



John W. Foust
Dranesville District Supervisor

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Dranesville Dispatch

Dear Dranesville Residents,

During this holiday season, I hope we will all take the time to enjoy and appreciate what matters most—family, friends and community.

All across Dranesville many special people have done so much to brighten the holiday season in our community. Their efforts, whether organizing holiday parades, conducting tree lighting ceremonies, or leading us in singing carols, strengthen our sense of community and remind us all why we choose to live where we do. Many thanks to those volunteers and to all the volunteers who contribute so much time and effort throughout the year to make our community the best it can be.

Unfortunately, because of the current economic downturn, many of our neighbors will not be able to truly enjoy this holiday season and need our help now more than ever. Over the past several months we have seen staggering increases in the number of requests received for essential services like food, housing and medical assistance. The county is doing what it can to satisfy these critical needs but we rely on non-profit charitable and faith-based organizations to provide many of these services. Because of the increased demand for their services and the difficulties of raising funds in this economy, these organizations are being stretched to the breaking point.

In this issue of the Dispatch, I have highlighted several non-profits that are providing essential services to our neighbors in need. There are many others, and they all deserve and need our support. That is why, in addition to wishing you and your family a most joyous and happy holiday, I am asking you to consider doing what you can, whether that means making a generous financial contribution, a contribution of goods or volunteering your time, to support the non-profits in our community.

In the next issue of the Dispatch, I will summarize what we have accomplished together over the past year and I will discuss the challenges and opportunities that lie before us in the coming year. It is a pleasure and an honor to serve as the Dranesville Supervisor. Thank you for giving me the opportunity to serve and for all the support and assistance you continue to give to me and my staff. Happy holidays!

Best wishes,

John W. Foust

Do you know someone who would like to receive the *Dranesville Dispatch*?
Email us contact information at dranesville@fairfaxcounty.gov
or visit us online at www.fairfaxcounty.gov/dranesville.

Attention Homeowner Associations:

If you are interested in having Supervisor Foust attend your Homeowner Association or Civic Organization meeting, please contact the Supervisor's scheduler, Dianne Peikin, at 703-356-0551.

Please provide us with the latest contact information for your Association Officers so that we may keep you better informed of events in Dranesville that may impact you and your neighborhood. Call (703) 356-0551 or email Julie.Ide@fairfaxcounty.gov with your latest information.

Wes Callender	Chief of Staff, Great Falls, Public Safety
Jennifer Boysko	Herndon Office, Schools, Social Services
Jane Edmondson	McLean Revitalization, Housing, Transportation
Joe Gibson	Land Use, Zoning Enforcement, Tysons Corner
Julie Ide	Traffic, Trails, Communications
Cheryl Patten	Environment, Parks, HOT Lanes, Stormwater
Dianne Peikin	Office Manager, Schedule, Boards & Commissions

Who's Who at Dranesville District Offices

Herndon Office

Our office in the Town of Herndon is dedicated to serving constituents in the western-most part of Dranesville. Staff Aide, **Jennifer Boysko**, is available specifically to assist Herndon area constituents.

Office Hours: M-W-Th-F: 9 am to 12 pm
Tuesday: 12 pm to 3 pm
Or by appointment

Phone: 703-471-5076, TTY 711
Fax: 703-437-3210

Address: Old Town Hall
730 Elden St.
Herndon, VA 20170

Email:
Jennifer.Boysko@fairfaxcounty.gov



DONE! Completed Projects in Dranesville

McLean Streetscape Project Is Finished

After many years of planning and several months of construction, Phase II of the McLean Streetscape Demonstration Project was completed in early November. As reported in a previous newsletter, the project provided for new brick and concrete sidewalks, landscaping and a planted median strip for pedestrian safety and traffic control along Chain Bridge Road between Westmoreland Street and Cedar Avenue, near the entrance of the McLean Community Business Center.

Phase I provided brick crosswalks at the intersection of Chain Bridge Road and Westmoreland. That work was completed approximately three to four years ago.

Funding for Phases I and II was allocated many years ago from the U.S. Department of Transportation via the Commonwealth of Virginia with Fairfax County matching 20% of the amount.

McLean Streetscape Demonstration is a project of the McLean Revitalization Corporation (MRC). The MRC is a nonprofit organization composed of two representatives from the McLean Chamber of Commerce, McLean Citizens Association, McLean Landowners Association and surrounding citizens associations. The purpose of the MRC is to promote and facilitate the revitalization of the McLean community business center.

Supervisor John Foust commends the MRC for its efforts to secure the funding and obtain the necessary easements for the project and wishes to thank the homeowners and the Lutheran Church of the Redeemer for their cooperation and patience during the construction period.

For more information contact Jane Edmondson in the Dranesville District office at 703-256-0551.



River Oaks Sewer

Fairfax County Department of Public and Environmental Services completed a major sewer project in the River Oaks neighborhood of McLean in September 2008. The new sewer line allows for 112 residences formerly on septic fields to be served by public sewer. Also as part of the project residents and the county developed a landscaping plan that involved the planting of 30 new trees and shrubs creating an attractive green space in a formerly overgrown right of way.

Haycock Road Trail

The Haycock Road Trail ADA Accessibility project was substantially completed on December 4, 2008 on time and within budget. This project included safety and accessibility upgrades and rehabilitation of approximately 1250 linear feet of asphalt trail along Haycock Road .



