

Prepare. Prevent. Play.



Fairfax County Youth Sports Safety Summit

For youth sports league administrators, coaches and parents

Renewing our Commitment to Participant Safety

Join us for an informative series of presentations designed to provide all involved with youth sports with critical health and safety information

When: Saturday, April 21, 2012

Time: 9:00 AM- 1:00 PM

Where: Fairfax County Government Center

12000 Government Center Parkway, Fairfax VA

Featuring keynote speaker: *Chris Nowinski, President and Co-founder, Sports Legacy Institute*

Additional breakout sessions addressing:

*Concussion recognition and management in youth athletes

*Heat illness and environmental safety

*Sports nutrition and the role of nutritional supplements

*Overuse injuries in adolescents

*Health and safety policy development for youth sports league administrators

Online registration is free: <https://www.surveymonkey.com/s/youthsportssafetysummit>

Questions??? Contact Linda Watkins (703)-776-3259

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