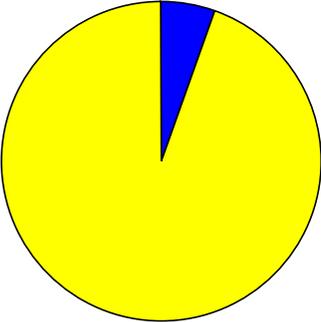


Department of Family Services

67-20-Adult and Aging Services

Fund/Agency: 001/67	Department of Family Services	
Personnel Services	\$3,332,923	<div style="text-align: center;"> <p>CAPS Percentage of Agency Total</p>  <p>5.5%</p> <p>94.5%</p> <div style="display: flex; justify-content: center; gap: 10px; margin-top: 10px;"> ■ Adult and Aging Services ■ All Other Agency CAPS </div> </div>
Operating Expenses	\$5,574,780	
Recovered Costs	\$0	
Capital Equipment	\$0	
Total CAPS Cost:	\$8,907,703	
Federal Revenue	\$2,104,832	
State Revenue	\$263,960	
User Fee Revenue	\$0	
Other Revenue	\$319,055	
Total Revenue:	\$2,687,847	
Net CAPS Cost:	\$6,219,856	
Positions/SYE involved in the delivery of this CAPS	68/68	

► CAPS Summary

The goal of Adult and Aging Services is to promote and sustain a high quality of life for older persons and adults with disabilities. Adult and Aging Services prevent and/or ameliorate abuse, neglect, and exploitation of senior adults and adults with disabilities. These services help individuals remain in their homes and function as independently as possible. When appropriate, individuals may be assisted with out-of-home placements. Services include Adult Services, Adult Protective Services, In-home Services, Burial Services, and Medicaid Pre-admission screenings. Adult Services staff coordinate the Community Homes for Adults program, a small adult foster care program, and provide case management services to residents of the Lincolnian (assisted living) and to the Fairfax County residents of the Birmingham Green Adult Care Residence (assisted living) and Northern Virginia Healthcare Center (nursing home) in Manassas.

Department of Family Services

Adult Services

Adult Services social workers provide case management services to elderly persons and adults with disabilities who need help to have safe and satisfactory lives in the community. Case management includes a comprehensive assessment through meetings with the client, family members, and other support persons, and through use of the Uniform Assessment Instrument (UAI). Social workers help clients and family members determine a plan for long-term care services. Social workers provide counseling and education about prevention and delay of incapacity. Social workers inform clients and families regarding available community long-term care options. Adult Services prevent abuse and neglect of elderly persons and adults with disabilities.

Adult Services social workers are based in four different DFS offices located throughout the County. Each office sponsors a care planning team composed of representatives of County long-term care services, including the Health Department, the Community Services Board, Housing and Community Development, and Community and Recreation Services (senior centers). Adult Services social workers, as well as other team members, present client situations to receive multidisciplinary consultation regarding best practice and care plan options.

Adult Services social workers in conjunction with Health Department nurses conduct Medicaid pre-admission screenings for persons who may be eligible for community services (personal care, adult day health, respite) or nursing home care paid for by Medicaid. Adult Services social workers also assess functional eligibility for adults who may be eligible for auxiliary grants in assisted living.

In the Falls Church region, Adult Services social workers and Health Department nurses are providing case management services in a pilot project. In the pilot project, clients with primarily medical needs are assigned to a nurse and those with primarily psychosocial issues are assigned to a social worker. The pilot allows nurses and social workers to authorize services across agencies. Clients benefit from the multidisciplinary expertise of the social workers and the nurses, and do not have to apply to multiple agencies to receive services.

Adult Protective Services

Adult Protective Services social workers investigate suspected abuse, neglect, and exploitation involving persons aged 60 and over and adults 18 and over who are incapacitated due to disability. Adult Protective Services social workers focus upon the determination of the need to receive protective services. Adult Protective Services social workers assess service needs and provide or arrange for services to prevent or alleviate abuse, neglect, or exploitation. Adult Protective Services social workers conduct investigations in clients' homes, in nursing facilities, in assisted living facilities, in group homes, in hospitals, and in day programs. Adult Protective Services investigations may be conducted in cooperation with police, or in conjunction with licensing officials, State human rights advocates, and the Northern Virginia Long-Term Care Ombudsman.