Before



After



Turn Lane at Toll Road and Centreville Road

Work was completed on the West Bound ramp of the Dulles Toll Road (Rt. 267) to Centreville Road (Rt. 657) to extend the beginning of the right turn lane.

Snow Removal Information



The Virginia Department of Transportation (VDOT) is responsible for removing snow and ice from the thousands of miles of public roads (interstate, primary and secondary) in Fairfax County. Clearing is done on a priority basis, with interstates and high volume roads cleared first. Once the most heavily traveled roads and emergency routes are adequately clear, snow crews move to less-traveled roads and subdivisions.

Please visit the VDOT snow removal website for answers to frequently asked questions on snow removal at http://virginiadot.org/travel/snow_removal_and_driving.asp or contact [Northern Virginia District Office](#) for additional information (703-383-8368, TTY 711).



Business Counseling Services Offered at Board of Supervisors' Offices

A Fairfax County Economic Development Authority (FCEDA) representative continues to be in Dranesville District Supervisor John Foust's office once a month to offer free on-site, one-on-one counseling to anyone who wants to start a business in Fairfax County, expand an existing business in the county, or learn about other business services. These sessions are scheduled for the third Wednesday of every month at 2 p.m.

FCEDA assistance focuses on a wide array of business functions and questions: from starting a business in Fairfax County to securing office space, or securing capital to help a company grow. By offering individual counseling in the community, the FCEDA's specialized advisory service reaches more of the community's entrepreneurs and professionals.

To schedule an appointment contact Dianne Peikin in Supervisor Foust's office at (703) 356-0551.

More information on this service is available at the FCEDA Web site

http://www.fairfaxcountyeda.org/services_and_resources.htm or contact Jatinder Kaur of the FCEDA at 703-790-0600, jkaur@fceda.org.

Dolley Madison Library Renovations Remain on Schedule

Despite the budget shortfall facing Fairfax County, plans to renovate the Dolley Madison Library in McLean will proceed as scheduled. The renovations include the redesign and expansion of the entire facility, including extensive landscaping improvements with hundreds of new trees and shrubs.

This new design is the result of a collaborative effort among the office of Dranesville Supervisor John Foust, citizen groups, local neighborhoods and county planners.

Renovation work at the library is scheduled to begin in Fall of 2009.

For more information contact Wes Callender in the Dranesville District office at 703-256-0551.

Great Falls Fire Station Gets Approval



The Fairfax County Planning Commission voted unanimously on December 4th to approve a project to build a new fire station in Great Falls. Work should begin by late Spring 2009 to demolish the existing structure and build a new 18,700 square foot facility. The new building will be completed by early 2011 and will include expanded space for volunteers, training and specialized swift water rescue equipment.

For more information please contact Wes Callender in the Dranesville District office at 703-356-0551.

McLean Community Business Center Pedestrian Task Force

In September 2008 the McLean Community Business Center Pedestrian Task Force was created by Dranesville Supervisor Foust to study how McLean can become a safer and more accessible area for pedestrians and bicyclists. The principal area of concentration for the task force is the downtown McLean community business center. Task group members are also examining major arteries flowing into the business center.

The task force is chaired by Doug Potts, who also serves as president of the McLean Planning Committee. The 15-member group meets monthly and has representatives from many neighborhoods in McLean. County staff from the pedestrian and bicycle offices and the Office of Community Revitalization and Reinvestment provide support as does Wade Smith, the representative from the Dranesville District to the County's Trails and Sidewalks Committee.

At its first meeting, the task force created four working groups to address particular areas of interest:

- Pedestrian Safety
- Streetscape Design/Lighting
- Sidewalks Connectivity/Maintenance/ADA Issues
- Bike Lanes/Trails



In between meetings these working groups are walking throughout McLean to determine improvements needed within their area of interest.

The task force anticipates that it will complete its job within a year, providing to Supervisor Foust a report that can be used in his efforts to secure transportation funding as it becomes available for projects in Dranesville.



Local SCC Organizations Focus on Youth Safety

The Safe Community Coalition (SCC) is a national organization that works with parents, teachers, faith and business leaders to provide a crucial support system for the young people of our community. Individual SCC organizations partner together with our local schools, public and private, so that our children will make good choices, stay healthy and commit to be alcohol and drug free. The SCC was established in 1993 and organized around the boundaries of each high school and their feeder schools. Dranesville has two SCC organizations: one operating out of Herndon High School and one operating out of McLean and Langley High Schools.

The Greater Herndon Community Coalition (GHCC), was established in October 1994 as a result of a meeting of concerned parents, educators, and community organizations, including the police and recreation departments. The participants agreed that greater community-wide attention is needed to ensure the safety of our youth. GHCC serves the area defined by Herndon High School and feeder schools, was involved in several programs during the 2007-2008 school year—Herndon High Homecoming Parade Sponsor, After Prom, All Night Grad, Peer-A-Mid Summit, Hispanic Parent meetings, Girl Power, and others. GHCC meetings are normally held on the 4th Wednesday of each month at 3:30 pm at Herndon High School in the Principal's Conference room. For more information visit their website at <http://www.fcps.edu/HerndonHS/Coalition/AboutUs.htm> or email at ghcc@cox.net.

