

# School Health Promotion Morning Announcements

JUNE: Think Health & Safety



## Two Student Dialogue:

*[Start speaking here.]*

**Student 1:** Hey! What are you up to this summer?

**Student 2:** The usual. Riding my bike and hanging out at the pool, I guess.

**Student 1:** Yeah – me too! Does your mom make you wear a helmet whenever you bike or skateboard?

**Student 2:** I always wear a helmet! Last summer I was biking on the trail behind my house and I hit a rock with my front wheel. I went flying! I was so glad I had a helmet on that day! My rules for summer: drink lots of water, wear a helmet and wear sunscreen.

**Student 1:** Those are easy rules to follow! Hey - I'll see you at the pool!

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