

Registration Opens  
December 10, 2008

Fairfax  
County **OFFICE** FOR  
**CHILDREN**

January - May 2009

**Institute for Early Learning**  
**Winter/Spring Catalog**

Courses and workshops  
for early learning professionals

**O F C** *An Early Childhood Education Agency*  
[www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)

Fairfax County  
Department of Family Services  
**OFFICE FOR CHILDREN**  
12011 Government Center Parkway, Suite 920  
Fairfax, Virginia 22035-1102  
Telephone: 703-324-3044 Fax: 703-803-0116

**O F C** *An early childhood education agency*

[www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)



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Fairfax County is committed to providing equal access to all its citizens and activities.  
In compliance with applicable law, reasonable accommodation will be provided upon request.

Call 703-324-8100 or TTY 711.

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## Introduction to Training

Thank you for your interest in training offered by the Office for Children’s Institute for Early Learning! We look forward to helping you create learning experiences for children of all ages.

### “Early Learning Guidelines” for Young Children

Fairfax County’s “Early Learning Guidelines” explore how children develop in eight key areas (domains) and how you can support children’s growth in each domain. The eight domains are discussed in many of our classes. The “Early Learning Guidelines” will help you plan learning experiences for the children in your care. In the class descriptions, you will find information that identifies the domains covered in that training.

#### The Eight Domains

SE – Social and Emotional Development  
AL – Approaches to Learning

LA – Language  
LIT – Literacy  
MA – Mathematics

SCI – Science  
CA – Creative Arts  
HP – Health and Physical Development

### Competencies for Child Care Professionals

Virginia child care experts have identified eight skill areas that are important for child care providers. The next page shows how each of our classes relates to these areas. You can increase your ability to provide quality learning experiences for young children by taking classes in each of these eight areas:

- |  |   |
|--|---|
| I: Health, Safety and Nutrition            | V: The Learning Environment                           |
| II: Child Growth and Development           | VI: Effective Interactions and Positive Guidance      |
| III: Child Observation and Assessment      | VII: Program Management                               |
| IV: Partnering With Families and Community | VIII: Teacher Qualifications/Professional Development |

### Course Level

Our courses are labeled: basic, intermediate, advanced, or all levels. You can take courses at any level, however it helps to start with basic courses if you are new to the profession.

### School Readiness Certificate

The School Readiness Certificate Program is a series of four courses (45 hours) that help you prepare children to succeed in school and beyond. It is required that you take the courses in the order given below:

- Course 1: Understanding the Role of the “Early Learning Guidelines” in Assuring School Readiness
- Course 2: Planning Early Learning Environments and Daily Routines
- Course 3: Exploring Curriculum and Building Quality Portfolios
- Course 4: Helping Children and Families Make Terrific Transitions

### The Business of Family Child Care

If you are a family child care provider, the workshops on pages 29 - 32 can help you successfully care for children in your home.

## Winter/Spring 2009 Course List Organized by Virginia Competency Areas

### Area I: Health, Safety, and Nutrition

- Kids in the Kitchen: Simple Recipes
- School Readiness Certificate Courses
- Family Child Care Business Workshops

### Area II: Child Growth and Development

- Including All Children: Supporting Infants and Toddlers With Special Needs
- The Early Years
- Rethinking the Brain
- Brain Gym
- School Readiness Certificate Courses

### Area III: Child Observation and Assessment

- Wolf Trap: Arts-Based Assessment
- School Readiness Certificate Courses

### Area IV: Partnering with Families and Community

- Building Relationships With Effective Communication
- School Readiness Certificate Courses

### Area V: The Learning Environment

- Art for Infants and Toddlers
- Play
- Active Learning – the High/Scope Way
- The Basics of Caregiving – Family Child Care Providers
- The Basics of Caregiving – Preschool Teachers
- Count Me In: Math and Young Children
- Science Made Easy
- Outdoor Environments
- It's More Than Sand and Water
- Dramatic Play
- Wolf Trap: Mother Goose... on the Loose
- Wolf Trap: Creating Character Roles From Children's Literature
- Building Early Literacy Skills Through Books, Rhymes and Other Library Resources
- School Readiness Certificate Courses

### Area VI: Effective Interactions and Positive Guidance

- Strategies to Promote Positive Behaviors in Preschoolers
- Message Boards

- Conflict Resolution With Preschoolers
- Positive Guidance: Realistic Choices
- Positive Guidance: Giving Clear Directions
- Children's Natural Temperaments
- Reframing Discipline
- Preventing Discipline Problems
- Basic Sign Language for Preschoolers
- School Readiness Certificate Courses

### Area VII: Program Management

- Director's Focus: Building Relationship-Based Organizations
- Introduction to the "Early Learning Guidelines"
- Planning Small Group Times Around the Early Learning Guidelines
- School Readiness Certificate Courses
- Family Child Care Business Workshops

### Area VIII: Teacher Qualifications/Professional Development

- Ethics and Early Childhood Practices
- School Readiness Certificate Courses

### Cursos En Español

- El Desarrollo de los Niños Pequeños
- Enseñando los Niños Acerca de los Pájaros
- Creando Cuentos, Cantos, y Canciones Infantiles

### Family Child Care Business Workshops

- USDA Child and Adult Care Food Program Orientation
- Growing Your Child Care Business
- Growing Your Child Care Business – the Next Step
- Reconocimiento y Repuesta al Abuso Infantil
- Emergency Preparedness
- Administration of Medication
- Record-Keeping Management
- SIDS and Shaken Baby Syndrome

### School Readiness Certificate Courses

- Planning Early Learning Environments and Daily Routines
- Exploring Curriculum and Building Quality Portfolios
- Helping Children and Families Make Terrific Transitions

## To Enroll

You must be working in a legally operating child care center, preschool, or family child care home in Fairfax County or be an early childhood professional living in Fairfax County.

- If you are a family child care provider, you may enroll in a maximum of **two** Institute courses (see pages 8 – 27) and **two** Family Child Care Business workshops (see pages 29 – 32).
- If you work in a center or preschool, you may enroll in a maximum of **two** Institute courses (see pages 8 – 27). No more than **five** staff from the same center or preschool may enroll in the same training session.
- You must be enrolled in a course to attend. On-site enrollment is not available. If you are not enrolled in a training session or are on a waiting list for a class, you will be unable to participate.

## To Cancel

If you are unable to attend a course, please cancel your enrollment at least 24 hours in advance:

- call the training line at 703-324-3044 or
- e-mail [dfsifel@fairfaxcounty.gov](mailto:dfsifel@fairfaxcounty.gov)

**To hear a recorded list of class updates, please call the information line at 703-324-8420.**

For more information about child care training or to read this catalog online, visit the Fairfax County Office for Children Web site at [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc).

The catalog will be available online the first week of December, May and August.

Registration begins in the middle of December, May and August.

## Inclement Weather Policy

If you have a question about a weather-related class cancellation, you may call the training line at 703-324-3044. You will hear an announcement if a class has been cancelled.

If the Fairfax County Public Schools:

- **Are closed:** there will be no daytime or evening training.
- **Open late:** there will be no morning training, but afternoon and evening training will continue as scheduled.
- **Close early:** there will be no afternoon or evening training.
- **Cancel evening activities:** there will be no evening training.
- **Are closed on Friday:** please call the training line at 703-324-3044 to find out if your Saturday class has been cancelled. You will hear an announcement if a class has been cancelled.

## Additional Information

- **To receive a certificate of completion for a single workshop,** you must attend the entire training session.
- **To receive a certificate of completion for courses with multiple sessions,** you must attend all course sessions.
- **To receive a letter of participation for courses with multiple sessions,** you must attend more than half the course sessions.
- **Training is offered at different locations throughout Fairfax County.** Please be sure to check the dates, times and locations of courses before completing the registration form.
- **Classes are for adults only:** we cannot accommodate children in any of the sessions.

