



Dranesville Happenings

October 2016

Announcements and Upcoming Activities in and Around the Dranesville District



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Dranesville District Supervisor

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EVENTS

October 3: MCA Discussion on Meals Tax Referendum

October Membership Meeting

Supervisor John Foust and Joe Mondoro, Chief Financial Officer for Fairfax County, will discuss the Meals Tax Referendum and answer questions at the McLean Citizens Association (MCA)'s October Membership Meeting.

Event Details

Monday, October 3
7:30 p.m. to 9:30 p.m.
McLean Community Center
1234 Ingleside Avenue, McLean

This event is free and open to the public. For more information about the MCA and other upcoming events, visit <http://mcleancitizens.org/>.

October 3 through 7: Annual Town of Herndon Fall Clean-Up

The annual town-wide fall clean-up is scheduled for Monday, October 3 through Friday, October 7, with pickup on residents' regular trash day only. Items should be placed curbside for pickup and may include appliances (remove doors), furniture, vehicle parts and plumbing fixtures (under 50 pounds), tires (maximum 2 per household), and a limited amount of building materials (approximately 1 cubic yard, lengths not to exceed 4 feet).

Items should be placed curbside by 7:00 a.m. on residents' regular trash day only, but no earlier than 24 hours prior to pickup.

For more information, contact the Town of Herndon Department of Public Works at publicworks@herndon-va.gov or visit www.herndon-va.gov/FallCleanUp.

October 4: Great Falls Senior Center Event

Frank Wolf, former Republican legislator who represented Virginia's 10th congressional district in the United States House of Representatives from January 1981 to his retirement in January 2015, will be the guest speaker at the Great Falls Senior Center (GFSC) October event. Mr. Wolf was the state's longest serving congressman, holding office for 34 straight years. He is now a distinguished senior fellow for the 21st Century Wilberforce Initiative and holds the Jerry and Susie Wilson Chair for Religious Freedom at Baylor University.

Event Details

Tuesday, October 4
11:00 a.m. to 1:30 p.m.
United Methodist Church
10100 Georgetown Pike, Great Falls

This event includes lunch and reservations are required. The event sponsor is Seneca Hill Hospital Resort and Spa and lunch will be provided by Mookie's BBQ. For more information or to make a reservation, contact Polly Fitzgerald at pollyfitz1@verizon.net or call 703-759-4345.

Visit www.gfseniors.org for more information about the GFSC.

October 5: Fairfax County Public Schools Plan to Serve Tysons-Area Growth - Public Meeting

Join Dranesville District Supervisor John Foust, Dranesville District School Board Member Janie Strauss, FCPS Representative Kevin Sneed, and Fairfax County Office of Community Revitalization Director Barbara Byron for a discussion about Tysons growth and development and Fairfax County Public Schools.

Event Details

Wednesday, October 5, 7:00 p.m.
Spring Hill Elementary School
8201 Lewinsville Road, McLean

For more information, contact the office of Supervisor Foust at Dranesville@fairfaxcounty.gov or 703-356-0551.

October 5 through 28: 8th Annual Expressions Portrait Exhibit

ArtSpace Herndon

ArtSpace Herndon's 8th Annual Expressions Portrait Exhibit features finalists from this year's Expressions Portrait Competition. The exhibit will include 25 portraits in various mediums that were selected from 101 submissions.

Event Details

Wednesday, October 5 through Friday, October 28

Awards Reception: Saturday, October 15, 7:00 p.m. to 9:00 p.m.

Gallery Hours

Monday and Tuesday: Closed

Wednesday and Thursday: 10:00 a.m. to 2:00 p.m.

Friday: 10:00 a.m. to 5:00 p.m.

Saturday: 11:00 a.m. to 5:00 p.m.

Sunday: 1:00 p.m. to 5:00 p.m.

ArtSpace Herndon

750 Center Street

For more information, visit <http://www.artspaceherndon.com/8th-annual-expressions-portrait-exhibit/>.

