

Emergency Information

Write down emergency contact information and make sure all household members know where to find it.

Contacts	Name/Phone Number(s)
Personal emergency contacts Local contact	
Personal emergency contacts Out-of-town contact	
Family physician(s)	
Pharmacy	
Children's day care provider and/or schools	
Babysitter	
Veterinarian	
Pet sitter	
Employer	
Neighbor(s)	
Insurance provider and policy number	
Other important phone numbers	
Fairfax County Health Department	703-246-2411, TTY 703-591-6435
Emergency—Police, Fire, Ambulance	9-1-1, TTY 9-1-1
Non-emergency	703-691-2131, TTY 703-204-2264

Important Health Information About You and Your Family Members

Complete this chart and make sure all household members know where to find it.

Family Member	Blood Type	Allergies (drugs, foods, environmental agents)	Past/Current Medical Conditions	Current Medications/ Dosages