**New! Ethics and Early Childhood Practices**

Standards of ethical behavior in early childhood care and education are based on commitment to core values. This class will take an in-depth look at the National Association for the Education of Young Children Code of Ethical Conduct. Through discussion, activities and scenarios that explore real life situations, you will gain an understanding of responsible behavior that reflect these ideals and principles.

Course: 6 hours (CDA Content Area: 6)

**Course #: 1314-01** Mondays, January 12, 26; February 2  
7 – 9 p.m.  
Course Level: All Levels Pennino Building, Room 734  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Christine Scibetta

**Count Me In: Math and Young Children**

Children are natural mathematicians. They routinely explore ideas about numbers, shapes, spatial relationships and patterns in natural, playful ways. Learn to make the most of children’s natural math skills through games, stories and hands-on experiences.

Course: 8 hours – Early Learning Guidelines Domains: AL, LA, LIT, MA (CDA Content Area: 2)

**Course #: 1021-01** Tuesdays, January 13, 27; February 3, 10  
1 – 3 p.m.  
Course Level: Intermediate South County Governmental Center, Room 221C  
8350 Richmond Highway, Alexandria 22309  
Presenter: Maria Gallagher

**Science Made Easy**

Science can be fun and simple. Join us for an exploration of simple science experiences to use in your program.

Course: 4 hours – Early Learning Guidelines Domain: SCI (CDA Content Area: 2)

**Course #: 1144-01** Tuesdays, January 13, 27  
7 – 9 p.m.  
Course Level: All Levels Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder

**EARLY LEARNING GUIDELINES DOMAINS:**

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

Winter/Spring 2009

## **NEW! Including All Children: Supporting Infants and Toddlers With Special Needs**

Learn how to identify if a child in your care might have a special need and how you can communicate your concerns with families. Discuss what you can do to adapt your environment or develop strategies to support children who have special needs. These ideas and more will be addressed as we explore ways in which you can support the development and learning of ALL infants and toddlers.

Course: 6 hours – Early Learning Guidelines Domains: SE, HP (CDA Content Areas: 1, 2, 3)

**Course #: 1298-01**                      Wednesdays, January 14, 21, 28  
7 – 9 p.m.  
Course Level: All Levels              Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Andrea Sobel  
Facilitator: OFC staff

## **Active Learning – the High/Scope Way**

Discover ways to create a supportive environment that will encourage active learning.

**Please note:** In order to receive a certificate for this course, you will be required to complete weekly assignments.

Course: 12 hours – Early Learning Guidelines Domains: SE, AL (CDA Content Areas: 2, 3)

**Course #: 1291-01**                      Thursdays, January 15, 22, 29; February 5, 12, 19  
7 – 9 p.m.  
Course Level: Intermediate              Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

## **Positive Guidance: Realistic Choices**

Offering children choices helps them gain control of their actions and learn to take responsibility for their decisions. You will learn how to offer realistic choices and practice creating choices that are appropriate to give to young children.

Workshop: 2 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

**Course #: 1295-01**                      Thursday, January 15  
7 – 9 p.m.  
Course Level: All Levels              Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

### **EARLY LEARNING GUIDELINES DOMAINS:**

### **Director’s Focus: Building Relationship-Based Organizations**

In relationship-based organizations, trust, support and growth exist among administrators, teachers, parents, and children. Relationships are valued as a foundation for doing business. Examine how organizational structure, mission and supervisory style impact relationship building efforts.

**Please note:** You must be a program director to enroll.

Course: 6 hours – Early Learning Guidelines Domains: All Domains (CDA Content Area: 5)

**Course #: 1299-01**                      Thursdays, January 22, 29  
9:30 a.m. – 12:30 p.m.  
Course Level: Advanced              Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenters: Maria Gallagher

### **Positive Guidance: Giving Children Clear Directions**

Phrasing comments and directions in positive ways provides clear communication for children. Learn how to tell children what to do, instead of what not to do, so that you can provide clear expectations and opportunities for the children to be successful.

Workshop: 2 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

**Course #: 1296-01**                      Thursday, January 22  
7 – 9 p.m.  
Course Level: All Levels              Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

### **Dramatic Play**

Come ready to play and learn. We will discuss ways adults can interact and support children’s “pretend” play and become “co-players.” We will also take a look at ways to extend children’s play through their interests and experiences.

Workshop: 3 hours – Early Learning Guidelines Domains: SE, LA, CA (CDA Content Areas: 2, 3)

**Course #: 1264-01**                      Saturday, January 24  
9:30 a.m. – 12:30 p.m.  
Course Level: Basic                      Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

#### **EARLY LEARNING GUIDELINES DOMAINS:**

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

### **Kids in the Kitchen: Simple Recipes to Make With Children**

Children enjoy helping make things to eat and they learn a lot in the process of cooking. Join us as we make bread-in-a-bag and ice-cream-in-a-bag. Also, take home a cookbook of recipes that you can make with the children in your care.

Workshop: 3 hours – Early Learning Guidelines Domains: SE, LA, MA, SCI, HP (CDA Content Area: 2)

**Course #: 1294-01** Saturday, January 24  
9:30 a.m. – 12:30 p.m.  
Course Level: All Levels Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

### **NEW! The Basics of Caregiving – Family Child Care Providers**

Learn how to create a safe environment, plan a daily routine, and interact with children.

**Please note:** This course is designed for family child care providers who are in their first year of providing care.

Course: 12 hours – Early Learning Guidelines Domains: All Domains (CDA Content Areas: 1, 2, 3, 4, 5, 6, 8)

**Course #: 1302-01** Tuesdays, January 27; February 3, 10, 17, 24; March 3  
7 – 9 p.m.  
Course Level: Basic Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

### **Positive Guidance: Realistic Choices**

Offering children choices helps them gain control of their actions and learn to take responsibility for their decisions. You will learn how to offer realistic choices and practice creating choices that are appropriate to give to young children.

Workshop: 2 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

**Course #: 1295-02** Thursday, January 29  
7 – 9 p.m.  
Course Level: All Levels Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

#### **EARLY LEARNING GUIDELINES DOMAINS:**

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## Basic Sign Language for Preschoolers

Discover how sign language, when paired with spoken words, can help you and the children you teach. You will be introduced to basic preschool words in sign language and learn more about effective communication.

(Course: 6 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 2)

**Course #: 1006-01**

Saturdays, January 31; February 7  
9:30 a.m. – 12:30 p.m.

Course Level: Intermediate

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax, 22030  
Presenter: Karen Russell  
Facilitator: Bronwyn Dean

### Fairfax County Public Library Services for Early Childhood Professionals



Early Childhood Professionals can:

- Call the children’s librarian at your local library and ask to have books held for you at the library’s circulation desk;\*
  - Schedule class tours;\*
  - Apply for your own library card and give library card applications to parents;
  - Borrow Early Reader books, picture books and CD kits, and children’s books in languages other than English;
- 
- Find early childhood resource books and children’s books purchased by the Office for Children that correspond to the Early Learning Guidelines;
  - Ask your librarian for suggestions of books appropriate for young children.

\* Please call a week in advance for book requests and tours. All services are free of charge.



Please contact the library in your neighborhood or visit the Fairfax County Public Library’s Web site for information about these and many other services: [www.fairfaxcounty.gov/library](http://www.fairfaxcounty.gov/library).

## Play

Play is both simple and complex. Gain a deeper understanding of play by exploring what play is, how adults support play, and planning for literacy play. Learn how children who play with others are able to move from what they know to greater learning.