October 8: Home Modification Workshop

McLean Community Village for All Ages

The McLean Community Village for All Ages (MCVA) has teamed up with Virginia AARP, the Fairfax County Building for All Committee (BFAC), and the McLean Community Center to organize the 2016 Home Modification Workshop.

The workshop features large and small home modifications that enable greater safety and comfort for seniors who choose to age-in-place. In addition to the workshop on home modification, panelists will discuss how to hire a contractor, funding sources and tax incentives, as well as real estate advice on how to maintain the value of your home.

Event Details

Saturday, October 8

9:30 a.m. to 12:00 p.m.

McLean Community Center

1234 Ingleside Avenue, McLean

For more information, contact McLeanCommunityVillage@gmail.com.

**October 11: GFCA Town Hall on Meals Tax Referendum and Virginia
"Right to Work" Amendment**
General Membership Meeting

The Great Falls Citizens Association (GFCA) will host a Town Hall to discuss two issues that will be on the November 8 General Election ballot: the Meals Tax Referendum and the "Right to Work" Amendment. Supervisor John Foust and Supervisor Pat Herrity will discuss the Meals Tax Referendum and answer questions.

Event Details

Tuesday, October 11, 7:30 p.m.
Great Falls Grange
9818 Georgetown Pike, Great Falls

This event is free and open to the public. For more information about the GFCA and other upcoming events, visit <http://gfca.org/>.

October 13: Celebrating Shel Silverstein through Poetry and Performance
ArtSpace Herndon

As part of Herndon Art Week, Herndon Middle School Theatre students will present and perform the poetry of famed children's author Shel Silverstein under the direction of Mr. Scott D. Pafumi. Through spoken word, dramatization, and song, the students will share some of the short stories of this celebrated American poet.

Event Details

Thursday, October 13, 4:00 p.m. to 6:00 p.m.
Herndon Fortnightly Library
768 Center Street, Herndon

Admission is free. Donations are welcome to support ArtSpace Herndon and the HMS Theater. For more information, visit <http://www.artspaceherndon.com/ev/celebrating-shel-silverstein-poetry-performance/>.

October 15: Herndon Homecoming Parade

"Music through the Decades - the Twenties to Today"

The 2016 Herndon Homecoming Parade will feature floats from student organizations, scouts, sports teams, local businesses, as well as special guests that fit the theme "Music through the Decades - the Twenties to Today."

The parade route extends along Elden Street from Sterling Road to Lynn Street. Street closings will occur between 6:00 a.m. and 12:00 p.m. Sterling Road (inside the Herndon Parkway), Elden Street (between Sterling Road and Lynn Street), and some side streets will be closed.

Event Details

Saturday, October 15, 9:30 a.m.

For more information, visit <http://herndon-va.gov/recreation/special-events/homecoming-parade> or contact Cindy Roeder, 703-435-6800 x2123 or Kimmie Alcorn 703-435-6800 x2119.

October 15: 10th Annual K-9 Krawl 5K

Join the Fairfax County Police Department for the 10th Annual K-9 Krawl, a dog walk to raise awareness of the link between domestic violence and pet abuse. This event is free and open to the public and is made possible by the generous donations from the community and the combined efforts of the Department's Victim Service's Section and the Domestic Violence Unit.

The Fairfax County Fire and Rescue Department will bring their ladder truck and the K9 Unit will conduct a demonstration. There will also be an opportunity to adopt available dogs brought by the Fairfax County Animal Shelter.

Event Details

Saturday, October 15, 8:30 a.m.

Fairfax County Government Center
12000 Government Center Parkway, Fairfax

For more information, visit <https://fcpdnews.wordpress.com/2016/08/25/10th-annual-k-9-krawl-5k/>.

October 15: FCPA Resident Curator Program Open House

The Fairfax County Park Authority (FCPA) is now accepting applications for the rehabilitation and long-term maintenance of the historic Turner Farm property, located at 10609 Georgetown Pike in Great Falls.

The Resident Curator Program provides the unique opportunity for individuals, non-profit and for-profit organizations to secure long-term lease agreements in beautiful public park settings in Fairfax County. The curator leases are without charge in exchange for a financial commitment and approved rehabilitation of the Park Authority's underutilized historic properties. The deadline for submitting applications for the Turner Farm property is January 13, 2017.

