

Homeless Prevention For Persons with Mental Disabilities

Fairfax Community Summit
to End Homelessness

April 7, 2006
Michael Shank
Virginia DMHMRSAS

In the News:

- **OVERWHELMED FAIRFAX SHELTER TEMPORARILY CLOSES**
 - "One of Northern Virginia's only daytime homeless shelters has been so stretched by the number of people needing help this winter that the facility has closed for 48 hours while its staff determines its future, the shelter director said yesterday." (Washington Post 3/7/06)
- **FAIRFAX'S AILING POOR WAITING**
 - "If you are poor and mentally ill in Fairfax County, it can take you as long as six months to see a therapist. If you need a place in a group home, you could be waiting for years." (Washington Post 3/17/06)

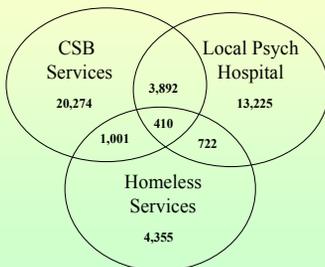
What is the overlap?



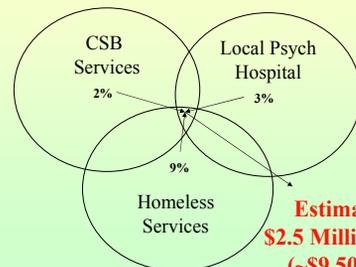
CSBs, VHI, and Homeward HelpNet: Record Matching

- 20,274 adults in CCS database as CSB consumers in Planning District 15 (greater Richmond area)
- 13,225 adults in VHI database of local psych hospital inpatients in Planning District 15
- 4,355 adults enrolled in the HelpNet homeless services database (greater Richmond area)
 - 1,001 records matched CCS = 4.9% of CCS and 23% of HelpNet
 - 722 records matched VHI = 5.5% of VHI and 16% of HelpNet

PD15 – Greater Richmond Area Adult Consumers FY 03 - 05



PD15 – Greater Richmond Area Shared Consumers FY 03 - 05



**Estimated Cost
\$2.5 Million per Year
(~\$9,500/person)**

PD 15 CSB Adult Consumers FY 2003 Through FY 2005

- **Housed** (n=19,273)
 - Average Age = 39.5
 - Male= 53.3%
 - African American = 41.2%
 - Richmond Resident= 29.3%
 - Bipolar/Mood Disorder Related 19.4%
 - Schizophrenia Related 11.6%
 - Alcohol Related 15.9%
 - Any Cocaine Diagnosis 10.5%
- **Homeless** (n=1,001)
 - Average Age = 40.1
 - Male= 50.9%
 - **African American = 68.6%**
 - **Richmond Resident= 61.7%**
 - Bipolar/Mood Disorder Related 18.8%
 - Schizophrenia Related 18.1%
 - Alcohol Related 20.2%
 - **Any Cocaine Diagnosis 30.5%**

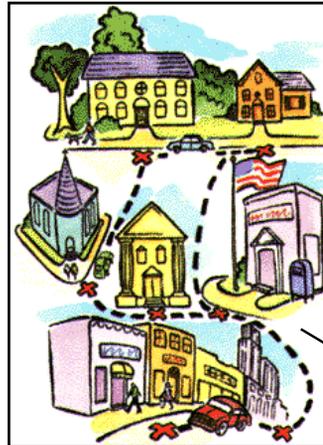
PD 15 CSB Adult Consumers FY 2003 Through FY 2005

- **Housed** (n=19,273)
 - **Residence at Admission**
 - Private Residence 71.9%
 - Local Jail/Corrections 9.9%
 - Homeless/Shelter 0.8%
 - **Employment at Admission**
 - Employed Full Time 14.7%
 - NILF-Disabled 14.6%
 - Unemployed 11.9%
 - **Education at Admission**
 - High School/Voc Ed. 26.5%
 - Some HS/Voc Ed. 20.4%
 - Some College 12.0%
- **Homeless** (n=1,001)
 - **Residence at Admission**
 - **Private Residence 54.6%**
 - Local Jail/Corrections 13.1%
 - **Homeless/Shelter 12.5%**
 - **Employment at Admission**
 - Employed Full Time 7.3%
 - NILF-Disabled 22.2%
 - Unemployed 21.3%
 - **Education at Admission**
 - High School/Voc Ed. 27.1%
 - Some HS/Voc Ed. 25.7%
 - Some College 17.3%

PD 15 CSB Adult Consumers FY 2003 Through FY 2005

- **Housed** (n=19,273)
 - **Percent Admitted to Hospital**
 - FY 2003 7.9%
 - FY 2004 13.4%
 - FY 2005 9.5%
 - **Admissions per Consumer**
 - FY 2003 .16%
 - FY 2004 .24%
 - FY 2005 .17%
 - **High Annual Admissions (3+)**
 - FY 2003 1.7%
 - FY 2004 2.3%
 - FY 2005 1.7%
- **Homeless** (n=1,001)
 - **Percent Admitted to Hospital**
 - **FY 2003 22.5%**
 - **FY 2004 33.6%**
 - **FY 2005 27.4%**
 - **Admissions per Consumer**
 - **FY 2003 .63%**
 - **FY 2004 .87%**
 - **FY 2005 .74%**
 - **High Annual Admissions (3+)**
 - **FY 2003 8.6%**
 - **FY 2004 10.7%**
 - **FY 2005 10.3%**

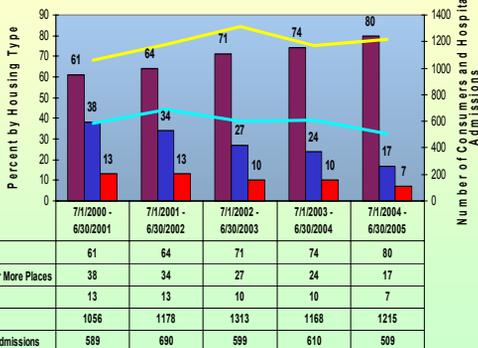
Odds Ratio for FY 05 Homelessness / High Hospital Admits > 6:1



**Programs
of
Assertive
Community
Treatment**

PACT
Estimated Cost
\$12,000/person/yr

PACT Consumers' Housing and Hospitalizations by Fiscal Year



Maximize Current Resources

- On average, roughly \$9,000 is spent each year for homeless adults with psychiatric disabilities to spend a total of 15 days in local hospitals.
- For roughly a third of this group, who have 3 or more admissions per year, this one service costs \$21,000.
- What does housing and supports cost?
- Who is willing to pay for it?