



# County of Fairfax, Virginia

## INTERNSHIP

October 2013

Contact: Stephanie Evans  
LiveWell Program Coordinator  
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## Health Promotion and Wellness Internship

The Fairfax County Government LiveWell Workforce Wellness Program (LiveWell Program) has a semester internship opportunity for a college junior/senior student with an exercise science or health promotion major interested in gaining experience in the County's employee wellness program. Established in 2008, the LiveWell Program's mission is to improve employee health and well-being, while reducing health care expenditures for the County's health insurance plans. The LiveWell Program offers a variety of benefits to approximately 20,000 Fairfax County Government employees and retirees.

The internship offers an exciting opportunity for a student to participate in wellness program research in addition to development and implementation efforts for a large geographically dispersed employee population. This internship opportunity is designed to focus on the following LiveWell Program objectives for Spring 2014:

- Interaction with worksite liaisons for 55 County agencies across 300 county worksites to further build the program infrastructure and improve employee communications related to health promotion and wellness programs;
- Educational resource delivery such as wellness articles, workshop scheduling and health screening support;
- Organization and delivery of an all-day wellness symposium for 500+ employees;
- Responsible for a bi-weekly blog and;
- Daily administrative tasks.

Candidates must be able to work independently and as part of a team. Preference will be given to junior and senior students working towards a Bachelor's degree in Community Health, Exercise Science or other related field. The successful candidate will possess good customer service skills, a working knowledge of Microsoft Office Outlook, Word, Excel and Publisher programs, and the ability to communicate effectively orally and in writing. Knowledge of local government is a plus.

The position is paid as an exempt, limited term intern (does not include County benefits) and requires a minimum of 12 hours per week with a maximum of 40 hours per week approved. A flexible schedule is available and Fairfax County will provide necessary assistance if credit hours are available through the intern's school. The pay range is \$10-\$13 per hour with the pay offered based on qualifications and experience.

Please submit your letter of interest and resume directly to Stephanie Evans, LiveWell Program Coordinator by November 25, 2013. To receive this information in an alternate format, contact Stephanie at 703-324-4556.

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