Open House Details

Saturday, October 15

10:00 a.m. to 3:00 p.m.

Turner Farm House

10609 Georgetown Pike, Great Falls

For more information on the Resident Curator Program and how to apply, visit <http://www.fairfaxcounty.gov/parks/rcp/> or contact Denice Dressel, Resident Curator Project Manager at 703-324-9569.

October 19: Experience Tysons

Showcase and Open House

Join Tysons Partnership and Fairfax County representatives at Experience Tysons. Attendees will have the opportunity to learn about Tysons today as well as plans for the future. County staff and developers who have redevelopment proposals for the area will be on hand to answer questions.

Open House Details

Wednesday, October 19

6:30 p.m. to 8:30 p.m.

BASIS Independent

8000 Jones Branch Drive, Tysons

For more information, visit <http://www.fairfaxcounty.gov/tysons/news/transforming-tysons-showcase-on-october-19.htm> or contact the Fairfax County Office of Community Revitalization at 703-324-9300, TTY 711, or tysons@fairfaxcounty.gov.

October 20: Baron Road Walkway Community Information Meeting

Supervisor John Foust and the Fairfax County Department of Transportation will host a Community Information Meeting for the County project to construct walkway on the north side of Baron Road from Ingleside Avenue to Douglass Road in McLean.

Event Details

Thursday, October 20, 7:00 p.m.
Churchill Road Elementary School Cafeteria
7100 Churchill Road, McLean

If you have questions or are unable to attend the meeting and would like to obtain additional information, please contact the Fairfax County Department of Transportation project manager, Scott Ruffner, at Scott.Ruffner@fairfaxcounty.gov.

October 27: "Under the Gun" Screening and Expert Panel

Hosted by the League of Women Voters of the Fairfax Area

Join the League of Women Voters of the Fairfax Area for a viewing and panel discussion of "Under the Gun," a documentary narrated by Katie Couric. Panelists will discuss gun violence prevention and ways to find common ground on this topic.

Event Details

Thursday, October 27, 7:00 p.m.
McLean Community Center,
1234 Ingleside Avenue, McLean

For more information, visit <http://www.lwv-fairfax.org/>.

ANNOUNCEMENTS

Absentee Voting Information

General and Special Elections including Town of Herndon

The deadline to register to vote in the November 8 General Election is October 17, 2016. Online registration must be completed by 11:59 p.m.; registration by mail must be postmarked no later than October 17, 2016.

ABSENTEE VOTING BY MAIL

- Absentee Ballot Applications must be received by the Office of Elections by 5:00 p.m., November 1, 2016.
- Absentee Ballots must be received by the Office of Elections by 7:00 p.m., November 8, 2016.

IN-PERSON ABSENTEE VOTING

Fairfax County Government Center
12000 Government Center Parkway, Fairfax
Conference Center Rooms 2 and 3

September 23 to October 14

Monday, Tuesday, Wednesday, Friday: 8:00 a.m. to 4:30 p.m.
Thursday: 8:00 a.m. to 7:00 p.m.

Closed Columbus Day, Monday, October 10

October 17 to November 4

8:00 a.m. to 8:00 p.m.

Saturdays: October 1 to November 5

9:00 a.m. to 5:00 p.m.

SATELLITE LOCATIONS AND TIMES

Saturdays: October 1 to November 5

9:00 a.m. to 5:00 p.m.

Weekdays: October 17 to November 4

2:00 p.m. to 8:00 p.m.

Dranesville Satellite Voting Location

McLean Governmental Center
1437 Balls Hill Road, McLean

For more information about absentee voting and for a complete list of Fairfax County satellite voting locations, visit

<http://www.fairfaxcounty.gov/elections/absentee.htm> or call 703-222-0776, TTY 711.

A valid photo ID is required for voting. For a list of acceptable forms of ID, to register to vote, update your voter registration, and find your polling location, visit <http://www.elections.virginia.gov/voter-outreach/>.