**Please note:** In order to receive a certificate for this course, you will be required to complete weekly assignments, including an interview about play.

Course: 8 hours – Early Learning Guidelines Domains: All Domains (CDA Content Areas: 2, 3)

**Course #: 1162-01**                      Tuesdays, February 3, 10, 17, 24  
7 – 9 p.m.  
Course Level: All Levels              Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder

## NEW! Building Relationships With Effective Communication

Communication is the key to building positive relationships with both children and adults. Learn basic communication strategies that acknowledge feelings, build trust and lead to respectful conflict resolution.

Course: 8 hours – Early Learning Guidelines Domains: SE, LA (CDA Content Areas: 3, 4)

**Course #: 1300-01**                      Thursdays, February 5, 12, 19, 26  
7 – 9 p.m.  
Course Level: All Levels              Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher

## Building Early Literacy Skills Through Books, Rhymes and Other Library Resources

Promote school readiness by learning six early literacy skills and how books and other library resources can help prepare children for reading success.

**Please note:** In order to receive a certificate for this course, you will be required to complete a homework assignment.

Course: 6 hours – Early Learning Guidelines Domains: LA, LIT (CDA Content Area: 2)

**Course #: 1286-01**                      Wednesday, February 18; Thursday, February 26; Wednesday, March 4  
6:45 – 8:45 p.m.  
Course Level: Intermediate              Burke Centre Library, Meeting Room  
5935 Freds Oak Road, Burke 22015  
Presenter: Renee Edwards

### EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## **NEW! Reframing Discipline**

Exploring your own approach to discipline can help you discover new methods of guidance. Learn how to examine causes of misbehavior and break patterns of ineffective discipline. Understanding your reaction to situations will help you learn how to build strong relationships with children and turn conflict into teaching opportunities.

**Please note:** Please bring a lunch and beverages. We will have a half-hour lunch break.

Workshop: 6 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

**Course #: 1303-01**                      Saturday, February 21  
9 a.m. – 3:30 p.m.  
Course Level: Intermediate      Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

## **Director’s Focus: Building Relationship-Based Organizations**

In relationship-based organizations, trust, support and growth exist among administrators, teachers, parents, and children. Relationships are valued as a foundation for doing business. Examine how organizational structure, mission and supervisory style impact relationship building efforts.

**Please note:** You must be a program director to enroll.

Course: 6 hours – Early Learning Guidelines Domains: All Domains (CDA Content Area: 5)

**Course #: 1299-02**                      Tuesdays, February 24; March 3  
9:30 a.m. – 12:30 p.m.  
Course Level: Advanced          Pennino Building, Room 1034  
12011 Government Center Parkway, Fairfax 22035  
Presenters: Maria Gallagher

## **Positive Guidance: Giving Children Clear Directions**

Phrasing comments and directions in positive ways provides clear communication for children. Learn how to tell children what to do, instead of what not to do, so that you can provide clear expectations and opportunities for the children to be successful.

Workshop: 2 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

**Course #: 1296-02**                      Thursday, February 26  
7 – 9 p.m.  
Course Level: All Levels          Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

### **EARLY LEARNING GUIDELINES DOMAINS:**

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## Strategies to Promote Positive Behaviors in Preschoolers

Discuss the value of using visual strategies to promote positive social behaviors in preschool-aged children. Examples of visual materials and various behavioral strategies will be presented. You will have time to discuss issues in your program and explore materials being shown.

Workshop: 6 hours – Early Learning Guidelines Domains: SE, AL (CDA Content Areas: 1, 2, 3, 5)

**Course #: 1263-01**

Saturday, February 28

9:30 a.m. – 4 p.m.

Course Level: All Levels

Northwest Center, Chantilly Mental Health Building

14150 Parkeast Circle #200, Chantilly 20151

Presenters: Denise Belmont and Becky Penticoff

Facilitator: Bronwyn Dean

## NEW! Building Relationships With Effective Communication

Communication is the key to building positive relationships with both children and adults. Learn basic communication strategies that acknowledge feelings, build trust, and lead to respectful conflict resolution.

Course: 8 hours – Early Learning Guidelines Domains: SE, LA (CDA Content Areas: 3, 4)

**Course #: 1300-02**

Saturdays, February 28; March 7

9:30 a.m. – 2 p.m.

Course Level: All Levels

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Maria Gallagher



### EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development



## Conflict Resolution With Preschoolers

Explore the steps involved in solving conflicts. Learn how to help preschool children resolve conflicts and become more aware of themselves as problem solvers.

**Please note:** In order to receive a certificate for this course, you will be required to complete weekly assignments.

Course: 10 hours – Early Learning Guidelines Domains: SE, AL (CDA Content Areas: 2, 3)

**Course #: 1280-01**                      Tuesdays, March 10, 17, 24, 31; April 14  
7 – 9 p.m.  
Course Level: Intermediate        Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

## Introduction to the “Early Learning Guidelines”

Examine the rationale, structure and content of the Fairfax County Office for Children “Early Learning Guidelines.” We will explore the guidelines as a useful tool for observation, assessment, planning and communicating with parents in your child care program.

You will receive a copy of the “Early Learning Guidelines.”

Workshop: 4 hours – Early Learning Guidelines: All Domains (CDA Content Areas: 2, 7)

**Course #: 1249-01**                      Saturday, March 14  
9:30 a.m. – 2 p.m.  
Course Level: All Levels            Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: OFC staff

## NEW! Outdoor Environments

Explore the impact of the outdoor environment on children’s thinking and learning. Learn to assess outdoor play environments for safety. Plan outdoor settings using appropriate materials.

Workshop: 3 hours – Early Learning Guidelines Domains: SE, SCI, HP (CDA Content Areas: 1, 2)

**Course #: 1304-01**                      Saturday, March 21  
9:30 a.m. – 12:30 p.m.  
Course Level: All Levels            Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

### EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## **Kids in the Kitchen: Simple Recipes to Make With Children**

Children enjoy helping make things to eat and they learn a lot in the process of cooking. Join us as we make bread-in-a-bag and ice-cream-in-a-bag. Also, take home a cookbook of recipes that you can make with the children in your care.

Workshop: 3 hours – Early Learning Guidelines Domains: SE, LA, MA, SCI, HP (CDA Content Area: 2)

**Course #: 1294-02**

Saturday, March 21  
9:30 a.m. – 12:30 p.m.

Course Level: All Levels

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

## **NEW! Preventing Discipline Problems**

Smooth-running early learning programs require a lot of intentional planning to minimize discipline problems. Understanding ways to develop and adjust your prevention strategies to help children respond and behave in positive ways is a primary step to a successful environment. Learn techniques to improve cooperation and to develop peaceful conflict resolution with children.

**Please note:** Please bring a lunch and beverages. We will have a half-hour lunch break.

Workshop: 6 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

**Course #: 1305-01**

Saturday, March 28  
9 a.m. – 3:30 p.m.

Course Level: Intermediate

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

### **EARLY LEARNING GUIDELINES DOMAINS:**

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## It's More Than Sand and Water

In this hands-on workshop, you will explore how young children can increase their math, science, literacy and communication skills by playing with sand and water.

Workshop: 3 hours – Early Learning Guidelines Domains: SE, AL, LA, LIT, MA, SCI (CDA Content Areas: 2, 3)

**Course #: 1217-01**

Saturday, April 4  
9:30 a.m. – 12:30 p.m.

Course Level: All Levels

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

## NEW! Outdoor Environments

Explore the impact of the outdoor environment on children's thinking and learning. Learn to assess outdoor play environments for safety. Plan outdoor settings using appropriate materials.

