



Dranesville Happenings

April 2014

Announcements and Upcoming Activities in and Around the Dranesville District



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In This Issue

EVENTS

[April 2: Fairfax County Fire and Rescue Department Launches "Wellness In Our Community"](#)

[April 5: McLean Citizens Association Richmond Update](#)

[April 5: Clemyjontri Park in McLean Gears Up For Seasonal Fun](#)

[April 5, 6: Tysons-Pimmit Library Book Sale](#)

[April 5, 6, 12, 13: Volunteers Needed to Help Take Back The Forest](#)

[April 8: Parent Discussion Night at McLean Old Firehouse Teen Center](#)

[April 8, 9, 10: Public Hearings on Fairfax County Fiscal Year 2015 Budget](#)

[April 10: Discussion on Sundials in the Lives of Founding Fathers](#)

[April 10: Information Session: "Leadership Fairfax Program" and "Emerging Leaders Institute"](#)

[April 22: Earth Day with Herndon Environmental Network and Green Lizard Cycling](#)

[April 23: Hoarding Presentation by Herndon Police Crime Prevention Council](#)

[April 26: 2014 Document Shredding Events for Fairfax County Residents](#)

[April 26: Fairfax County's Springfest 2014](#)

[April 28 Order Deadline: Native Seedling Sale by Northern Virginia Soil & Water Conservation District](#)

[April 29: FCPS Offering College Financial Aid Workshop at Herndon Middle School](#)

[May 4: First Annual Dog Walk for Hero Dogs, Inc](#)

[May 16: Bike to work Day 2014 -- SAVE THE DATE!...](#)

ANNOUNCEMENTS

[Fairfax County Police Department Introduces New Awareness Tools](#)

[Help Protect Your Neighborhood Report Crimes Online with New Updated System](#)
[Counselors-in-Training Program Prepares Teens for Leadership](#)
[Volunteers Sought for Adapted Aquatics Classes This Spring](#)
[Child Safety Seat Clinic: Free Child Safety Seat Inspections](#)
[County Sheriff's Office Offers Speakers to Neighborhood Watch Groups](#)
[VDOT Repairing Potholes in Northern Virginia](#)
[Volunteers Needed for Fairfax County Division of Adult and Aging Services](#)

Quick Links

[Dranesville District Website](#)
[Fairfax County Website](#)
[Newsletter Archives](#)

Welcome to the Dranesville Happenings, providing you with information about upcoming events and activities around the County and in the Dranesville District.

EVENTS

April 2: Fairfax County Fire and Rescue Department Launches Wellness In Our Community

Firefighters, Paramedics Provide FILE OF LIFE to Residents

Fairfax County Fire and Rescue will launch its second community outreach initiative branded "Wellness In Our Community" (WIOC), in support of "preventing the 9-1-1 call". The initiative will be kicked off by Fire Chief Richard Bowers and county officials at this special event.

Event details:

Wednesday, April 2 at 11:30 a.m.
Fire and Rescue Station 40
Fairfax Center
4621 Legato Road
Fairfax

WIOC aims to save lives and improve the overall quality of life of all residents, but is intended to focus on taking care of seniors and older adults. The FILE OF LIFE, a mini-medical history that is posted on a refrigerator or in a nearby visible area, is designed to better assist first responders during a medical emergency. The form enables first responders to obtain a quick medical history when the patient is unable to offer one.

Firefighters and paramedics will seek out and provide presentations to older adults at

senior centers and assisted living facilities. Firefighters want residents to fill out and use the FILE OF LIFE in their every-day lives.

The form is kept in a red plastic pocket labeled FILE OF LIFE. It lists the patient's name, emergency medical contact, medical history, medications, allergies, and other vital information. Firefighters started to push out to the community the FILE OF LIFE program on March 1, 2014, in conjunction with the Safety In Our Community (SIOC) initiative that started in June of 2013.

The WIOC initiative builds on and supplements the SIOC initiative (providing working smoke alarms, home safety surveys, and seasonal fire and life safety information). The WIOC initiative aims to deliver safety in the community, and overall community wellness to residents. Door hangers with SIOC and WIOC contact information are left behind when residents are not at home.

