

# Institute for Early Learning

**Registration Begins  
August 7, 2013**

Professional Development and Training in Early Care and Education



**O F C** Office for Children

Department of Family Services • Office for Children  
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Fairfax, Virginia 22035-1102

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*The Institute for Early Learning  
facilitates the professional development  
of individuals working with young  
children through responsive,  
educational training opportunities  
related to early care and learning.*



Fairfax County Department of  
**Family Services**



A Fairfax County, VA  
Publication



Fairfax County is committed to providing equal access to all its citizens and activities. In compliance with applicable law, reasonable accommodations will be provided upon request. Call 703-324-3044 or TTY 711.

Distributed learning materials provided to participants in select IFEL courses are funded by the Child Care and Development Fund; Virginia Department of Social Services Division of Child Care and Early Childhood Development.

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## Introduction

Thank you for your interest in professional development classes offered by the Office for Children's Institute for Early Learning. We look forward to providing responsive, educational training opportunities as we help you create learning experiences for children of all ages.

### Course Level

Our courses are labeled basic, intermediate, advanced, all levels or director's focus. It helps to start with basic courses if you are new to the profession.

- **Basic:** For those who are new to child care or who want to build a strong foundation in early childhood education.
- **Intermediate:** For those with some experience in child care who desire a greater understanding of young children or seek new ideas for their programs.
- **Advanced:** For those who have worked with children for many years and want to increase their knowledge of early care and learning.
- **All Levels:** Classes that provide valuable information for all learners.
- **Director's Focus:** Classes designed specifically for child care center/preschool directors and assistant directors.

### School Readiness Certificate

The School Readiness Certificate program is a series of four courses (45 hours) that helps you prepare children to enter kindergarten ready to succeed. Once you have successfully completed the four courses, you may be eligible for credit through Northern Virginia Community College.

### The Business of Family Child Care

If you are a family child care provider, the workshops on pages 25-26 can help you successfully care for children in your home. **If you would like to become a family child care provider, please call 703-324-8100.**

## Competencies for Child Care Professionals

Virginia child care experts have identified eight skill areas that are important for child care providers to master. You can increase your ability to provide quality learning experiences for young children by taking courses in all of these areas. The next page shows how each of our courses relates to these eight competency areas.

- Area I:** Health, Safety and Nutrition
- Area II:** Child Growth and Development
- Area III:** Child Observation and Assessment
- Area IV:** Partnering With Families and Community
- Area V:** The Learning Environment
- Area VI:** Effective Interactions and Positive Guidance
- Area VII:** Program Management
- Area VIII:** Teacher Qualification/Professional Development

### Virginia Star Quality Initiative

Virginia is committed to quality early learning programs and has a voluntary rating system for both classroom-based and family child care programs. The state standards are divided into four areas.

#### VSQI Performance Standards — Family Child Care

- Standard 1:** Education, Qualifications and Training
- Standard 2:** Environment and Interactions
- Standard 3:** Structure
- Standard 4:** Parent Partnerships and Transition Practices

#### VSQI Performance Standards — Center-based Child Care

- Standard 1:** Education, Qualifications and Training
- Standard 2:** Interactions
- Standard 3:** Structure
- Standard 4:** Environment

**Training hours are creditable toward initial CDA requirements.**

### Area I: Health, Safety and Nutrition

- Infants and Toddlers: Food, Fitness and Fun
- SIDS, Safe Sleep and Shaken Baby Syndrome

### Area II: Child Growth and Development

- An Overview of Child Development
- Brain Rules for Baby
- Creative Art Development in Young Children
- Emerging Writing Skills in Preschool Children
- Supporting Early Social-Emotional Development
- The Developmental Progression of 3D Art
- Up and Down and All Around: Movement with Purpose

### Area III: Child Observation and Assessment

- Learning Through Play: The Teacher's Role
- Learning Through Observation
- To Refer or Not: Developmental Red Flags for Preschool Children
- Writing Objective Observations

### Area IV: Partnering with Families and Community

- Building Relationships with Effective Communication
- Creating Partnerships With Parents
- Fostering Family Engagement
- Infants and Toddlers: Understanding and Connecting with Families
- Infants and Toddlers: Routines and Culture

### Area V: The Learning Environment

- A Visit to the Nature Playce
- Count Me In: Math and Young Children
- Creative Language Experiences for Young Children
- Creative Journals for School Age Children
- Kitchen Science for Preschoolers
- Movement Activities for Preschoolers
- Outdoor Play Every Day
- Rhymes, Rhymes, Nursery Rhymes
- School-Age: Moving From Crafts to Expressive Art Experiences
- The Kitchen Band is Playing
- The Music and Movement Connection
- The Project Approach
- The Study of Buildings
- Sensory Awareness and Sensory Tables
- Sensory Exploration for Young Children
- Storytelling

### Area VI: Effective Interactions and Positive Guidance

- Positive Guidance: Giving Clear Directions
- Positive Guidance: Realistic Choices
- Strategies for Individual Success in Classroom Settings
- Superhero Play: Ban It, Ignore It or Join it?
- Supporting Dual Language Learners

### Area VII: Program Management

- Director's Focus: Promoting Quality Infant and Toddler Care
- Including Infants and Toddlers with Special Needs
- Infants and Toddlers: It's Not Just Routine
- Infants and Toddlers: Quality Environments
- Nurturing Resilience in Educators

### Area VIII: Teacher Qualification/Professional Development

- Ethics and Early Childhood Practices
- Nurturing Children, Nurturing Ourselves

### Cursos en Español

- Creando y manteniendo asociaciones fuertes con familias
- Juegos al aire libre: saque el máximo provecho del entorno natural

### Family Child Care Business Workshops

- Child Abuse and Neglect Recognition and Response
- Emergency Preparedness
- Growing Your Child Care Business
- Growing Your Child Care Business: The Next Step
- Record Keeping Management
- SIDS and Shaken Baby Syndrome
- The ABCs of Second Hand Smoke
- USDA Child and Adult Care Food Program Orientation

### School Readiness Certificate Courses

- Understanding the Role of the "Early Learning Guidelines" in Assuring School Readiness  
Planning Early Learning Environments and Daily Routines

## General Information

### To Enroll

Enrollment is available to professionals working in a legally operating child care center, preschool, or family child care home in Fairfax County, and to early childhood professionals living in Fairfax County.

- If you are a family child care provider, you may enroll in **two** Institute courses or workshops (see pages 6–20) **and two** family child care business workshops (see pages 25–26).
- If you work in a center or preschool, you may enroll in **two** Institute courses (see pages 6–20). A limit of **five** staff from the same center or preschool may enroll in the same course or workshop.
- You must be **enrolled** in a course or workshop to attend. On-site enrollment is not available. If you are not enrolled or are on a waiting list, you will be unable to participate.

### To Cancel

If you are unable to attend a course or workshop, please cancel your enrollment at least 24 hours in advance. Call the training line: **703-324-3044** or email [dfsifel@fairfaxcounty.gov](mailto:dfsifel@fairfaxcounty.gov).

### Inclement Weather Policy

If you have a question about a weather-related cancellation, you may call the training line at 703-324-3044. You will hear an announcement if training has been cancelled.

**If Fairfax County Government is closed or closes early, training classes are cancelled.**

**If Fairfax County Public Schools:**

- Are closed: there will be no training that day or that evening.
- Open late: there will be no morning training, but afternoon and evening training will continue as scheduled.
- Close early: there will be no afternoon or evening training.
- Cancel evening activities: there will be no evening training.
- Are closed on Friday: please call the training line at 703-324-3044 to find out if your Saturday training has been cancelled. You will hear an announcement if training has been cancelled.

### Additional Information

- To receive a **certificate of completion for a workshop**, you must attend the entire workshop.
- To receive a **certificate of completion for courses** with multiple sessions, you must attend all course sessions.
- To receive a **letter of participation** for courses with multiple sessions, you must attend more than half the course sessions.
- Training is offered at different locations throughout Fairfax County. Please be sure to check the dates, times and locations of courses before completing the registration form.
- **Training is for adults only; we cannot accommodate children in any of the courses or workshops.**

## VIEW THE CATALOG ONLINE

For more information about child care training or to read this catalog online, visit the Fairfax County Office for Children website at [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc).

## You Can View the Catalog Online Before Registration Begins!

The screenshot shows the website interface for the Fairfax County Office for Children. The browser address bar is circled in blue, showing the URL <http://www.fairfaxcounty.gov/ofc/>. In the left-hand navigation menu, the link "Catalog -- Institute for Early Learning" is also circled in blue. A blue callout box with a white background and a blue border contains the following text:

To view the current catalog, type [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc) in the address field, then click on the words "Catalog — Institute for Early Learning."

The website content includes the Fairfax County logo, a search bar, and a list of services under the heading "FAMILIES":

- Choose a child care provider with a permit.
- Learn current child care rates.
- Learn the signs of quality child care.
- Find afterschool care for middle-school students.
- Learn tips for keeping children safe during emergencies.
- Support child care at the workplace.
- Get assistance with paying for child care.
- Explore child care options.
- Make sure your child care provider gives your child healthy food.
- Maintain your child care arrangements.
- Start a family child care business or a child care center.

You can view the catalog online by the first week of December, May and August.

