

Put a little Spring in your Step!

Moving every day
= a healthier you!



SCHOOL HEALTH SERVICES



HEALTH
PROMOTION



Fairfax County Health Department
703-246-2411 • TTY 711 • fairfaxcounty.gov/hd



A Fairfax County, Va., publication. April 2016. For more information or to request this information in an alternate format, call the Fairfax County Health Department at 703-246-2411, TTY 711.