



Fairfax County Celebrates  
**National Public Health Week**  
April 4-10, 2011

SAFETY is no accident...  
it begins with **You!**



**1** Seatbelts • Avoid Distracted Driving  
Sidewalks • **PREVENT INJURIES** • Helmets  
Safe Playgrounds • Smoke Detectors • Avoid Burns

Cover Coughs • Hydrate • Vaccinations  
**2** **STAY HEALTHY**  
Wash Hands • Stay Home When Sick

Stay Informed • Evacuation Plan  
**3** **PREPARE FOR DISASTERS**  
Make a Plan • Prepare a Kit

[WWW.FAIRFAXCOUNTY.GOV/HD](http://WWW.FAIRFAXCOUNTY.GOV/HD)



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*healthy people in healthy communities*