**Registration for Fall 2013 classes begins Wednesday, August 7, 2013.**

## Course List by Date

### NEW! Infants and Toddlers: Routines and Culture

Course #: 1479-01

Course Level: All Levels

Understanding the various ways that culture influences caregiving is an important component of quality programs for infants and toddlers. Learn how to be culturally sensitive to the needs of the children and families in your care. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Wednesday, September 4**  
**7 – 9 p.m.**

**Workshop: 2 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Julie Renne

CDA Content Areas: 4, 5 | VA Competency Area: IV  
VSQI Standards – Family Child Care: 1, 2, 4 | Center-based Care: 1, 2

### NEW! The Kitchen Band is Playing

Course #: 1480-01

Course Level: All Levels

A child's first musical experience is often playing with the pots and pans in the kitchen. Explore and discuss the latest research on the importance of music in the lives of young children, and ways you can incorporate various music activities into your daily program. Make some basic instruments to use in your program.

**Tuesdays, September 10 and 17**  
**7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

### Superhero Play: Ban It, Ignore It or Join It?

Course #: 1441-01

Course Level: Intermediate

Many children enjoy pretending to be superheroes but child care professionals often wonder if it is okay to allow this type of play. Explore the developmental framework for understanding superhero play and discuss when superhero play can be appropriate. Learn ways to offer support to children as they explore characteristics of various superheroes.

**Thursdays, September 5 and 12**  
**7 – 9 p.m.**

**Course: 4 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Bronwyn Dean

CDA Content Areas: 2, 3 | VA Competency Area: VI  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

### Positive Guidance: Giving Clear Directions

Course #: 1296-01

Course Level: All Levels

Phrasing directions in positive ways provides clear communication for children. Learn how to give instructions by saying what to do rather than what not to do. Discover how this simple technique leads to greater success for children.

**Monday, September 16**  
**6:45 – 8:45 p.m.**

**Workshop: 2 hours**

Centreville Regional Library, Meeting Room  
14200 St. Germain Drive, Centreville 20121  
Presenter: Karen Quist

CDA Content Area: 3 | VA Competency Area: VI  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

### A Visit to the Nature Playce

Course #: 1391-01

Course Level: All Levels

Outdoor play stimulates children's mental and physical well-being while creating an appreciation for nature. Visit the Fairfax County Park Authority's new Nature Playce – a wooded play area where you can take children to enjoy meaningful interactions with nature. Experience learning stations featuring live animals, creative activities and more.

**Tuesday, September 10**  
**12:30 – 3:30 p.m.**

**Workshop: 3 hours**

Hidden Oaks Nature Center  
7701 Royce Street, Annandale 22003  
Presenter: Suzanne Holland

CDA Content Areas: 2, 3 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2, 3 | Center-based Care: 1, 3, 4

### New! The Study of Buildings

Course #: 1481-01

Course Level: All Levels

Young children often wonder about the world we live in and are curious to study topics that pertain to their everyday lives. Learn how to explore the topic of "buildings" with young children. Discover how to encourage children to ask questions and find answers, identify the purpose of different buildings, and explore ways to create their own building structures.

**Tuesday, September 17**  
**1:30 – 3:30 p.m.**

**Workshop: 2 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax, 22030  
Presenter: Marshann Snyder

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

### NEW! Learning Through Observation

Course #: 1495-01

Course Level: Intermediate

Observing children at play helps us understand who they are and what they can do. Discover how seeing children through the lens of curiosity can help you provide successful environments to meet children's individual needs. Practice various methods of observation and learn how to use the information to plan developmentally appropriate learning experiences.

Extra credit is available for participants completing a homework assignment between classes.

**Thursdays, September 19 and October 3  
7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Lora Fader Dunne

CDA Content Area: 7 | VA Competency Area: III  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

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### Creating Partnerships with Parents

Course #: 1127-01

Course Level: All Levels

Identify strategies for developing an open communication style and working closely with the families of children in your care. Explore the value of creating partnerships with parents.

**Thursdays, September 19 and October 3  
7 – 9 p.m.**

**Course: 4 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Bronwyn Dean

CDA Content Areas: 3, 4 | VA Competency Area: IV  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

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### Sensory Awareness and Sensory Tables

Course #: 1328-01

Course Level: All Levels

Explore various sensory awareness activities you can provide for children throughout the year, using materials you probably already have in your program. Be prepared to work with messy materials.

**Saturday, September 21  
9:30 a.m. – 12:30 p.m.**

**Workshop: 3 hours**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4





## Course List by Date

### Outdoor Play Every Day

Course #: 1449-01

Course Level: All Levels

Play is the work of children and getting the chance to play outdoors provides a solid foundation for short and long term physical and mental health. Learn ways to incorporate outdoor play into children's programs on a daily basis. Discover ways to bring nature activities indoors to extend the outdoor experience.

**Tuesday, September 24**

**Workshop: 3 hours**

**12:30 – 3:30 p.m.**

Hidden Oaks Nature Center  
7701 Royce Street, Annandale 22003  
Presenter: Suzanne Holland

CDA Content Areas: 2, 3 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2, 3 | Center-based Care: 1, 3, 4

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### Creative Art Development in Young Children

Course #: 1462-01

Course Level: Intermediate

The ability to create through art experiences follows distinct stages of growth in young children. Explore each stage of development and learn about the important components of each one. Examine strategies that can encourage children to develop emerging art skills at various ages and stages.

**Thursday, September 26**

**Workshop: 2 hours**

**7 – 9 p.m.**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: II  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

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### NEW!

### School-Age: Moving From Crafts to Expressive Art Experiences

Course #: 1482-01

Course Level: All Levels

School-age children see life from very creative perspectives. Discuss strategies for using everyday materials to create work with personal meaning. Explore bookmaking, sculpture, painting and printing with an emphasis on connections to artists and artworks using similar techniques.

**Saturday, September 28**

**Workshop: 3 hours**

**9:30 a.m. – 12:30 p.m.**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Erin Jacob

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2,

**Positive Guidance: Realistic Choices**

Course #: 1295-01

Course Level: All Levels

Offering children choices that they can make helps them gain control of their actions and learn to take responsibility for their decisions. Learn how to offer choices that are appropriate for young children and acceptable to adults. Develop strategies to provide real choices during routine parts of the day.

**Monday, September 30****Workshop: 2 hours****6:45 – 8:45 p.m.**

Centreville Regional Library, Meeting Room  
14200 St. Germain Drive, Centreville 20121  
Presenter: Karen Quist

CDA Content Area: 3 | VA Competency Area: VI  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

**NEW! The Music and Movement Connection**

Course #: 1483-01

Course Level: All Levels

When young children hear music, their natural inclination is to move their bodies in response to it. Discuss what research has shown us about the importance of combining movement with music in early learning environments.

**Tuesdays, October 1 and 8**  
**7 – 9 p.m.****Course: 4 hours**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

**NEW! Including Infants and Toddlers with Special Needs**

Course #: 1484-01

Course Level: All Levels

Successfully including infants and toddlers with special needs begins by understanding a caregiver's concerns, attitudes, knowledge and beliefs. Discover ways to include infants and toddlers with special needs in your child care program. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Wednesday, October 2**  
**7 – 9 p.m.****Workshop: 2 hours**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Julie Renne

CDA Content Area: 2 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

**Infants and Toddlers: Quality Environments**

Course #: 1455-01

Course Level: All Levels

Supportive child care environments reflect the needs of the children, families and caregivers. Learn how to create well-designed child care settings that provide safe and inviting spaces for very young children to explore. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Thursday, October 3**  
**9 – 11 a.m.****Workshop: 2 hours**

Pennino Building, Room 734  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Debbie Weigand

CDA Content Area: 1 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

**To Refer or Not: Developmental Red Flags for Preschool Children**

Course #: 1474-01

Course Level: Intermediate

It is important to be aware of typical developmental milestones for preschool children as well as potential red flags related to these milestones. Explore ways to observe children and assess whether or not there might be a concern. Discuss what to do if developmental concerns exist and when to refer a child for additional services. Learn how to access Fairfax County Public Schools' Child Find screening services to determine if a child has special needs.

**Monday, October 7**  
**6:30 – 8:30 p.m.****Workshop: 2 hours**

Pennino Building, Room 734  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Mary Wilkinson

CDA Content Areas: 4, 7 | VA Competency Area: III  
VSQI Standards – Family Child Care: 1, 2, 4 | Center-based Care: 1, 2

**NEW! Brain Rules for Baby**

Course #: 1428-02

Course Level: Intermediate

Based on John Medina's new book "Brain Rules for Baby," learn the "brain rules" for helping children ages birth to 5 develop into smart, competent and moral children. Discuss the role of relationships, play and guidance in young children's brain development.

**Mondays, October 7, 21 and 28**  
**7 – 9 p.m.****Course: 6 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher

CDA Content Areas: 2, 8 | VA Competency Area: II  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

## Course List by Date

### An Overview of Child Development

Course #: 1473-01

Course Level: All Levels

Young children progress through developmental stages that are predictable and important to understand. Explore the stages of learning and development from infancy to school age. Discover how innate temperaments influence a child's learning and interactions. Focus on materials and toys that support developmentally appropriate learning experiences.

**Tuesdays**

**Course: 16 hours**

**October 8, 22, 29; November 5, 19; December 3, 10 and 17**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Marshann Snyder

CDA Content Area: 8 | VA Competency Area: II

VSQI Standards – Family Child Care: 1, 2, 3, 4

Center-based Care: 1, 2, 3, 4

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### NEW! Learning Through Observation

Course #: 1495-02

Course Level: Intermediate

Observing children at play helps us understand who they are and what they can do. Discover how seeing children through the lens of curiosity can help you provide successful environments to meet children's individual needs. Practice various methods of observation and learn how to use the information to plan developmentally appropriate learning experiences.