The Safe Community Coalition (SCC) is a grass-roots, non-profit organization dedicated to helping youth from the McLean and Langley High Schools and feeder schools learn to make responsible decisions and keeping them safe, healthy and free from alcohol and drug use. SCC provides programs and resources for children, teens, and parents. Some of their recent programs included a Teen Summit, Middle School Forum, 6th Grade Ethics Day parenting programs. SCC partners with many community sectors, including schools, parents, government, law enforcement, community groups, faith organizations and mental health professionals. SCC meetings are open to all community members and they welcome volunteers. For more information about the Safe Community Coalition, please visit <http://www.safecommunitycoalition.net/> or view a display on their work from December 1 – 31 at the Dolley Madison Library.

October 7 Green Choices Forum Successfully Joins Business and Environmental Interests

October 7, Supervisor John Foust, the McLean Citizens Association and Delegate Margari Vanderhye welcomed exhibitors, sponsors and participants to the first Green Choices Forum. The gathering demonstrated there is a real interest in saving energy among the residents of McLean, Great Falls and Vienna.

Ivy Main of McLean, one of the presenters at the forum, gave a talk entitled *The Lazy Cheapskate's Guide to Going Green*, emphasizing three important points in her talk:

- **It is better to invest than to spend when trying to save on energy.** Whatever you pay to insulate or to have energy saving appliances should be recovered in your energy savings.
- **It's easier to make one decision than ten.** For example, investing in an energy audit may be a good way to prioritize projects and start with what gives you the biggest bang for your buck.
- **Habits are easier than decisions.** If you and your children have good habits about saving energy at home, you don't even have to think about turning off the TV when you leave the room or turning down the thermostat when everyone leaves for work and school.

Green Choices sponsors plan to follow up with an on-going effort to provide information online about home energy conservation. You can access a list of energy efficiency and conservation resources at <http://www.fairfaxcounty.gov/dranesville/energy-efficiency-conservation.htm> and <http://www.vanderhye.com/greenchoices>.



Delegate Margi Vanderhye, Supervisor John Foust, Greater McLean Chamber of Commerce President, Matt Wallace and Rob Jackson, President McLean Citizen's Association

Holiday Festivities in McLean December 6

Saturday, December 6, the Greater McLean Chamber of Commerce, the McLean Citizens Foundation, the McLean Volunteer Fire Department, Kwik Kopy Printing, New Dominion Women's Club, Chain Bridge Bank, Sun Trust Bank, The Paul Mitchell School of Virginia and the McLean Community Center welcomed the entire McLean community at the first annual **McLean Community Holiday Parade**.

The event brought together the community for fellowship and good cheer during the holiday season. Local schools, youth groups, civic groups, all faith communities and local businesses participated in the parade that began at Sun Trust Bank (1301 Chain Bridge Road) and Kurtz Road and moved down Chain Bridge Road towards the McLean Community Holiday Tree. Featured were complimentary ornament making and hot chocolate, performances by the McLean High School Marching Band and Montessori School of McLean Children's Choir, a community-sing-along and the official lighting of the McLean Community Holiday Tree. After the tree was lit, Dranesville Supervisor John Foust led the crowd in singing "Jingle Bells."

McLean residents also attended **Strut their Mutts** at the McLean Chamber's **12th Annual Reindog Event**, held 8 AM - 9:30 AM on Saturday, December, 6 at the Langley Shopping Center in downtown McLean. Participants witnessed a high energy, festive canine costume parade with top prizes, visits with Santa and more. Judges for the event included Supervisor Foust and Delegate Margi Vanderhye.

For more information, please contact Katharine Ryan, Greater McLean Chamber of Commerce Events Director, at 703-356-5424, email kryan@mcleanchamber.org.



Supervisor Foust leads the crowd in the countdown to the Holiday Tree lighting.

“Women Giving Back Store” Opening for Homeless Women and Children

Women Giving Back was founded in June, 2007, by a core group of building industry sales and marketing professionals. The goal is to supplement the great work HomeAid NoVA is doing in building shelters by helping the transitionally homeless women and children get on their feet with clothes to help them enter the workplace.



These women can shop for professional work-oriented clothing and accessories without charge. Volunteers collect the clothing and open WGB – The Store on the second Saturday of each month from 9:00 am until 12:00 pm. Beginning in December, The Store will be held in its new location at:

Women Giving Back Store
1110 Herndon Parkway
Herndon, VA

Women from the 37 shelters HomeAid Northern Virginia has helped are invited to shop each month. Their smiles are all the thanks you will need.

If you would like to donate clothing or space, contact HomeAid Northern Virginia at wgb@womengivingback.org.

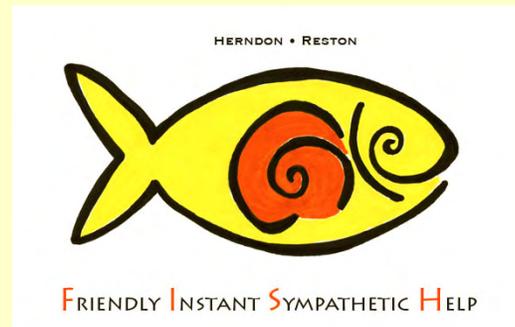
Herndon-Reston FISH - Helping People since 1969

Herndon-Reston FISH, Inc. (Friendly, Instant, Sympathetic Help) is a volunteer, non-sectarian, non-profit 501(c)(3) organization dedicated to helping people meet emergencies and short-term needs. FISH has assisted Herndon-Reston residents since 1969.

