

Services for Older Adults

In 1970, only 3.0 percent, or 13,764, of Fairfax County residents were age 65 or older. By 2003, the size of this demographic group had grown to 8.4 percent of the County's population, or nearly 83,000 individuals. By 2020, it is projected that there will be 138,600 persons age 65 and older living in Fairfax County, representing 11.6 percent of the total population. Given this aging of the population, the County highlights services currently provided to older adults. It should be noted that the figures in the following table do not reflect the cost of all services provided to older adults, as only those services specifically designed for older adults, or those where participation by this population has been tracked or can be reasonably estimated, have been included. There are many general County services that are used extensively by the older adult population, such as Emergency Medical Services and cultural tours, but limited data on actual utilization rates makes it difficult to quantify those costs.

Given the rapid growth in the older adult population in the County, the increasing trend of older adults aging in place and the commensurate increase in demand for services, a large number of service delivery models have been undertaken in various County agencies in recent years. Following the adoption of the FY 2010 budget and at the direction of the Board of Supervisors, staff from agencies providing services to older adults, including the Department of Family Services, the Fairfax-Falls Church Community Services Board, the Department of Housing and Community Development, the Health Department and the Department of Neighborhood and Community Services have evaluated the continuum of older adult services including but not limited to Senior Centers, Senior+ and Adult Day Health Care Centers to ensure coordination of programs and opportunities for provision of more cost efficient service delivery with the ultimate goal to promote long term sustainability.

The table on the following pages details the cost of services provided specifically to older adults included in the FY 2012 Advertised Budget Plan. Following the table is a description of the programs, as well as utilization data by age if available. In FY 2012, services to older adults total \$75.1 million or 2.2 percent of General Fund Disbursements of \$3.4 billion. Excluding the General Fund Transfer to Fairfax County Public Schools and School Debt Service of \$1.8 billion, spending on services for older adults is approximately 4.7 percent of the remaining General Fund Disbursements.

Services for Older Adults

County Funded Programs for Older Adults¹

	FY 2010 Actual	FY 2011 Revised Budget Plan	FY 2012 Advertised Budget
Facilities Management Department			
Lease for the Lorton Senior Center at Gunston Plaza (Operated by the Department of Neighborhood and Community Services)	\$93,055	\$95,830	\$97,747
Department of Neighborhood and Community Services²			
Senior Center and Senior Plus Program	\$3,458,994	\$3,477,298	\$3,477,298
<i>Seniors-On-the-Go!</i> Taxi Cab Voucher Program ³	163,866	150,409	100,000
Congregate Meals ⁴	0	0	344,547
Subtotal Department of Neighborhood and Community Services	\$3,622,860	\$3,627,707	\$3,921,845
Fairfax County Public Library			
Programs Primarily Used by Older Adults	\$285,688	\$248,155	\$248,155
Department of Tax Administration			
Tax Relief for the Elderly and Disabled	\$25,182,694	\$25,441,782	\$28,535,096
Department of Family Services			
Adult Protective Services	\$1,391,446	\$1,462,445	\$1,503,698
Long-Term Care Services	4,899,633	6,267,532	6,191,194
Adult Services	2,502,312	2,496,091	2,498,986
Transportation Services	3,035,335	2,901,256	2,833,704
Subtotal Department of Family Services	\$11,828,726	\$13,127,324	\$13,027,582
Health Department			
Long-Term Care Developmental Services ⁵	\$3,674,315	\$3,845,817	\$3,825,009
Fire and Rescue Department			
Senior Safety Programs ⁶	\$48,141	\$48,163	\$52,030
Subtotal - General Fund	\$44,735,479	\$46,434,778	\$49,707,464

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County Funded Programs for Older Adults¹