Additional FILE OF LIFE forms can be downloaded at <http://www.fairfaxcounty.gov/fr/educate/fileoflife.pdf>.

For more information, call Daniel L. Schmidt or Captain William Moreland, Fairfax County Fire and Rescue Department, 703-246-3801 and TTY: 711.

April 5: McLean Citizens Association Richmond Update

With Delegate Bob Brink and Senator Barbara Favola

The McLean Citizens Association invites you to a special Richmond Update with two of the six McLean representatives to the Virginia General Assembly - Delegate Bob Brink and Senator Barbara Favola. There will be ample time to ask questions and share your concerns.

Event Details:

Saturday, April 5 at 10:00 a.m.
McLean Community Center
1234 Ingleside Drive
McLean

Delegate Bob Brink, whose 48th House District includes a portion of McLean, has served in the House of Delegates since 1998. He serves on the House Appropriations, Education, Privileges and Elections, and Transportation Committees.

Senator Barbara Favola, whose 31st Senate District also includes a portion of McLean, has served in the Virginia State Senate since 2012. She serves on the Senate Education and Health, General Laws and Technology, Privileges and Elections, Rehabilitation and Social

Services, and Transportation Committees.

April 5: Clemyjontri Park in McLean Gears Up For Seasonal Fun

Universal access to fun and enjoyment is a hallmark of Fairfax County Park Authority facilities, most notably showcased at Clemyjontri Park in McLean. This unique park features an accessible "liberty" swing alongside an amazing two-acre playground where children of all abilities can play side by side.

A fully-accessible carousel opens for the season on Saturday, April 5, operating on weekends through May 25, then adding weekdays to the operating schedule on May 26. Complete with a picnic pavilion to make the day special, Clemyjontri earns high marks for its playground where every child is welcome and every child can play.

For information about Clemyjontri Park, visit online at www.fairfaxcounty.gov/parks/clemyjontri/ or call 703-388-2807.

April 5 and 6: Tysons-Pimmit Library Book Sale

Donations Welcome

Friends of the Tysons-Pimmit Regional Library is holding a book sale to benefit the Tysons-Pimmit Regional Library on April 5 and 6. Choose from a large selection of books, magazines, DVDs and other media for all ages.

Event details:

Saturday, April 5, 10:00 a.m. to 4:00 p.m.

Tysons-Pimmit Regional Library

7584 Leesburg Pike

Falls Church

(Bag Sale/Clearance will be on Sunday, April 6, from 1:00 p.m. to 4:00 p.m.)

The library is also accepting donated media.

For more information please visit <http://www.fairfaxcounty.gov/library/friends/ty/>, email TysonsLibraryFriends@gmail.com or call 703-790-4031.

April 5, 6, 12, 13: Volunteers Needed to Help Take Back The Forest

The Park Authority's national award-winning Invasive Management Area (IMA) program seeks volunteers to help "Take Back the Forest" this spring. For the third consecutive year volunteers will help restore parkland around the county. This year, IMA

plans to host 625 volunteers during this two-month program, and there is always room for more helping hands.

During Take Back the Forest, volunteers will remove non-native invasive plants and replace them with native species. The work is hard but important, and at the end of a session volunteers can step back and see the immediate impacts of their efforts. In appreciation of their efforts, volunteers who help during April and May will receive a free Take Back the Forest t-shirt.

Invasive plants cause ecological harm by altering the way an ecosystem functions. This can lead to less wildlife, including fewer birds and butterflies, as well as other negative impacts on natural processes.

The IMA calendar is full of opportunities to volunteer, including several major events that fall during the Take Back the Forest promotional period:

Global Youth Service Days on April 5, 6, 12, and 13:

Several park sites will offer volunteer opportunities to cut, pull, and bag invasive species, help save trees, and return the natural balance to our forests.

Earth Week, April 19 through 26:

This is a special week to celebrate the earth. It includes both Earth Day (April 22) and Arbor Day (April 25). Many IMA sites have workdays scheduled during that week. Virginia's Annual Invasive Plant Removal Day is May 3. Events will be held statewide over a two-week period.

For information or to RSVP for an event, call IMA Coordinator Erin Stocksclaeder at 703-324-8681 or via email at Erin.Stocksclaeder@fairfaxcounty.gov. For information and to view the calendar of events, visit www.Fairfaxcounty.gov/Parks/Resources/IMA.

