



# 2016 CREATIVE AGING FESTIVAL

South  
Fairfax

**Get Creative!** Join us in celebrating the invigorating effect the arts can have on older adults across Fairfax County. From painting and writing to dancing and music, the arts make living 100 years full of meaning, purpose and grace.

The Creative Aging Festival, coinciding with Older Americans Month, is presented by Fairfax County in collaboration with the Arts Council of Fairfax County and the National Alliance of Community Economic Development Associations.

Don't miss out on the opportunity to participate at one of the following events to showcase your talents or learn a new skill!

Date (Time)	Location	Activity
Monday, May 2 (9 a.m.)	Kingstowne Center for Active Adults 6488 Landsdowne Center, Alexandria 22315 703-339-7676, TTY 711	iClass <i>Learn to Use an Apple iPhone or tablet</i>
Monday, May 2 (1 p.m.)	Hollin Hall Senior Center 1500 Shenandoah Road, Alexandria 22308 703-765-4573, TTY 711	Barefoot Boogie <i>with Chris Howell</i>
Tuesday, May 3 (10 a.m.)	Hollin Hall Senior Center 1500 Shenandoah Road, Alexandria 22308 703-765-4573, TTY 711	Pottery, 3-D, Sculpting Class <i>(Part 1 of 2, Class 2 is May 5) Instructor: Margaret Reichard</i>
Tuesday, May 3 (10:30 a.m.)	South County Senior Center 8350 Richmond Hwy., Suit 325, Alex. 22309 703-704-6216, TTY 711	Creative Cooking
Tuesday, May 3 (1 p.m.)	Hollin Hall Senior Center 1500 Shenandoah Road, Alexandria 22308 703-765-4573, TTY 711	Essential Oils for a Healthy Life
Tuesday, May 3 (2 p.m.)	Hollin Hall Senior Center 1500 Shenandoah Road, Alexandria 22308 703-765-4573, TTY 711	Zen Doodling & Color Me...ahhhh <i>Art Class</i>
Wednesday, May 4 (Noon)	Kingstowne Center for Active Adults 6488 Landsdowne Center, Alexandria 22315 703-339-7676, TTY 711	Ballroom Dancing

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Continued from the front...

<b>Wednesday, May 4 (Noon)</b>	<b>South County Senior Center</b> 8350 Richmond Hwy., Suit 325, Alex. 22309 703-704-6216, TTY 711	<b>Cinco de Mayo</b> <i>Celebrate with International Folk Dance</i>
<b>Wednesday, May 4 (12:30 p.m.)</b>	<b>Hollin Hall Senior Center</b> 1500 Shenandoah Road, Alexandria 22308 703-765-4573, TTY 711	<b>Movement, Dance &amp; Healing</b> <i>Artist, Lucy Bowen McCauley will speak about their Dance for Parkinson's Disease Program. Discussion and interactive</i>
<b>Wednesday, May 4 (1 p.m.)</b>	<b>Kingstowne Center for Active Adults</b> 6488 Landsdowne Center, Alexandria 22315 703-339-7676, TTY 711	<b>Move to the Beat</b> <i>Exercise Class</i>
<b>Wednesday, May 4 (2 p.m.)</b>	<b>Kingstowne Center for Active Adults</b> 6488 Landsdowne Center, Alexandria 22315 703-339-7676, TTY 711	<b>Jam Session</b> <i>Share Your Instrumental Talent</i>
<b>Thursday, May 5 (10 a.m.)</b>	<b>Hollin Hall Senior Center</b> 1500 Shenandoah Road, Alexandria 22308 703-765-4573, TTY 711	<b>Pottery, 3-D, Sculpting Class</b> <i>(Part 2 of 2)</i> <i>Instructor: Margaret Reichard</i>
<b>Thursday, May 5 (12:30 p.m.)</b>	<b>Hollin Hall Senior Center</b> 1500 Shenandoah Road, Alexandria 22308 703-765-4573, TTY 711	<b>Ancient Art of Movement</b> <i>Belly Dancing Workshop</i>
<b>Thursday, May 5 (2 p.m.)</b>	<b>Kingstowne Center for Active Adults</b> 6488 Landsdowne Center, Alexandria 22315 703-339-7676, TTY 711	<b>Belly Dancing</b> <i>A Middle Eastern style dance</i>
<b>Friday, May 6 (10 a.m.)</b>	<b>Lorton Senior Center</b> 7722 Gunston Plaza, Lorton 22037 703-550-7195, TTY 711	<b>Everyone is an Artist</b> <i>Hands-on Workshop</i>
<b>Friday, May 6 (10:15 a.m.)</b>	<b>Kingstowne Center for Active Adults</b> 6488 Landsdowne Center, Alexandria 22315 703-339-7676, TTY 711	<b>Line Dancing</b>
<b>Friday, May 6 (1 p.m.)</b>	<b>Hollin Hall Senior Center</b> 1500 Shenandoah Road, Alexandria 22308 703-765-4573, TTY 711	<b>Theater Group Presents</b> <i>Staged play reading with audience participation</i>

 Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For more information, call 703-324-4600, TTY 711.