FISH responds to requests for rent, transportation to medical appointments, furniture, utilities, medical items (including prescriptions) and other short term emergency needs. Their goal is to prevent an eviction, keep utilities from being turned off and help people pay for their prescriptions. They work closely with social workers from Fairfax County, local hospitals and Reston Interfaith.

Additionally, Herndon-Reston FISH, Inc. operates an Answering and Referral Service, funded by a grant from Fairfax County, which provides all callers with information about sources of long and short-term assistance available in Fairfax County through public and private agencies. This service also arranges rides for Herndon and Reston residents to get to medical appointments. Volunteers provide the transportation service. FISH recently implemented a Financial Workshop to help families with budgeting.

For more information, see their website at www.HerndonRestonFISH.org, visit their offices at 336 Victory Drive, Herndon, VA 20170, or contact FISH President Marcia Di Trapani at (703) 391-0105 or email hrfish@gmail.com.



Free Herndon Parenting Education Classes for Spanish Speakers

The Department of Family Services (DFS) Parenting Education Program (formerly the Nurturing Parenting Program) is actively recruiting families for upcoming parenting classes. All classes are free for Fairfax County residents, include dinner and child care.

Ages 5-11 in Spanish
Beginning Jan. 27
Herndon
class meets for 13 weeks
Tuesdays, 5:30 p.m. - 8:00 p.m.



For more information about a class, to enroll in a class, to locate classes outside of Dranesville or to request reasonable ADA accommodations, contact Mario Prada at 703-324-7405 (TTY 703-222-9452).

Help To Serve and Protect Fairfax County

As the Fairfax County Police Department Auxiliary Police Officer Program (APO) celebrates 25 years of service, police encourage residents to consider joining this dynamic team of devoted volunteers.



Volunteers bring a wide variety of life experiences to the APO program, such as; law, military, public relations, clergy members, home-makers, teachers and students. These diverse skills and talents are tailored to police department duties and needs, as well as to the interest of the volunteers.

The roles and responsibilities of APOs are significant: they serve programs and events that are critical to protecting and fostering public safety in Fairfax County. Assisting officers at weekly sobriety checkpoints, supporting community training programs such as Sexual Assault Free and Empowered (SAFE), role-playing at the Fairfax Criminal Justice Academy, conducting home security surveys and taking fingerprints at community events are just a few examples where volunteers are needed throughout the police department.

Auxiliary officers are provided training, uniforms, and all necessary equipment. Officers will be expected to perform an average of 24 hours of volunteer service each month. Applicants must be in good health, without a criminal record or history of drug use and not be an applicant for police officer in any jurisdiction.

Help make your community a safer place to work and live. Make your spare time matter. Consider becoming an APO today.

To learn more about the APO program or to sign up to begin the application process, call 703-280-0701 or check out auxiliarypolice@fairfaxcounty.gov.

Lines of Business Budget Review Task Force

Supervisor Foust has established a Lines of Business (LOB) Budget Review Task Force to address Fairfax County's projected budget deficit of more than \$648 million for FY 2010. Because the deficit will be addressed through a combination of spending reductions and other strategies, the Dranesville LOB task force has been reviewing county agency's LOB budget reports and is developing questions and concerns for use by Supervisor Foust as the County proceeds through the process of drafting and approving a budget for FY2010. The LOB budgets project what each agency would do if general funds were reduced by 15%. This strategy is designed to provide programmatic review of each agency's mission and the impact of potential funding reductions on programs and services.

Supervisor Foust appointed Rip Sullivan of McLean as the Chairman of the 2008-09 Dranesville District LOB Budget Review Task Force. Twelve citizens were appointed as Task Force members from all parts of the Dranesville District. These volunteers have been meeting twice a month since September. Members include Paul Anderson, Steve Bloom, Sue Boucher, Nancy Hopkins, Jim Luce, Philip Mento, Jim Mietus, Al Rozier, Rosemary Ryan, Ted Smith, Jim Turner and Armand Weiss.

For information about the Fairfax County budget process and the schedule of up-coming budget meetings, go to <http://www.fairfaxcounty.gov/government/budget> or contact Wes Callender in Supervisor Foust's office at 703-356-0551.

The Fairfax County Public Schools prepares an independent budget for public schools. This budget is determined by the School Board. For information about the School budget, see <http://www.fcps.edu/news/fy2010.htm>.

Board of Supervisors Expands County Foreclosure Assistance Program

The Fairfax County Board of Supervisors approved a plan to expand the county's foreclosure assistance program using new federal aid.

The county expects to receive \$2.8 million from the U.S. Department of Housing and Urban Development (HUD) through its Neighborhood Stabilization Program (NSP).

The plan calls for allocating \$1.5 million to first-time homeownership shared equity loans and \$1 million to nonprofits to buy foreclosed properties to be used as low-income rental housing. Ten percent of the HUD money will go toward administrative costs.

The county's Department of Housing and Community Development (HCD) developed the plan for using the HUD funds, and is currently administering the county's foreclosure assistance initiative. The federal aid will be incorporated into the county's Silver Lining Initiative and called Silver Lining Plus.

Silver Lining Plus funds will be made available to first-time homebuyers as a shared equity loan, and the money can be used for the purchase of single-family homes with a maximum purchase price of \$362,790 or townhouses with a maximum purchase price of \$270,000.