April 8: Parent Discussion Night at McLean Old Firehouse Teen Center

Want to talk about it? The Old Firehouse Teen Center (OFTC) invites parents of 5th through 12th graders for a Parent Discussion Night.

Event details:

Tuesday, April 8, 7:00 p.m. to 8:30 p.m.
1440 Chain Bridge Rd.
McLean

OFTC is hosting a loosely facilitated discussion aimed at getting parents in the same place at the same time to talk about and share issues, solutions, failures and successes they've had raising kids in the greater McLean community.

This is not a "parenting class" but rather an open dialogue amongst parents where they drive the topics, while having a professional facilitator available to guide the conversation. Childcare will be provided for participants.

This event is brought to you by the McLean Community Center in partnership with the Safe Community Coalition. To register contact OFTC at 703-448-8336.

April 8, 9 and 10: County-Wide Hearings on County Budget

Fairfax County Executive, Ed Long, released the FY 2015 Advertised Budget Plan to the Board of Supervisors at its February 25 meeting. You are welcome to participate in any of three county-wide public hearings and comment on the Advertised Budget prior to the Board's adoption of the final budget on April 29.

Hearing Details:

Tuesday, April 8

3:00 p.m. - Effective Tax Rate

6:00 p.m. - Budget

Wednesday, April 9 at 3:00 p.m.

Thursday, April 10 at 3:00 p.m.

All public hearings are held at the Board Room of the Fairfax County Government Center, 12000 Government Center Pkwy, Fairfax, VA 22035.

Those wishing to speak at any of the public hearings should contact the Office of the Clerk to the Board at (703) 324-3151 or (703) 324-2391 (TTY 711), to place their name on the speakers list, or sign up online at https://www.fairfaxcounty.gov/bosclerk/speaker_bos.htm. The public can send written testimony or communicate with the Clerk to the Board's office by email at: clerktothebos@fairfaxcounty.gov.

April 10: Discussion on Sundials in the Lives of Founding Fathers

The Analemma Society is sponsoring a discussion with Fred Sawyer, cofounder and current president of the North American Sundial Society (NASS). The talk is entitled "Gnomonic Tales of Thomas Jefferson (and other founding fathers)".

Event details:

Thursday, April 10 from 7 p.m. to 9 p.m.
Great Falls Library
9830 Georgetown Pike
Great Falls

Admission is free.

This talk will consider sundials in the lives of Thomas Jefferson and other prominent figures of early America (e.g. George Washington and Benjamin Franklin).

The Analemma Society is a non-profit organization working in partnership with the Fairfax County Park Authority to develop recreational and educational astronomy programs at Observatory Park located within The Turner Farm Park in Great Falls.

For more information about the presentation, call the Great Falls Library at 703-757-8560.

April 10 Information Session: "Leadership Fairfax Program" and "Emerging Leaders Institute" by Leadership Fairfax

Leadership Fairfax programs have been developing leaders in Fairfax County since 1987. Graduates, numbering over 1,500, connect the Fairfax community across all sectors -- public, private, and nonprofit -- and provide a pool of informed and enthusiastic leaders with an investment in the positive future of the region.

The Leadership Fairfax program (LFI) is designed for experienced, diverse leaders from all parts of the county for a 10-month, tuition-based experience. The program emphasizes experiential learning -- the participants immerse themselves in community issues, working in teams to study challenging problems in the county and develop real-world solutions. Through the process, participants learn about their leadership style, improve their skills, and learn how to use those skills to affect real change.

The Emerging Leaders Institute (ELI) is a 10-month program that brings together energetic young professionals from the business, nonprofit, and government sectors. Participants polish their leadership skills, receive individual mentoring or coaching support, and participate in community service projects that enhance their personal and professional resumes. ELI develops leadership skills and competencies that accelerate the process of becoming a leader at work and in the community.

Find out which program is right for you by attending this information session:

Thursday, April 10, 8:00 a.m. - 9:30 a.m.

The Mason Inn
4352 Mason Pond Drive (on GMU campus)
Fairfax

Program applications for both programs are due May 2. Please RSVP to information sessions by calling 703-752-7550 or emailing info@leadershipfairfax.org with your name, organization and the information session you will attend.