Adult Protective Services are provided Monday through Friday during regular business hours by Adult and Aging social workers. On weekends, holidays, and after business hours, Adult Protective Services are provided by the after-hours Child Protective Services social workers.

Department of Family Services

In-Home Services

In-home services assist with activities of daily living and are provided to eligible adults in their own homes. In-home services assist individuals with self-care and help with attaining or retaining independence. In-home services prevent abuse and neglect and prevent inappropriate institutionalization. To receive in-home services, adults must meet income and functional eligibility criteria. In-home services assist persons with personal care tasks including bathing, and also with meals, housekeeping, and laundry. In-home services are not a substitute for family caregivers but provide respite and support for families.

In preparation for a growing population of elderly persons and with consideration of the labor market in Northern Virginia, the Adult and Aging Division has implemented changes in the delivery of in-home services. In September 1999, in six congregate apartments (apartments for low-income seniors and adults with disabilities), a task-based model of in-home services was initiated. The task-based model provides in-home services from a weekly (or bi-weekly) schedule developed according to need rather than with a block of hours authorized by the day. George Mason University has completed two evaluations of the task-based services, which indicate that clients may not be quite as satisfied as those receiving the traditional in-home services (76 percent vs. 90 percent). However, the task-based sample was much smaller (54 respondents vs. 294). Task-based services do provide for a greater number of clients to be served by a smaller number of home care aides, and are more efficient in time and cost. County staff continues to work with the contracted vendor to improve the services and resulting client satisfaction.

In March 2000, in-home contracts for the hourly model of services offered by DFS and the Health Department's bathing and respite services were initiated. These in-home contracts, which replace vendor agreements with multiple home care agencies, allow for better coordination of services and set standards for delivery of services.

Burial Services

Burial services are provided for deceased indigent persons when the deceased is unknown, the remains are unclaimed by family members, or when it is determined that there are not available resources for the deceased person's family to pay for burial services.

Community Homes for Adults

Community Homes for Adults provides support and supervision for elderly persons in private family homes. The Community Homes for Adults program provides a community alternative for persons who would otherwise likely have to leave the County to live in an assisted living facility. Community Homes for Adults clients contribute towards the costs of their living in the provider homes by paying the providers directly an amount agreed upon with the case manager. The County payment to the providers is reduced by the amount of the clients' contribution. The Community Homes for Adults program also provides emergency placements for adults with disabilities who need a short-term, supervised living situation.

Department of Family Services

Trends

Adult and Aging Services staff have provided support to a citizen Long-Term Care Task Force which is working to develop a strategic plan for long-term care service delivery. The strategic plan recommended by the Long-Term Care Task Force will influence the future service delivery provided by Adult and Aging Services. The Long-Term Care Task Force strategic plan is being developed with consideration of significant demographic changes:

- In 1998, an estimated 100,189 persons over 65 and younger adults with disabilities resided in Fairfax County, representing 11 percent of the County's population. By 2010, it is estimated that there will be 171,789 adults in this group (15 percent of the County's population)—an increase of 72 percent.
- It is estimated that members of this population requiring assistance with activities of daily living (ADLs)—such as bathing, dressing, using the toilet, and walking—will grow from a 1995 figure of 14,500 to 24,280 by 2010.

There are also trends that affect the availability of family members as caregivers:

- The high percentage of women in the labor force—over 73 percent in 1998; and
- The overall high labor participation rate in the County—nearly 79 percent.

► **Method of Service Provision**

County social workers provide case management services (Adult Services) and Adult Protective Services. Through Adult Services and Adult Protective Services, County staff provide a comprehensive assessment of clients' physical functioning, psychosocial status, home environment, and formal/informal supports. Staff complete assessments with a Uniform Assessment Instrument (UAI).

Clients who are in need of assistance in the home with activities of daily living are assessed with the UAI for financial and functional eligibility and may receive purchased in-home services. The UAI also is the screening tool for functional eligibility for Medicaid-funded Community Based Services, nursing facility care, and auxiliary grants for assisted living.