The money also will be made available to nonprofits to buy housing to rent to low-income households. The rental units purchased must help households with incomes at or below 50 percent of the area median income. Besides single family homes and townhomes, nonprofits will be allowed to purchase foreclosed condominiums with a sale price of up to \$180,000. The money will be offered to nonprofits through a rolling application process as long as funds are available. Nonprofits will be encouraged to serve households with disabilities.

In June 2008, the board authorized a three-pronged initiative to address foreclosures in the county. This initiative includes counseling to distressed homeowners; the Silver Lining Initiative; and neighborhood preservation efforts through the purchase of up to 10 abandoned and foreclosed properties by the Fairfax County Redevelopment and Housing Authority.

HCD must submit an application to HUD by Dec. 1 in order to receive the money. The funding is expected in February or March.

As of Sept. 30, there were 2,257 homes in foreclosure in Fairfax County.

For more information, contact the Fairfax County Department of Housing and Community Development at 703-246-5104, TTY 711.

Are You Eligible for Unclaimed Money?

Each year, the Fairfax County Department of Finance works to return more than \$1 million of unclaimed property to its rightful owners. This unclaimed money may be the result of a check being returned to the county as undeliverable or a check that has not been cashed after a certain period of time.

Residents and business owners can determine whether they have unclaimed funds through a free online service.

Due diligence is exercised to locate the rightful owners of the unclaimed money and each year more than 80 percent of these funds are successfully reimbursed. If the Department of Finance is unsuccessful in finding the rightful owner, a report, along with the money, is submitted to the state of the owners' last known address. To find out if you are eligible for the funds submitted to the Commonwealth of Virginia, visit <https://www.trsvirginia.gov/propertysearchdotnet/>.

Fairfax County Sees Record Voter Turnout

Nearly 79 percent of active voters in Fairfax County – approximately 524,000 people – went to the polls to cast their ballots on November 4. Both numbers set records for the county. In 2004, voter turnout was around 74 percent, or approximately 480,000 people.

“Election Day went great,” said General Registrar Rokey Suleman. “Voters were prepared, election officials were prepared and our office was prepared. Other than a couple of minor problems with machines, the process was very smooth. We heard compliments from voters on both our optical scan and our touch screen voting machines.”

The McLean Governmental Center, one of seven satellite government centers open to accommodate in-person absentee voting, had 8,975 in-person absentee voters -- second only to the Fairfax Government Center with 20,273 voters.

Other record-breaking statistics in Fairfax County include:

Approximately 665,000 registered voters.

Approximately 107,000 absentee voters.

More than 3,600 poll workers and student volunteers.

For more information, contact the Fairfax County Office of Elections at 703-222-0776, TTY 711.



Fairfax County Needs Meals on Wheels Volunteers

Fairfax County is recruiting Meals on Wheels volunteers to deliver meals to the county’s older residents. Opportunities are available throughout the county and volunteers are matched to programs in or near their own neighborhoods. Volunteers can commit to a weekly, biweekly, monthly or substitute schedule. Meals are delivered Monday through Friday from 11:30 a.m. to 1 p.m.

A valid driver’s license is required and mileage reimbursement is available.

Meals on Wheels is part of *Volunteer Solutions*, a program of the Department of Family Services’ Fairfax Area Agency on Aging. The program helps older people who can’t prepare meals for themselves, maintain their health and nutritional status. Volunteers also provide a brief but very important social connection.

Volunteer Solutions provides a range of opportunities to help older adults and adults with disabilities in the county including driving to medical appointments, grocery shopping, insurance counseling, Fairfax Pets on Wheels, and friendly visiting. These opportunities are quite flexible and can be worked around a wide range of volunteer time demands.

Contact 703-324-5406, TTY 703-449-8689 or DFSAAvolunteer@fairfaxcounty.gov for more information on volunteering for Meals on Wheels and other opportunities with *Volunteer Solutions*. Visit the Department of Family Services’ Fairfax Area Agency on Aging website at <http://www.fairfaxcounty.gov/aaa> or call 703-324-7948; TTY 703-449-8689.

ElderLink: Providing Care Management to Elderly Northern Virginians since 1991

Created by a unique partnership among the Fairfax Area Agency on Aging, Inova Health System, and the Alzheimer's Association, ElderLink provides affordable care management services. As a not-for-profit organization, ElderLink utilizes a state grant to provide services on a sliding scale fee system to those who are eligible. Others can receive care management at an affordable hourly rate.

An exceptional array of resources, programs, and services, combined with a well-trained staff of skilled geriatrics specialists make ElderLink uniquely qualified to address the specific needs of caregivers and elderly clients alike.

Most importantly, ElderLink coordinates and manages all elements of patient care (medical, social, legal, financial), minimizing the stress and confusion families often experience when dealing with multiple service providers.

Services Provided by ElderLink:

- Serves all members of the older population and specializes in Alzheimer's disease and related memory loss disorders.
- Provides a thorough assessment of the client in the home to determine what type of care is needed; develops a plan for meeting the needs of the client and family; assists in obtaining the needed services; and coordinates the services and care.
- Guides families through the maze of government, legal, insurance forms and procedures.
- Works closely with family physicians and other health care providers to deliver the most effective plan of care.
- Assists in locating an appropriate long-term care facility when the older person's needs cannot be met at home.
- Recommends support groups for counseling families to understand and overcome the emotional issues confronting them.
- Handles out-of-state transfers.
- Consults regularly with caregivers and responsible parties on the client's status and makes recommendations when needed.