April 22: Herndon Environmental Network and Green Lizard Cycling Celebrate Earth Day

In recognition of Earth Day, Green Lizard Cycling has partnered with the Herndon Environmental Network to commemorate giving back to our planet. There will be an opportunity to pick up a tree seedling to plant for yourself or to donate to the Town of Herndon while you enjoy a complimentary cup of fair trade, organic coffee.

Event details:

Tuesday, April 22, 7 a.m. to 10 a.m.
Under the Tent at ...
Herndon's Town Green
777 Lynn Street
Herndon

For more information, contact cristina.lewandowski@outlook.com.

April 23: Hoarding Presentation by Herndon Police Crime Prevention Council

The Herndon Police Crime Prevention Council is sponsoring a presentation on hoarding. Staff from the Fairfax County Department of Code Compliance will be available to discuss the following topics:

- How to identify and report hoarding in your community
- Public safety and health risk
- Hoarding Task Force

Event details:

Wednesday, April 23 at 7:00 p.m.
Herndon Police Department
397 Herndon Parkway
Herndon

The event is free and open to the public.

Contact Officer Denise Randles for more information and to reserve a seat at 703-435-6881x2343 or email denise.randles@herndon-va.gov.

April 26: 2014 Document Shredding Events for Fairfax County Residents

The Fairfax County Solid Waste Management Program will be sponsoring one secure document shredding event in each supervisory district per calendar year. These events are only open to Fairfax County residents along with residents of the Towns of Vienna, Herndon and Clifton and the Cities of Fairfax and Falls Church.

Fairfax County will not shred documents for businesses - even if documents are delivered by an employee who is a county resident. These events are only for residents to destroy sensitive material they have from their home.

2014 Shredding Event Schedule:

(All shredding events are held from 8 a.m. - Noon.)

April 26: North County Governmental Center, 12000 Bowman Towne Drive, Reston

May 17: Sully District Governmental Center, 4900 Stonecroft Blvd., Chantilly

June 21: Oakton High School, 2900 Sutton Rd., Vienna

July 19: Mt Vernon High School, 8515 Mt. Vernon Rd, Alexandria

Aug. 16: Cooper Middle School, 977 Balls Hill Rd., McLean

Sept. 20: Braddock District Governmental Center, 9002 Burke Lake Rd., Burke

Oct. 18: Mason District Governmental Center, 6507 Columbia Pike, Annandale

Oct. 25: Springfield Governmental Center, 6140 Rolling Rd., Springfield

For details and additional information please visit

<http://www.fairfaxcounty.gov/dpwes/recycling/shredding.htm> or call 703-324-5230, TTY 711.

April 26: Fairfax County's Springfest 2014

Participate in a day of free, family-friendly activities, games and more at this year's Springfest celebration. Springfest is Fairfax County's premier celebration of Earth Day and Arbor Day. It is the place to be for entertainment, games, activities and learning opportunities for residents of all ages who would like to celebrate our Fairfax County environment.

Event details:

Saturday, April 26, 10 a.m. to 4 p.m.

Workhouse Arts Center

9518 Workhouse Way

Lorton

Admission and parking are Free at the Workhouse Arts Center.

This year promises to be a fantastic event with headlining performances by Billy B., Reptiles Alive and Under the Sea. There will also be live animals, pony rides, a climbing wall, bounce houses and a wide range of hands-on activities and games to highlight some of the most interesting aspects of our local environment.

For complete details, go to www.springfestfairfax.org.

April 28 Order Deadline: Native Seedling Sale Offered by Northern Virginia Soil and Water Conservation District

The Northern Virginia Soil and Water Conservation District's annual seedling sale makes low-cost native shrub and tree seedlings available to Northern Virginia residents. Seedling packages go on sale each year in January and are available for pick-up in mid-April. Trees and shrubs help cleanse water, prevent soil erosion, provide habitat, cool our climate and clean our air. Consider adding native trees and shrubs to your community today!

The trees and shrubs in this year's seedling sale will help provide habitat for bees and add beauty to your landscape.

