

The Hideaway Teen Center

South County Government Center
8350 Richmond Highway, Room 309
Alexandria, VA 22309



Operating Hours: Monday - Thursday: 2 - 9 p.m.
Friday 2 - 10 p.m.
Saturday: Noon - 10 p.m.
704-6324 0000

www.fairfaxcounty.gov/ncs

Schedule of events and activities are subject to change. Please call the facility directly for the most updated information.

March 2016

Programs			
Program	When	Time	Description
Academic Enrichment	Monday- Thursday	3:30 - 5:30 p.m.	Teen Center Staff provide daily assistance with homework and studying. We also have FCPS teachers available to provide additional project based learning activities in all subjects.
Arts and Crafts	Monday/Friday	5 - 6 p.m.	Various arts and crafts project ranging from holiday decorations to painting other forms of art.
Music Studio	Monday/Wednesday	4 - 7 p.m.	Participants have the ability to create and record music while learning from trained teen center staff.
Game Room Tournament	Thursday	5 - 6 p.m.	The teen center provide opportunities for the teens to participate in interactive games ranging from gaming systems to card and boards games.
What's cooking? Cooking Club	Wednesday	5 - 7 p.m.	A weekly cooking program that allows teen center participants with the opportunity to create healthy meals and learn culinary skills.
Real Men Real Minds	Thursday	6 - 7 p.m.	A drop-in revolving group discussion geared at providing emotional support, education and resources to teenagers and young adults.
Street Team	Tuesday	4 - 6 p.m.	Supreme Teens Leadership program is a four tiered leadership program that emphasizes learning leadership skills, identifying personal strengths and weaknesses, service learning and preparing for the future. Students will participate in teambuilding activities, field trips and earn the required volunteer hours needed for school. Individual in this will program will also be responsible for assisting the Teen Center staff with the creation and implementation of programs.
Bookworm	Saturday	1:30 - 3 p.m.	Book reading and story telling done by teens.
Open Gym	Friday/Saturday	6 - 10 p.m.	At ISA, Mark Twain MS, Francis S. Key MS, and South County MS
Open Game room	Wednesday/ Saturday	3 - 4 p.m./6 - 10 p.m.	Teens have the ability to participate in various game room activities including pool, video gaming, table games, and foosball.
Glam Squad South	Monday	5 - 6 p.m.	Participants in the is program learn how to do nails, hair, and make body scrubs and lotions.
Fitness Club	Monday	6 p.m.	If you don't enjoy the pressure of exercising in front of your peers we offer separate boys and girls fitness programs. These programs incorporate cardio, strength, flexibility, and endurance training while allowing you to go at your own pace and set fitness goals for yourself
Girl Talk	Saturday	5 p.m.	Female teens discuss how girls should conduct themselves to become self-sufficient and positive community members.
Menu Makers Nutrition program	Monday	5 - 6 p.m.	Teen participants research healthy recipe and create healthy food choices for cooking club.
P.S. Club	Tuesdays	4 - 5:30 p.m.	Project Success for the inclusion of therapeutic recreation participants.
Just Dance	Thursday	5 - 6 p.m.	Every Thursday come learn new dance routines and create original choreography to your favorite songs.
College Bound	Wednesday	5 - 6 p.m.	Want to go to College? Need a Scholarship? Not sure where to start or running behind already. No problem. Our college bound program starts with the basics of researching academic programs, tuition costs, and scholarship opportunities along with tracking your current academic work to plan a course of future studies and taking action.
Classes			
Class	When	Time	Description
Special Events/Trips			
Event/Trip	When	Time	Description

Intergenerational Activities	March 23-24	12 p.m.	Intergenerational painting and pool tournament with the South County Senior Center.
Teen In Action Spring Break	March 21- 28	9 a.m. - 5 p.m.	Join our Teen Center for a funweek of a supervised activities. Teen In Action Spring Break Program , operated by the South County Teen Center , a part of Fairfax County Department of Neighborhood and Community Services, is a week long recreation program for youth in grades seven through twelve with emphasis on developing lifelong leisure skills. We have a staff-to-participant ratio of 1 to 20. This program will go on 2 field trips have various events and activites throughout the break.
Meeting	When	Time	Description