

March 2014

# Institute for Early Learning

Professional Development and Training in Early Care and Education

Registration for March 2014 classes begins February 12, 2014 at 8:30 a.m.



The Institute for Early Learning facilitates professional development of individuals working with young children through responsive educational opportunities related to early care and learning.

Fairfax County Office for Children  
Office for Children – Institute for Early Learning  
Fairfax County Dept. of Family Services  
12011 Government Center Parkway, Ste. 920  
Fairfax, Virginia 22035-1102

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**Cancellations**  
A recorded message will be available at 703-324-3044 if a class has been cancelled due to an emergency situation or inclement weather.

## Registration Form

Child care professionals may register:

- **Online** [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)
- **Automated Phone** 703-324-4018
- **Fax** 703-803-0116
- **Mail** Office for Children  
12011 Government Center Pkwy.  
Ste. 920  
Fairfax, VA 22035

Registration ID	First Name	Last name
Home Address	City	ZIP code
Phone	Email	
Course #	Course Title	Start Date
Course #	Course Title	Start Date
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# Institute for Early Learning Professional Development Classes

Child care professionals may enroll in six Institute for Early Learning classes throughout the year.

# March 2014

## 1470-11 Juegos al aire libre: saque el máximo provecho del entorno natural

Los niños pequeños tienen un interés natural en explorar los ambientes al aire libre. Aprenda cómo crear experiencias activas al aire libre para niños de todas las edades. (CDA Areas 3, 8)

**Sábado, 1 de marzo** 9:30 a.m. – 2 p.m.  
One 4-hour class for 4 hours credit  
Location: MS211

## 1511-01 Discover the Wonders of Nature with School-Age Children

Explore the many ways that school-age children learn about the natural world. Discover strategies to encourage the naturalist in each child. (CDA Areas 2, 3)

**Tuesday, March 4** 7 – 9 p.m.  
One 2-hour class for 2 hours credit  
Location: PEN930

## 1483-01 The Music and Movement Connection

Discover what research reveals about the importance of combining movement with music in early learning environments. (CDA Area 2)

**Tuesdays, March 4 and 11** 7 – 9 p.m.  
Two 2-hour classes for 4 hours credit  
Location: MS213

## 1324-01 Movement Activities for Preschoolers

Encourage children to use their bodies through games and activities. Come ready to learn new movement activities to use with the children in your care. (CDA Area 2)

**Thursdays, March 6, 13 and 20** 7 – 9 p.m.  
Three 2-hour classes for 6 hours credit  
Location: MS202

## 1482-02 School-Age: Moving From Crafts to Expressive Art Experiences

Discuss strategies for using everyday materials to create work with personal meaning for school-age children. Explore bookmaking, sculpture, painting and printing with an emphasis on connections to artists using similar techniques. (CDA Areas 2, 3)

**Saturday, March 8** 9:30 a.m. – 12:30 p.m.  
One 3-hour class for 3 hours credit  
Location: MS211

## 1507-01 Supporting Preschool Children in the Classroom

Discuss children's behavior and learn techniques to help you support children. Explore ways to set up and manage the environment to help children be successful. (CDA Area 3)

**Tuesday, March 11** 7 – 9 p.m.  
One 2-hour class for 2 hours credit  
Location: MS211

## Family Child Care Business Classes

Family child care providers may enroll in six additional Family Child Care Business classes throughout the year.

### 1814-03 USDA Food Program

Discover how the USDA Food Program will benefit your family child care business. This workshop is for providers who are not part of the USDA Food Program. (CDA Area 5)

**Tuesday, March 4** 7 – 9 p.m.  
After successfully joining the Food Program, your Fairfax County child care specialist will provide a certificate for two hours credit.  
Location: SC221

### 1805-12 Como hacer crecer su negocio de cuidado de niños

Aprenda maneras de conducir un negocio exitoso de cuidado infantil que incluya técnicas efectivas de mercadeo y archivo de registros. Esta clase es especialmente útil para proveedores de cuidado de niños que llevan menos de un año en este negocio. (CDA Area 5)

**Tuesday, March 11** 7 – 9 p.m.  
One 2-hour class for 2 hours credit  
Location: PEN206

### 1512-01 How to Talk With School-Age Children

Explore a variety of tools that are useful in problem-solving and talking with children. Learn how to identify and work with children's abilities to express feelings and resolve conflict. (CDA Areas 2, 3)