Workshop: 3 hours – Early Learning Guidelines Domains: SE, AL, MA, SCI, HP (CDA Content Areas: 1, 2)

**Course #: 1304-02**

Saturday, April 4  
9:30 a.m. – 12:30 p.m.

Course Level: All Levels

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

## Rethinking the Brain

Examine the latest research on brain development with a focus on emotional development, gender differences, the mind-body connection, the effects of food on the brain and the implications for our day-to-day work with children.

Course: 6 hours – Early Learning Guidelines Domains: All Domains (CDA Content Area: 2)

**Course#: 1111-01**

Tuesdays, April 14, 21, and 28  
1 – 3 p.m.

Course Level: Intermediate

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher

### EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## The Early Years

Focus on how to support children in their development from birth to age 8 by providing appropriate experiences, a nurturing environment and engaging materials. Learn to respond effectively to children based on individual needs and temperamental traits.

Course: 12 hours – Early Learning Guidelines Domains: SE, AL, LA, LIT, CA, HP (CDA Content Area: 8)

**Course #: 1129-02**                      Tuesdays, April 14, 21, 28; May 5, 12, 19  
7 – 9 p.m.  
Course Level: All Levels            Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder

## NEW! Message Boards

Children learn to “read” many things without even realizing they are reading. They learn about the world around them by experiencing a print-rich environment. Learn how to use a message board to further children’s early reading skills.

Course: 4 hours – Early Learning Guidelines Domains: AL, LA, LIT (CDA Content Areas: 2, 8)

**Course #: 1306-01**                      Tuesdays, April 21, 28  
7 – 9 p.m.  
Course Level: Intermediate        Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

## NEW! Children’s Natural Temperaments

Teachers who use knowledge about children’s inborn personality traits find benefits in their work with children. You will learn about the nine temperamental traits, look at your own temperaments and practice how to respond to children with different temperaments.

Course: 6 hours – Early Learning Guidelines Domain: SE (CDA Content Areas: 3, 8)

**Course #: 1301-01**                      Thursdays, April 30; May 7, 14  
7 – 9 p.m.  
Course Level: All Levels            Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder

### EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## NEW! The Basics of Caregiving – Preschool Teachers

Learn how to create a safe environment, provide appropriate learning experiences, and talk with parents.

**Please note:** This course is designed for preschool teachers who are just starting their careers.

Course: 6 hours – Early Learning Guidelines Domains: All Domains (CDA Content Areas: 1, 2, 3, 4, 5, 6, 8)

**Course #: 1306-01** Saturdays, May 2, 9  
9:30 a.m. – 12:30 p.m.  
Course Level: Basic Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

## NEW! Reframing Discipline

Exploring your own approach to discipline can help you discover new methods of guidance. Learn how to examine causes of misbehavior and break patterns of ineffective discipline. Understanding your reaction to situations will help you learn how to build strong relationships with children and turn conflict into teaching opportunities.

**Please note:** Please bring a lunch and beverages. We will have a half-hour lunch break.

Workshop: 6 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

**Course #: 1303-02** Saturday, May 2  
9 a.m. – 3:30 p.m.  
Course Level: Intermediate Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

## NEW! Planning Small Group Times Around the “Early Learning Guidelines”

Discover how to plan small group activities so that all aspects of the domains described in the “Early Learning Guidelines” are covered in an easy and playful way.

Course: 4 hours – Early Learning Guidelines Domains: SE, AL, LA, LIT, MA, SCI (CDA Content Areas: 2, 3)

**Course #: 1308-01** Tuesdays, May 5, 12  
7 – 9 p.m.  
Course Level: Intermediate Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

### EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## NEW! Preventing Discipline Problems

Smooth-running early learning programs require a lot of intentional planning to minimize discipline problems. Understanding ways to develop and adjust your prevention strategies to help children respond and behave in positive ways is a primary step to a successful environment. Learn techniques to improve cooperation and to develop peaceful conflict resolution with children.

**Please note:** Please bring a lunch and beverages. We will have a half-hour lunch break.

Workshop: 6 hours – Early Learning Guidelines Domains: SE, AL, LA (CDA Content Area: 3)

**Course #: 1305-02**

Saturday, May 16

9 a.m. – 3:30 p.m.

Course Level: Intermediate

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Karen Quist



### Coming Soon: Going Green

“Going Green” means saving the environment by using fewer resources. The Office for Children is changing the way that we use paper so that we can protect the environment. One step will be reducing the number of training catalogs we print and mail. In the future you will receive an e-mail when new catalogs are posted on our Web site. Look for more details soon!

**NUEVO! El Desarrollo de los Niños Pequeños: ¡Los Muchos Senderos que Siguen los Niños!**

Los niños siguen muchos senderos durante su niñez para poder desarrollar las habilidades que necesitan y así crecer e interactuar en ellos y con el mundo complejo que los rodea. Únete y vamos en este nuestro viaje de aprender sobre el desarrollo básico de los niños pequeños.

Curso: 8 horas – Especialidades de las Guías Para el Aprendizaje Preescolar: SE, AL, LA, HP (Area Temática de CDA: 8)

**Curso #: 1309-11** Jueves, 23, 30 de abril; 7, 14 de mayo  
7 – 9 p.m.  
Nivel de Curso: Resource Center at Main Street, Sala 213  
Todos los Niveles 10201 Main Street, Fairfax 22030  
Presentadora: Annice van der Sluis  
Facilitadora: Maria Gallagher

**NUEVO! Enseñando los Niños Acerca de los Pájaros**

Enseñanza, entretenimiento y diversión son caminos para enseñar a los niños todo lo relacionado a los pájaros. Juegos, cuentos y artificios; todo será incluido en este taller informativo.

Taller: 3 horas – Especialidades de las Guías Para el Aprendizaje Preescolar: AL, LA, LIT, SCI (Area Temática de CDA: 2)

**Curso #: 1313-11** Sábado, 14 de marzo  
9:30 a.m. – 12:30 p.m.  
Nivel de Curso: Resource Center at Main Street, Sala 104  
Todos Los Niveles 10201 Main Street, Fairfax 22030  
Presentador: Alonso Abugattas  
Facilitadora: Maria Gallagher

**NUEVO! Creando Cuentos, Cantos, y Canciones Infantiles**

¿Alguna vez se ha preguntado como un autor consigue una idea para un cuento, o de donde vienen las canciones infantiles? Esta es una oportunidad para explorar la experiencia de crear e inventar sus propios cuentos y canciones.

Taller: 4 horas – Especialidades de las Guías Para el Aprendizaje Preescolar: LA, CA (Area Temática de CDA: 2)

**Curso #: 1315-11** Sábado, 14 de marzo  
9:30 a.m. – 2:00 p.m.  
Nivel de Curso: Resource Center at Main Street, Sala 211  
Todos Los Niveles Presentadora: Sylvia Zwi  
Facilitadora: Maria Gallagher

**EARLY LEARNING GUIDELINES DOMAINS:**

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development





## Wolf Trap Institute for Early Learning Through the Arts

The Wolf Trap Institute for Early Learning Through the Arts provides innovative arts-based teaching strategies and services to early childhood teachers, caregivers, parents and their young children through the disciplines of drama, music and movement. The following workshops are offered by Wolf Trap in partnership with the Fairfax County Office for Children:

### **NEW! Mother Goose – On the Loose!**

Mother Goose nursery rhymes come alive through puppetry, song, movement, dramatic play and props. Learn the basic skills of making puppets and how to engage children's imagination and thought. Techniques learned will promote children's emotional, social, literacy and motor skills.

