HOW AYUDA CAN HELP

Social Services

Help Domestic Violence victims obtain food, clothing, housing, medical care, counseling, English classes, and employment

Legal Services

Direct representation in domestic violence and other related legal issues, such as divorce and child custody

Hermanas Unidas (Sisters United)

Support group and leadership development program for Latina survivors

Community Outreach

Training for service providers, law enforcement, and community groups on the specific challenges for immigrant victims of domestic violence

Multilingual Services

Recognize the Symptoms of Domestic Violence

Does the person you love. . .

- ☐ Threaten to harm you or your children?
- ☐ Promise to never hit you again, but then he or she does?
- ☐ Humiliate you?
- ☐ Restrict your conversations with friends and family?
- ☐ Throw you on the floor, or push, hit, choke or kick you?
- ☐ Force you to have sexual relations when you don't want to?

NORTHERN VIRGINIA
46950 Community Plaza, Suite 213
Sterling, VA 20164
703-444-7009
Walk-In Hours: Mon & Wed 9-5pm

ayuda

1707 Kalorama Rd. NW
Washington, DC 20009
202-387-4848

www.ayudainc.org

Ayuda is the D.C. area's leading source of multilingual legal and social assistance for low-income immigrants in the areas of immigration, human trafficking, domestic violence, and family law.

AYUDA

DOMESTIC VIOLENCE & FAMILY LAW PROGRAM

Helping Immigrants Build Safe and Violence-Free Lives

ayuda

Hablamos Español

On Parle Français

Domestic Violence is...

... a pattern of behavior that is used to gain or maintain power and control over an intimate partner or family member.

Abuse can be physical, sexual, emotional, or economic actions or threats that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame injure, or wound someone.

Domestic violence can happen to anyone of any race, age, sexual orientation, religion, or gender.

It can happen to couples who are married, living together, or who are dating.

Domestic violence affects people of all socioeconomic backgrounds, education levels, and nationalities.

How can Ayuda Help?

Responding to the needs of the Washington DC community, Ayuda opened its domestic violence clinic in 1986. The Domestic Violence and Family Law program is a holistic, culturally sensitive, multilingual legal and social services program to serve battered immigrants fleeing violence in their homes.

Ayuda provides:

- **Legal services** to protect survivors and their children
- **Individual counseling** to help heal the trauma of violence
- **Case management** assistance to obtain housing, daycare, employment, and medical services
- **Hermanas Unidas** support group for counseling and activity therapy

Immigrant Victims Face Unique Challenges

Immigrant victims of domestic violence face unique challenges that hinder their ability to access help through the justice system.

Immigrants often are :

- Lacking in knowledge about their legal rights under U.S. law
- Isolated from their friends, family, and other support networks
- Facing economic hardship
- Struggling with limited English proficiency
- Afraid of removal from the U.S.