Name and Description of Service	FY 2010 Actual	FY 2011 Revised Budget Plan	FY 2012 Advertised Budget
Fund 102, Federal/State Grant Fund⁷			
Community-Based Social Services	\$1,316,270	\$2,027,735	\$784,255
Ombudsman	410,272	590,056	606,948
Fee for Service	265,012	337,491	226,758
Congregate Meals	2,195,524	3,975,164	1,935,236
Home-Delivered Meals	1,707,032	2,232,123	1,177,033
Care-Coordination	744,708	875,603	563,757
Caregiver Support	407,802	501,453	301,697
ARRA Funding ⁸	58,786	148,038	0
Subtotal Fund 102	\$7,105,406	\$10,687,663	\$5,595,684
Fund 106, Community Services Board			
Countywide Older Adults and Families Program	\$1,094,313	\$1,022,915	\$1,022,915
Fund 119, Contributory Fund			
Northern Virginia Healthcare Center/Birmingham Green Adult Care Residence	\$1,753,592	\$1,847,761	\$2,165,918
Fund 141, Elderly Housing Programs⁹			
Lewinsville Senior Residence, Little River Glen, and Lincolnia Center	\$3,304,084	\$5,201,767	\$4,159,501
Fund 309, Metro Operations and Construction			
MetroAccess ¹⁰	\$9,163,549	\$11,347,290	\$12,141,600
Fund 505, Technology Infrastructure Services			
Computer Labs	\$305,782	\$308,870	\$324,314
Subtotal - General Fund Supported	\$22,726,726	\$30,416,266	\$25,409,932
TOTAL SPENDING ON SENIOR PROGRAMS	\$67,462,205	\$76,851,044	\$75,117,396

¹ This analysis reflects only those services included in General Fund and General Fund Supported agencies, and does not include services supported by non-General Fund or non-appropriated funds, such as rent relief provided through Fund 941, Fairfax County Rental Program, or recreational activities provided by Fund 111, Reston Community Center. Likewise, this analysis does not include capital projects funded in prior years, such as senior centers or adult day health care facilities. Capital expenses vary significantly from year to year and one year's data cannot serve as a proxy for "average" capital expenditures in a particular service area.

²As part of the FY 2011 Adopted Budget Plan, the Department of Community and Recreation Services was consolidated into the new Department of Neighborhood and Community Services. The funding for FY 2010 reflects only the Department of Community and Recreation Services.

³ To better align older adult services, Operating Expenses associated with the *Seniors-On-the-Go!* program have been moved to the Department of Neighborhood and Community Services as part of the FY 2012 Advertised Budget Plan.

⁴ Previously, expenses associated with Congregate Meals were included as part of Fund 103, Aging Grants and Programs. As part of the FY 2012 Advertised Budget Plan, these expenses are being transferred to Agency 79, Department of Neighborhood and Community Services. As a result of the County's implementation of an integrated finance, budget, purchasing and human resources computer system in July 2011, funding previously classified as a grant in Fund 103, Aging Grants and Programs that no longer meets the grant definition of the new computer system is being transferred to the General Fund as part of Agency 67, Department of Family Services or Agency 79, Department of Neighborhood and Community Services in FY 2012.

⁵ Includes the Alzheimer's Family Day Center.

⁶ The FY 2012 funding level is based on estimated expenditures and actual funding may differ based on available resources including the use of grant funding in Fund 102, Federal/State Grant Fund.

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⁷ Before FY 2012, Area Agency on Aging grants were included in Fund 103, Aging Grants and Programs. Due to the County's implementation of an integrated finance, budget, purchasing and human resources computer system in July 2011, all grant funding is being consolidated in Fund 102, Federal/State Grants Fund starting in FY 2012. In addition, funding previously classified as a grant in Fund 103, Aging Grants and Programs that no longer meets the grant definition of the new computer system is being transferred to the General Fund as part of Agency 67, Department of Family Services or Agency 79, Department of Neighborhood and Community Services in FY 2012.

⁸ Funding received as part of the American Recovery and Reinvestment Act of 2009.

⁹ Figures reported reflect total expenditures. The County provides General Fund support for a portion of these expenditures with the remainder being funded by program income.

¹⁰ FY 2012 funding level is based on fall 2010 information from WMATA indicating the potential need for a 7.0 percent increase in the jurisdictional subsidy. WMATA will adopt its budget in June 2011.

The following provides a brief description of the programs, as well as utilization data if available, included in the Services for Older Adults table above. For additional information please refer to the specific agency narrative in Volume 1 and Volume 2.

Department of Neighborhood and Community Services

Senior Center and Senior Plus Program

The Department of Neighborhood and Community Services offers services to individuals aged 55 years and older. Services are primarily offered through the 13 senior centers located throughout the County. The Senior Plus Program provides services for older adults who require a higher level of assistance to participate in older adult activities.

