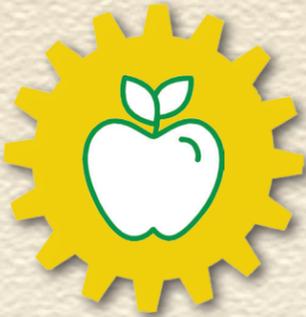




Fairfax County Celebrates
National Public Health Week
April 2 - 8, 2012

5 Days/5 Ways to a Healthier YOU!



Monday
Active living & healthy eating



Tuesday
Living tobacco and drug-free & alcohol abuse prevention



Wednesday
Communicable disease prevention



Thursday
Reproductive & sexual health



Friday
Mental health & emotional well-being

www.FairfaxCounty.gov/hd

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healthy people in healthy communities