Creating a Bee-Friendly Landscape

Colony collapse disorder and habitat loss has taken its toll on bees, but native bees and other wild insect pollinators still contribute over \$50 billion in ecological services in the United States, according to the Xerces Society. [Learn more about bee colony collapse.](#)

- **The 2014 Shrub and Small Tree Package features 10 seedlings for \$16.95.**
 - 2 Winterberry (*Ilex verticillata*)
 - 2 Buttonbush (*Cephalanthus occidentalis*)
 - 2 Serviceberry (*Amelanchier canadensis*)
 - 2 Indigobush (*Amorpha fruticosa*)
 - 2 American elderberry (*Sambucus canadensis*)

- **The Tree Package includes 6 seedlings sold for \$11.95.**
 - 2 American plum (*Prunus americana*)
 - 2 Persimmon (*Diospyros virginiana*)
 - 2 Black gum (*Nyssa sylvatica*)

A full, nonrefundable payment must accompany your order by Monday, April 28, 2013, or until supplies run out. You will receive a confirmation receipt and a map to the pickup site (in central Fairfax County).

Order Now! The 2014 Order Form can be found at http://www.fairfaxcounty.gov/nvswcd/seedlingsale_14.pdf. Orders may be picked up on Friday, May 2, 9:00 a.m.-4:00 p.m., or Saturday, May 3, 9:00 a.m.-noon.

For details on the two seedling packages please visit <http://www.fairfaxcounty.gov/nvswcd/seedlingsale.htm>.

April 29: FCPS Offering College Financial Aid Workshop at Herndon Middle School

Fairfax County Public Schools (FCPS) and College Access Fairfax are offering workshops on college financial aid to help improve financial aid awareness among middle school parents at eight FCPS middle schools in April and May. The workshops are free and are open to any FCPS middle school student and their parents.

Among the topics to be covered are financial aid basics, understanding the cost of attending college, saving for college, and resources available from FCPS.

Dranesville workshop details:

Tuesday, April , 7:30 p.m.
Herndon Middle School
901 Locust Street
Herndon

Translation services are available. To register, visit College Access Fairfax at www.collegeaccessfairfax.org. Registration is not required, but will help presenters plan more efficiently.

For more information, contact Judy Hingle at jkhingle@fcps.edu.

May 4: First Annual Dog Walk for Hero Dogs, Inc.

Hero Dogs, Inc. raises and trains service dogs and places them, free of charge, with our nation's Veterans to improve quality of life and restore independence.

Please join in the First Annual Dog Walk for Hero Dogs, Inc. There will be fun for everyone with contests, a raffle, treats and water for ALL! Help make this event a success. Mark your calendar and come walk with or without your dog!

The event goal is to raise \$1,200 to sponsor a puppy for a veteran in need! Check out www.hero-dogs.org to participate and donate \$10 to help a puppy be a hero!

Event details:

Sunday May 4, from 11a.m. to 2 p.m.
Runnymede Park
195 Herndon Pkwy.
Herndon

For more details please follow Hero Dogs on Facebook or call the Herndon Animal Medical Center at 703-435-8777 or visit www.herndonamc.com.

Hero Dogs, Inc. is an IRS approved 501(c)(3) organization and operate entirely on donations. Veterans with disabilities have given enough, [please give anything](#).

May 16: Bike to work Day 2014 -- SAVE THE DATE! New Pit Stop Opening at Greenberry's in McLean.

Get your workout before you get your work in! Now is the time to register to participate in Bike to Work Day 2014. **Pre-Register by May 9 for a free-T-shirt and bike raffle.** (T-shirts will be available at pit stops to the first 14,000 registrants.)

This year, for the first time, a new McLean pit stop will be established at Greenberry's, located at 6839 Redmond Drive, in the shopping center near Beverly Road and Old Dominion Drive. Over 75 Bike to Work Day pit stops will be located in Washington D.C., Maryland and Virginia.

To register and for specific pit stop locations and times visit www.biketoworkmetrodc.org or call 800-745-7433.

ANNOUNCEMENTS

Fairfax County Police Department (FCPD) Introduces New Awareness Tools Keep Public Informed

Keep Fairfax County safe and stay updated on the latest public safety information in Fairfax County with the new FCPD News Blog. The blog is replacing the traditional "news release."