Fee for services varies according to the client's income if the client is a Fairfax County resident age 60 or over who needs help with at least two activities of daily living. The maximum cost is a flat rate of \$100 for each month of care management. Many clients pay a much lower rate if their income is limited. Fairfax County residents who do not meet the eligibility requirements for ElderLink's state grant still receive services at a low cost flat rate.

Telephone: 703-324-5374, TTY 711

Toll-Free: 1-866-503-0217

Fax: 703-324-5391

E-mail: [ElderLink - Fairfax Area Agency on Aging](#)

Office Hours: Monday-Friday, 8 a.m.-4:30 p.m.

Address: 12011 Government Center Parkway, Suite 708
Fairfax, VA 22035-1104



Commission for Women collecting cell phones to help domestic violence victims

Through December, the Fairfax County Commission for Women is collecting used cell phones to help victims of domestic violence. The proceeds collected from the drive will benefit the Fairfax County domestic violence shelter.



The county's Commission for Women is conducting the drive in partnership with Verizon Wireless' HopeLine program (website: <http://aboutus.vzw.com/communityservice/hopeLine.html>), which collects used wireless phones and equipment and refurbishes or recycles them for resale. Funds raised are then contributed to nonprofit domestic violence shelters and prevention programs across the country. Victims of domestic violence also receive donated phones and airtime through this program.

Cell phones, cell phone batteries and chargers may be dropped off in the HopeLine box, located in the lobby of the office of Dranesville Supervisor John Foust, McLean Governmental Center, 1437 Balls Hill Road, McLean, VA 22101 or at the Fairfax County Office for Women & Domestic and Sexual Violence Services, 12000 Government Center Parkway, Suite 318, Fairfax, VA 22035.

For more information about the cell phone collection drive, call the Fairfax County Office for Women & Domestic and Sexual Violence Services at 703-324-5730; TTY 703-324-5706. To find out more about the county's domestic and sexual violence services, visit the Fairfax County Web site at http://www.fairfaxcounty.gov/dfs/news/domestic_violence_month.htm

The Fairfax County Commission for Women, established in 1971, has been an active voice for women advising the county's Board of Supervisors in areas such as domestic violence, educational equality, and progress in the workplace. The Commission is part of a national network of some 300 state and local Commissions for Women.

Comprehensive Plan Area Plan Review Task Force

Supervisor Foust appointed John Ulfelder of Great Falls as the Chairman of the 2008-09 Dranesville District Comprehensive Plan Area Plan Review (APR) Task Force. Mr. Ulfelder served as the Chairman of the 2004 Dranesville APR Task Force and as a member in 2000 and 1996. Others appointed to the Task Force are from all parts of the Dranesville District and include Jody Bennett, Rich Bliss, Beth Chung, Pamela Dutton, Darren Ewing, Walter Low, Jack Mansfield, Dale Murad, Kathleen Murphy, Bill Prendergast, Jim Robertson, Dave Swan, and Jack Wilbern.

The Task Force will review 16 nominations that have been made for modifications of the Comprehensive Plan for Dranesville. Task Force meetings are open to the public and residents are encouraged to appear and present their views on the proposals. The Task Force will also consider written comments by email or letter, sent to the Office of the Supervisor, at least 24 hours before each meeting.

For information about the APR nominations and the schedule of up-coming Task Force meetings go to <http://www.fairfaxcounty.gov/dpz/apr/northcounty08.htm> or contact Joe Gibson in Supervisor Foust's office at 703-356-0551.

Green Pages

Tips for Homeowners and Businesses to Reduce Greenhouse Gas Emissions

A recent report from the Climate Change Steering Committee for the Metropolitan Washington Council of Governments Board of Directors shows that consumers have numerous ways to reduce greenhouse gas emissions within their homes. These methods are of varying cost to the consumer but all have high greenhouse gas reduction benefits.

Play a part in reducing global warming by following some of these useful tips:

<p><u>Zero Cost</u> Recycle half of waste Change thermostat settings Set computer to energy-saving setting Drive 10 fewer miles per week Water heater thermostat 120°F or less Reduce, Reuse, Recycle Wash clothes in cold water</p>	<p><u>Low Cost (\$150 or less)</u> Wrap insulation blanket on water heater Carpool to work Buy power strip and turn off electronics daily Replace HVAC unit filter every 30 days Install programmable thermostat Incandescent bulbs to compact fluorescent Switch to push mower when needed Printer paper 100% post-consumer recycled</p>
<p><u>Medium Cost (\$151 - \$500)</u> Public transportation to get to work Perform energy audit Telecommute three days a week</p>	<p><u>High Cost (Over \$501)</u> Purchase hybrid or fuel efficient car Install solar water heating system Install wall and ceiling insulation Weatherize home (replace windows and doors) Install green roof Purchase Energy Star/Water Sense Products</p>

Free Ranger-Led Activities at Great Falls National Park

Great Falls Park, one of two national parks in the Dranesville District, offers numerous activities free-of-charge. County residences are encouraged to take advantage of this beautiful park others travel great distances to see.

