severe disabling conditions which frequently require nursing care. In FY 2004, approximately 25 clients will be served.

FY 2004 Budget Reductions

As part of the FY 2004 Advertised Budget Plan, reductions totaling \$283,758 are proposed by the County Executive for this agency. These reductions include:

- ◆ Reduction of \$172,000 in residential drop-in support services resulting in fewer hours of services for approximately 125 consumers of mental retardation contract services and a waiting-list for new referrals; and
- ◆ Reduction of \$111,758 in early intervention services, potentially resulting in fewer hours of physical, speech, and occupational therapy for disabled infants and children of approximately 25 families.

Performance Measurement Results

Helping individuals with mental retardation obtain and maintain employment is an important goal for Mental Retardation Contract Services. Nearly 60 percent of individuals receiving contracted day support services were able to maintain employment in community-integrated vocational settings. This indicates that the CSB continues to be successful in helping more individuals with mental retardation and/or autism work in their community with persons who do not have a disability. Although the number of individuals integrated into the community is projected to increase slightly as future school graduates enter the system, the increase will be somewhat tempered since many individuals have medical and physical needs that can be treated more effectively in a facility versus a community-based setting.

It should be noted that consumers continue to be satisfied with contracted services. Ninety-four percent of individuals receiving day support services and 93 percent of individuals receiving support services in Group Homes were satisfied with the services provided. In comparison, the national average for satisfaction with such services is 80 percent, indicating that the CSB continues to offer quality programming that provides individuals with the supports they need to achieve their goals.

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Funding Adjustments

The following funding adjustments from the FY 2003 Revised Budget Plan are necessary to support the FY 2004 program:

- ◆ An net increase of \$678,412 in Operating Expenses reflects an increase of \$359,000 to purchase various day support services for 19 medically-fragile special education graduates of the Fairfax County Public Schools and an increase of \$536,902 to fund a contractual increase for Mental Retardation Contract Services providers partially offset by a decrease of \$175,000 not required in FY 2003 as a result of the FY 2002 carryover of one-time funding and a decrease of \$42,490 in funds reallocated to Mental Retardation Services for previously contracted billing services.

- ◆ A decrease of \$283,758 in Operating Expenses reflects a reduction in residential drop-in support services and early intervention services due to County budget reductions noted above.

The following funding adjustments reflect all approved changes in the FY 2003 Revised Budget Plan since passage of the FY 2003 Adopted Budget Plan. Included are all adjustments made as part of the FY 2002 Carryover Review and all other approved changes through December 31, 2002:

- ◆ As part of the FY 2002 Carryover Review, an increase of \$175,000 was included to support startup costs associated with the new West County Developmental Center to accommodate new classes of special education graduates and reduce overcrowding at existing facilities.

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Day Support

Cost Center Summary					
Category	FY 2002 Actual	FY 2003 Adopted Budget Plan	FY 2003 Revised Budget Plan	FY 2004 Advertised Budget Plan	FY 2004 Adopted Budget Plan
Total Expenditures	\$10,429,061	\$12,664,518	\$12,053,750	\$13,359,626	\$13,359,626

Goal

To provide, through contractual agreements, individually designed supports to individuals with mental retardation and/or autism so that they may engage in meaningful day activities or employment to maximize self-sufficiency.

Performance Measures

Objectives

- ◆ To maintain at 55 percent the percentage of individuals employed in community-integrated vocational settings.
- ◆ To achieve at least 60 percent of day support program objectives in order to help individuals maximize self-sufficiency.

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 2000 Actual	FY 2001 Actual	FY 2002 Estimate/Actual	FY 2003	FY 2004
Output:					
Individuals served through local funds	626	754	774 / 664	664	664
Efficiency:					
Annual cost per individual served with local funds (1)	\$8,657	\$11,276	\$13,944 / \$15,706	\$17,564	\$19,262
Service Quality:					
Percent of individuals satisfied with services	94%	94%	90% / 94%	90%	90%
Outcome:					
Percent of individuals integrated into community vocational settings	56%	55%	55% / 59%	55%	55%
Percent of objectives met	61%	63%	60% / 66%	60%	60%

(1) Beginning in FY 2001, indicator reflects the net cost to the County.

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Residential Services

Cost Center Summary					
Category	FY 2002 Actual	FY 2003 Adopted Budget Plan	FY 2003 Revised Budget Plan	FY 2004 Advertised Budget Plan	FY 2004 Adopted Budget Plan
Total Expenditures	\$6,018,988	\$6,280,541	\$6,550,504	\$6,280,611	\$6,280,611

Goal

To provide, through contractual agreements, residential services to individuals with mental retardation and/or autism in order to maximize independence in the community.

Performance Measures

Objectives

- ◆ To achieve 50 percent of individual residential service plan objectives related to increasing community-living skills.

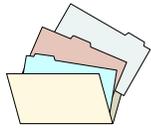
Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 2000 Actual	FY 2001 Actual	FY 2002 Estimate/Actual	FY 2003	FY 2004
Output:					
Cost Center: Residential - Individuals served	549	571	571 / 563	553	553
Activity: Group Homes - Individuals served	236	245	250 / 243	233	233
Efficiency:					
Activity: Group Homes - Annual cost per individual served (1)	\$22,647	\$15,057	\$15,252 / \$13,104	\$16,888	\$17,178
Service Quality:					
Activity: Group Homes - Percent of individuals satisfied with support services (2)	89%	93%	89% / 93%	89%	89%
Outcome:					
Activity: Group Homes - Percent of individual service plan objectives (related to community living skills) achieved (2)	42%	50%	50% / 57%	50%	50%

(1) Beginning in FY 2001, indicator reflects the net cost to the County.

(2) For FY 2002, data based on information from 7 of 12 service providers.

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Early Intervention

Cost Center Summary					
Category	FY 2002 Actual	FY 2003 Adopted Budget Plan	FY 2003 Revised Budget Plan	FY 2004 Advertised Budget Plan	FY 2004 Adopted Budget Plan
Total Expenditures	\$532,071	\$1,034,709	\$749,768	\$909,185	\$909,185

Goal

To provide early intervention services to infants and toddlers with disabilities and their families to reduce or eliminate the effects of disabling conditions.

Performance Measures

Objectives

- ◆ To ensure that transition objectives related to the child's movement from this program to the school-based program are achieved 92 percent of the time.

Indicator	Prior Year Actuals			Current Estimate	Future Estimate
	FY 2000 Actual	FY 2001 Actual	FY 2002 Estimate/Actual	FY 2003	FY 2004
Output:					
Individuals served	621	722	666 / 680	700	700
Efficiency:					
Annual cost per individual served (1)	\$1,302	\$1,325	\$1,192 / \$782	\$1,071	\$1,299
Service Quality:					
Percent of families satisfied with early intervention services	93%	92%	90% / 95%	90%	90%
Outcome:					
Percent of transition objectives met	97%	94%	95% / 92%	92%	92%

(1) Beginning in FY 2001, indicator reflects the net cost to the County.