Residents are urged to subscribe to the blog at <http://fcpdnews.wordpress.com/>.

Effective April 1, FCPD will no longer email releases; all information will be posted on the new, easy-to-read blog. In the future, all releases will immediately be pushed to the

agency's Twitter feed. The Public Information Office issues dozens of releases each year, covering crime, traffic issues, public events, community concerns, trends and a wide variety of other relevant and important safety issues. All of this information will now be found in one spot; the News Blog.

For more information on this and other public safety information, call the Public Information Office at 703-246-2253 or email FCPD-PIO@fairfaxcounty.gov.

Help Protect Your Neighborhood

Report Crimes Online with New Updated System

Fairfax County police are urging residents to take advantage of an [updated online reporting system](#). Online reporting is the quickest, most convenient way of documenting incidents and police urge residents to take advantage of an updated online reporting system. Although the police department has had online reporting capacity for almost a decade, a new, easier, more user-friendly system was installed in December 2013. Police remind residents that no crime is too insignificant to report and that, often, these figures and incidents are used by crime analysts to detect trends and insert proactive, preventive measures.

Residents may use the system to report crimes at any time. They will be notified of a report number and may use it for insurance purposes. If appropriate, an officer will notify and or respond to the complainant.

Use the online reporting system to report the following non-emergency crimes/incidents:

- Bicycle theft
- Larceny/theft under \$5,000
- Telephone harassment/threats
- Trespassing
- Lost property
- Civil disputes
- Unoccupied hit & run crashes
- Solicitor violations
- Destruction of private property/vandalism
- Larceny/theft from motor vehicles or parts
- Suspicious persons/vehicles

The new online reporting system is available at <http://www.fairfaxcounty.gov/police/120413citizenreportingsystem.htm>.

Counselors-in-Training Program Prepares Teens for Leadership

The Fairfax County Park Authority is seeking applicants to serve as Counselors-in-Training (CITs) during the 2014 summer Rec-PAC program. The CIT program is a wonderful opportunity for teens (age 14-17) who want to further develop their leadership and communication skills, as well as gain experience in planning and conducting activities for young children.

Counselors-in-Training work as part of a team to facilitate activities for children during the summer Rec-PAC program, a structured recreation program with emphasis on leisure skills designed for elementary school children.

The cost is \$135 for six weeks of training, but CITs can commit to as little as one week of camp. Many CITs return year after year, eventually accepting paid Rec-PAC positions when they turn 18 years of age.

Through this summer position, CITs:

- Gain valuable work experience
- Develop new skills
- Practice leadership
- Explore future career possibilities
- Work as a team with college-age staff
- Have fun helping kids

This year the Rec-PAC program will operate in 50 elementary school locations around Fairfax County on weekdays from June 30 through August 7, 2014. During the summer, students will be assigned to a site and work daily from 8:15 a.m. to 3:45 p.m.

To download the CIT registration packet, visit www.fairfaxcounty.gov/parks/rec-pac/cit-volunteer.htm, or call 703-222-4664 for more information.

Volunteers Sought for Adapted Aquatics Classes This Spring

The Fairfax County Park Authority is seeking volunteers to help during Adapted Aquatics classes this spring. Besides the fulfillment that teaching swimming skills to people with disabilities brings, **volunteers who maintain a commitment of two hours per week are eligible for free RECenter facility use.**

The Adapted Aquatics program offers weekly classes aimed at developing basic swim skills in a structured setting with support from volunteers. Classes serve both adults and children with physical and developmental disabilities. There is no experience necessary. The only requirements for volunteering are a willing heart, a commitment to a class series

of eight or ten weeks, and at least 13 years of age.

Classes are offered on weekends at RECenters across the county. Locations include:

- [Providence RECenter](#) (Falls Church)
- [Lee District RECenter](#) (Alexandria)
- [South Run RECenter](#) (Springfield)
- [Cub Run RECenter](#) (Chantilly)
- [Spring Hill RECenter](#) (McLean)
- [Oak Marr RECenter](#) (Oakton)
- [Audrey Moore RECenter](#) (Annandale)

To become a volunteer, please apply online at www.fairfaxcounty.gov/parks/volunteer/adapted-vols.htm or contact Adapted Aquatics Volunteer Coordinator Nicole Woodward at nicole.woodward@fairfaxcounty.gov.

