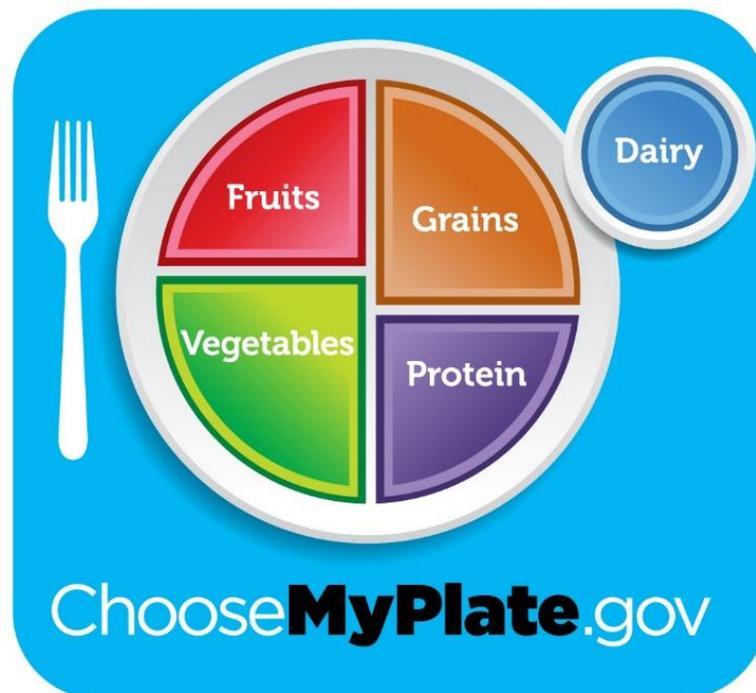


Healthy Eating Game

(Credit: craftingchicks.com)

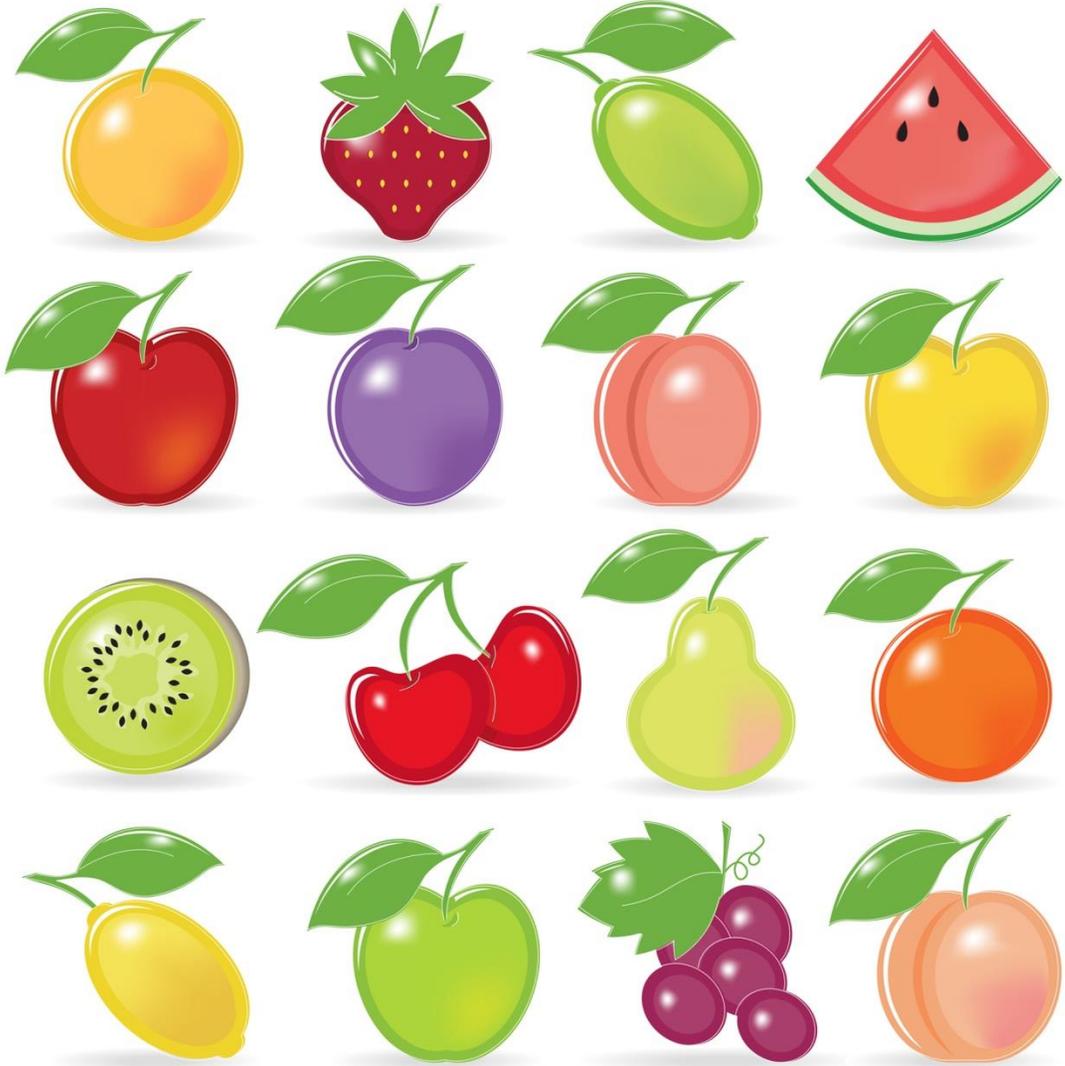
Directions:

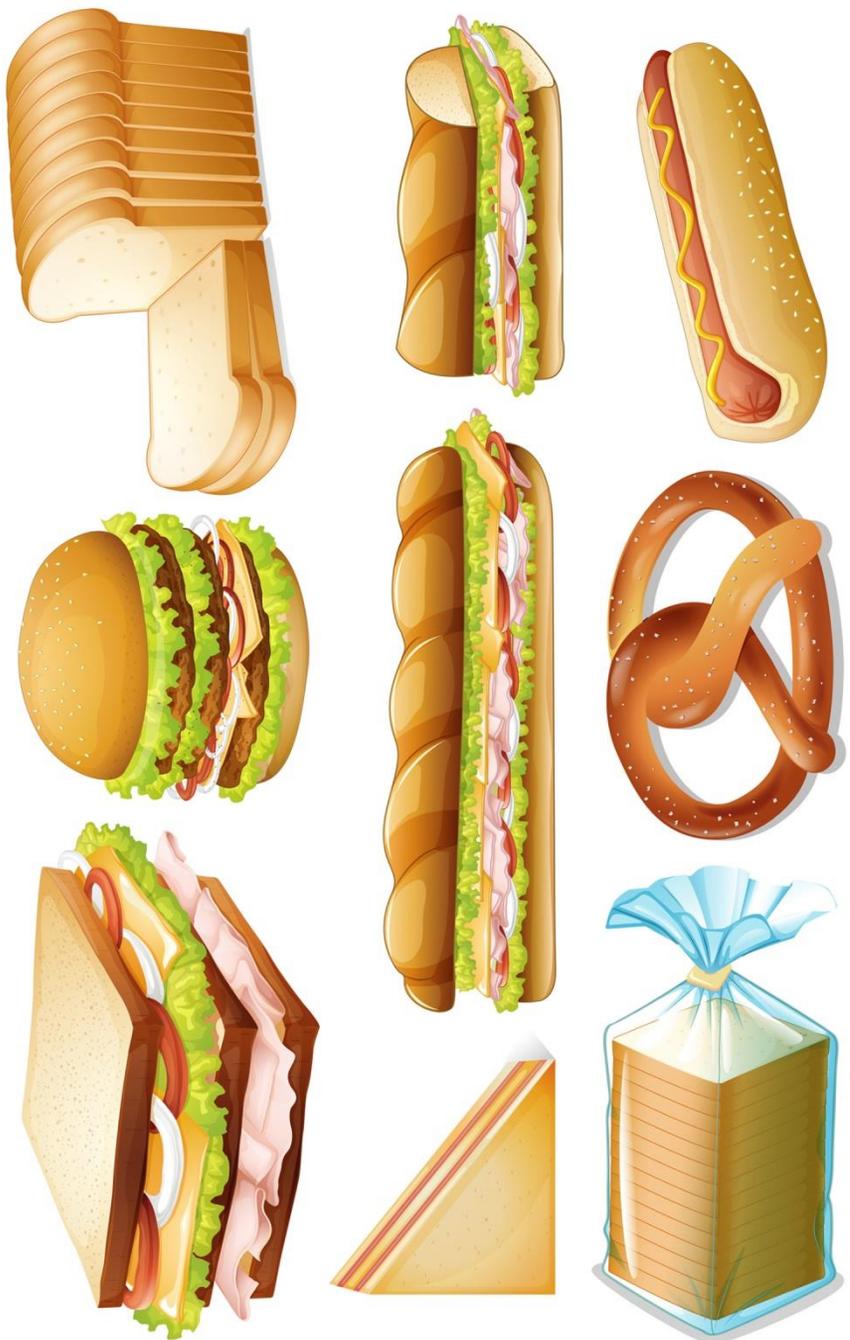
1. Print out the food clipart and cut apart.
2. Print out the paper plate or divide a paper plate into the four food groups.
3. Play the game by choosing different foods and placing on the plate in the proper section.



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A Healthy Plate Guide