**Thursday, October 10**

**Workshop: 4 hours**

**1 – 5 p.m.**

Pennino Building, Room 734

12011 Government Center Parkway, Fairfax 22035

Presenter: Lora Fader Dunne

CDA Content Area: 7 | VA Competency Area: III

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

### NEW! Nurturing Resilience in Educators

Course #: 1485-01

Course Level: All Levels

Research shows the critical connection between the health and well-being of children and the adults who care for them. It is essential that adults care for themselves to provide the highest quality of care for the children in their lives. Learn strategies that support four sources of resilience in adults– internal beliefs, relationships, self-control and initiative.

**Thursdays, October 10 and 17**

**Course: 4 hours**

**7 – 9 p.m.**

Resource Center at Main Street, Room 213

10201 Main Street, Fairfax 22030

Presenter: Maria Gallagher

CDA Content Area: 5 | VA Competency Area: VII

VSQI Standards – Family Child Care: 1, 2, 3, 4

Center-based Care: 1, 2, 3, 4

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### Rhymes, Rhymes, Nursery Rhymes

Course #: 1393-01

Course Level: All Levels

Nursery rhymes provide a rich language experience for young children. Review popular nursery rhymes and learn new ones that are sure to become favorites.

**Thursdays, October 10 and 17**

**Course: 4 hours**

**7 – 9 p.m.**

Gum Springs Glen, Training Room

7839 Richmond Highway, Alexandria 22306

Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

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### SIDS, Safe Sleep and Shaken Baby Syndrome

Course #: 1475-01

Course Level: All Levels

Learn ways to help prevent Sudden Infant Death Syndrome (SIDS) by following Safe Sleep guidelines developed by the American Academy of Pediatrics, Healthy Child Care America and other national organizations. Discuss shaken baby syndrome and effective strategies to help caregivers provide calm environments for infants. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Tuesday, October 15**

**Workshop: 2 hours**

**9 – 11 a.m.**

Pennino Building, Room 734

12011 Government Center Parkway, Fairfax 22035

Presenter: Debbie Weigand

CDA Content Area: 1 | VA Competency Area: I

VSQI Standards – Family Child Care: 1 | Center-Based Care: 1

### Sensory Exploration for Young Children

Course #: 1471-01

Course Level: All Levels

Children learn through their senses and it is important to provide opportunities for them to explore sensory materials on a regular basis. Learn how to integrate activities that focus on children's sense of touch, hearing and movement. Explore various ways that sensory activities can be a part of everyday routines.

**Tuesdays, October 15 and 22**  
**7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Kim Perks

CDA Content Areas: 2, 8 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

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### Creative Language Experiences for Young Children

Course #: 1464-01

Course Level: Intermediate

Young children enjoy playing with sounds by creating new words and telling simple stories. Explore ways to encourage and promote creative language experiences that are developmentally appropriate for preschoolers.

**Tuesdays, October 15 and 29**  
**7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 211/213  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Areas: 2, 3 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

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### NEW! Information Session: Changes to the Institute for Early Learning Registration System

Course #: 1494-01

Course Level: All Levels

The Institute for Early Learning will be introducing a revised registration system. This system will allow child care professionals to register for classes on a more frequent basis. Learn about the changes to the registration system as well as how to maximize your enrollment opportunities by using the IFEL Online system.

Participants may register for this session in addition to other classes.

**Wednesday, October 16**  
**7 – 9 p.m.**

**Workshop: 2 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenters: IFEL Staff





## Course List by Date

### NEW! Nurturing Resilience in Educators

Course #: 1485-02

Course Level: All Levels

Research shows the critical connection between the health and well-being of children and the adults who care for them. It is essential that adults care for themselves to provide the highest quality of care for the children in their lives. Learn strategies that support four sources of resilience in adults– internal beliefs, relationships, self-control and initiative.

**Please note: There will be a 30 minute break for lunch. Please bring your lunch and a beverage.**

**Saturday, October 19**

**Workshop: 4 hours**

**9:30 a.m. – 2 p.m.**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher

CDA Content Area: 5 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

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### NEW! Emerging Writing Skills in Preschool Children

Course #: 1247-01

Course Level: All Levels

Young children go through various stages as they learn to write. Learn the progression of these stages from scribbling to creating letter-like forms, followed by inventive spelling and conventional print. Develop strategies to support emerging writing skills for preschoolers.

**Please Note: There will be a 30 minute break for lunch. Please bring your own lunch and a beverage.**

**Saturday, October 19**

**Workshop: 4 hours**

**9:30 a.m. - 2 p.m.**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Sharon Glynn

CDA Content Area: 2 | VA Competency Area: II  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

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### Sensory Awareness and Sensory Tables

Course #: 1328-02

Course Level: All Levels

Explore various sensory awareness activities you can provide for children throughout the year, using materials you probably already have in your program. Be prepared to work with messy materials.

**Saturday, October 19**

**Workshop: 3 hours**

**9:30 a.m. – 12:30 p.m.**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

### Learning Through Play: The Teacher's Role

Course #: 1463-01

Course Level: Intermediate

Adults taking an active role in children's play can create wonderful experiences. Examine the nature of play and various challenges that can limit play opportunities. Learn how to observe and assess children's play skills and abilities. Discover the teacher's role and strategies to encourage extended learning opportunities through play.

Extra credit is available for participants completing a homework assignment between classes.

**Tuesdays, October 22 and 29**  
**1 – 3 p.m.**

**Course: 4 hours**

Pennino Building, Room 734  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Andrea Sobel

CDA Content Areas: 1, 2, 3, 7 | VA Competency Area: III  
VSQI Standards – Family Child Care: 1, 3 | Center-based Care: 1, 2

### NEW! Information Session: Changes to the Institute for Early Learning Registration System

Course #: 1494-02

Course Level: All Levels

The Institute for Early Learning will be introducing a revised registration system. This system will allow child care professionals to register for classes on a more frequent basis. Learn about the changes to the registration system as well as how to maximize your enrollment opportunities by using the IFEL Online system.

Participants may register for this session in addition to other classes.

**Wednesday, October 23**  
**7 – 9 p.m.**

**Workshop: 2 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenters: IFEL Staff

### Writing Objective Observations

Course #: 1369-01

Course Level: Intermediate

Observation of children can provide us with a wealth of information. Learn how to write observations that are factual, descriptive and useful for curriculum planning and assessment.

**Wednesdays, October 23 and 30**  
**7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher

CDA Content Area: 7 | VA Competency Area: III  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

### Creative Art Development in Young Children

Course #: 1462-02

Course Level: Intermediate

The ability to create through art experiences follows distinct stages of growth in young children. Explore each stage of development and learn about the important components of each one. Examine strategies that can encourage children to develop emerging art skills at various ages and stages.

**Thursday, October 24**  
**7 – 9 p.m.**

**Workshop: 2 hours**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: II  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

### NEW! Information Session: Changes to the Institute for Early Learning Registration System

Course #: 1494-03

Course Level: All Levels

The Institute for Early Learning will be introducing a revised registration system. This system will allow child care professionals to register for classes on a more frequent basis. Learn about the changes to the registration system as well as how to maximize your enrollment opportunities by using the IFEL Online system.

Participants may register for this session in addition to other classes.

**Thursday, October 24**  
**7 – 9 p.m.**

**Workshop: 2 hours**

Centreville Regional Library, Meeting Room  
14200 St. Germain Drive, Centreville 20121  
Presenters: IFEL Staff

### NEW! School-Age: Moving From Crafts to Expressive Art Experiences

Course #: 1482-02

Course Level: All Levels

School-age children see life from very creative perspectives. Discuss strategies for using everyday materials to create work with personal meaning. Explore bookmaking, sculpture, painting and printing with an emphasis on connections to artists and artworks using similar techniques.

**Saturday, October 26**  
**9:30 a.m. – 12:30 p.m.**

**Workshop: 3 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Erin Jacob

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

## Course List by Date

### NEW! Creative Journals for School Age Children

Course #: 1486-01

Course Level: All Levels

Recording experiences through personal journals fosters opportunities for learning, clarification, reflection, imagination and setting goals. Explore ways to inspire creative journal writing with school age children. Learn various journal writing techniques to support creative documentation of ideas, observations, feelings, thoughts and connections of new information with concepts children already know.

**Saturday, November 2**  
**9:30 a.m. – 12:30 p.m.**

**Workshop: 3 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Sharon Glynn

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2

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### Building Relationships with Effective Communication

Course #: 1300-01

Course Level: All Levels

Communication is the key to building positive relationships with both children and adults. Learn basic communication strategies that acknowledge feelings, build trust and lead to respectful conflict resolution.

**Mondays, November 4, 18;**  
**December 2 and 9**  
**7 – 9 p.m.**

**Course: 8 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher

CDA Content Areas: 3, 4 | VA Competency Area: IV  
VSQI Standards – Family Child Care: 1, 2, 4 | Center-based Care: 1, 2

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### NEW! Infants and Toddlers: Understanding and Connecting with Families

Course #: 1487-01

Course Level: All Levels

Developing strong relationships with families is an important part of child care programs. Learn how to communicate with parents in a way that is supportive and sensitive to understanding their feelings and possible concerns about their children. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Tuesday, November 5**  
**9 – 11 a.m.**

**Workshop: 2 hours**

Pennino Building, Room 734  
12011 Government Center Parkway, Fairfax 22030  
Presenter: Debbie Weigand

CDA Content Areas: 4, 6 | VA Competency Area: IV  
VSQI Standards – Family Child Care: 1, 4 | Center-based Care: 1, 2

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### Kitchen Science for Preschoolers

Course #: 1379-01

Course Level: All Levels

The kitchen is a great place for science activities. Explore exciting science discoveries using common cooking ingredients. Learn how to incorporate science into everyday learning.