Absentee ballot applications and voter registration forms are also available at Supervisor Foust's office in the McLean Governmental Center, 1437 Balls Hill Road, McLean.

Election Officers Needed

Fairfax County needs Election Officers to work the polls for the upcoming November 8th General Election.

Election Officers must be registered voters in Virginia and complete required training and forms. Election Officers will be paid a \$175 stipend for serving a full day or may choose to volunteer their time.

For more information on serving in a polling place, visit the [Office of Elections website](#), email elect@fairfaxcounty.gov, or call 703-324-4735.

You can also view Fairfax County's [Being an Election Officer](#) Video on YouTube, and listen to the ["Need for Election Officers"](#) Podcast on SoundCloud.

Fairfax County Farmers Markets

Herndon and McLean

The Fairfax County Farmers Markets operate 11 farmers markets across Fairfax County, under the Fairfax County Park Authority. The two Fairfax County Farmers Markets in Dranesville are located in Herndon and McLean. By providing access to locally grown foods, the farmers market program strives to improve the health of Fairfax County citizens, support local food producers, and protect the environment.

The Herndon Farmers Market is one of four in the County that accepts SNAP benefits, providing low-income individuals with access to this resource.

The Fairfax County markets are strictly producer-only, meaning that the farmers and producers may only sell what they raise on their farms or make from scratch. Vendors are encouraged to use local ingredients in the creation of their products as much as possible. The farmers and producers all come from within a 125 mile radius of Fairfax County.

Herndon Farmers Market Schedule

Every Thursday, May 5 to November 10
8:00 a.m. to 12:30 p.m.
Old Town Herndon, 700 Block of Lynn Street, by the Red Caboose

McLean Farmers Market Schedule

Every Friday, May 6 to November 18
8:00 a.m. to 12:00 p.m.
Lewinsville Park, 1659 Chain Bridge Road

For more information about the Fairfax County Farmers Markets, visit
<http://www.fairfaxcounty.gov/parks/farmersmarkets/>.

Great Falls Community Farmers Market

The Great Falls Community Farmers Market is held every Saturday at the Great Falls Village Centre. Visit the Farmers Market for local produce, pastured and grass-fed meat, unique vendors, fresh-prepared whole plant and artisan products, and more.

Great Falls Community Farmers Market Schedule

Every Saturday
9:00 a.m. to 1:00 p.m.
Great Falls Village Center, Walker Road Entrance

For more information about the Great Falls Community Farmers Market, visit
<http://greatfallsfarmersmarket.org/>.

Free Secure Shredding Events Provide Protection Against Identity Theft
2016 Residential Document Shredding Event Schedule

Protect yourself from identity theft by destroying sensitive documents such as old tax forms, sales receipts, and other financial records that contain private information. This year, Fairfax County's Solid Waste Management Program will run shredding events throughout the county, where residents may securely shred up to five medium-size boxes of documents. The documents will be reduced to unreadable shreds thereby preserving residents' privacy and preventing fraud.

Material from businesses will not be accepted. Other items that will not be accepted include plastic report covers, metal binder clips, floppy discs, CDs, newspapers, junk mail, film, and photographs.

2016 Schedule of Shredding Events (8:00 a.m. to noon) - Remaining Dates:

- Saturday, October 15: South County Governmental Center, 8350 Richmond Highway, Alexandria 22309
- Saturday, October 22: Springfield Governmental Center, 6140 Rolling Road, Springfield 22152

For more information, visit

<http://www.fairfaxcounty.gov/dpwes/recycling/shredding.htm> or call 703-324-5230, TTY 711 or contact Matthew Kaiser, Public Information Officer, Department of Public Works and Environmental Services, 703-324-8455, TTY 711.

Fairfax County Business Hazardous Waste Disposal Program

The Conditionally Exempt Small Quantity Generators (CESQG) Program, run by Fairfax County's Solid Waste Management Program, includes hazardous waste disposal events for qualifying small businesses. Events will be held at the household hazardous waste disposal facility at the I-66 transfer station (4618 West Ox Road, Fairfax, phone: 703- 631-1179) from 9:00 a.m. to 2:00 p.m., rain or shine. Only business and commercial waste will be accepted during disposal events.

