

Fairfax-Falls Church Community Services Board

LOB #279:

ADULT JAIL-BASED SERVICES

Purpose

The purpose of basing a CSB Adult Jail-Based Services unit of behavioral health professionals at the Adult Detention Center is to quickly identify incarcerated individuals who have mental illness, substance use disorders, and/or intellectual disability; assess for risk, safety, and placement needs; provide psychiatric treatment and behavioral interventions during the incarceration; and reduce recidivism by helping individuals with these special needs make a successful re-entry back to the community. The jail based service is the third intercept point in the County's Diversion-Oriented Systems of Care Collaborative known as "Diversion First," the goal of which is to reduce the number of people with mental illness in the local jail by diverting non-violent offenders to treatment instead of incarceration. Although the larger community goal is to keep people living with mental illness out of jails to the maximum extent possible, the reality is that there will continue to be some individuals with mental illness in the jail; at this point in time, that "some" is not an insignificant number. Currently, about 400 of the 1,000 inmates have a mental health and/or substance use disorder.

Description

The \$1.8 million dollar Adult Jail-Based Services LOB includes 16 merit staff and three grant positions and pays for medications and other service-related expenses. The team includes a psychiatrist, a nurse practitioner, as well as licensed mental health professionals, substance use disorder specialists, and case managers. The Adult Jail-Based Services team is also supported by CSB administrative support staff reflected in Operations Management.

CSB services are provided to adults who are incarcerated at the Fairfax County Adult Detention Center (ADC) and who are exhibiting behaviors that may be due to mental illness, substance use disorders, and/or intellectual disability. The services include: crisis assessment, intervention, and stabilization; initiation and facilitation of emergency psychiatric hospitalization for individuals who are a danger to themselves or others; screening, consultation, and referral; psychiatric medication evaluations and management; court-ordered assessments and substance abuse education and treatment; and collateral contact with families, courts, and community treatment providers for service coordination. Adult Jail-Based Services also provide consultation to confinement officers and support rapid release through linkage to community resources and advocacy. They work closely with CSB's other outreach programs including the Jail Diversion team, Assertive Community Treatment, and Intensive or Substance Abuse Case Management.

Benefits

CSB Adult Jail-Based Services at the ADC is part of a matrix of interventions for justice-involved individuals with mental illness, substance use, or developmental disabilities which supports Fairfax County's vision to maintain safe and caring communities.

Nationwide, the prevalence of serious mental illness among individuals who are incarcerated is three to six times higher than the general population; nearly three-quarters of inmates with serious mental illness also have substance use disorders. In Fairfax County, a similar situation exists. Even though most of these individuals are in the ADC on nonviolent low-level charges, they remain incarcerated longer than others arrested for the same offenses which results in higher cost to the County. For the most part, these individuals are involved in the criminal justice system not as a result of serious criminal activity, but rather as a direct result of having a disability that is untreated or undertreated. They need to be in care, rather than incarceration. The presence of Adult Jail-Based Services in the ADC makes it possible for many individuals to be connected or reconnected with treatment, as staff takes advantage of the unique opportunity to intervene and forge a therapeutic alliance that supports their re-engagement with treatment after their release. Improved safety, decreased length of incarceration, reduced recidivism, and Intercept 3 Diversion

Fairfax-Falls Church Community Services Board

are the chief aims and benefits of CSB Adult Jail-Based Services. Active involvement in treatment leads to a more safe, compassionate, and healthy community.

Mandates

Forensic Hospitalization for Psychiatric Treatment

- Source of Mandate: Code of Virginia § 19.2-169.2
- Any inmate of a local correctional facility who is not subject to the provisions of §19.2-169.2 may be hospitalized for psychiatric treatment at a hospital designated by the Commissioner of Behavioral Health and Developmental Services as appropriate for treatment of persons under criminal charge if:

The court with jurisdiction over the inmate's case, if it is still pending, on the petition of the person having custody over an inmate or on its own motion, holds a hearing at which the inmate is represented by counsel and finds by clear and convincing evidence that (i) the inmate has a mental illness; (ii) there exists a substantial likelihood that, as a result of a mental illness, the inmate will, in the near future, (a) cause serious physical harm to himself or others as evidenced by recent behavior causing, attempting, or threatening harm and any other relevant information or (b) suffer serious harm due to his lack of capacity to protect himself from harm as evidenced by recent behavior and any other relevant information; and (iii) the inmate requires treatment in a hospital rather than the local correctional facility. Prior to making this determination, the court shall consider the examination conducted in accordance with § 37.2-815 and the preadmission screening report prepared in accordance with § 37.2-816 and conducted in-person or by means of a two-way electronic video and audio communication system as authorized in § 37.2-804.1 by an employee or designee of the local community services board or behavioral health authority who is skilled in the assessment and treatment of mental illness, who is not providing treatment to the inmate, and who has completed a certification program approved by DBHDS as provided in § 37.2-809. The examiner appointed pursuant to § 37.2-815, if not physically present at the hearing, shall be available whenever possible for questioning during the hearing through a two-way electronic video and audio or telephonic communication system as authorized in § 37.2-804.1. Any employee or designee of the local community services board or behavioral health authority, as defined in § 37.2-809, representing the board or authority that prepared the preadmission screening report shall attend the hearing in person or, if physical attendance is not practicable, shall participate in the hearing through a two-way electronic video and audio communication system as authorized in § 37.2-804.1. When the hearing is held outside the service area of the community services board or behavioral health authority that prepared the preadmission screening report, and it is not practicable for a representative of the board or authority to attend or participate in the hearing, arrangements shall be made by the board or authority for an employee or designee of the board or authority serving the area in which the hearing is held to attend or participate on behalf of the board or authority that prepared the preadmission screening report.