**Tuesdays, November 5 and 12**  
**7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

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### Ethics and Early Childhood Practices

Course #: 1314-01

Course Level: All Levels

Standards of ethical behavior in early childhood care and education are based on commitment to core values. Take an in-depth look at the NAEYC Code of Ethical Conduct. Through discussion, activities and scenarios that explore real-life situations, gain an understanding of responsible behavior that reflects these ideals and principles.

**Tuesdays, November 5, 12 and 26**  
**6:30 – 8:30 p.m.**

**Course: 6 hours**

Pennino Building, Room 930A  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Christine Scibetta

CDA Content Area: 6 | VA Competency Area: VIII  
VSQI Standards – Family Child Care: 1 | Center-based Care: 1

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### NEW! Infants and Toddlers: Food, Fitness and Fun

Course #: 1488-01

Course Level: All Levels

Infants and toddlers thrive in healthy environments where they have opportunities to be active learners. Discover the impact of nutrition and the benefits of active play for infants and toddlers. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Wednesday, November 6**  
**7 – 9 p.m.**

**Workshop: 2 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Julie Renne

CDA Content Area: 1 | VA Competency Area: I  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

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**NEW! Fostering Family Engagement**

Course #: 1496-01

Course Level: All Levels

Families and caregivers often have different backgrounds and may not always know how to form strong connections to support a child's success. Creating strong and trusting relationships with families benefits children, parents and teachers. Explore strategies to engage families from diverse communities in your program.

**Wednesdays, November 6 and 13**  
7 – 9 p.m.

**Course: 4 hours**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Andrea Sobel

CDA Content Area: 4 | VA Competency Area: IV  
VSQI Standards – Family Child Care: 1, 4 | Center-based Care: 1, 4

**Count Me In: Math and Young Children**

Course #: 1021-01

Course Level: Intermediate

Children are natural mathematicians. They routinely explore ideas about numbers, shapes, spatial relationships and patterns in natural, playful ways. Learn to make the most of children's natural math skills through games, stories and hands-on experiences.

**Thursdays, November 7, 14, 21**  
and **December 5**  
7 – 9 p.m.

**Course: 8 hours**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

**Movement Activities for Preschoolers (3-5 years)**

Course #: 1324-01

Course Level: All Levels

Encourage children to use their bodies through games and activities. Come ready to learn new movement activities to use with the children in your care. Dress comfortably as you will be moving around the room and on the floor for activities.

**Thursdays, November 7 and 21**  
7 – 9 p.m.

**Course: 4 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

**NEW! Nurturing Children, Nurturing Ourselves**

Course #: 1489-01

Course Level: All Levels

Providing nurturing programs for young children helps prepare them for success in school and life. Teachers and caregivers also need nurturing and on-going support to be successful. Explore strategies to develop strong bonds with children that will help them with their growth and development. Discuss ways to maintain support to enhance and empower child care professionals.

Participants may register for this session in addition to other classes.

**Saturday, November 16**  
8 a.m. – 12:30 p.m.

**Workshop: 4 hours**

Fairfax County Government Center  
12000 Government Center Parkway, Fairfax 22035  
Presenters: IFEL staff and consultants

CDA Content Areas: 5, 6 | VA Competency Area: VIII  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

**NEW! Infants and Toddlers: It's Not Just Routine**

Course #: 1490-01

Course Level: All Levels

Caregiving routines are the foundation of quality infant and toddler care. Learn the importance of maintaining consistent and predictable routines for very young children. Discover how to strengthen the bonds of caregiving by getting to know each child's unique needs. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Tuesday, November 19**  
9 – 11 a.m.

**Workshop: 2 hours**

Pennino Building, Room 734  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Debbie Weigand

CDA Content Areas: 2, 3, 4, 5 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

**NEW! The Developmental Progression of 3D Art**

Course #: 1491-01

Course Level: All Levels

Understanding the natural progression in children's art work helps us provide developmentally appropriate art experiences for children. Learn how you can create opportunities for young children to grow and develop through 3D art activities.

**Tuesdays, November 19 and December 3**  
7 – 9 p.m.

**Course: 4 hours**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: II  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

## Course List by Date

### NEW! Information Session: Changes to the Institute for Early Learning Registration System

Course #: 1494-04

Course Level: All Levels

The Institute for Early Learning will be introducing a revised registration system. This system will allow child care professionals to register for classes on a more frequent basis. Learn about the changes to the registration system as well as how to maximize your enrollment opportunities by using the IFEL Online system.

Participants may register for this session in addition to other classes.

**Wednesday, November 20  
7 – 9 p.m.**

**Workshop: 2 hours**

Fairfax County Government Center, Conference Rooms 9/10  
12000 Government Center Parkway, Fairfax 22035  
Presenters: IFEL Staff

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### Director's Focus: Promoting Quality Infant and Toddler Care

Course #: 1411-01

Course Level: Directors Only

There are many key areas that impact the learning and development of infants and toddlers in group care. Discover how space and furnishings, ratios and group size, training and professionalism of staff, and health and safety practices support quality programs. Sponsored by the Virginia Infant & Toddler Specialist Network. This workshop is for directors or assistant directors of child care programs that serve infants and toddlers.

**Tuesday, December 3  
9 a.m. – noon**

**Workshop: 3 hours**

Pennino Building, Room 734  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Debbie Weigand

CDA Content Areas: 1, 5, 6 | VA Competency Area: VII  
VSQI Standards – Center-based Care: 1, 2, 3, 4

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### Up, Down and All Around: Movement with Purpose

Course #: 1466-01

Course Level: All Levels

Movement activities can help children gain skills that are needed in school and throughout life. Learn how movement activities relate to the milestones that are typical for children's growth and development. Discover how to incorporate movement with purpose into the routine of the day.

**Wednesdays, December 4 and 11  
7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Kim Perks

CDA Content Areas: 2, 8 | VA Competency Area: II  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

### The Project Approach

Course #: 1344-01

Course Level: Advanced

Explore how teaching and learning are interactive processes. Learn how to build on individual and group interests while developing in-depth studies and investigations based on children's life experiences.

**Mondays, December 9 and 16  
6:45 – 8:45 p.m.**

**Course: 4 hours**

Centreville Regional Library, Meeting Room  
14200 St. Germain Drive, Centreville 20121  
Presenter: Karen Quist

CDA Content Areas: 2, 3 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2, 3  
Center-based Care: 1, 3, 4

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### Movement Activities for Preschoolers (3-5 years)

Course #: 1324-02

Course Level: All Levels

Encourage children to use their bodies through games and activities. Come ready to learn new movement activities to use with the children in your care. Dress comfortably as you will be moving around the room and on the floor for activities.

**Tuesdays, December 10 and 17  
7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 202  
10201 Main Street, Fairfax 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

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### NEW! Strategies for Individual Success in Classroom Settings

Course #: 1498-01

Course Level: Intermediate

Children have different temperaments, interests, skills and abilities. Learn to observe children for their individual strengths and develop strategies to help children be successful in classroom activities and routines. Discuss specific situations that can be challenging and develop strategies to help individual children in your program.

**Thursdays, December 12 and 19  
7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Lora Fader Dunne

CDA Content Areas: 1, 3, 5, 7 | VA Competency Area: VI  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

## November – December Classes

### Supporting Early Social-Emotional Development

Course #: 1367-01

Course Level: All Levels

Very young children need dependable, nurturing and continuous care for strong social-emotional development. Learn about the importance of social-emotional development and ways to support positive growth in young children.

**Thursdays, December 12 and 19**  
**7 – 9 p.m.**

**Course: 4 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Bronwyn Dean

CDA Content Areas: 3, 8 | VA Competency Area: II  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

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### Storytelling

Course #: 1320-02

Course Level: All Levels

Spark children's imagination, build literacy skills, and have fun at the same time. Learn and practice simple techniques for sharing stories with young children.

**Saturday, December 14**  
**9:30 a.m. – 12:30 p.m.**

**Workshop: 3 hours**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher

CDA Content Area: 2 | VA Competency Area: V  
VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

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### Supporting Dual Language Learners

Course #: 1468-01

Course Level: Intermediate

Dual language learners are young children who are growing up with two or more languages. Learn about the stages of dual language development and the importance of supporting the home language while building English skills. Examine techniques that facilitate children's language development in respectful, inclusive ways.

**Monday and Wednesday**  
**December 16 and 18**  
**7 – 9 p.m.**

**Course: 4 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher

CDA Content Area: 2 | VA Competency Area: VI  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4





## Cursos en Español

**Juegos al aire libre: saque el máximo provecho del entorno natural**  
Curso #: 1470-11 Nivel del Curso: Todos los Niveles

Los niños pequeños tienen un interés natural en explorar los ambientes al aire libre. Siguiendo sus inclinaciones personales, combinan movimientos físicos con solución de problemas y creatividad. Aprenda cómo crear experiencias activas al aire libre para niños de todas las edades.