Great Falls Park
9200 Old Dominion Drive
McLean, Virginia 22102
(703) 285-2965
Website: <http://www.nps.gov/grfa>

FALLS WALK Saturdays and Sundays: 12:30 – 1:15 p.m. & 3:00 – 3:45 p.m.
Tuesdays, Wednesdays, & Thursdays: 3:00 - 3:45 p.m.

Join a ranger to explore the natural and cultural aspects of Great Falls Park on this walk. Meet the ranger in the Visitor Center.

BIRD WATCHING Sundays: 8:00 – 10:00 a.m.

Grab your binoculars and join this informal group to catch a glimpse of resident and migratory birds in Great Falls Park. Meet in the Visitor Center courtyard. Rain or shine.

County Awarded 1,000 Compact Fluorescent Light Bulbs



Fairfax County has been awarded 1,000 compact fluorescent light (CFL) bulbs from Office Depot for collecting the most pledges in the “large county” category of the 2007 Energy Star Change a Light Campaign.

The county has collected close to 2,000 pledges from residents and employees, who committed to change at least one conventional light bulb to an energy-saving compact fluorescent light (CFL). Over the course of the Change a Light Campaign, nationally almost 10,000 traditional bulbs have been replaced with CFLs, adding up to almost 800,000 kWh of energy saved, a quarter of a million dollars in cost savings and a reduction by more than 4 million pounds of greenhouse gasses.

The CFLs received by Fairfax County are equivalent to a 60-watt conventional bulb, but use only 14 watts. They have approximately 10,000 hours of bulb life, and have a nine-year warranty. The bulbs will be distributed at events throughout Fairfax County.

The challenge was sponsored by the U.S. Environmental Protection Agency, Office Depot and the National Association of Counties.

Compact Fluorescent Light Bulb Disposal at Home Depot

Like paint, batteries, thermostats, and other hazardous household items, Compact Fluorescent Light Bulbs (CFLs) should be disposed of properly. Do not throw these bulbs away in your household garbage. When your CFL bulb burns out you may now recycle that bulb at your nearest Home Depot Store. Make sure you take care when removing bulbs from lighting appliances to avoid breaking them. Then simply bring your unbroken bulbs to the returns desk of any Home Depot Store. See individual store for details. CFL bulbs may also be taken to the I-66 Transfer Station Complex and the I-95 Landfill Complex [household hazardous waste sites](#) during scheduled [dates and times](#) only. In addition, the bulbs are accepted at household hazardous waste collection events. See our [activity calendar](#) for a list of upcoming events. Call 703-324-5230, TTY 711 for more information.

NOTE: Businesses may NOT take fluorescent bulbs or other hazardous materials to these locations. For more information, see [business hazardous waste](#).

Fairfax Center Fire Station Designated ‘Green Building’

Fairfax County’s largest fire station recently received official certification as a green building. Built in 2006, Fairfax Center Fire Station 40 was certified this month under the U.S. Green Building Council’s Leadership in Energy and Environmental Design (LEED) rating system.

The station incorporated green features in six areas, including water efficiency, energy efficiency and use of recycled materials.

The building’s materials and design cut energy use. The roof is covered with a reflective material to help reduce cooling costs in the summer, and the station has natural daylight in 75 percent of living spaces to cut lighting costs. The building also is powered with 100 percent green energy. Outside, native, drought-tolerant plants are used in the landscaping to save water.

These features will cut an estimated \$15,000 per year from energy and water bills combined, compared to a traditionally designed station. County officials calculate that per year, green buildings slash energy costs by 15-25 percent and water consumption by 20 percent.

Earlier this year, the Fairfax County Board of Supervisors adopted a green building policy for county facilities. The policy requires that buildings be constructed to meet green building standards, if not exceed them. The county uses the U.S. Green Building Council’s LEED rating system.

The Fairfax Center station is just one of five green buildings built by the county so far. The station services day-to-day fire and rescue operations, and it houses two hazardous materials response units. The station is located at 4621 Legato Road, Fairfax.

Carbon Neutral House in McLean

Construction will begin this month on the **Carbon Neutral House** in McLean. The house, located at 1310 Calder Road in McLean, will use 80% less energy per square foot than a typical house. Care was taken during the demolition of the building formerly on this lot, enabling 97% of the original materials to be recycled.

The term “carbon neutral” refers to anything that has no impact on greenhouse emissions and no impact on the environment. This home will feature a salt water swimming pool requiring no chemicals for maintenance. Carbon neutral features include:

- Walk-ability of location
- Close proximity to Metro bus system
- Geothermal heating and cooling systems
- Solar hot water
- Solar and wind electricity
- SIPS insulation with higher R-factor than required by local building codes
- Low-flow water fixtures
- Rainwater capture
- Grey water recycling

The Carbon Neutral House is a partnership between WEST*GROUP and Fairfax-based GreenSpur, Inc. The project will showcase how energy-efficient design and renewable energy systems come together in a home that is not only environmentally friendly, but also beautiful. The goal is to create an environmentally-responsible home that fits right into the close-in McLean community in which it is being built.

The project is scheduled for completion by June or July. Tickets to see the house will be sold next fall with all proceeds benefitting the McLean Project for the Arts and the Friendship Charter School.