In-home services are purchased from home care agencies under contract and from private individuals that are approved by DFS. Burial services are purchased through contracts with a private funeral service and a private cemetery. Community Homes for Adults services are purchased from private individuals that are approved by DFS as adult foster families.

Department of Family Services

► Performance/Workload Related Data

Title	FY 1998 Actual	FY 1999 Actual	FY 2000 Actual	FY 2001 Estimate	FY 2002 Estimate
Adult Services Clients	1,785	2,017	2,044	2,400	2,500
Adult Protective Services Investigations	651	670	575	575	575
In-Home Services Clients	926	1,006	1,184	1,113*	1,200
Percent of In-Home Services Clients Satisfied	NA	93%	91%	90%	90%
Percent of Clients Who Remain in Their Homes After One Year of Services	NA	83%	79%	80%	80%

* Actual for FY 2001. Lower than FY 2000 due to impact of labor market; projected higher for FY 2002 due to wage increases for contract aides.

► Mandate Information

This CAPS is Federally or State mandated. The percentage of this CAPS' resources utilized to satisfy the mandate is 51 - 75%. The specific Federal or State code and a brief description of the code follows

- Code of Virginia 63.1-55.01. Homemaker, companion or chore services. Local boards shall provide in accordance with rules prescribed by the State Board (Social Services) for the delivery of homemaker, companion or chore services to the extent that Federal or State matching funds are made available to each locality.
- Code of Virginia 63.1-55.1. Protective Services for aged and infirm persons. Each local board to the extent that Federal or State matching funds are made available shall provide in accordance with rules prescribed by the State Board (Social Services), protective services for persons who are found to be abused, neglected or exploited and who are age sixty or older or who because of impaired health or physical or mental disability cannot take care of themselves or their affairs.
- Code of Virginia 63.1-55.1:1. Authority to provide adult foster home services. Each local board is authorized to provide adult foster home services which may include recruitment, approval, and supervision.
- Code of Virginia 63.1-55.2. Protection of aged or incapacitated adults; definitions.
- Code of Virginia 63.1-55.3. Protection of aged or incapacitated adults; physicians, nurses, etc., to report abuse, neglect, or exploitation of adults; complaint by others; penalty for failure to report. Specified mandated reporters must report immediately to the local department and all mandated reporters must cooperate with the local adult protective services worker and make relevant records and reports available. Mandated reporters must also report sexual abuse to the police. Persons who report in good faith are protected from liability.

Department of Family Services

- Code of Virginia 63.1-55.4. Same; duty of director upon receiving report; confidentiality.
- Code of Virginia 63.1-55.5. Same; involuntary protective services.
- Code of Virginia 63.1-55.6. Same; emergency order for protective services.
- Code of Virginia 32.1-330. Pre-admission screening required. All individuals who will be eligible for community or institutional long-term care services shall be evaluated to determine their need for nursing facility services. For community-based screenings, the screening team shall consist of a nurse, social worker, and physician who are employees of the Department of Health or the local department of social services.
- Code of Virginia 63.1-173.3. Uniform assessment instrument. A uniform assessment instrument (UAI) shall be completed for public pay residents of assisted living facilities.
- Code of Virginia 37.1-134.6. Definitions (Guardianships and Conservatorships)
- Code of Virginia 37.1-134.7. Filing of petition; jurisdiction; fees. Adult Protective Services social workers work with the County Attorney's office when incapacitated adults at risk of abuse, neglect, or exploitation need a guardian or conservator.
- Code of Virginia 37.1-137.2. Annual reports by guardians. Guardians must file annual reports with the local department of social services. It is the duty of the local department to forward the filing fee of \$5.00 to the State Treasurer and to file a copy of the report with the Clerk of the Circuit Court. Twice each year, the local department shall file with the Clerk of the Circuit Court a list of all guardians who are more than ninety days delinquent in filing an annual report.
- Code of Virginia 32.1-288. Disposition of dead body; how expenses paid. If no person claims a body and the body is not accepted for scientific study, the body shall be accepted by the sheriff. The reasonable expenses of disposition of the body shall be borne by the county or city where the deceased was a resident. In Fairfax County, Procedural Memorandum Number 67 transferred the responsibility for the disposition of indigent persons to the Department of Social Services.