Trends and Challenges

Trends

- Increased need for technology to facilitate after-hour psychiatric screening and consultation. A telecommunication equipment protocol is being established between CSB Emergency Services and the Adult Detention Center.
- Increased number of individuals with serious mental illness, substance use disorder, developmental disabilities, and/or co-occurring diagnoses who are incarcerated at ADC in large part due to behaviors impacted by acute exacerbation of their conditions.
- Increased number of these same individuals who are also non-native English speakers.

Fairfax-Falls Church Community Services Board

- Increased behavioral health training for law enforcement and confinement officers.
- Increased collaboration between the Office of the Sheriff and the CSB to better integrate services and to support community reintegration, thereby lessening recidivism.

Challenges

- Need to enhance information sharing among CSB and other stakeholders to track individuals and gather aggregate needs assessment and outcome data.
- Need to develop a robust, comprehensive diversion-oriented system of care.
- Need for timely jail based transfers to state psychiatric hospitals.
- Inadequate cross-cultural resources.
- Lack of payer source for CSB services provided at the ADC.

Resources

Category	FY 2014 Actual	FY 2015 Actual	FY 2016 Adopted
LOB #279: Adult Jail-Based Services			
FUNDING			
<u>Expenditures:</u>			
Compensation	\$1,023,035	\$1,195,173	\$1,190,885
Benefits	350,542	417,186	537,294
Operating Expenses	94,978	113,970	105,750
Total Expenditures	\$1,468,555	\$1,726,329	\$1,833,929
Total Revenue	\$47,402	\$47,412	\$47,392
<u>Transfers In:</u>			
Transfer In from General Fund	\$1,421,153	\$1,678,917	\$1,786,537
Total Transfers In	\$1,421,153	\$1,678,917	\$1,786,537
POSITIONS			
Authorized Positions/Full-Time Equivalents (FTEs)			
<u>Positions:</u>			
Regular	15 / 15	15 / 15	16 / 16
Total Positions	15 / 15	15 / 15	16 / 16

Fairfax-Falls Church Community Services Board

Metrics

LOB Metric Indicator	FY 2013 Actual	FY 2014 Actual	FY 2015 Actual	FY 2016 Estimate	FY 2017 Estimate
Number of individuals served at the Adult Detention Center	1,937	1,927	1,884	1,884	1,884
Cost to serve each individual	\$800	\$762	\$916	\$973	\$973
Number of forensic assessments conducted	2,337	2,044	1,699	1,699	1,699
Percent of individuals who have a scheduled assessment appointment within two days of referral	93%	98%	89%	90%	90%
Percent of individuals who attend a follow up appointment after their assessment	72%	69%	55%	70%	70%

During the past fiscal year, Jail-Based Services at the Adult Detention Center (ADC) provided 1,699 forensic assessments to 1,884 individuals with mental health, substance use and co-occurring disorders. These are slight reductions from previous fiscal years, primarily due to staff vacancies. Given the transient nature of the jail population, an individual may have more than one assessment at the ADC in a fiscal year. The cost to serve each individual was \$916 in FY 2015, an increase over \$762 in FY 2014 primarily due to increased staffing and personnel costs, as well as a decrease in number of individuals served.

In FY 2015, 89 percent of those referred for a forensic assessment received the assessment within two days of referral, less than the 98 percent in FY 2014. This decrease is primarily the result of higher than anticipated staff vacancies and staffing patterns in the past year negatively impacting response times. Following a forensic assessment at the ADC, individuals who need services or supports to address their mental health, substance use and co-occurring disorders receive follow up appointments for further services. In FY 2015, 55 percent of those who received a forensic assessment attended a follow up appointment, after their assessment. While this percentage was lower than the 69 percent in FY 2014, it should be noted that not all individuals who receive an assessment are in need of follow up services. Additionally, individuals are sometimes scheduled for follow up appointments but are transferred out of the jail prior to their appointment.

CSB programming and services provided at the Adult Detention Center are currently being reviewed to determine the most efficient and effective service design for the future. This work is critical and will result in services that meet the needs of the ADC population, provide best practice interventions and ensure community integration post incarceration. As part of the ADC service redesign, staff will also track and monitor performance measures that provide relevant data to further assess outcomes for individuals served and to evaluate program efficacy. During the past three years, significant efforts have been made to improve clinical documentation within CSB Jail-Based Services. As a result, the ADC will be able to benchmark data points to support performance measurement efforts.

This redesign, evaluation and performance measurement work will be done in conjunction with the County's Diversion First initiative, aimed at diverting people with behavioral health issues from incarceration. Diversion First will also provide opportunities to review current processes for communication between agencies working with individuals who are involved with the criminal justice system. It is anticipated that practices and protocols allowing for more comprehensive and meaningful data sharing will be developed.

Grant Support

FY 2016 Grant Total Funding: Federal Pass Through funding of \$159,802 and 3/3.0 FTE grant positions supports the Adult Jail-Based Services LOB. There is no Local Cash Match associated with this grant. The Department of Behavioral Health and Developmental Services provides funding for prevention, treatment and rehabilitation services for individuals with substance use disorder incarcerated at the Adult Detention Center.