

Department of Community and Recreation Services

50-03-Recreation Therapy/Leisure/Social Skill Development

Fund/Agency: 001/50	Department of Community and Recreation Services	
Personnel Services	\$926,723	<div style="text-align: center;"> <p>CAPS Percentage of Agency Total</p> <p>10.8%</p> <p>89.2%</p> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: fit-content;"> ■ Recreation Therapy/Leisure/Social Skill Development ■ All Other Agency CAPS </div> </div>
Operating Expenses	\$398,292	
Recovered Costs	\$0	
Capital Equipment	\$0	
Total CAPS Cost:	\$1,325,015	
Federal Revenue	\$0	
State Revenue	\$0	
User Fee Revenue	\$64,147	
Other Revenue	\$0	
Total Revenue:	\$64,147	
Net CAPS Cost:	\$1,260,868	
Positions/SYE involved in the delivery of this CAPS	8/7.5	

► CAPS Summary

Recreation Therapy and Leisure/Social Skill Development offer an avenue for individuals with disabilities or potentially limiting conditions including physical, mental, social, and emotional functioning to achieve their highest level of self-sufficiency in leisure and maximize their ability to be contributing members of the community. Program participants gain skills that make participation in recreation possible in the least restrictive environment and promote inclusion in community activities. Individuals with disabilities learn to: plan their leisure, acquire or enhance specific recreation skills, make personal choices, manage money, develop social networks, identify and remove barriers that prevent participation in recreation, access public transportation, identify resources in the community that are available, and improve or enhance functional capabilities.

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All services are structured to provide for continued growth of the participant's leisure related skills. Services are designed to meet the needs of the individuals by using a continuum service model and a therapeutic service approach. Participants may enter the service system either at the level most beneficial or at the level of personal choice. Therapeutic Recreation Specialists work with individuals, families, and other human service agencies to develop a comprehensive service plan to improve leisure related skills.

The continuum model has three levels: foundational, transitional, and integrational. Foundational programs provide opportunities for individuals to improve functional abilities and develop a variety of recreation skills. Transitional programs promote the involvement of participants in planning, coordination, and leading of selected activities and provide community-based recreation opportunities, supported integration with non-disabled peers, and the skills necessary for movement into general community programs. Integrational programs provide inclusion opportunities for individuals in specific leisure and recreation activities that are available to all citizens. Over 35 different recreation therapy and leisure/social skill development services are provided for ages ranging from 3 years through adults, such as the social clubs, wheelchair sports and fitness program, summer and Saturday leisure programs, hobby enrichment classes, and a dance club.

Trends affecting these services include the fact that people are surviving traumatic injuries due to improved emergency medical care and technology, resulting in an increased need for various recreational services that are therapeutic in nature. Improvements to assessment tools result in identification of a wider variety of developmental disabilities. These more distinct categories of disabilities create a demand for more disability-specific services. Implementation of the Americans with Disabilities Act also has resulted in an increasing volume of accommodations for participation in an integrated leisure environment. As a result of improvements in health care, individuals with disabilities are living longer in their communities thus challenging therapeutic recreation staff to provide support for senior adults with disabilities at the County's senior centers. To meet this challenge, as well as the challenge of providing services to senior adults with increasing functional independence problems, therapeutic recreation staff in conjunction with senior center staff and staff from other human services have developed a pilot program called Senior+. Long-term population forecasts project an increase in the number of senior adults, including the number of senior adults with disabilities, and staff will be challenged to develop appropriate programs, services and resources to address their needs.

► **Method of Service Provision**

Therapeutic Recreation services are directly operated by Fairfax County. Programs and services are delivered during regular workday, Mondays – Fridays, as well as evenings and weekends. Dates and hours of operation vary according to specific programs and activities scheduled.

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► Performance/Workload Related Data

Title	FY 1998 Actual	FY 1999 Actual	FY 2000 Actual	FY 2001 Estimate*	FY 2002 Estimate*
Participants registered in Therapeutic Recreation programs	22,327	23,502	26,003	27,303	28,668
People with disabilities integrated into programs and services	165	207	270	299	313
Number of children/families referred though CSA (CST)**	NA	195	239	301	316

* The FY 2001 Estimate and the FY 2002 Estimate are updated as of June 30, 2001 to incorporate actual data available.

** Child-Specific Team (CST)- Under the Comprehensive Service Act (CSA), Human Services agencies work together to develop a plan specifically to meet the needs of at-risk individuals & families.

► User Fee Information

Subsubject Code	Fee Title	FY 2002 ABP Fee Total
0714	Therapeutic Recreation Summer Activity Fees	\$64,147
Current Fee		Maximum Allowable Fee Amount
\$53/Week		\$53/Week
Purpose of Fee:		
Participant fees charged for the Inclusion Program, Adventure Program and Explorer Program are used to offset program costs. These programs operate for 6-weeks during the summer months.		
Levy Authority	Requirements to Change the Fee	Year Fee Was Last Adjusted
VA 15.2-1806	Established by Agency.	2000
Other Remarks:		
The fee may be adjusted, on an approved sliding scale, based on the participant's total annual income and the number of registered children. Additionally, scholarships and/or fee waivers may be granted on case-by-case basis.		