




August 2010



DRESS PROPERLY! WEAR LONG, LOOSE, AND LIGHT-COLORED CLOTHING.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3 Risk for WNV is high in August.	4	5	6	7
8	9	10	11	12 	13	14
15	16	17	18	19	20 Recycle old tires. Call (703) 324-5230.	21
22 Do a tick check.	23	24	25	26	27	28
29 	30	31				

SYMPTOMS OF WEST NILE VIRUS

Serious symptoms in a few people: About one in 150 people infected with West Nile virus will develop severe illness. Symptoms may include high fever, headache, neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness, vision loss, numbness or paralysis. These symptoms may last several weeks and neurological effects may be permanent. West Nile virus infection can be fatal. **MILDER SYMPTOMS in some people:** Up to 20 percent of people infected with West Nile virus develop West Nile fever, symptoms of which may include fever, headache, body aches, nausea, vomiting, and sometimes swollen lymph glands or a skin rash on the chest, stomach or back. Symptoms may last a few days to several weeks. **NO SYMPTOMS in most people:** Approximately 80 percent of people who are infected with West Nile virus will not show any symptoms at all.