Southgate Community Center

12125 Pinecrest Rd. Reston, VA 20191
Phone: 703-860-0676, TTY 711
Fax: 703-860-2512

www.fairfaxcounty.gov/ncs

Operating Hours
Monday - Thursday 10 a.m. - 8:45 p.m.
Friday 10 a.m. - 9:45 p.m. Saturday, Noon - 9:45 p.m.
Business Hours
Monday - Friday 10 a.m. - 6 p.m.
The center will be closed February 13 - 15

Schedule of events and activities are subject to change. Please call the facility directly for the most updated information.

February 2016

Programs

Program	When	Time	Description
Afterschool Program	Monday - Friday	3:30 - 6 p.m.	Homework help is available, as well as cooperative games, in-door/outdoor sports, board games, community service projects, cooking, arts & crafts, fieldtrips and more.
CLCP	Monday-Friday	See description	CLCP (Computer Learning Center Partnership) is a project based curriculum that includes Reading is Fundamental (RIF) program and other literacy activities, homework assistance, enrichment activities, field trips, and community service projects. Youth Grades 1-6: Monday 1-6 p.m., Tues.-Fri. 3-6 p.m. Teens Grades 7 - noon: Monday and Wednesday 6-7 p.m., Tuesday, Thursday, Friday 6-8:45 p.m. Adults: Monday and Wednesday 6 - 7 p.m., Tuesday, Thursday, Friday 6 - 8:45 p.m.
Fab 5 Fitness Program	Wednesdays	During afterschool program	FAB 5 is a fun and motivating after school program curriculum created to empower students to become responsible for their own fitness and health. The Fab 5 program is ideal for increasing student activity levels and learning content. These programs and easy to follow lessons were developed with classroom teachers and activity in mind.
Give Program	Saturdays	12:15 - 2:15 p.m	Give offers a free tutoring program for elementary school students (k-6) that need help in school. Students will be paired with high school tutors for a year-long mentoring program. For more information, please contact GIVE at bhatia.shreya@gmail.com
Library	Monday - Friday	See description	Youth (Grades 1-6): Monday—Friday 1 p.m. - 6 p.m. Tuesday-Fridays 3:30 - 6 p.m. Teens/Adults: Monday—Thursdays 6 - 8:45 p.m. Fridays and Saturdays 6 - 9:45 p.m.
Kids Enrichment Clubs	Mondays and Fridays	See description	Youth are able to choose from a variety of clubs that offer them a chance to explore some of their interests further. Clubs include Art, Basketball, Music, Movie Making, Photography, Science and Gardening.
Open Gym	Monday - Saturday	See description	Youth (Grades 1-6): Monday—Friday 1 p.m. - 6 p.m. Tuesday-Fridays 3:30 p.m. - 6 p.m. Teens/Adults: Monday—Thursdays 6 p.m. - 8:45 p.m. Fridays and Saturdays 6 p.m. - 9:45 p.m.
S.P.A.R.C	Tuesday, Thursday and Friday	10 a.m. - 2 p.m.	The Specially Adapted Resource Club (S.P.A.R.C.) is an accessible club for adults with physical and or development disabilities in support of their continued development of life skills. Any adult 22 years of age or older with a physical disability is eligible to participate.
Teen Activities	Monday - Saturday	6 - 8:30 p.m. (Monday & Wednesday) 6 - 7 p.m. (Tuesday & Thursday) 6 - 9:45 p.m. (Friday & Saturday)	Teen activities consist of homework assistance as well as a variety of programs such as: recreation activities, sport and fitness, cooking & nutrition, arts & crafts, multicultural activities, life educational skills and field trips.
Teen Cooking	Saturday	7 - 8:30 p.m.	Hello Southgate Teens! Come join me for Teen Cooking at the Southgate Community Center. We will be making different foods from around the globe as well as trying out different recipes that you bring from home. All recipes will be easy to make, so come over to Southgate so that we can have a little taste of the world one week at a time!
Tot Time	Monday	10 a.m. - 2 p.m.	Tot Time is an unstructured, drop-in play group that encourages parents and children to socialize with one another. The center will be open for free play. Toys, games, books, and music will be provided.
Tot Yoga	Wednesdays	10 - 10:45 a.m.	Free with Donations Accepted Donations will be accepted at every class at whatever level the student feels appropriate (Money collected goes to future programming and supplies for SGCC)
Young Adult Programs	Tuesday, Thursday and Saturday	6 - 8:45 p.m. (Tuesday and Thursday) 6 - 9:45 p.m. (Saturdays)	We have a variety of activities ranging from gym time to game room programming to the computer lab. If you have any ideas for new or updated programs, stop by the front desk.

Classes

Class	When	Time	Description
ESL	Tuesdays	10:15 a.m. - noon	English classes are free but you must purchase the class book for $17. Open registration is available at Southgate at the time of the class. Registration and testing will be held first Tuesday of each
Free Yoga	Mondays and Wednesdays	See description	ADULTS – MONDAYS 6:30—7:30PM SENIORS – WEDNESDAYS 11 a.m.— noon Drop In, please bring a yoga mat All LEVELS WELCOME!!
Social Media, Mobile Devices, and Powerpoint	Tuesday and Thursday	1 - 2 p.m.	For more information please contact Candice.Duong@fairfaxcounty.gov

Special Events/Trips			
Event/Trip	**When**	**Time**	**Description**
Capital Moble Food Bank	Saturday, February 13	10 a.m. - noon	Southgate Community Center will be the next location for the Mobile Market program, this food bank is able to deliver fresh produce monthly to high-needs neighborhoods throughout the DC metropolitan area. 88 Mobile Market locations are currently operating in partnership with community organizations. Southgate is proud to have this resource here in your community. These Mobile Marketplaces are operated monthly in a farmer's market style that distributes produce. They target high density areas with high rates of food insecurity, spotlight community service providers, and feature cooking demonstrations. Help us spread the word to those in need!
Pro-Bono Legal Clinic	Tuesday, February 16	6:30 - 8:30 p.m.	Free legal advice for area residents concerning some civil, immigration and consumer issues. Criminal cases, traffic and employment issues CANNOT be discussed. Please call Cornerstones Community Services Manager Betsy Doud at 571-323-9586, TTY 711 with questions or to register.
Community Meetings			
Meeting	**When**	**Time**	**Description**
Advisory Council Meeting	Tuesday, February 2	7 - 8:30 p.m.	Southgate Advisory Council Meeting.