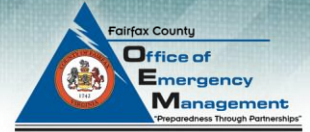




READY & RESILIENT

SURVIVE // RECOVER // REVIVE



Make an Emergency Supply Kit

When preparing for a possible emergency situation, think first about the basics of survival: fresh water, clean air and warmth.

All Fairfax County residents should have some basic supplies on hand in order to survive for at least **three days** if an emergency occurs. Review this list and consider where you live and the unique needs of your family to create an emergency supply kit that meets these needs. Also consider having multiple emergency supply kits, **one full kit at home** and **smaller portable kits** in your workplace and vehicle.

Recommended Items to Include in a Basic Emergency Supply Kit

- Water (one gallon of water per person per day for at least three days).
- Food (at least three-day supply of non-perishable food).
- Battery-powered or hand crank radio and a NOAA Weather radio.
- Flashlight and extra batteries.
- First-aid kit.
- Whistle to signal for help.
- Garbage bags and plastic ties.
- Duct tape.
- Plastic sheeting.
- Manual can opener for food (if kit contains canned food).
- Local maps.
- Cell phone and chargers.

Additional Items to Consider

- Prescription medications and glasses.
- Pet food and extra water for your pet.
- Important family documents (insurance policies, identification and bank account records).
- Emergency reference materials (such as first-aid book).
- Sleeping bag or warm blanket for each person.
- Change of clothing.
- Fire extinguisher.
- Matches in a waterproof container.
- Mess kits, paper cups, plates and plastic utensils, paper towels.
- Paper and pencil.
- Books, games, puzzles or other activities for children.
- Infant formula and diapers.



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