2016 Schedule of CESQG Events at the I-66 Transfer Station - Remaining Date:

- Wednesday, November 2

Details about sign-up, participation, and disposal can be accessed online at

<http://www.fairfaxcounty.gov/dpwes/trash/disphazcomm.htm> or by calling the Fairfax County Solid Waste Management program at 703-324-5230.

Tysons Library Friends Used Book Sale

Tysons-Pimmit Regional Library Temporary Location

While the Tysons-Pimmit Regional Library is closed for renovation, the Tysons Library Friends will host several books sales. Books on a variety of subjects and in several languages, children's books, vinyl records, and other media will be sold.

Used Book Sale Event Details

Every Saturday, 10:00 a.m. to 2:00 p.m.
7700 Leesburg Pike, Suite 137, Falls Church

Quarterly Book Sale Event Details

Wednesday, November 30

1:00 p.m. to 5:00 p.m.

Thursday, December 1

9:00 a.m. to 4:00 p.m.

7702 Leesburg Pike, Falls Church

3rd Floor Conference Room, accessible through South Lobby of 7700

Bag Sale/Clearance Sale

Friday, December 2

9:00 a.m. to 3:00 p.m.

7702 Leesburg Pike, Falls Church

3rd Floor Conference Room, accessible through South Lobby of 7700

\$7 per bag or half price per item

The Tysons Library Friends will also accept donations Saturdays from 10:00 a.m. to 2:00 p.m. In addition, a book donation bin, located in the parking lot between the North and South Lobbies of 7700 Leesburg Pike, can be used to drop off books 24/7.

For more information, to make an appointment, or to arrange for large donations or purchases, please contact the Tysons Library Friends at TysonsLibraryFriends@gmail.com or 703-338-3307.

For more information regarding the library renovation, contact Ben Wiles in the office of Supervisor Foust at Benjamin.Wiles@fairfaxcounty.gov or 703-356-0551.

How to Report and Request Road Maintenance

Information from VDOT and Fairfax County

The Virginia Department of Transportation (VDOT) is responsible for the maintenance of most roads in Fairfax County. Some are maintained by Fairfax County, and even fewer are privately owned and maintained.

If you see a pothole, damaged or down traffic sign, or other issue of concern, you may report the problem to VDOT [online](#) or by calling 1-800-FOR-ROAD (1-800-367-7623). VDOT will investigate each report and will schedule repairs as soon as possible.

Public street name signs are maintained by the Fairfax County Department of Public Works and Environmental Services. More information is available from the County Sign Shop at 703-877-2800, TTY 711. To report a problem (e.g., missing sign, bent pole, etc.),

call the Sign Shop or submit the information using the on-line Street Name Sign Maintenance Form at <https://www.fairfaxcounty.gov/dpwes/utilities/streetsignform.htm>.

For more information or for help determining who maintains your road, contact Jenny Kaplan in the office of Supervisor Foust at Jennifer.Kaplan@fairfaxcounty.gov or 703-356-0551.

Call for Volunteers and Drivers

Shepherd's Center of McLean-Arlington-Falls Church

The Shepherd's Center of McLean-Arlington-Falls Church, run exclusively by volunteers, is working to establish an enduring network of volunteers to help support the needs of local seniors. Volunteers provide free transportation to medical and therapy appointments and pharmacy and grocery stores, visit homebound individuals, or make phone calls to check in with seniors.

No minimum amount of time or long term commitment is required and scheduling is flexible. All volunteers must undergo a screening process.

For more information or to get involved, call the Shepherd's Center at 703-506-2199, email info@scmafc.org, or visit www.scmafc.org.

McLean Caregiver Support Group

McLean Community Village for All Ages

The MCVA Caregiver Support Group is for caregivers of adult family members and close friends. Support group members may be the primary or remote caretaker for a spouse, parent, sibling, other family member, or close friend.

The meetings are held on the first and third Friday of each month from 10:00 a.m. to 11:30 a.m. at the Lewinsville Presbyterian Church, 1724 Old Chain Bridge Road, McLean.

