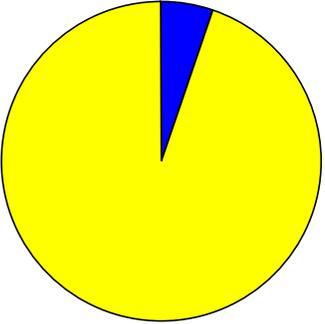


Health Department

71-11-Adult Day Health Care

Fund/Agency: 001/71	Health Department	
Personnel Services	\$1,728,552	<div style="text-align: center;"> <p>CAPS Percentage of Agency Total</p>  <p>94.8%</p> <p>5.2%</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 0 auto;"> ■ Adult Day Health Care ■ All Other Agency CAPS </div> </div>
Operating Expenses	\$180,641	
Recovered Costs	\$0	
Capital Equipment	\$0	
Total CAPS Cost:	\$1,909,193	
Federal Revenue	\$0	
State Revenue	\$0	
User Fee Revenue	\$794,396	
Other Revenue	\$0	
Total Revenue:	\$794,396	
Net CAPS Cost:	\$1,114,797	
Positions/SYE involved in the delivery of this CAPS	44/44	

► CAPS Summary

The Adult Day Health Care Centers provide therapeutic recreational activities, supervision and health care to meet the needs of adults with physical and/or cognitive disabilities. The average age of the participants is 85, ranging from 38 to 99 years. The program enables the participants to remain in their homes and communities and provides respite for the full-time caregivers. A variety of services are offered including: skilled nursing care; therapeutic recreation; nutritious meals; and personal care. In addition, the program offers many ancillary services such as family support groups, caregiver seminars, and arranges for podiatry, physical therapy, occupational therapy, and speech therapy if indicated. FASTRAN and family members provide transportation.

Health Department

Participant fees are determined by a sliding scale that is based on the State Health Department eligibility scale. The Fairfax County Health Department added 3 additional fee categories for higher income participants to reflect the full cost of the program. Medicaid also reimburses the program for participants who meet criteria established by the State for the community-based Care Waiver Program.

There are five Centers located across Fairfax County including: Annandale, McLean, Lincolnia, Mt. Vernon, and Herndon. They have been specifically designed to be handicap accessible and provide a safe, protective environment. The first Center, the Annandale Center opened in January 1980 in direct response to an unmet need in the community. It was an interagency effort supported by the Commission On Aging, Area Agency on Aging, Human Services and the Health Department. Funds were obtained through Older Americans Act, Title III Program and Community Development Block Grant monies to renovate the Annandale Elementary School, purchase furniture and equipment and hire the coordinator. It was established under the auspices of the Health Department because of the program's primary goals for prevention, health care and safety. The Lewinsville Center opened in 1985 in a renovated area of the Lewinsville Elementary School. Both schools had been closed due to declining enrollment. The Lincolnia Center opened in January of 1990 as part of the County's first interagency multi-purpose regional senior facility and the Mt. Vernon Center opened in July of 1990 as part of the County's South County Human Service Building. The Herndon Center opened in June of 2001 as phase II of the Herndon Harbor multi-purpose senior facility.

The number of County residents who are unable to perform the essential activities of daily living is rapidly growing. In addition, the fastest growing segment is the 85 year old and over group who are the most likely to require care. Also significant is the high percentage of women in the work force who are no longer available to provide full-time caregiving. In Fairfax County, over 73 percent are employed outside the home. These trends, coupled with the severe gap in home care providers and the number of County families who wish to keep their loved ones at home, have contributed to the lengthy waiting lists at the centers. In addition, there are unserved areas that have no access or availability to adult day health care such as in the Centerville, Clifton, and Lorton areas of the County.

► **Method of Service Provision**

The Adult Day Health Care Program is provided directly by County employees in five centers. Open Monday through Friday from 7:00 a.m. to 5:30 p.m. participants attend on a scheduled basis from 2 to 5 days a week. The centers maintain a minimum staff ratio of 1 staff member to each 6 participants and all the centers meet Virginia's licensing standards for Adult Day Care. Each center has a full-time nurse, recreation specialist and a center nurse coordinator who manages the day-to-day operation of the facility. The long-term care coordinator oversees the administration of the program.

Health Department

► Performance/Workload Related Data

Title	FY 1998 Actual	FY 1999 Actual	FY 2000 Actual	FY 2001 Estimate	FY 2002 Estimate
Clients served per day	104	102	100	121	138
Clients per year	281	287	284	331	376
Cost of service per client per day	\$48	\$51	\$55	\$55	\$52
Net cost of service per client to the County	\$23	\$24	\$28	\$29	\$26

► User Fee Information

Subobject Code	Fee Title	FY 2002 ABP Fee Total
0681	Regular revenue	\$ 672,475
Current Fee		Maximum Allowable Fee Amount
The sliding fee scale has 9 levels with fees ranging from \$8 to \$61 per day.		\$61 per day
Purpose of Fee: To offset the cost of providing services.		
Levy Authority	Requirements to Change the Fee	Year Fee Was Last Adjusted
Health Department	Review by the Fairfax County Health Department.	FY 2001
Other Remarks: The Health Department has increased the fee by 2 percent for the past few years and will continue to examine the fee on a yearly basis.		

Subobject Code	Fee Title	FY 2002 ABP Fee Total
0683	Medicaid revenue	\$ 121,921
Current Fee		Maximum Allowable Fee Amount
Medicaid reimburses \$45 per day for eligible participants.		\$45 per day
Purpose of Fee: To offset the cost of providing services.		
Levy Authority	Requirements to Change the Fee	Year Fee Was Last Adjusted
Health Department	Review by the Fairfax County Health Department	FY 2001
Other Remarks: The Health Department has increased the fee by 2 percent for the past few years and will continue to examine the fee on a yearly basis.		