**Martes, 15 y 22 de octubre** **Curso: 4 horas**  
**7 – 9 p.m.**

Gum Springs Glen, Sala de Capacitación  
7839 Richmond Highway, Alexandria 22306  
Presentadora: Annice van der Sluis

Áreas Temáticas de CDA: 3, 8 | VA Competency Area: II  
VSQI Standards – Family Child Care: 1, 2, 3  
Center-based Care: 1, 2, 3, 4

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### ¡NUEVO!

**Creando y manteniendo asociaciones fuertes con familias**  
Curso #: 1497-11 Nivel del Curso: Todos los Niveles

En este curso, los participantes identificarán y practicarán las estrategias para iniciar una apertura de comunicación, para así colaborar con las familias de los niños en su cuidado. Vengan y exploren el valor de crear y mantener asociaciones fuertes con los padres.

**Martes, 12 y 19 de noviembre** **Curso: 4 horas**  
**7 – 9 p.m.**

Gum Springs Glen, Sala de Capacitación  
7839 Richmond Highway, Alexandria 22306  
Presentadora: Annice van der Sluis

Áreas Temáticas de CDA: 4, 5 | VA Competency Area: IV  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

## Using the Library Can Help Your Child Care Program

- Borrow children's books in a variety of languages.
- Read books about early childhood education.
- Take children to free library programs.

Check the library website for hours of operations and programs supporting early literacy.

[www.fairfaxcounty.gov/library](http://www.fairfaxcounty.gov/library)





The Wolf Trap Institute for Early Learning Through the Arts provides innovative arts-based teaching strategies and services to early childhood teachers, caregivers, parents and their young children through drama, music and movement. The Fairfax County Office for Children is pleased to offer workshops in partnership with Wolf Trap.

## Growing Green

Course #: 1384-01

Course Level: All Levels

Celebrate the wonder of the natural world and encourage the protection of wildlife and animal habitats through the use of music, creative drama and movement. Become familiar with songs about nature that encourage responsible environmental habits in children.

**Saturday, October 5**

**Workshop: 3 hours**

**10 a.m. – 1 p.m.**

Center for Education at Wolf Trap

1635 Trap Road, Vienna 22182

Presenters: Terry Leonino and Greg Artzner

CDA Content Area: 2 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

## New! Artful Strategies to Create Connections to Stories

Course #: 1493-01

Explore and create multi-sensory music strategies designed to develop children's prior knowledge about story vocabulary, characters, setting, problems and solutions. Learn how to use artful strategies to help children discover a deeper understanding of and connection with story content.

**Saturday, November 16**

**Workshop: 3 hours**

**10 a.m. – 1 p.m.**

Center for Education at Wolf Trap

1635 Trap Road, Vienna 22182

Presenter: Sue Trainor

CDA Content Area: 2 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

## NEW! Creating Memorable Math Experiences through the Performing Arts

Course #: 1492-01

Course Level: All Levels

Discover how easy it can be to set math concepts to music and create simple classroom experiences to spark children's enthusiasm for basic math learning. Explore patterns, shapes, sequencing and comparisons through performing arts strategies that engage children in active learning and promote 21st century skills.

**Saturday, October 19**

**Workshop: 3 hours**

**10 a.m. – 1 p.m.**

Center for Education at Wolf Trap

1635 Trap Road, Vienna 22182

Presenter: Michele Valeri

CDA Content Area: 2 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

## Story Boxes: Looking Beyond the Book

Course #: 1335-01

Course Level: All Levels

Learn how a box of objects mixed with a little imagination can provide dance, theatrical and creative opportunities. Explore ways to enrich and extend children's literature and bring it to life with creative art experiences.

**Saturday, December 7**

**Workshop: 3 hours**

**10 a.m. – 1 p.m.**

Center for Education at Wolf Trap

1635 Trap Road, Vienna 22182

Presenter: Amanda Layton Whiteman

CDA Content Area: 2 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

## Wake Up Your Wishes: An Introduction to Wolf Trap Drama

Course #: 1341-01

Course Level: All Levels

Explore creative drama strategies, including imaginary travel and story dramatization that build emergent literacy skills, creativity and increase young children's active learning in all areas of development. A Wolf Trap classic!

**Saturday, November 2**

**Workshop: 3 hours**

**10 a.m. – 1 p.m.**

Center for Education at Wolf Trap

1635 Trap Road, Vienna 22182

Presenter: Valerie Bayne Carroll

CDA Content Area: 2 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

## Directions

**From the Capital Beltway (495)**, take exit 45 to Route 267 West (Dulles Toll Road). Follow signs to local exits, pay the toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive ¼ mile. The Center for Education is on the left.

**From Interstate 66 west-bound**, take exit 67 to Route 267 West (Dulles Toll Road). Follow Capital Beltway directions starting from the Dulles Toll Road.

**From Interstate 66 east-bound**, take the Capital Beltway (495) North to exit 45 onto Route 267 West (Dulles Toll Road). Follow Capital Beltway directions starting from the Dulles Toll Road.

**From Route 7 west-bound**, turn left on Towlston Road, drive 1¼ miles. The Center for Education is on the left.

**From Route 267 east-bound**, take exit 16 onto Route 7 West. Proceed 1½ miles and turn left on Towlston Road. Drive 1¼ miles. The Center for Education is on the left.

For public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com), 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com); 202-637-7000; TTY 202-638-3780.

# SCHOOL READINESS CERTIFICATE

There are four courses in the School Readiness Certificate program. This 45-hour program will prepare you with the knowledge and skills needed to help children enter kindergarten ready to succeed. To receive a School Readiness Certificate, you will be required to attend all sessions in all four courses.

To earn a School Readiness Certificate, the four courses must be completed in the following order:

**Course 1:** Understanding the Role of the “Early Learning Guidelines” in Assuring School Readiness

**Course 2:** Planning Early Learning Environments and Daily Routines

**Course 3:** Exploring Curriculum and Building Quality Portfolios

**Course 4:** Helping Children and Families Make Terrific Transitions

School Readiness Certificate courses are offered as follows:

**Fall Catalog — Courses 1 and 2**  
(September through December)

**Winter/Spring Catalog — Courses 3 and 4**  
(January through May)

Please call 703-324-3044 if you have questions about enrolling in the School Readiness Certificate Program.

## Course 1:

### Understanding the Role of the “Early Learning Guidelines” in Assuring School Readiness

Course #: 1208-01

Course Level: Advanced

Discover how to use the “Early Learning Guidelines” to plan a developmentally appropriate curriculum that helps young children enter kindergarten ready to succeed. Learn how to observe children and record their developmental progress.

**Thursdays, September 5, 12, 19, 26;  
October 10 and 17  
7 – 9 p.m.**

**Course: 13 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax, 22030  
Presenter: Marshann Snyder

CDA Content Areas: 2, 3, 6, 7, 8 | VA Competency Area: I, II, III, IV, V  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

## Course 2:

### Planning Early Learning Environments and Daily Routines

Course #: 1220-01

Course Level: Advanced

Examine quality environments and daily routines, while learning how environments and routines contribute to school readiness. Visit a Fairfax County Public School kindergarten classroom and talk with a kindergarten teacher to learn about public school experiences. You must have taken Course 1 before you can take this course.

**Thursdays, October 24; November 7, 14;  
December 5, 12 and 19  
7 – 9 p.m.**

**Course: 12 hours**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax, 22030  
Presenter: Marshann Snyder

CDA Content Areas: 1, 2, 3, 5, 8 | VA Competency Area: I, II, III, IV, V  
VSQI Standards – Family Child Care: 1, 2, 3, 4  
Center-based Care: 1, 2, 3, 4

**Participants who complete all four School Readiness Certificate courses may be eligible to receive college credits from the Northern Virginia Community College.**

**Ask your course instructor for more information.**

## HEALTH RESOURCES FOR CHILD CARE PROVIDERS

This resource is not a complete list of companies that provide pediatric (infant and child) CPR and first aid training. Providers are encouraged to do their own research in selecting a company for these services. The county is not offering this list as a recommendation or endorsement.

### Adult & Community Education

Fairfax County Public Schools  
www.fcps.edu/aceclasses  
703-658-1225

### CISNE Services

(English and Spanish)  
www.cprcp.com  
703-574-3726

### Inova

www.inovahealthsource.org  
855-694-6682

### American Health Services

www.americanhealthserve.com  
703-619-1034

### CPR-N-U

classes@CPR-N-U.com  
202-679-5880

### KnowCPR, LLC

703-528-7045  
www.knowcpr.com

### American Lifeguard Association

www.americanlifeguard.com  
703-761-6750

### Edith Rajendran

(English, Hindi, and Urdu)  
ejrajendran2006@yahoo.com  
703-830-3481

### Safety First CPR & First Aid

(English and Spanish)  
www.safety1stcpr.com  
703-209-2216

### American Red Cross

(English and Spanish)  
www.redcross.org  
703-584-8700

### GotCPR

www.getcpr.net  
571-218-0871

### Sandhya Parihar

(English, Hindi and Urdu)  
sandhya\_parihar29@yahoo.com  
301-919-2685

### Berea Health Services

(English and Spanish)  
www.bereahealthservicescpr.webs.com  
703-585-2593

### Heart Starts, LLC

www.heartstarts.com  
703-261-7098

The county welcomes your feedback on any of the companies listed above.

**Note:** When contacting these companies, confirm that you will be issued a CPR/first aid card. Online or video first aid and/or CPR training will not be accepted for permit certification.