To learn more about the MCVA Caregiver Support Group or to receive the e-Newsletter, email the facilitators Jack Tarr at jtarr5@verizon.net and Lynn Rafferty at radmom899@gmail.com.

Volunteer Opportunities and Events

County Division of Adult and Aging Services

Meaningful volunteer opportunities and events are available to improve the lives of older adults and adults with disabilities in Fairfax County. For a complete list of volunteer opportunities in Fairfax County or more information about those listed below, visit <http://fairfaxcounty.gov/olderadults> and follow the link to "Volunteer Solutions" or call 703-324-5406, TTY 711. Register online at <https://volunteer.fairfaxcounty.gov/custom/1380/index.php>.

Events

- Boomers, retirees and older adults are invited to the Venture Into Volunteering Fair on Friday, October 7, from 10:00 a.m. to 12:00 p.m., at the Mott Community Center, 12111 Braddock Road, Fairfax. Discuss volunteer opportunities with representatives from county and nonprofit organizations. Find out more at www.fairfaxcounty.gov/dfs/olderadultservices/volunteer-solutions.htm.
- Fairfax County's free Family Caregiver Telephone Support Group meets by phone on Tuesday, October 11, 7:00 p.m. to 8:00 p.m. The discussion is The Elephant in the Room: Difficult Topics in Caregiving You Need to Talk About. Register beforehand at www.fairfaxcounty.gov/olderadults and click on Telephone Caregiver Support Group. Call 703-324-5484, TTY 711.
- The Fairfax Commission on Aging meets on Wednesday, October 19 at noon at the Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. The public is welcome to attend and join in the comment period that begins each session. Find out more at www.fairfaxcounty.gov/dfs/olderadultservices/coa.htm. Call 703-324-5403, TTY 711 for meeting access needs.
- Find help in managing the frustrations associated with chronic illness. Fairfax County is sponsoring a free Chronic Disease Self-Management Program on Mondays, October 10 through November 14, 1:00 p.m. to 3:00 p.m., at the NeuroGrow Brain Fitness Center, 8280 Greensboro Drive, Suite 240, McLean. Register online at www.fairfaxcounty.gov/dfs/olderadultservices/chronic-disease.htm or call 703-324-5489, TTY 711.

Fairfax County is offering FREE Medicare 101 and Medicare Enrollment workshops at several locations throughout the County. The following events will be held in or near the Dranesville District:

Medicare 101

Tuesday, October 18, 1:00 p.m. to 2:30 p.m.
Vienna Presbyterian Church, Great Hall
124 Park St., NE, Vienna
Contact: Charles Geschiere, 703-938-9050 x151, TTY 711

Medicare 101
Wednesday, October 19, 11:30 a.m. to 1:30 p.m.
McLean Community Center
1234 Ingleside Avenue, McLean
Contact: McLean Community Center, 703-790-0123, TTY 711

Medicare 101. Wednesday, October 19, 7:00 p.m. to 8:30 p.m.
Vienna Presbyterian Church, Great Hall
124 Park Street, NE, Vienna
Contact: Charles Geschiere, 703-938-9050 x151, TTY 711

Medicare Enrollment Event
Thursday, October 20, 10:00 a.m. to 5:00 p.m.
Vienna Presbyterian Church, Conference Room
124 Park Street, NE, Vienna
Contact: Charles Geschiere, 703-938-9050 x151, TTY 711

Medicare Enrollment Event
Friday, October 21, 10:00 a.m. to 2:00 p.m.
Reston Community Center
2310 Colts Neck Road, Reston
Contact: Karen Brutsché, 703-390-6157, TTY 711

Medicare Enrollment Event
Thursday, October 27, 11:00 a.m. to 4:00 p.m.
McLean Community Center
1234 Ingleside Avenue, McLean
Contact: McLean Community Center, 703-790-0123, TTY 711

Medicare 101
Monday, October 31, 12:30 p.m. to 2:00 p.m.
Lewinsville Senior Center
1515 Great Falls Street, McLean
Contact: 703-442-9075, TTY 711

For a complete list of workshops and more information, visit
<http://www.fairfaxcounty.gov/dfs/olderadultservices/vicap.htm>.