Workshop: 3 hours -- Early Learning Guidelines Domains: SE, AL, LA, LIT, CA, HP (CDA Content Area: 2)

**Course #: 1310-01**

Saturday, February 28

10 a.m. – 1 p.m.

Course Level: All Levels

Center for Education at Wolf Trap

1645 Trap Road, Vienna 22182

Presenter: Kathleen Lyman (Wolf Trap Artist)

Facilitator: Marshann Snyder

### **NEW! Arts-Based Assessment: Serious Fun and Games**

Assessment fun? You bet! Learn ways the arts will delight you and your children while at the same time fulfill evaluation needs. Gain practical tools to determine children's knowledge and skills through movement, drama and music.

Workshop: 3 hours – Early Learning Guidelines Domains: SE, AL, LA, CA, HP (CDA Content Area: 2)

**Course #: 1311-01**

Saturday, April 18

10 a.m. – 1 p.m.

Course Level: All Levels

Center for Education at Wolf Trap

1645 Trap Road, Vienna 22182

Presenter: Laura Schandelmeier (Wolf Trap Artist)

Facilitator: Maria Gallagher

#### EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

Winter/Spring 2009

## NEW! Creating Character Roles From Children's Literature

In this highly interactive workshop, you will learn how to use body, voice and imagination to create roles based on characters from children's literature. Through drama exercises, you will learn how to foster children's creativity, critical thinking and emergent literacy skills.

Workshop: 3 hours – Early Learning Guidelines Domains: SE, AL, LA, LIT, CA, HP (CDA Content Area: 2)

Course #: 1312-01

Saturday, April 25

10 a.m. – 1 p.m.

Course Level: All Levels

Center for Education at Wolf Trap

1645 Trap Road, Vienna 22182

Presenter: Nancy Meyers (Wolf Trap Artist)

Facilitator: Bronwyn Dean

### Directions to the Center for Education at Wolf Trap



**From the Capital Beltway (495)**, take exit 45 (formerly exit 12) to Route 267 West (Dulles Toll Road), follow signs to local exits, pay a 50-cent toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive 1/4 mile. The Center for Education will be on your left .

**From Interstate 66 West-bound**, take exit 67 to Route 267 (Dulles Toll Road), follow signs for local exits, pay a 50-cent toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive 1/4 mile. The Center for Education will be on your left .

**From Interstate 66 East-bound**, take the Capital Beltway (495) North to exit 45 (formerly exit 12) onto Route 267 (Dulles Toll Road). Follow signs to local exits, pay a 50-cent toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive ¼ mile. The Center for Education will be on your left .

**From Route 7 West-bound (toward Leesburg)**, turn left on Towlston road, drive 1-1/4 miles. The Center for Education will be on your left .

**From Route 267 East-bound**, take exit 16 onto Route 7 West. Proceed 1-1/2 miles and turn left on Towlston Road. Drive 1-1/4 miles. The Center for Education will be on your left.

#### EARLY LEARNING GUIDELINES DOMAINS:

SE – Social and Emotional Development • AL – Approaches to Learning • LA – Language • LIT – Literacy  
MA – Mathematics • SCI – Science • CA – Creative Arts • HP – Health and Physical Development

## Serve Nutritious Meals and Earn Cash \$\$

That's right! The USDA Child Care Food Program will reimburse family child care providers for some of their child care food costs.

As part of the food program you also get:

- Priority registration for special workshops just for Food Program participants
- Help in communicating with parents about food-related concerns
- Assistance in planning nutritious meals
- Consultation with nutrition specialists

Need a few more reasons? Look at these figures!

Number of Children	Money You Could Claim Monthly		Money You Could Claim Yearly	
	Tier One	Tier Two	Tier One	Tier Two
5	\$420.00	\$200.55	\$5,040.00	\$2,406.60
3	\$252.00	\$120.33	\$3,024.00	\$1,443.96
1	\$84.00	\$40.11	\$1,008.00	\$481.32

Providers who participate in the Child Care Food Program serve children nutritious meals and snacks.

As soon as you have a permit and children in care, call 703-324-8100 to register for a [USDA Food Program Orientation](#). You can even submit your food program records online using the Web HX system.

**Note: The following workshops are designed specifically for family child care providers.**

### **USDA Child Care Food Program Orientation**

Learn how the Food Program can benefit a family child care business. Find out how to enroll in the Food Program and how to submit your monthly claims for reimbursement.

**Please note:** you will receive two hours of training credit, only after enrolling in the Food Program and receiving a visit from your child care specialist.

Workshop: 2 hours (CDA Content Area: 5)

<b>Course #: 1814-01</b>	Tuesday, January 6 7 – 9 p.m.
Course Level: All Levels	Gum Springs Glen, Training Room 7839 Richmond Highway, Alexandria 22306 Presenter: Provider Services Staff
<b>Course #: 1814-02</b>	Tuesday, February 10 7 – 9 p.m.
Course Level: All Levels	Pennino Building, Room 734 12011 Government Center Parkway, Fairfax 22035 Presenter: Provider Services Staff
<b>Course #: 1814-03</b>	Tuesday, March 3 7 – 9 p.m.
Course Level: All Levels	Gum Springs Glen, Training Room 7839 Richmond Highway, Alexandria 22306 Presenter: Provider Services Staff
<b>Course #: 1814-04</b>	Tuesday, April 14 7 – 9 p.m.
Course Level: All Levels	Pennino Building, Room 1034 12011 Government Center Parkway, Fairfax 22035 Presenter: Provider Services Staff
<b>Course #: 1814-05</b>	Tuesday, May 5 7 – 9 p.m.
Course Level: All Levels	Gum Springs Glen, Training Room 7839 Richmond Highway, Alexandria 22306 Presenter: Provider Services Staff

## **Growing Your Child Care Business**

Learn ways to run a successful family child care business, including the critical steps to effective marketing and record management. This workshop is designed for family child care providers who have been in business less than one year.

Workshop: 2 hours (CDA Content Area: 5)

### **Course #: 1805-01**

Thursday, February 26

7 – 9 p.m.

Course Level: Basic

Community Business Partnership Building, Suite C

7001 Loisdale Road, Springfield 22150

Presenter: Barbara Wrigley

### **Course #: 1805-02**

Thursday, March 26

7 – 9 p.m.

Course Level: Basic

Pennino Building, Room 1034

12011 Government Center Parkway, Fairfax 22035

Presenter: Barbara Wrigley

### **Course #: 1805-03**

Thursday, May 28

7 – 9 p.m.

Course Level: Basic

Community Business Partnership Building, Suite C

7001 Loisdale Road, Springfield 22150

Presenter: Barbara Wrigley

## **Growing Your Child Care Business – the Next Step**

Learn winning ways to grow your family child care business, including low-cost marketing, interview skills and business planning. This workshop will give you proven ideas to make your business grow to the next level.

Workshop: 3 hours (CDA Content Area: 5)

### **Course #: 1806-01**

Saturday, April 18

9 a.m. – noon

Course Level: All Levels

Pennino Building, Room 1034

12011 Government Center Parkway, Fairfax 22035

Presenter: Barbara Wrigley

## Reconocimiento y Respuesta al Abuso Infantil

¿Sabía usted que cuando hay sospecha de abuso o descuido de un niño, debe ser reportado al Servicio de Protección al Menor? Este taller explorará las señales de abuso y/o descuido al menor y revisará directrices (guías) mandatorias de cómo reportar.  
Taller: 2 horas (Área temática de CDA: 5)

**Curso: 1800-01** Jueves, 12 de febrero  
7 – 9 p.m.  
Nivel de Curso: Pennino Building, Sala 1034  
Todos los Niveles 12011 Government Center Parkway, Fairfax 22035  
Presentadora: Jessica Cubas

## Emergency Preparedness

Presented by staff from the Office of Emergency Management, this workshop will help family child care providers develop emergency response plans for disaster situations. Recommended supplies for shelter-in place and first aid, and communication and evacuation plans will be discussed.