Health Department  
telephone numbers to  
call for TB Tests\*:

**Herndon**  
703-481-4242

**Mt. Vernon**  
703-704-5203

**Falls Church**  
703-534-8343

**Springfield**  
703-569-1031

**Fairfax**  
703-246-7100

\*You can also call your own  
doctor for a TB test.

## Medication Administration Training

The county provides this list as a sample of companies that provide PMAT or MAT training. It is not a complete list, and is not offered by the county as a recommendation or endorsement. You are encouraged to do your own research in selecting a company for these services. You can find additional vendors and scheduled trainings offered on TIPS calendar at: <https://www.dss.virginia.gov/family>.

### Christine Carlock, RN

ccargo@verizon.net  
www.MATplusmore.com  
703-402-5011

### Kevin Coombs

American Health Services  
kevin.americanhealthserve@gmail.com  
www.americanhealthserve.com  
703-619-1034

### B. J. Fischer

American Lifeguard  
Association  
703-761-6750  
www.americanlifeguard.com  
alalifeguard@aol.com

### Grace Cole-Alston, RN

NOVAMATTrainer@aol.com  
703-757-0123  
703-969-1277

### Dianne Dean

Heart Starts, LLC  
www.heartstarts.com  
training@HeartStarts.com  
703-261-7098

### Regina Watson, RN

daybreakhealth@comcast.net  
703-470-9135

### Marilyn Trapeni

mhtrapeni@aol.com  
703-901-7310



### How to Register for Webinars

Webinars are viewed on a personal computer using your Internet connection. You must have a computer (or tablet/smartphone) with Internet connection to view webinars.

You can use the speakers on your computer to listen to the webinar or you can call a toll-free number to listen using your telephone. Instructions for using the telephone will be included in the webinar email confirmation. You do not need a microphone or a webcam to participate in webinars.

We will notify you by email when new webinars are added to the IFEL Online training system. You can enroll in as many webinars as you like, in addition to your other classes.

**To register for an Institute for Early Learning webinar, please follow the steps outlined below.**

1. Please enroll in the class through the Office for Children/Institute for Early Learning (IFEL) Online training system ([www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)). You enroll in webinars in the same way that you register for classes online.
2. After you have enrolled in the webinar through the IFEL Online training system, please click on "IFEL HOME."
3. Then click on the course/webinar name. When you click on the course/webinar name, you will see the description of the course.
4. In the description of the course, you will see an Internet link. Copy and paste the Internet link into a new tab (new window) on your Internet browser.
5. When you copy the link, you will see the webinar registration page through the GoToMeeting/GoToWebinar system.
6. Enter the information required on the "Register for Our Webinar" page and then click on "Register Now" at the bottom of the page. Information marked with an asterisk (star), must be entered in order to register.
7. Once you have registered on the webinar registration page, you will receive email reminders from GoToMeeting/GoToWebinar about the webinar.

If you have questions about the webinar process after you have registered through the IFEL Online training system, please give us a call at 703-324-3044.

**New! Building Resilience Through Relationships**

Course #: 3003-01

Webinar Workshop: 1 hour

A nurturing, responsive caregiver can help build resilience in young children. Learn to recognize the characteristics of resilient children and strategies to support children as they develop skills in managing day-to-day stresses and challenges.

**This is an online webinar that is viewed on a personal computer. The date and time will be sent by email notification.**

Presenter: Maria Gallagher

CDA Content Area: 3 | VA Competency Area: VI

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

**NEW!****Process-Oriented Art Experiences for Preschool Children**

Course #: 3005-01

Webinar Workshop: 1 hour

Preschool children enjoy art experiences that allow them to experiment with process-oriented materials. Learn how to create a supportive atmosphere for young children to explore art. Discuss process-oriented art experiences that could be offered to the children in your program.

**This is an online webinar that is viewed on a personal computer. The date and time will be sent by email notification.**

Presenter: Bronwyn Dean

CDA Content Area: 2, 3 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 4

**NEW! Interactions and Caregiving Routines for Infants**

Course #: 3006-01

Webinar Workshop: 1 hour

Caregiving routines are a large part of the day for infants. Learn to connect everyday caregiving routines such as feeding and diapering with cognitive, social and emotional development. Understand the importance of interactions and the relationship between the child and the caregiver and how that relates to positive outcomes.

**This is an online webinar that is viewed on a personal computer. The date and time will be sent by email notification.**

Presenter: Hazel Osborn

CDA Content Area: 2, 3 | VA Competency Area: VI

VSQI Standards – Family Child Care: 1, 2, 3, 4

Center-based Care: 1, 2, 3, 4

**Math and Science All Around**

Course #: 3001-01

Webinar Workshop: 1 hour

Math and science are part of our everyday world. Discover how children are natural mathematicians and natural scientists. Explore simple ways to encourage young children to be aware of math and science concepts through games they enjoy playing.

**This is an online webinar that is viewed on a personal computer. The date and time will be sent by email notification.**

Presenter: Ruth Stover

CDA Content Area: 2 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

**Math and Science for Early Learners**

Course #: 3002-01

Webinar Workshop: 1 hour

Children learn about the world through play and interactions with their environment. Discover ways to enhance math and science skills through play activities. Discuss strategies to incorporate math and science awareness into the routines of the day.

**This is an online webinar that is viewed on a personal computer. The date and time will be sent by email notification.**

Presenter: Ruth Stover

CDA Content Area: 2 | VA Competency Area: V

VSQI Standards – Family Child Care: 1, 2 | Center-based Care: 1, 2, 4

**Overview of the Child Development Associate Credential**

Course #: 3004-0

Webinar Workshop: 1 hour

The Council for Early Childhood Professional Recognition awards the CDA to child care professionals who meet training and experience requirements. Learn about the CDA and the requirements necessary to complete this credential program.

**This is an online webinar that is viewed on a personal computer. The date and time will be sent by email notification.**

Presenter: Marshann Snyder

CDA Content Area: 6 | VA Competency Area: VIII

VSQI Standards – Family Child Care: 1 | Center-based Care: 1



## Serve Nutritious Meals and Earn Cash for Your Child Care Program

By participating in the USDA Child and Adult Care Food Program, you can be reimbursed for some of the cost of providing healthy meals and snacks to the children in your care.

In addition to cash reimbursements, you will also receive:

- Priority registration for special workshops for USDA Child and Adult Care Food Program participants.
- Help in communicating with parents about food-related issues.
- Assistance in planning well-balanced meals and snacks.
- Consultation with nutrition specialists.

Consider how much you can receive from the USDA Child and Adult Care Food Program:

### Money You Could Claim Monthly

| Number of Children in Care | Tier One* | Tier Two* |
|----------------------------|-----------|-----------|
| 5                          | \$460.95  | \$221.55  |
| 3                          | \$276.57  | \$132.93  |
| 1                          | \$92.19   | \$44.31   |

### Money You Could Claim Yearly

| Number of Children in Care | Tier One*  | Tier Two*  |
|----------------------------|------------|------------|
| 5                          | \$5,531.40 | \$2,658.60 |
| 3                          | \$3,318.84 | \$1,595.16 |
| 1                          | \$1,106.28 | \$531.72   |

\*For information about eligibility requirements for each tier, call 703-324-8100.

As soon as you have a family child care permit or license and children in care, please call **703-324-8100** to register for a USDA Child and Adult Care Food Program orientation class or to schedule an in-home USDA Child and Adult Care Food Program orientation.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call 800-795-3272 or TTY 202-720-6382 . USDA is an equal opportunity provider and employer.

**Note:** The following workshops are designed specifically for family child care providers.

## USDA Child and Adult Care Food Program Orientation

Course Level: Providers who are new to the USDA Food Program

Discover how the USDA Food Program will benefit your family child care business. Explore the resources you receive when you participate in the Food Program. Learn how to join the Food Program and the easy way to submit your monthly claims for reimbursement.

**Please note:** After you join the Food Program, your child care specialist will visit you in your home and will provide you with a certificate for two hours of training credit.

CDA Content Area: 5 | VA Competency Area: I, VII  
VSQI Standards —Family Child Care: 1, 3

## USDA Child and Adult Care Food Program Orientation

Course #: 1814-01

**Tuesday, September 3**

**7 – 9 p.m.**

South County Center, Room 221C  
8350 Richmond Highway, Alexandria 22309  
Presenters: Provider Services Staff

**Workshop: 2 hours**

## USDA Child and Adult Care Food Program Orientation

Course #: 1814-02

**Tuesday, October 1**

**7 – 9 p.m.**

Pennino Building, Room 1034  
12011 Government Center Parkway, Fairfax 22035  
Presenters: Provider Services Staff

**Workshop: 2 hours**

## USDA Child and Adult Care Food Program Orientation

Course #: 1814-03

**Tuesday, November 5**

**7 – 9 p.m.**

South County Center, Room 221C  
8350 Richmond Highway, Alexandria 22309  
Presenters: Provider Services Staff

**Workshop: 2 hours**

## USDA Child and Adult Care Food Program Orientation

Course #: 1814-04

**Tuesday, December 3**

**7 – 9 p.m.**

Pennino Building, Room 1034  
12011 Government Center Parkway, Fairfax 22035  
Presenters: Provider Services Staff

**Workshop: 2 hours**

## Growing Your Child Care Business –The Next Step

Course #: 1806-01

Course Level: All Levels

Learn winning ways to grow your family child care business, including low-cost marketing, interviewing skills and business planning. Discover proven ideas that can take your business to the next level.

