Start Your Day Right. Start With Breakfast!

EAT Breakfast!

THINK BETTER MORE ENERGY

Fairfax County Health Department
703-246-2411 • TTY 711 • fairfaxcounty.gov/hd

A Fairfax County, Va., publication. Aug. 2013. For more information or to request this information in an alternate format, call the Fairfax County Health Department at 703-246-2411, TTY 711.