

**CLASS SPECIFICATION**  
**County of Fairfax, Virginia**

**CLASS CODE:** 3140 **TITLE:** PUBLIC HEALTH NUTRITIONIST **GRADE:** S-19

**DEFINITION:**

Under limited supervision, provides nutrition services to clients of County health or human service programs; and performs related work as required.

**DISTINGUISHING CHARACTERISTICS OF THE CLASS:**

This class is distinguished from the Senior Public Health Nutritionist in that the Senior Public Health Nutritionist class provides hands-on training and supervision to Nutritionists and paraprofessionals whereas the Nutritionist provides direct delivery of nutrition services.

The Public Health Nutritionist differs from the Nutritionist Assistant II in the Public Health Nutritionist provides professional-level services to low and high-risk clients; whereas the Nutritionist Assistant II provides services to low risk clients.

**ILLUSTRATIVE DUTIES:**

*(The illustrative duties listed in this specification are representative of the class but are not an all inclusive list. A complete list of position duties and unique physical requirements can be found in the position job description.)*

Assesses and evaluates nutritional needs of clients;  
Develops, modifies and presents normal and therapeutic diets to clients;  
Establishes food packages for clients;  
Certifies and recertifies the nutritional medical status and program service eligibility of clients, families, and groups;  
Provides nutritional counseling to clients;  
Plans and conducts nutritional training to meet client needs;  
Prepares monthly reports on nutrition program activities and issues.

**REQUIRED KNOWLEDGE, SKILLS, AND ABILITIES:**

*(The knowledge, skills and abilities listed in this specification are representative of the class but are not an all inclusive list.)*

Knowledge of the principles and practices of nutrition;  
Ability to assess and evaluate the nutritional needs of individuals, families and groups;  
Ability to develop nutrition care plans;  
Ability to develop effective working relationships with a variety of individuals.

**EMPLOYMENT STANDARDS:**

Any combination of education, experience, and training equivalent to the following:  
Graduation from an accredited four-year college or university with a bachelor's degree in nutrition, dietetics or a related field.

**CERTIFICATES AND LICENSES REQUIRED:**

Registration as a Dietitian by the American Dietetics Association within one year of appointment.

REVISED: February 12, 2010  
REVISED: December 8, 2008  
REVISED: April 4, 2003  
ESTABLISHED: April 17, 1995