Workshop: 2 hours (CDA Content Area: 1)

**Course #: 1803-01** Wednesday, April 29  
7 – 9 p.m.  
Course Level: All Levels Pennino Building, Room 206  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Ellen Kamilakis

## Administration of Medication

Learn how to safely give medications to children in your care. Topics include how to read a medicine label, how to administer medication, safe storage and disposal of medication, how to document medication administration, and potential side effects and adverse reactions.

**Please note:** This workshop does not meet the requirements for Medication Administration Training for state-licensed family and center-based programs.

Workshop: 2 hours (CDA Content Area: 1)

**Course #: 1823-01** Tuesday, February 17  
7 – 9 p.m.  
Course Level: All Levels Pennino Building, Room 206  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Marna Zok, RN

## **Record-Keeping Management**

You provide the service of family child care. The Internal Revenue Service and the Virginia Department of Taxation expect that you will keep accurate records of all income and expenses of your business. Good record-keeping prevents problems later. You will create a record-keeping file and learn record management strategies. You must attend both classes.

Course: 4 hours (CDA Content Area: 5)

**Course #: 1835-01**

Tuesday, January 27; Thursday, January 29  
7 – 9 p.m.

Course Level: All Levels

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Provider Services Staff

## **SIDS and Shaken Baby Syndrome**

Caregivers must keep children safe. Learn more about Sudden Infant Death Syndrome and ways to prevent infant death. Also, learn about the symptoms of Shaken Baby Syndrome and ways to cope with crying infants.

Workshop: 2 hours (CDA Content Area: 1)

**Course #: 1833-01**

Tuesday, March 17  
7 – 9 p.m.

Course Level: All Levels

South County Governmental Center, Room 221  
8350 Richmond Highway, Alexandria 22309  
Presenter: Betty Connal, RN/MS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12 Ethics and Early Childhood Practices 7 - 9 p.m.	13 Count Me In: Math and Young Children 1 - 3 p.m.  Science Made Easy 7 - 9 p.m.	14 Including All Children: Supporting Infants and Toddlers With Special Needs 7 - 9 p.m.	15 Active Learning - The High/Scope Way 7 - 9 p.m.  Positive Guidance: Realistic Choices 7 - 9 p.m.  Planning Early Learning Environments and Daily Routines 7 - 9 p.m.	16	17
18	19	20	21 Including All Children: Supporting Infants and Toddlers With Special Needs 7 - 9 p.m.	22 Director's Focus: Building Relationship-Based Organizations 9:30 a.m. - 12:30 p.m.  Active Learning - The High/Scope Way 7 - 9 p.m.  Positive Guidance: Giving Children Clear Directions 7 - 9 p.m.  Planning Early Learning Environments and Daily Routines 7 - 9 p.m.	23	24 Dramatic Play 9:30 a.m. - 12:30 p.m.  Kids in the Kitchen: Simple Recipes to Make With Children 9:30 a.m. - 12:30 p.m.
25	26 Ethics and Early Childhood Practices 7 - 9 p.m.	27 Count Me In: Math and Young Children 1 - 3 p.m.  The Basics of Caregiving - Family Child Care Providers 7 - 9 p.m.  Science Made Easy 7 - 9 p.m.	28 Including All Children: Supporting Infants and Toddlers With Special Needs 7 - 9 p.m.	29 Director's Focus: Building Relationship-Based Organizations 9:30 a.m. - 12:30 p.m.  Active Learning - The High/Scope Way 7 - 9 p.m.  Positive Guidance: Realistic Choices 7 - 9 p.m.  Planning Early Learning Environments and Daily Routines 7 - 9 p.m.	30	31 Basic Sign Language for Preschoolers 9:30 a.m. - 12:30 p.m.

# January Calendar

# February Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Ethics and Early Childhood Practices 7 - 9 p.m.	3 Count Me In: Math and Young children 1 - 3 p.m.  The Basics of Caregiving - Family Child Care Providers 7 - 9 p.m.  Play 7 - 9 p.m.	4	5 Building Relationships With Effective Communication 7 - 9 p.m.  Planning Early Learning Environments and Daily Routines 7 - 9 p.m.  Active Learning - The High/Scope Way 7 - 9 p.m.	6	7 Basic Sign Language for Preschoolers 9:30 a.m. - 12:30 p.m.  Planning Early Learning Environments and Daily Routines 9:30 a.m. - 2 p.m.
8	9	10 Count Me In: Math and Young children 1 - 3 p.m.  The Basics of Caregiving - Family Child Care Providers 7 - 9 p.m.  Play 7 - 9 p.m.	11	12 Building Relationships With Effective Communication 7 - 9 p.m.  Active Learning - The High/Scope Way 7 - 9 p.m.	13	14
15	16	17 The Basics of Caregiving - Family Child Care Providers 7 - 9 p.m.  Play 7 - 9 p.m.	18 Building Early Literacy Skills Through Books, Rhymes and Other Library Resources 6:45 - 8:45 p.m.	19 Building Relationships With Effective Communication 7 - 9 p.m.  Exploring Curriculum and Building Quality Portfolios 7 - 9 p.m.  Active Learning - The High/Scope Way 7 - 9 p.m.	20	21 Reframing Discipline 9 a.m. - 3:30 p.m.
22	23	24 Director's Focus: Building Relationship-Based Organizations 9:30 a.m. - 12:30 p.m.  The Basics of Caregiving - Family Child Care Providers 7 - 9 p.m.  Play 7 - 9 p.m.	25	26 Building Early Literacy Skills Through Books, Rhymes and Other Library Resources 6:45 - 8:45 p.m.  Building Relationships With Effective Communication 7 - 9 p.m.  Positive Guidance: Giving Children Clear Directions 7 - 9 p.m.  Exploring Curriculum and Building Quality Portfolios 7 - 9 p.m.	27	28 Building Relationships With Effective Communication 9:30 a.m. - 2 p.m.  Strategies to Promote Positive Behaviors in Preschoolers 9:30 a.m. - 4 p.m.  Mother Goose - On the Loose! 10 a.m. - 1 p.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	<p>3 <b>Director's Focus: Building Relationship-Based Organizations</b> 9:30 a.m. - 12:30 p.m.</p> <p><b>The Basics of Caregiving - Family Child Care Providers</b> 7 - 9 p.m.</p>	<p>4 <b>Building Early Literacy Skills Through Books, Rhymes and Other Library Resources</b> 6:45 - 8:45 p.m.</p> <p><b>The Early Years</b> 7 - 9 p.m.</p>	<p>5 <b>Exploring Curriculum and Building Quality Portfolios</b> 7 - 9 p.m.</p>	6	<p>7 <b>Art for Infants and Toddlers</b> 9:30 a.m. - 12:30 p.m.</p> <p><b>Building Relationships With Effective Communication</b> 9:30 a.m. - 2 p.m.</p> <p><b>Exploring Curriculum and Building Quality Portfolios</b> 9:30 a.m. - 2 p.m.</p>
8	9	<p>10 <b>Brain Gym</b> 7 - 9 p.m.</p> <p><b>Conflict Resolution With Preschoolers</b> 7 - 9 p.m.</p>	<p>11 <b>The Early Years</b> 7 - 9 p.m.</p>	12	13	<p>14 <b>Enseñando los Niños Acerca de los Pájaros</b> 9:30 a.m. - 12:30 p.m.</p> <p><b>Creando Cuentos, Cantos, y Caciones Infantiles</b> 9:30 a.m. - 2 p.m.</p> <p><b>Introduction to the "Early Learning Guidelines"</b> 9:30 a.m. - 2 p.m.</p>
15	16	<p>17 <b>Brain Gym</b> 7 - 9 p.m.</p> <p><b>Conflict Resolution With Preschoolers</b> 7 - 9 p.m.</p>	<p>18 <b>The Early Years</b> 7 - 9 p.m.</p>	19	20	<p>21 <b>Outdoor Environments</b> 9:30 a.m. - 12:30 p.m.</p> <p><b>Kids in the Kitchen: Simple Recipes to Make With Children</b> 9:30 a.m. - 12:30 p.m.</p>
22	23	<p>24 <b>Brain Gym</b> 7 - 9 p.m.</p> <p><b>Conflict Resolution With Preschoolers</b> 7 - 9 p.m.</p>	<p>25 <b>The Early Years</b> 7 - 9 p.m.</p>	<p>26 <b>Helping Children and Families Make Terrific Transitions</b> 7 - 9 p.m.</p>	27	<p>28 <b>Preventing Discipline Problems</b> 9 a.m. - 3:30 p.m.</p>
29	30	<p>31 <b>Brain Gym</b> 7 - 9 p.m.</p> <p><b>Conflict Resolution With Preschoolers</b> 7 - 9 p.m.</p>				