Fairfax County's FREE Caregiver Seminar/Webinar Series features experts in Medicare, dementia care, mental health and wellness, nutrition and elder law. Register online at www.fairfaxcounty.gov/olderadults. Click on Caregiver Seminars under Hot Topics or call 703-324-5205, TTY 711.

Fairfax County is offering the following FREE Caregiver Seminars:

10 Legal Issues Caregivers Should Know About Webinar
Wednesday, October 5, 12:00 p.m. to 1:00 p.m.
Also offered as a seminar on Thursday, November 3

Caregiving 101: Prepare to Care
Martha Washington Library
6614 Fort Hunt Rd., Alexandria
Thursday, October 6, 7:00 p.m. to 8:30 p.m.

Understanding and Caring for a Person with Dementia
Lincolnia Adult Day Health Care Center
4710 N. Chambliss St., Alexandria
Thursday, October 13, 7:00 p.m. to 8:30 p.m.

Caregiver Boot Camp: Dementia 101
Insight Memory Care Center
3953 Pender Dr., Ste. 100, Fairfax
Saturday, October 15, 9:00 a.m. to 3:00 p.m.

Caregiving 101: Prepare to Care
Kings Park Library
9000 Burke Lake Rd., Burke
Monday, October 24, 7:00 p.m. to 8:30 p.m.

Hiring In-Home Care Webinar
Wednesday, October 26, 12:00 p.m. to 1:00 p.m.

New Fairfax County Podcasts

- [Fairfax 50+ Podcast: Herndon Senior Center's Terrific Programs & Transportation Options](#)
- [Fairfax 50+ Podcast: Meet the Senior Citizen Council](#)

Volunteer Opportunities

- The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov.
- The Providence Community Center Senior Program in Fairfax is looking for an ESL Instructor weekdays.
- The Lincolnia Senior Center in Alexandria is looking for Instructors for the following classes: Chinese Brush Painting, Tai Chi, Yoga/Matwork (core and weights) and Aerobics.
- The Gum Springs Senior Program in Alexandria is looking for a Line Dance Instructor.
- Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs.
- The Little River Glen Senior Center in Fairfax is in need of front desk volunteers and instructors for the following classes: Bridge, Qigong, Basic Language, Group Fitness, Basic Computer Skills, ASL and ESL.
- The Wakefield Senior Center in Annandale needs Front Desk Volunteers and a Qigong Instructor.
- The Bailey's Senior Center in Falls Church is in need of a Volunteer Trip Assistant.
- The Mount Vernon Adult Day Health Care Center in Alexandria needs front desk volunteers and patient Card Players.
- A Cantonese-speaking Social Visitor is needed in Falls Church to visit with an older adult female.
- The Kingstowne Center for Active Adults in Alexandria needs Instructors for the following classes: Country-Western Line Dance, Hula Hoop and African Style Dance.
- Meals on Wheels needs drivers in the Franconia area in addition to drivers, coordinators, and co-coordinators for routes throughout other parts of the county.
- The Hollin Hall Senior Center in Alexandria needs a Trip Planner, Garden Helper and instructors for the following classes: Basic Woodworking, Italian and Ballroom Dance.

- The Lewinsville Senior Center in McLean needs instructors for the following classes: Self Defense, Chair Exercise, Indoor Gardening, Basic Spanish, French, Japanese, Basic Guitar and a Facility Attendant.
- Vietnamese Meals on Wheels needs drivers in Annandale to deliver meals. Speaking Vietnamese not required.
- Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact Kristin Martin at 703-324-7577, TTY 711, Kristin.Martin@fairfaxcounty.gov. Find out more about the Fairfax County Respite Program at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm.

For these and other volunteer opportunities, email VolunteerSolutions@FairfaxCounty.gov, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call the Dranesville District office at 703-356-0551, TTY 711.

If you would like your community announcement included in Dranesville Happenings please send an email to Dranesville@FairfaxCounty.gov.