**Saturday, September 14**

**9 a.m. – 12 p.m.**

Mt. Vernon Government Center, Room 1/2  
2511 Parkers Lane, Alexandria 22306  
Presenter: Sonja Caison

CDA Content Area: 5 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1

**Workshop: 3 hours**

## Child Abuse and Neglect Recognition and Response

Course #: 1800-01

Course Level: All Levels

Explore the signs of child abuse and neglect. Review and discuss mandatory reporting guidelines.

**Wednesday, September 18**

**7 – 9 p.m.**

Pennino Building, Room 206 A/B  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Jim Pope

CDA Content Area: 5 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1

**Workshop: 2 hours**

## The ABCs of Second Hand Smoke

Course #: 1837-01

Course Level: All Levels

Learn how to protect yourself and the children in your care from second-hand smoke. Explore the various risks of being exposed to second-hand smoke, including the dangerous chemicals it can leave in fabric, carpets and on the surfaces where children play. Discover the health threads associated with second-hand smoke, including middle-ear infections, asthma attacks, respiratory infections, low birth weight and the increased chance of Sudden Infant Death Syndrome.

**Tuesday, October 15**

**7 – 9 p.m.**

Pennino Building, Room 206 A/B  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Betty Connal

CDA Content Area: 1

**Workshop: 2 hours**

## Course List by Date

### Growing Your Child Care Business

Course #: 1805-01

Course Level: All Levels

Learn ways to run a successful family child care business including effective marketing and record management. This information will be especially helpful for family child care providers who have been in business less than one year.

**Thursday, October 17**  
**7 – 9 p.m.**

**Workshop: 2 hours**

Pennino Building, Room 206 A/B  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Sonja Caison

CDA Content Area: 5 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1

### Record Keeping Management

Course #: 1834-01

Course Level: All Levels

Good record-keeping strategies help your child care business succeed. Learn how to keep accurate records of your income and expenses. Explore ways to create effective record-keeping systems that will help you complete tax and business forms. Attendance at both classes is required to receive training credit.

**Thursdays, December 5 and 12**  
**7 – 9 p.m.**

**Course: 4 hours**

Pennino Building, Room 206 A/B  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Tracey Downey

CDA Content Area: 5 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1

### Emergency Preparedness

Course #: 1803-01

Course Level: All Levels

Learn how to enhance the emergency response plan you use to protect children in your care. Discuss communication and evacuation plans, as well as supplies for first aid and sheltering in place.

**Tuesday, November 12**  
**7 – 9 p.m.**

**Workshop: 2 hours**

Pennino Building, Room 206 A/B  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Marcelo Ferreiro

CDA Content Area: 5 | VA Competency Area: VII  
VSQI Standards – Family Child Care: 1

### SIDS and Shaken Baby Syndrome

Course #: 1833-01

Course Level: All Levels

Learn ways to prevent Sudden Infant Death Syndrome (SIDS). Discuss the dangers of Shaken Baby Syndrome and explore techniques to help calm infants.

**Wednesday, December 11 ~~CANCELLED~~ Workshop: 2 hours**  
**7 – 9 p.m. Rescheduled for Monday, Jan. 13, 2014.**

Pennino Building, Room 206 A/B  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Betty Connal

CDA Content Area: 1 | VA Competency Area: I  
VSQI Standards – Family Child Care: 1

## Nurturing Children, Nurturing Ourselves

**Saturday, November 16**  
**8 a.m. – 12:30 p.m.**

Fairfax County Government Center  
12000 Government Center Parkway  
Fairfax, VA 22035

**Course #: 1489-01**

See page 15 for detail class description

## Directions to Selected Training Sites

### Resource Center at Main Street

The Resource Center at Main Street is located at 10201 Main Street, Fairfax, 22030 in the same building as World Gym, next to the Fairfax Museum and Visitor's Center, and across the street from the Main Street Market Place shopping center.

From the Beltway (I-495), take Little River Turnpike (Route 236) west approximately four miles. Turn left onto Locust Street. Turn right into parking lot either in front of or behind the building.

From Route 66, take Route 123 south toward Fairfax. Turn left onto North Street. Turn right onto Old Lee Highway. Turn left onto Main Street. Turn right onto Locust Street. Turn right into the the parking lot in front of or behind the building.

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com) 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

### Gum Springs Glen

Gum Springs Glen is located at 7839 Richmond Highway, Alexandria, 22306 across from Mount Vernon Crossroads Shopping Center.

This is a senior citizen apartment complex. Park in VISITOR SPACES ONLY.

From the beltway (I-495), exit 177A onto Richmond Highway (US 1) South. Turn left onto Belford Drive across from Home Goods. Make an immediate left and drive to the back of the building. The entrance for the Office for Children training room is only accessible from the rear parking lot.

From the Fairfax County Parkway and southern Fairfax County, drive north on Richmond Highway (US 1). Turn right onto Belford Drive across from Home Goods. Make an immediate left and drive to the back of the building. **The entrance for the Office for Children training room is only accessible from the rear parking lot.**

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com) 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

### South County Center

The South County Center is located at 8350 Richmond Highway, Alexandria, 22309 across from NAPA Auto Parts. The parking lot and main entrance to the South County Center are located behind the building.

From the Beltway (I-495), exit 177A onto Richmond Highway (US 1) South. Drive approximately five miles. Turn right at Mohawk Lane into the parking lot.

From Fairfax County Parkway–Route 286 (old Route 7100), take the Rolling Road exit (becomes Pohick Rd). Drive 4 miles and turn left onto Richmond Highway (US 1). Drive 5.5 miles and turn left at Mohawk Lane into the parking lot.

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com) 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

### Pennino Building

The Pennino Building is located at 12011 Government Center Parkway, Fairfax, 22035, near Fair Oaks Mall and directly across from the Fairfax County Government Center.

From the beltway (I-495), take Route 66 West. Exit Route 66 onto Route 50 West. Exit Route 50 onto West Ox Road (Route 608) South. Turn left at the traffic light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into the parking lot for Pennino Building. Park in the visitor parking spaces.

From the Fairfax County Parkway Northbound–Route 286 (old Route 7100), turn right at the light onto Fair Lakes Parkway (east). Turn right at the light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into parking lot for Pennino Building.

From the Fairfax County Parkway Southbound–Route 286 (old Route 7100), turn left at the light onto Fair Lakes Parkway (east). Turn right at the light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into parking lot for Pennino Building.

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com) 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

# HOW TO REGISTER ONLINE

Registration Begins Wednesday, August 7, 2013

Child Care Central - Fairfax County, Virginia - Windows Internet Explorer

http://www.fairfaxcounty.gov/ofc/

File Edit View Favorites Tools Help

Child Care Central - Fairfax County, Virginia

Fairfax County VIRGINIA

Home Living Here Doing Business Visiting Departments & Agencies

Search Site: Go Advanced

Index

- Contacts/Directions
- About the Office for Children
- Catalog -- Institute for Early Learning
- Child Care Assistance & Referral
- ... Apply for Benefits
- Dept. of Family Services
- Employees' Child Care Center
- Fairfax Futures
- Head Start
- News
- Permits & Regulations
- Register for Training
- SACC -- School Age Child Care
- School Readiness
- Training
- USDA Food Program
- VPI -- Virginia Preschool Initiative

Online Services

Our Government

News and Events

Maps, Facts & Stats

State & Federal

homepage > ofc:

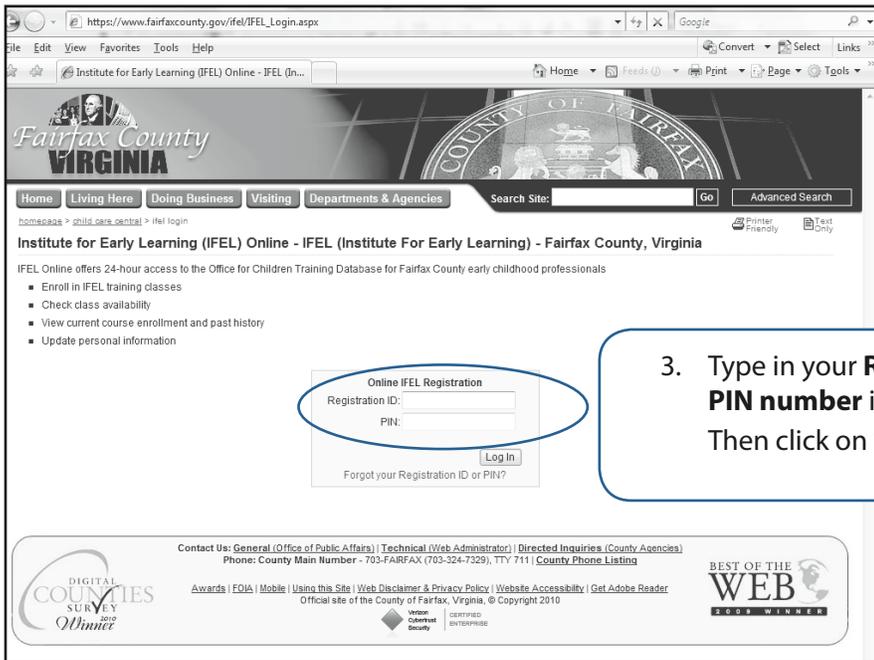
## Child Care Central

### Office for Children

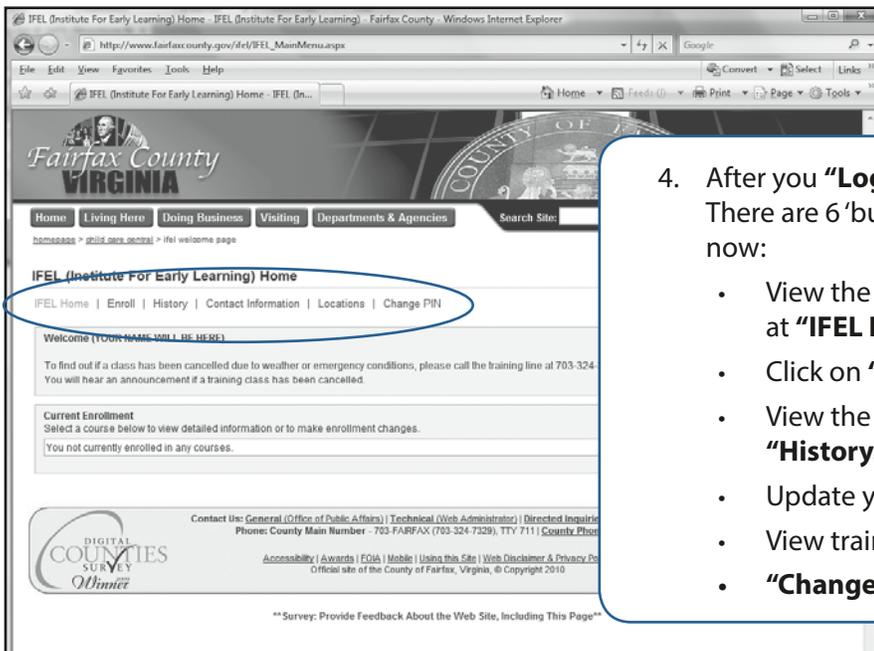
1. Type in the Web address:  
[www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)
2. Click on the words **"Register for Training"** in the left-hand column.

#### FAMILIES

- Choose a child care provider with a permit.
- Learn current child care rates.
- Learn the signs of quality child care.
- Find afterschool care for middle-school students.
- Learn tips for keeping children safe during emergencies.
- Support child care at the workplace.
- Get assistance with paying for child care.
- Explore child care options.
- Make sure your child care provider gives your child healthy food.
- Maintain your child care arrangements.
- Start a family child care business or a child care center.



3. Type in your **Registration ID number** and **PIN number** in the appropriate boxes. Then click on **“Log In.”**



4. After you **“Log In,”** this Web page will appear. There are 6 ‘buttons’ you can click on. You can now:

- View the classes for which you are enrolled at **“IFEL Home.”**
- Click on **“Enroll”** to view classes and enroll.
- View the last 3 years of your training **“History.”**
- Update your **“Contact Information.”**
- View training **“Locations”** with directions.
- **“Change PIN”** number.

If you cannot remember your numbers, click on **“Forgot your registration information?”** and enter the email address you have on file with the Institute for Early Learning. Your ID and PIN will be sent to you via email. If you do not have an ID or PIN, please call **703-324-3044**.

### How to REGISTER BY MAIL, FAX OR IN PERSON

Registration Begins Wednesday, August 7, 2013.

Registration forms will be processed beginning August 7, 2013.  
**Forms received prior to that date cannot be processed.**

**Registration  
Begins Wednesday,  
August 7, 2013**

### Mail or Fax

Fill out and mail or fax the registration form on page 31 to:

**Office for Children - Institute for Early Learning**  
12011 Government Center Parkway, Suite 920  
Fairfax, VA 22035  
Fax number: 703-803-0116

Confirmation letters will be emailed to participants who have an email address on file with the Institute for Early Learning. Confirmation letters will be mailed to participants who do not have email. If you haven't received confirmation of your course or workshop, please call **703-324-3044** or email us at: [dfsifel@fairfaxcounty.gov](mailto:dfsifel@fairfaxcounty.gov).

### In Person

Drop off in person on or after Wednesday, August 7, 2013. Bring a copy of your completed registration form to our office:

**Pennino Building, Suite 920**  
12011 Government Center Parkway  
Fairfax, VA 22035

Office hours are Monday – Friday, 8 a.m. – 4:30 p.m.

### Phone

Please call **703-324-4018** if you would like to use our automated registration system. It uses a recorded voice to guide you through the registration process (staff are not available to register you by phone).

- Before you call, make a list of the course numbers of the classes you want to attend.
- Have your personal registration ID number and PIN number available. Please call 703-324-3044 if you do not know your personal registration ID number or your PIN number.
- Call **703-324-4018** and listen to the instructions carefully.
- Press 2 and follow the instructions to enroll in training. Write down your classes and enrollment status before you hang up.

**PLEASE NOTE:** If we have your email address, you will receive an email stating that you are enrolled in the class you selected, or that you are on the waitlist. You will not receive a confirmation letter by mail. However, you can always call the automated phone system again to hear your enrollment or waitlist status.

**Registration Request Form**

Registration Begins Wednesday, August 7, 2013.

Registration forms will be processed beginning August 7, 2013.  
Forms received prior to that date cannot be processed.

- To enroll, you must be working in a legally operating child care center, preschool or family child care home in Fairfax County, or be an early childhood professional living in Fairfax County.
- This registration form must be filled out completely in order for your registration to be processed.
- Please include your Registration ID#. For more registration information, see pages 28-30. If you do not have a registration ID#, please call 703-324-3044 or email [dfsifel@fairfaxcounty.gov](mailto:dfsifel@fairfaxcounty.gov) for more information.

**Please clearly print your full name and current home address.**

Check if name, address or phone number are new. Registration ID \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Email \_\_\_\_\_ **Confirmation letters are now sent to your email address.**

**Check one**

- |  |   |
|--|---|
| <input type="checkbox"/> Center Director/Administrator<br>Name of Center or School _____ | <input type="checkbox"/> Child Care Center/ Preschool Staff<br>Name of Center or School _____ |
| <input type="checkbox"/> Family Child Care Provider                                      | <input type="checkbox"/> Other _____  |

**Courses**

- You may register for two Institute for Early Learning courses/workshops. If you list more than two choices, please list them in order of your preference as you will only be considered for two courses/workshops.
- If you are a family child care provider, you may also register for two Family Child Care Business Workshops (pages 25-26).
- You may also register for unlimited webinars. They are listed online under "other courses."

| Course # | Course Title | Start Date | Course Hours | For OFC Use Only<br>Enrolled<br>Waitlist |
|----------|--------------|------------|--------------|--|
|          |              | / /        |              |  |
|          |              | / /        |              |  |
|          |              | / /        |              |  |
|          |              | / /        |              |  |
|          |              | / /        |              |  |

**Please mail, fax or deliver this registration form to:**

Office for Children, 12011 Government Center Parkway, Pennino Building, Suite 920, Fairfax, VA 22035

Fax: 703-803-0116 Telephone: 703-324-3044 (for information only, not for registration)

Email: [dfsifel@fairfaxcounty.gov](mailto:dfsifel@fairfaxcounty.gov)

## Easier With Email

### If you have email, you can:

- Register quickly and easily from your home as soon as registration begins.
- Update your address and telephone information anytime.
- View your training history so you know which classes you have already taken.
- Send questions to the training department by emailing [dfsifel@fairfaxcounty.gov](mailto:dfsifel@fairfaxcounty.gov).

### It's important to have email, because:

- We now use email to confirm registration in classes. Please check your email often and reply when we send confirmation requests.
- General information about classes and training will be sent by email.
- We're printing fewer paper copies of the training catalog. The catalog is posted on the Internet, and we will send links to it by email.
- Links to the "Update" newsletter will be sent by email.

### If you don't have an email address:

If you have access to the Internet at home or at a public library, you can set up a free email account using any of these websites:

- [www.yahoo.com](http://www.yahoo.com)
- [www.hotmail.com](http://www.hotmail.com)
- [www.lycos.com](http://www.lycos.com)
- [www.excite.com](http://www.excite.com)
- [www.gmail.com](http://www.gmail.com)
- [www.aol.com](http://www.aol.com)

### If you don't have Internet access at home, you can use the Internet at any public library at no cost.

Please let us know as soon as you get an email address, or if you change your email address. **Call 703-324-3044**, or email [dfsifel@fairfaxcounty.gov](mailto:dfsifel@fairfaxcounty.gov).



# Fairfax County Early Learning Guidelines

## Social & Emotional Development

Self-Concept  
Self-Control  
Cooperation  
Social Relations  
Knowledge of Families and Communities

## Approaches to Learning

Initiative and Curiosity  
Engagement and Persistence  
Reasoning and Problem Solving

## Language

Listening and Understanding  
Speaking and Communicating

## Literacy

Phonological Awareness  
Book Knowledge and Appreciation  
Print Awareness and Concepts  
Early Writing  
Alphabet Knowledge

## Mathematics

Number and Operations  
Geometry and Spatial Sense  
Patterns and Measurement

## Science

Scientific Skills and Methods  
Scientific Knowledge

## Creative Arts

Music  
Art  
Movement  
Dramatic Play

## Health and Physical Development

Gross Motor Skills  
Fine Motor Skills  
Health Status and Practices

Office for Children – Institute for Early Learning  
Fairfax County Dept. of Family Services  
12011 Government Center Parkway, Suite 920  
Fairfax, Virginia 22035-1102

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**TIME SENSITIVE MATERIALS**

Please deliver by July 31, 2013.



**IMPORTANT: Registration forms will be processed beginning August 7, 2013.**