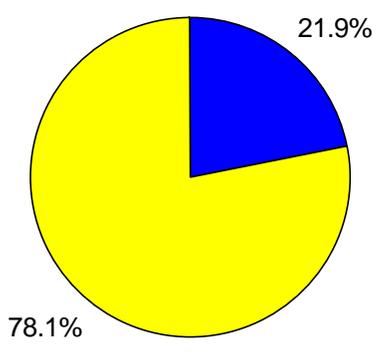


Aging Grants and Programs

103-01-Community Based Services

Fund/Agency: 103/67	Aging Grants	
Personnel Services	\$625,859	<p>CAPS Percentage of Agency Total</p>  <p>21.9%</p> <p>78.1%</p> <p>■ Community Based Services ■ All Other Agency CAPS</p>
Operating Expenses	\$220,550	
Recovered Costs	\$0	
Capital Equipment	\$0	
Total CAPS Cost:	\$846,409	
Federal Revenue	\$351,705	
State Revenue	\$105,862	
User Fee Revenue	\$0	
Other Revenue	\$134,059	
Total Revenue:	\$591,626	
Net CAPS Cost:	\$254,783	
Positions/SYE involved in the delivery of this CAPS	12/11	

► CAPS Summary

The goal of Community Based Services is to enable seniors to remain in their own homes or community as long as possible. The services include legal, volunteer, outreach, special transportation, community education, and the ombudsman programs. The purpose of these services is to encourage independence and ongoing contributions by seniors as well as to prevent inappropriate and premature institutionalization of seniors living in the community.

Legal services are offered under contract with Legal Services of Northern Virginia for low-income persons over age sixty. Services include advice and representation by an attorney and counseling and other assistance by a paralegal under the supervision of an attorney. Community education concerning legal issues is also provided. It is required that a percentage of the Older Americans Act funding that supports the Area Agency on Aging (AAA) be expended on legal services for the elderly.

Aging Grants and Programs

Volunteer Services recruits, screens, places and provides ongoing support to over 2,800 volunteers who are older adults looking for opportunities in the community and younger adults willing to serve the needs of seniors. The unit administers specialized volunteer programs such as Volunteer Home Services for frail seniors, and programs to tap the energy of groups willing to undertake special projects. In addition, they provide volunteers to serve the clients of the Department of Family Services.

Aging Information and Assistance (I&A) responds to calls from more than 5,800 older persons, family and caregivers annually about available resources and assists them in obtaining necessary services. The Virginia Insurance Counseling and Advocacy Program (VICAP), headed by a County staff person and staffed by trained volunteers, offers free, confidential help and advice about health insurance and long-term care insurance, assists in resolving Medicare, Medicaid or medical claims, helps callers compare and understand Medicare+Choice, Medicare supplemental policies, and Medicare HMOs, provides basic Medicaid information, and works with callers to explore their long-term care insurance needs. The Fan Care Program provides fans and cooling assistance to prevent heat-related illnesses. The AAA has also worked with the Northern Virginia Resource Center for Deaf and Hard of Hearing to provide speakers and services for their regular meetings of deaf seniors, an often overlooked population.

Community Education Services informs older persons and the general public about the programs and services available for the elderly, their caregivers and family members. This includes information on the talent and skills of older persons as well as their problems, needs and resources. The Community Education program includes the *Golden Gazette*, a monthly newspaper that goes out to more than 28,000 households in our community, as well as libraries, nursing homes, senior centers, and other community focal points. Community Education is also provided through seminars, a speaker's bureau, and award-winning cable programming. Many of these projects are accomplished through public/private partnerships. In addition, the AAA is expanding its materials and information for non-English speaking members of our community through the printing of materials in 9 languages and the creation of a call-in line for persons speaking Korean or Chinese as well as through liaisons with organizations serving minority communities.

The Northern Virginia Long-Term Care Ombudsman Program is funded by five participating jurisdictions: Fairfax County, Arlington County, Loudoun County, Prince William County, and Alexandria City. The goal of the Ombudsman program is to improve the quality of life for residents in licensed nursing homes and adult care residences, as well as recipients of adult day care and home care services. Fifty-five volunteers are trained to serve as advocates for the needs and rights of the residents. The program staff mediate complaints related to home-care, adult care residences, and nursing homes.

The 2000 Census confirms what we've known since before the 1990 Census—the elderly population in Fairfax County is growing fast. The segment of the County's population age 60+ grew by 39.1 percent from 1990 to 2000. The impact on Community Based Services is a greater need for assistance with activities of daily living as older adults live longer. The problems of senior adults in the community are more complex. The jobs of volunteer ombudsmen are becoming more complicated with fewer resources, leading to frustration for these highly skilled and trained volunteers so critical to residents of long term care facilities and to the community. Finally, being able to more adequately meet the need of the nearly 30 percent of older adults in the community who are culturally diverse has become a significant challenge.

Aging Grants and Programs

Fairfax County authorized the FAAA to be a Federally-funded Area Agency on Aging. When the County draws Older Americans Act funding as an Area Agency on Aging, certain services are required to have certain spending limits and percentages: 1 percent of Federal funds received must be utilized for legal services, 15 percent must be utilized for public access information, and 5 percent for in-home services [Older Americans Act, Section 306 (a)(2)(A,C) and (a)(b), and Section 712 (a)(5)(B)]. The Older Americans Act requires that there will be a Long-Term Care Ombudsman, either directly or through contract from the State level. The State of Virginia, in turn, has delegated responsibilities to this regional program at the sub-State level. The County has a contract with the Virginia Department for the Aging to administer this program for the region.

► Method of Service Provision

The Area Agency on Aging contracts with Legal Services of Northern Virginia for services at their offices, senior centers and senior residences.

Volunteer Services management is centrally based at the AAA and volunteer programs are conducted throughout the County.

Information and Assistance and VICAP programs are primarily accessed by phone.

The AAA publishes the *Golden Gazette* with contractual services for printing and mailing. Public speaking is done throughout Fairfax County.

The Ombudsman Program is onsite in nursing homes and assisted living facilities throughout the County.

The AAA continues to make extensive use of volunteers in the planning, management, and delivery of services to older adults in our community.

► Performance/Workload Related Data

Title	FY 1998 Actual	FY 1999 Actual	FY 2000 Actual	FY 2001 Estimate	FY 2002 Estimate
Community Based Services Clients	4,918	6,200	6,429	6,459	6,492
Percent of clients remaining in community after one year of service	NA	99%	98%	95%	95%
Households receiving community education (including Golden Gazette)	27,650	28,482	28,879	29,492	29,911

► User Fee Information

The Older Americans Act (OAA) does not allow fees to be charged for these OAA-funded services.