Child Safety Seat Clinic: Free Child Safety Seat Inspections

Installing a child safety seat properly and safely can be a challenging task. If you are in need of assistance, take advantage of **free child safety seat inspections**. Specially trained and certified sheriff's deputies will help parents and caregivers ensure that a child fits securely in the safety seat and that the safety seat fits securely in the vehicle seat.

Virginia law requires that ALL children up to age 8 must be in a child restraint device (which includes a booster seat). The law also states that ALL rear-facing infant seats **MUST** be placed in the back seat of a vehicle. In the event the vehicle does not have a back seat, the rear-facing infant seat may be placed in the front passenger seat **ONLY** if the vehicle is either not equipped with a passenger side airbag or the passenger side airbag has been deactivated.

Bring your vehicle and safety seat(s). Bring your child, too...if he or she is available!

The next Safety Seat Saturday is April 26.

All inspections take place as follows:

8 a.m. 12:00 noon (new hours for 2014)
Fairfax County Public Safety Center
Public Parking Garage - Level B1
(down one level from entrance)
10550 Page Avenue
Fairfax

In case of inclement weather,

please call to make sure the event has not been cancelled: 571-238-6153.

Remaining dates for 2014:

*(All 2014 events are on the LAST SATURDAY of the month, except where marked *)*

May 31,
*June 21
July 26
August 30
*September 20
October 25
November 29
*December 20

Learn how to install a child safety seat from the comfort of your home or office! The Virginia Department of Health has a series of [YouTube instructional videos](#) to help you get the job done right.

If you cannot view the videos, or if you still need help with the safety seat installation after viewing them and you cannot make it to Safety Seat Saturday, you may request an appointment at the Sheriff's Office Fit Station. Please [email the Sheriff's Office](#) with your daytime phone number, and a sheriff's deputy will call you. The Fit Station is located at 10520 Judicial Drive in the Public Safety Center. The Fit Station operates by appointment only.

For additional information please [email the Sheriff's Office](#).

[County Sheriff's Office Offers Speakers to Neighborhood Watch Groups](#)

The Fairfax County Sheriff's office has speakers available to address County Neighborhood Watch Groups. If your group is interested in arranging for a speaker, please contact the Fairfax County Sheriff's office at sheriff@FairfaxCounty.gov.

[VDOT Repairing Potholes in Northern Virginia](#)

[Report your favorite potholes to VDOT now](#)

Virginia Department of Transportation (VDOT) crews are out in full force patching potholes following recent winter storms. Patching operations are prioritized by pothole severity and location, with potholes on high-traffic roads filled within 24 hours of being reported. Drivers should watch for crews and lane closures during off-peak hours.

To report a pothole, citizens can visit <http://www.virginiadot.org/travel/citizen.asp> or call

VDOT's Customer Service Center at 1-800-FOR-ROAD (1-800-367-7623). TTY users, call 711. Northern Virginia drivers can also e-mail novainfo@vdot.virginia.gov.

Crews in northern Virginia patch potholes on roads in Fairfax, Prince William and Loudoun Counties. If the pothole is in a city, town, or Arlington County, please call the public works department in that location.

Safe driving tips, pothole patching videos and other useful information on potholes is also available on VDOT's website at <http://www.virginiadot.org/info/faq-potholes.asp>.

Volunteers Needed for Fairfax County Division of Adult and Aging Services

Volunteer During National Volunteer Week!

National Volunteer Week is April 6 through 12. Now in its 40th year, National Volunteer Week was established to encourage people to give their time, talents and support to others through volunteering, and to acknowledge current volunteers. Whether you've been a volunteer for 1 month, 1 year, 5 years, or 20+ years, every time you do something for people to improve their lives you are creating positive change in the world. No act born of kindness is too small.

"Volunteer Solutions" of Fairfax County Division of Adult and Aging Services is a great place to find meaningful volunteer opportunities to improve the lives of older adults and adults with disabilities in Fairfax County.

Below are some of the numerous opportunities to volunteer across the County.

To volunteer for any of the following positions, please complete an online registration form at <http://www.fairfaxcounty.gov/dfs/volunteer/VolReg/VolunteerRegistration.aspx>.