Seniors on the Go! Taxi Cab Voucher Program

The *Seniors on the Go!* Taxi Cab Voucher Program allows older adults to purchase vouchers that partially subsidize the cost of taxi rides. Vouchers can be used by married couples over 65 with less than \$50,000 in combined income and by single persons over 65 with less than \$40,000 in income. The number of older adults served in FY 2010 is 4,987; it is anticipated that 5,603 older adults will be served in FY 2012. To better align older adult services, Operating Expenses associated with the *Seniors-On-the-Go!* program have been moved as part of the FY 2012 Advertised Budget Plan to the Department of Neighborhood and Community Services, where it is expected that the consolidation will make operational efficiencies possible and the program can be run at a lower cost.

Fairfax County Public Library

Programs Primarily Used by Older Adults

The Fairfax County Public Library offers several programs which, although not limited to the older adult population, are heavily used by older adults (those 62 and older). Examples of programs include talking books; home delivery program; book collections maintained at older adult residences, nursing homes, and adult day care centers; large print books; and Dimview, a self-help group for adults who are coping with loss of vision.

Department of Tax Administration

Tax Relief for the Elderly and Disabled

Tax relief is provided to adults 65 and older and disabled persons on a graduated scale depending upon the level of income and net assets, which must not exceed \$72,000 and \$340,000, respectively. In FY 2010, 8,017 people participated in the program.

Department of Family Services

Adult Protective Services

Adult Protective Services provides mandated investigations of situations of suspected abuse, neglect or exploitation involving older adults age 60+ and incapacitated adults age 18+ as well as case management services to provide protection for at-risk adults in the community and in public and private facilities. In FY 2010, 1,000 investigations were conducted.

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Adult Services and Long-Term Care Services

Adult services and Long-Term Care Services provides case management, including needs assessment, care plans, coordination/authorization of services, and follow-up for adults age 60 and older and adults age 18 and older with disabilities. Services may include home based care and mandated Medicaid preadmission screenings. Some services may have functional and financial eligibility requirements. In FY 2010, 2,429 clients were served.

Transportation Services

FASTRAN provides transportation between older adults' residences and their local senior center and adult day health care facility as well as trips in support of basic living. A fee of \$0.50 is charged for each one-way trip. Older adults 60 and older who are attendees of a senior center or residents of senior housing are eligible for services. In FY 2010, 126,716 one-way trips were provided to 899 older adults. In addition, there were 2,252 group trips provided in FY 2010.

Health Department

Adult Day Health Care Program

The Adult Day Health Care program provides therapeutic recreational activities, supervision and health care to meet the needs of adults, 18 years and older who have physical and/or cognitive disabilities. Services are provided on a sliding fee scale. The goal is to provide services to approximately 370 older adults, and that 90 percent of their family caregivers will state that their loved one's participation in the program enables them to continue to live at home in the community.

Alzheimer Family Day Center

The Alzheimer Family Day Center provides specialized day care services for people with Alzheimer's type illnesses as well as respite, support and education for their care giving families. In FY 2012, approximately 200 Fairfax family caregivers shall be reached through community outreach, education, support and training.

Fire and Rescue Department

Senior Safety Programs

The Fire and Rescue Department offers various older adult safety programs for individuals 55 and older, including Basic Fire Safety, Emergency Preparedness for the Older Adult, Life Safety Education Seniors Program, Caregiver and Staff Training for those who care for older adults, "Battery for Life" which provides free smoke alarm batteries, and the "File of Life" Program which is an educational program that stresses the importance of maintaining current medication dosages and current physician information. The department plans to reach 11,000 older adults in FY 2012.

Fund 102, Federal/State Grant Fund

Please note that Fairfax Area Agency on Aging Grants were previously in Fund 103, Aging Grants and Programs; however, due to the July 2011 replacement of the County's legacy computer system, which will replace finance, budget, purchasing and human resources computer systems, these grants have been consolidated into Fund 102, Federal/State Grant Fund, or transferred to the General Fund as part the Department of Family Services or the Department of Neighborhood and Community Services.

Community-Based Services

Community-Based Services provides services to adults age 60 and older to enable them to live as independently as possible in the community. This includes assisted transportation, information and referral, telephone reassurance, volunteer home services, insurance counseling, and other related services. In FY 2010, 11,952 older adults were served.

Ombudsman

The Ombudsman Program, serving the City of Alexandria and the counties of Arlington, Fairfax, Loudoun and Prince William, improves quality of life for the more than 10,933 residents in 113 nursing and assisted living facilities by educating residents and care providers about patient rights and by resolving complaints against nursing and assisted living facilities, as well as home care agencies, through counseling, negotiation and investigation. More than 81 trained volunteers are part of this program. The program also provides information about long-term care providers and educates the community about long-term care issues.

