

# School Health Promotion Morning Announcements

NOVEMBER: Take Five



## Two-Student Dialogue:

*[Start speaking here.]*

Student 1: What are you eating?

Student 2: Sugar puff chocolate balls. What are YOU eating??

Student 1: It's a Fruit-Ka-Bob! Grapes, bananas, melon and strawberries – on a stick.

Student 2: Oh. I guess you'd rather have my sugar puff chocolate balls?

Student 1: Uh ... no thanks. This is such a sweet snack! If I get 5 servings of fruits and vegetables every day I'll stay healthy and strong. And let's face it -- everything tastes better on a stick!

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