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COMMONWEALTH OF VIRGINIA
COUNTY OF FAIRFAX



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JEFFREY C. MCKAY
LEE DISTRICT SUPERVISOR

Board Matter

July 27, 2010

Madam Chairman—this year was the first Springfield 15K/5K race as one of the features of Springfield Days.

The brainchild of Mark Russell, race director and owner of Metro Run & Walk (a running and walking specialty store in Springfield Plaza), this race will be a yearly event designed to showcase Springfield. This year, the race featured Lake Accotink Park and the adjacent Crestwood neighborhood.

The race drew almost a thousand runners and walkers, an impressive number for its first year.

Mark and his team made an early decision to donate all the proceeds of the race to support area recreation and fitness programs for youth in need as well as to County parks and schools. The following local organizations, parks, and schools were the recipients of the generosity of the race's sponsors:

- Trails for Youth (supporting trail running and hiking);
- Keen (Kids Enjoy Exercise Now) supporting their new Springfield programs;
- Lake Accotink Park for camp and activity scholarships;
- South Run RECenter supporting adaptive swimming programs;
- Lee High School cross country and track teams;

- The 15k/5k free running shoe fund providing shoes to local school athletes who cannot afford them.

Madam Chairman—I ask for unanimous consent to bring Mark Russell and his race planning team before the Board for recognition at our meeting on October 19.

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