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Fee for Service

Fee for Service provides home-based care to adults age 60 and older to enable them to remain in their homes rather than in more restrictive settings. Services are primarily targeted toward those older adults who are frail, isolated, of a minority group, or in economic need. In FY 2010, 120 adults age 60 and over received 9,657 hours of service.

Congregate Meals

Congregate Meals are provided in 29 congregate meal sites around the County including the County's senior and adult day health centers, several private senior centers and other sites serving older adults such as the Alzheimer's Family Day Center. Congregate Meals are also provided to residents of the five County senior housing complexes. In FY 2010, 264,444 congregate meals were served. More than 2,709 older adults participate in this program.

Home-Delivered Meals

Home-Delivered Meals provides meals to frail, homebound, low-income residents age 60 and older who cannot prepare their own meals. In FY 2010, 206,632 meals were provided to 794 older adults and younger adults with disabilities. Meals are delivered through partnerships with 22 community volunteer organizations that drive 49 delivery routes.

The Nutritional Supplement program targets low-income and minority individuals who are unable to consume sufficient calories from solid food due to chronic disabling conditions, dementia, or terminal illnesses. In FY 2010, the program provided 124,186 nutritional supplement meals to 542 older adults and younger adults with disabilities.

Caregiver Support

Caregiver Support provides education and support services to caregivers of persons 60 and older, or older adults caring for grandchildren. Services include scholarships for respite care, gap-filling respite and bathing services, assisted transportation (which is also reflected in Community-Based Services), assistance paying for supplies and services, and other activities that contribute to the well-being of older adults and help to relieve caregiver stress. In FY 2010, 61 clients received services through the Adult Day Health Care respite scholarship, 11 clients through the bathing and respite program, 51 clients through the Discretionary Fund, and 51 clients received assisted transportation services, taking 1,163 one-way trips. Over 25,000 readers of the Golden Gazette received caregiver related information through a regular feature, *Caregivers Corner*. An online version of Caregivers Corner reached 1,697 subscribers.

Fund 106, Community Services Board (CSB)

Countywide Older Adults and Families Program

The Older Adult and Families Program of the Falls Church Community Services Board provides specialized services for persons age 60 and older who demonstrate behavioral symptoms consistent with serious mental illness, substance abuse disorder or dementia. The specialty Older Adult staff are integrated into core Adult Outpatient and Case Management Teams at five mental health center locations (Annandale, Reston, Mt. Vernon, Springfield, Chantilly). The geriatric expertise within the broader workforce is currently being expanded. This enhanced case management expertise on the larger mental health teams will supplement the resources and interventions available to the older adult population and allow for greater continuity of services. The program served 276 clients for a total of 1,017 service hours in FY 2010.

Fund 119, Contributory Fund,

Northern Virginia Healthcare Center/Birmingham Green Adult Care Residence

This facility is owned by the counties of Fairfax, Fauquier, Loudoun and Prince William, and the City of Alexandria as tenants in common. During FY 2010, 150 Fairfax County citizens over the age of 55 were served in the facility (109 in the nursing facility and 41 in assisted living). To be eligible for admission to the nursing and assisted living facilities, older adults and adults with disabilities must meet income, resource, and functional requirements. The Department of Family Services' Self Sufficiency Division accepts and processes applications for Medicaid and auxiliary grants, and the Department of Family Services' Adult and Aging Division assesses for functional eligibility.

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Fund 141, Elderly Housing Programs

Lewinsville Senior Residence, Little River Glen, and Lincolnia Center

The Department of Housing and Community Development provides services related to the County's support of the operation of three locally-funded elderly housing developments, Lewinsville Senior Residence, Little River Glen, and Lincolnia Center Residences, which are owned or leased by the Fairfax County Redevelopment and Housing Authority (FCRHA). The programs' 220 available units/beds in the three facilities support clients who are 62 and older and also meet income requirements.

Fund 309, Metro Operations and Construction

MetroAccess

MetroAccess is a door-to-door paratransit service for people with disabilities who are not able to use fixed-route forms (bus and rail) of public transportation due to functional limitations that relate to their disability. MetroAccess provided approximately 223,256 completed stops for Fairfax County residents in FY 2010. An estimated 51 percent of MetroAccess customers residing in Fairfax County are over 55 years old.

Fund 505, Technology Infrastructure Services

Computer Labs

The Department of Information Technology supports computer labs at libraries and recreation/senior centers that are used by citizens, many of whom are older adults.