# March Calendar

# April Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 The Early Years 7 - 9 p.m.	2 Helping Children and Families Make Terrific Transitions 7 - 9 p.m.	3	4 It's More Than Sand and Water 9:30 a.m. - 12:30 p.m.  Outdoor Environments 9:30 a.m. - 12:30 p.m.
5	6	7	8	9 Helping Children and Families Make Terrific Transitions 7 - 9 p.m.	10	11
12	13	14 Rethinking the Brain 1 - 3 p.m.  Conflict Resolution With Preschoolers 7 - 9 p.m.  The Early Years 7 - 9 p.m.	15 The Early Years 7 - 9 p.m.	16	17	18 Helping Children and Families Make Terrific Transitions 9:30 a.m. - 2 p.m.  Arts-Based Assessment: Serious Fun and Games 10 a.m. - 1 p.m.
19	20	21 Rethinking the Brain 1 p.m. - 3 p.m.  The Early Years 7 p.m. - 9 p.m.  Message Boards 7 - 9 p.m.	22	23 El Desarrollo de los Niños Pequeños: ¡Los Muchos Senderos que Siguen los Niños! 7 - 9 p.m.	24	25 Creating Character Roles From Children's Literature 10 a.m. - 1 p.m.
26	27	28 Rethinking the Brain 1 - 3 p.m.  The Early Years 7 - 9 p.m.  Message Boards 7 - 9 p.m.	29	30 Children's Natural Temperaments 7 - 9 p.m.  El Desarrollo de los Niños Pequeños: ¡Los Muchos Senderos que Siguen los Niños! 7 - 9 p.m.		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 The Basics of Caregiving - Preschool Teachers 9:30 a.m. - 12:30 p.m.  Reframing Discipline 9 a.m. - 3:30 p.m.
3	4	5 The Early Years 7 - 9 p.m.  Planning Small Group Times Around the "Early Learning Guidelines" 7 - 9 p.m.	6	7 Children's Natural Temperaments 7 - 9 p.m.  El Desarrollo de los Niños Pequeños: ¡Los Muchos Senderos que Siguen los Niños! 7 - 9 p.m.	8	9 The Basics of Caregiving - Preschool Teachers 9:30 a.m. - 12:30 p.m.
10	11	12 The Early Years 7 - 9 p.m.  Planning Small Group Times Around the "Early Learning Guidelines" 7 - 9 p.m.	13	14 Children's Natural Temperaments 7 - 9 p.m.  El Desarrollo de los Niños Pequeños: ¡Los Muchos Senderos que Siguen los Niños! 7 - 9 p.m.	15	16 Preventing Discipline Problems 9 a.m. - 3:30 p.m.
17	18	19 The Early Years 7 - 9 p.m.	20	21	22	23
24	25	26	27	28	29	30
31						

# May Calendar



## Online - Registration opens December 10, 2008.

Our online system is the fastest way to register for the training you want. You may add or drop training, confirm registration, and check training availability.

Register online at [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc) - 24 hours a day, seven days a week.

To register you will need your personal registration ID number, which is found on the mailing label of your brochure, and the last four digits of your home phone number, which will serve as your temporary PIN number until you create a new one. You will receive an instant e-mail response indicating confirmation or waitlist status for your class choices.

If you need step-by-step instructions to register online, go to [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)



## Mail or Fax - Registration opens December 10, 2008. Registration forms received before December 10, 2008, will not be processed.

Fill out and mail the registration form on page 41 to:

Office for Children - Institute for Early Learning  
12011 Government Center Parkway - Suite 920, Fairfax, Virginia 22035

Or fax to 703-803-0116, anytime on or after December 10, 2008.

Approximately two weeks after your registration is processed, you will be sent a confirmation letter indicating whether you are enrolled or on a waiting list for your classes. If you have not received your confirmation letter within two days of the class, call 703-324-3044 or e-mail [dfsifel@fairfaxcounty.gov](mailto:dfsifel@fairfaxcounty.gov).



## Drop Off in Person - Registration opens December 10, 2008. Registrations will not be accepted before December 10, 2008.

Bring a copy of your completed registration form to our office at 12011 Government Center Parkway, Pennino Building - Suite 920. Our office hours are 8 a.m. - 4:30 p.m., Monday through Friday.

Directions (from I-66): Exit 55B Fairfax County Parkway (7100 North towards Reston); turn right onto Fair Lakes Parkway; turn right onto Monument Drive; turn right onto Government Center Parkway; Pennino building will be on your right.



Automated Telephone Registration - Registration opens December 10, 2008.

Call 703-324-4018 from any touch-tone phone.

- You will need the course number to use this system.
- You will also need your personal registration ID number, which is found on the mailing label of your training catalog, and the last four digits of your home phone number.
- If you have previously registered online, use your registration ID number and personal PIN number instead of the last four digits of your home phone number.
- You will receive instant e-mail response indicating confirmation or waitlist status for your class choices, if we have your e-mail address on file.

Listen to the voice prompts carefully. Menu options include “general information,” “enroll in training” and “cancel a course.”

\* If you need step-by-step instructions to register through the automated telephone registration system, go to [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)

PLEASE NOTE: Remember to write down your classes and enrollment status before exiting. You will not receive a confirmation letter by mail. You can, however, call back at anytime to listen to your enrollment or waitlist status.

#### Quick Routes

Quick routes will allow you to bypass menu messages and go directly to the information you’re looking for.

<u>Option</u>	<u>Quick Route Number</u>
To hear general information	1,1
To hear driving directions	1,1,3
To hear current course enrollment	1,2,1
To enroll in training	1,2,2
To cancel a course	1,2,3
To return to main menu	9
To repeat options	#
To return to previous menu	*
To speak with an operator	0

# HEALTH RESOURCES FOR CHILD CARE PROVIDERS

This resource is not a complete list of companies that provide pediatric (infant and child) CPR and First Aid training. Providers are encouraged to do their own research in selecting a company for these services. The county is not offering this list as a recommendation or endorsement.