For more information you may visit their website at <http://www.co2freeliving.com/>



Demolished Home



Architectural rendering the Carbon Neutral House

Feather Your Nest to Stay Warm This Winter

The Farmers' Almanac predicts this winter will be "numbing." It tells consumers to prepare for the worst. Birds fly south for the winter, but Northern Virginians who don't have wings should feather their nests now to save energy and stay warm. The Northern Virginia Electric Cooperative recommends the following energy-saving ideas.

Batts in the Belfry - The most cost-effective way to reduce energy bills, eliminate cold drafts is to stop air leaks and insulate.

- Weather-strip around the attic door or opening.
- Caulk gaps around pipes, ducts and chimneys.
- Insulate your attic floor with at least R-38 batts or loose-fill insulation. If you use the attic as living space or have a cathedral ceiling, insulate the walls and ceiling with batts. Do not cover or block soffit vents, wires, motors or recessed lights.

Be a Spy Who Came In From the Cold - You don't have to be a character in a John le Carré novel to spy on your house to discover and stop air leaks.

- Install switch and outlet seals under switch and outlet covers on exterior walls.
- Caulk cracks in masonry and between the house and the concrete foundation.
- Caulk around pipes and vents that lead to exterior walls and floors.
- Insulate house walls and between the floor joists above a crawl space with R-19 insulation.
- Repair broken roof shingles and house siding.

Gone With the Window - Stop letting 15 to 30 percent of heated air escape from windows.

- Allow more passive solar heat into the house by keeping south-facing windows clean.
- If a lighted candle flickers near a window, add weather-stripping and caulk around its frame.
- If you are like Scarlet O'Hara, make good use of drapes, especially with insulating fabrics. Or install energy-efficient honeycomb-like shades, window quilts, or wood blinds. Keep them open during the day and close them at night to trap the sun's heat indoors.
- Add storm windows to single-pane windows or install double-gazed, low-emissivity coated windows. New energy-efficient windows with Low-E coatings can reduce energy loss as much as 50 percent, according to the U.S. Department of Energy.
- Apply Low-E coatings to existing windows and glass doors.
- Install storm doors on all exterior entrances.

Blanket Protection and Heating Assurance - Almost half of household energy in winter goes to heating. Follow these tips to save some of that energy.

- Set an energy-saving programmable thermostat to 68 degrees during winter days and 55 degrees at night. Get blanket protection from sofa throws, extra bed blankets and down comforters to stay warm at night.
- In old and new units, replace or clean the air filter monthly and vacuum dust from air vents.
- Have systems checked by a licensed service technician yearly.
- You can lose up to 60 percent of your heated air through ducts that travel through unheated areas. Have a qualified professional insulate and seal them with appropriate materials.
- Install an add-on heat pump to an attic room, a bedroom above a garage, or a sunroom. An add-on heat pump saves money because it delivers more than three times the energy it uses.
- When it is time to replace an old heat pump or furnace, purchase a high-efficiency model with an annual fuel utilization efficiency rating of at least 90. For people who have electric heating, a heat pump can trim the amount of electricity needed for heating by 30 to 40 percent.

Stay in Hot Water - Next to heating and cooling, a water heater uses the most energy in a home.

- Lower the thermostat to 120 degrees. (Keep it at 140 degrees if you have a dishwasher that does not have a temperature booster feature.)
- Insulate hot water pipes in unheated area, such as crawl space, garage, or outdoor utility room.
- Purchase an energy-efficient water heater from NOVEC Solutions.

See the Light - Traditional lighting consumes approximately 20 percent of home electricity.

- Turn lights off when leaving a room.
- Replace incandescent indoor and outdoor bulbs with compact fluorescent bulbs. CFLs use 75 percent less electricity and last 10 times longer.
- Use LED holiday lights. They use 90 percent less energy than incandescent holiday lights and last from 50,000 to 100,000 hours. Because they do not become hot, they are much safer to use.
- Install task lighting under kitchen cabinets and over tool benches and desks to avoid illuminating entire spaces.
- Use light-colored paint on walls and ceilings to reflect light.

Fire Facts - Snuggling up on the sofa before a wood-burning fire may sooth the soul, but not the pocketbook. The draft the fire creates sucks heated room air up the chimney. The fireplace draws cold air down into the house when the damper and glass doors are open after the fire dies. Save energy and still preserve the romance.

- Close the damper and tempered glass doors when a wood-burning fireplace is not in use.
- Install a metal-lined heat exchanger to improve the amount of heat released in the room.
- If you do not have a built-in fireplace, purchase an electric one complete with mantel and remote control. Many home and department stores carry them. An electric fireplace can generate up to 5,000 British Thermal Units of heat.

Garage

- Install insulated door or doors on an attached garage. Keep doors closed as much as possible to prevent cold air from infiltrating the house.

Help from Mother Nature

- Plant an evergreen tree wind-break on the northern and northwestern sides of the house to block cold winter winds.
- Plant deciduous trees on the southern and western sides of the house. When they lose their leaves in autumn, they will allow the sun's rays to help warm the house.

By Pricilla Knight. NOVEC is a not-for-profit corporation that distributes electricity and energy services to approximately 141,000 customers in Fairfax, Fauquier, Loudoun, Prince William, Stafford and Clarke counties, and the City of Manassas Park, making it one of the largest electric distribution cooperatives in the nation. For more information, visit www.novec.com or call 703-335-0500 or 1-888-335-0500. (Reprinted with permission from NOVEC.)