For more information please call 703-324-5406, TTY 711, email

VolunteerSolutions@FairfaxCounty.gov or visit fairfaxcounty.gov/olderadults and follow the link to "Volunteer Solutions".

- The Sully Senior Center in Chantilly needs a **certified personal trainer**, preferably with experience working with older adults, for one hour two days per week.
- The Herndon Senior Center needs a **volunteer knitting instructor** to assist with an existing knitting class on Thursday mornings.
- The Wakefield Senior Center in Annandale needs a **seamstress or tailor** to lead a dressmaking activity to help children in Africa and Haiti, Mondays 10 a.m. to 2 p.m.
- The Hollin Hall Senior Center in Alexandria needs a **DJ to provide a wide array of music** from ballroom to line dancing, Wednesdays 2 to 4 p.m.
- The Herndon Harbor Adult Day Health Care Center needs **two volunteer lunch**

assistants to set up, serve and clean up lunch for 20 on Tuesdays, Thursdays, and Fridays.

- The Lewinsville Senior Center in McLean needs a **certified volunteer Zumba Instructor** to teach a class on Friday afternoons.
- Fairfax County needs volunteers to **drive older adults to medical appointments** and wellness programs.
- The Little River Glen Senior Center in Fairfax needs **help with special events**.
- The Kingstowne Senior Center in Alexandria needs **instructors for classes in bridge** and an **experienced boater** to share about the ins and outs of boating.
- The Hollin Hall Senior Center in Alexandria needs a **trip planner** and a **ballroom dance instructor** to teach basic ballroom dance on Thursday afternoons.
- The Mount Vernon Adult Day Health Care Center in Alexandria needs **social companions** for participants on Fridays from 3 to 5 p.m. and **front desk volunteers** on Tuesdays and Wednesdays from 11 a.m. to 12 p.m. and 3:30 to 4:30 p.m.
- The Wakefield Senior Center in Annandale needs an **experienced canasta player** and **Spanish-speaking interpreters**, Tuesday through Friday, 10 a.m. to 2 p.m. They also need **certified instructors for classes in Dance, Zumba Gold, and Pilates**. Volunteer instructor positions could lead to part time employment.
- **Respite Care volunteers** give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact Kristin Martin at 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.
- **Grocery Shopping** - Shop for an older adult or accompany them to the grocery store. Commitment: two hours every other week.
- **Household Services** - Unpack boxes, change light bulbs, paint small areas, straighten cupboards or closets, organize paperwork, write letters. Commitment: varies.
- [Meals on Wheels](#) -Transport meals to older adults or adults with disabilities Monday through Friday, 11 a.m. and 1 p.m. Program also needs driver coordinators and group coordinators. Commitment: two hours/month and longer. Volunteer opportunities are available near where you work or live. Employee groups are welcome to share a delivery commitment. Check us out on YouTube now! Drivers needed in Fairfax, Franconia, Reston, McLean and Falls Church.
- **Nutritional Supplement Delivery** - Pick up and deliver nutritional supplements to an older adult's home. Deliveries are made early in the month. Commitment: a six-month commitment is requested. Two to three hours per month.
- **Caregiver Respite** - Respite volunteers give family caregivers of older adults, who can't be left alone, a well-earned break. Volunteers are matched with families in or near their own neighborhoods. Volunteers receive training and support.
- **Regional Volunteer Office Managers** - Help Volunteer Solutions recruit and train volunteers, track status of new volunteers, collect and enter volunteer hours. Must be highly skilled with computers, data entry, records management, phone

etiquette, communication (both oral and written). Must be able to volunteer in the office, use county database, and maintain confidentiality. Commitment: 10 to 15 hours per week.

- **Senior Centers** - Provide assistance to program managers or offer activity programming.
- **Social Visits** - Visit older adults who need company. Commitment: once or twice a week visits for one to two hours at a time. A one-year commitment is requested.
- **Transportation** - Drive older adults to and from medical appointments, pharmacy, bank, library, grocery shopping etc.

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call the Dranesville District office at 703-356-0551, TTY 711.

If you would like your community announcement included in Dranesville Happenings please send an email to Dranesville@FairfaxCounty.gov.