American Health Services .....	703-619-1034	
		<b><i>www.americanhealthserv.com</i></b>
American Lifeguard Association .....	703-761-6750	
		<b><i>www.americanlifeguard.com</i></b>
American Red Cross (English and Spanish).....	703-584-8700	
		<b><i>www.redcross.org</i></b>
Fairfax City Parks and Recreation .....	703-385-7978	
		<b><i>www.fairfaxva.gov</i></b>
Fairfax County Public Schools (Adult and Community Education) .....	703-658-1225	
		<b><i>www.fcps.edu/aceclasses</i></b>
Global Food Safety Training Inc. ....	703-888-3406	
		<b><i>danelypatino@gmail.com</i></b>
Gorman & Associates.....	703-941-0999	
		<b><i>www.gormancpr.com</i></b>
Inova .....	703-204-3366	
		<b><i>www.inova.com</i></b>
Safety First CPR & First Aid (English and Spanish) .....	703-209-2216	
		<b><i>www.safetyfirstcpr.com</i></b>
Northern Virginia Community College .....	703-822-6523	
		<b><i>www.nvcc.edu/medical</i></b>

\*\*\*The county welcomes your feedback on any of the companies listed above.\*\*\*

**Note:** When contacting these companies, confirm that you will be issued a CPR/First Aid card. Online or video First Aid and/or CPR training will not be accepted for permit certification.

Health Department telephone numbers to call for TB tests:\*

Herndon .....	703-481-4242
Falls Church .....	703-534-8343
Mt. Vernon .....	703-704-5203
Fairfax .....	703-246-7100
Springfield .....	703-569-1031

\* You also can call your own doctor for a TB test.

## January - May 2009 Registration Request

**Registration opens December 10, 2008.** Registration forms received before December 10, 2008 will not be processed.

This form must be filled out completely in order to process your registration. See pages 32 - 33 for additional registration information.

**Print Clearly.**

<b>First Name</b>		<b>Last Name</b>		<b>Registration ID #</b>	
<b>Home Address</b>		<b>City</b>		<b>State</b>	<b>Zip Code</b>
(      )		(      )			
<b>Home Phone</b>		<b>Work Phone</b>			
(      )					
<b>Cell Number</b>		<b>E-mail Address (If you have one.)</b>			
<input type="checkbox"/> <b>Check if this is a change of name or a new address or phone number.</b>					

**Check One:**

- Family Child Care Provider  
 Child Care Center/Preschool Staff\*  
 Director/Administrator\*  
 Other \_\_\_\_\_

\*Name of Center/School:  
\_\_\_\_\_

**Please Read:**

**To enroll**, you must be working in a legally operating child care center, preschool or family child care home in Fairfax County, or be an early childhood professional living in Fairfax County. **Limit your request to two course titles.** Fairfax County permitted family child care providers may also register for **two** Family Child Care Business Workshops. (See pages 29 - 32).

Course #	Course Title	Start Date	Course Hours	For OFC Use Only	
				Enrolled	Waitlist
		/ /			
		/ /			
		/ /			
		/ /			
		/ /			
		/ /			

**Please mail, fax or deliver this registration form to:**

**Office for Children** 12011 Government Center Parkway, Pennino Building - Suite 920, Fairfax, Virginia 22035

**Fax:** 703-803-0116

**Telephone:** 703-324-3044 (for additional information)



## DIRECTIONS TO SELECTED TRAINING SITES

### Resource Center at Main Street

The Resource Center at Main Street is located at 10201 Main Street, Fairfax, 22030, next to the Fairfax Museum and Visitors Center, and across the street from the Main Street Market Place shopping center.

**From the beltway, (I-495)** take Little River Turnpike (Route 236) west approximately four miles. Turn left onto Locust Street.

**From Route 66,** take 123 south towards Fairfax. Turn left onto Main Street. Follow Main Street approximately half a mile and turn right onto Locust Street.

**Buses to Resource Center,** Metrobus 29K, N – For route and schedule information call 202-637-7000 or [www.metroopensdoors.com](http://www.metroopensdoors.com).

City of Fairfax CUE Bus Green 1 or Green 2 – For route and schedule information call 703-385-7859 (Voice/TTY).

### South County Center

The South County Center is located at 8350 Richmond Highway, Alexandria, Virginia 22309 across from NAPA Auto Parts. The parking lot and main entrance to the South County Center are located behind the building. Vehicle and pedestrian traffic is heavy in this area so drive with caution to ensure the safety of pedestrians and others.

**From the beltway (I-495),** exit onto Richmond Highway (US 1) South. Drive approximately five miles to Mohawk Lane. Turn left at Mohawk Lane into parking lot.

**From the Fairfax County Parkway South,** continue until the parkway turns into the Springfield/Franconia Parkway. Turn right onto Beulah Road. Turn right onto Telegraph Road. Turn left onto Fairfax County Parkway. Turn left onto Richmond Highway. Drive approximately 3.5 miles and turn left on Buckman Road. Make an immediate right at Mohawk Lane into the center parking lot.

**Buses to South County Center:** Fairfax Connector 171 – For route and schedule information call 703-339-7200 (TTY-703-339-1608) or [www.fairfaxconnector.com](http://www.fairfaxconnector.com).

Metrobus REX (Richmond Highway Express) – For route and schedule information call 202-637-7000 or [www.metroopensdoors.com](http://www.metroopensdoors.com).

### Pennino Building

The Pennino Building is located at 12011 Government Center Parkway, Fairfax, 22035 near Fair Oaks Mall and directly across from the Fairfax County Government Center.

**From the beltway (I-495),** take Route 66 West. Exit Route 66 onto Route 50 West. Exit Route 50 onto West Ox Road (Route 608) South. Make a left at light onto Monument Drive (east). Turn right onto Government Center Parkway.

**From the Fairfax County Parkway Northbound,** turn right at light onto Fair Lakes Parkway (east). Turn right at light onto Monument Drive (east). Turn right onto Government Center Parkway.

**From the Fairfax County Parkway Southbound,** turn left at light onto Fair Lakes Parkway (east). Turn right at light onto Monument Drive (east). Turn right onto Government Center Parkway.

**Buses to Pennino Building,** Fairfax Connector 605, 621, 622, 612 – For route and schedule information call 703-339-7200 (TTY-703-339-1608) or [www.fairfaxconnector.com](http://www.fairfaxconnector.com).

### Gum Springs Glen

Gum Springs Glen is located at 7839 Richmond Highway, Alexandria, 22306 across from Mount Vernon Crossroads Shopping Center – A.J. Wright, Popeye's and Hybla Valley Center.

**From the beltway (I-495),** exit onto Richmond Highway (US 1) south. Turn left onto Belford Drive. This is a senior citizen apartment complex. Park in VISITOR SPACES ONLY. The entrance for the Office for Children training room is only accessible from the rear parking lot.

**From the Fairfax County Parkway and southern Fairfax County,** drive north on Richmond Highway (US 1). Turn right onto Belford Drive. Then make an immediate left and drive to the back of the building. This is a senior citizen apartment complex. Park in VISITOR SPACES ONLY. The entrance for the Office for Children training room is only accessible from the rear parking lot.

**Buses to Gum Springs Glen:** Fairfax Connector 171 – For route and schedule information call 703-339-7200 (TTY-703-339-1608) or [www.fairfaxconnector.com](http://www.fairfaxconnector.com).

Metrobus REX (Richmond Highway Express) – For route and schedule information call 202-637-7000 or [www.metroopensdoors.com](http://www.metroopensdoors.com).

Additional directions to training facilities are available by calling 703-324-4018.

For information about  
the Office for Children, visit us  
online at Child Care Central,  
[www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc).

**IMPORTANT:** Registration forms received before  
December 10, 2008 will not be  
processed.

County of Fairfax  
Office for Children  
12011 Government Center Parkway, Suite 920  
Fairfax, Virginia 22035-1102



Postmaster:  
**TIME SENSITIVE MATERIALS**  
Please deliver by December 1, 2008