**Tuesday, March 11** 7 – 9 p.m.  
One 2-hour class for 2 hours credit  
Location: PEN930

### 1488-01 Infants and Toddlers: Food, Fitness and Fun

Infants and toddlers thrive in healthy environments where they have opportunities to be active learners. Discover the impact of nutrition and the benefits of active play for infants and toddlers. (CDA Areas 1, 2)

**Wednesday, March 12** 6:30 – 8:30 p.m.  
One 2-hour class for 2 hours credit  
Location: CRL

### 1344-01 The Project Approach

Learn how to build on individual and group interests while developing in-depth studies and investigations based on children's life experiences. (CDA Areas 2, 3)

**Thursdays, March 13 and 27** 7 – 9 p.m.  
Two 2-hour classes for 4 hours credit  
Location: MS211

### 1457-01 The Spirit of Playfulness

Rediscover the joy of play from a child's perspective. Discuss research from the National Institute of Play and the importance of play in our everyday lives. (CDA Areas 2, 3)

**Saturday, March 15** 9:30 a.m. – 12:30 p.m.  
One 3-hour class for 3 hours credit  
Location: MS211

### 1338-01 Wolf Trap: Baby Beat, Baby Feet

Learn about the connections that music and movement have in all areas of infant and toddler development. (CDA Area 2)

**Saturday, March 15** 10 a.m. – 1 p.m.  
One 3-hour class for 3 hours credit  
Location: CEWT

### 1513-01 Challenging Behaviors in School-Age Children

Explore ways to create positive social moments for children. Learn how to collaborate with families and develop strategies to ensure success for all children. (CDA Areas 3)

**Tuesday, March 18** 7 – 9 p.m.  
One 2-hour class for 2 hours credit  
Location: PEN930

### 1833-02 SIDS and Shaken Baby Syndrome

Learn ways to prevent Sudden Infant Death Syndrome. Discuss the dangers of Shaken Baby Syndrome and explore techniques to help calm infants. (CDA Area 1)

**Wednesday, March 12** 7 – 9 p.m.  
One 2-hour class for 2 hours credit  
Location: SC221

### 1839-01 Marketing Your Business for Success

Learn how to brand, market and network your family child care business. Explore ways to create a website and use social media effectively. (CDA Area 5)

**Thursday, March 27** 7 – 9 p.m.  
One 2-hour class for 2 hours credit  
Location: PEN206

### 1393-01 Rhymes, Rhymes, Nursery Rhymes

Nursery rhymes provide a rich language experience for young children. Review popular nursery rhymes and learn new ones that are sure to become favorites. (CDA Area 2)

**Tuesdays, March 18 and 25** 7 – 9 p.m.  
Two 2-hour classes for 4 hours credit  
Location: MS211

### 1508-01 Emotionally Supportive Environments

Discover how environments and curriculum can enhance the social-emotional competence of young children. Learn strategies to help children understand and communicate their feelings as a basis for the development of empathy. (CDA Areas 1, 3)

**Thursdays, March 20 and 27** 1 – 5 p.m.  
Two 4-hour classes for 8 hours credit  
Location: PEN734

### 1510-01 The Healthy Child Care Professional

Explore strategies that help in balancing the demands of work and home. Learn how good nutrition, time management, personal care and networking can enhance your work with young children. (CDA Area 6)

**Mondays, March 24 and 31** 7 – 9 p.m.  
Two 2-hour classes for 4 hours credit  
Location: MS213

### 1514-01 Creating Performances with School-Age Children

Discover the benefits of participating in the performance arts. Learn different types of productions you can create with school-age children. (CDA Areas 2, 3)

**Tuesday, March 25** 7 – 9 p.m.  
One 2-hour class for 2 hours credit  
Location: PEN930

## Class Location Key

The number following the location key is the room.

- CEWT** Center for Education at Wolf Trap  
1635 Trap Road, Vienna 22182
- CRL** Centreville Regional Library  
14200 St Germain Dr., Centreville 20121
- GSG** Gum Springs Glen Training Room  
7839 Richmond Hwy., Alexandria 22306
- MS** Resource Center at Main Street  
10201 Main St., Fairfax 22030
- PEN** Pennino Building  
12011 Government Center Pkwy.  
Fairfax 22035
- SC** South County Center  
8350 Richmond Hwy., Alexandria 22306

## Registration Begins February 12, 2014

Registration for April 2014  
classes begins March 12, 2014.

Register Online at [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)

Fairfax County  
**O F C** Office for Children

Fairfax County Department of  
**Family Services**



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Fairfax County is committed to providing equal access to all its citizens and activities. In compliance with applicable law, reasonable accommodations will be provided upon request. Call 703-324-3044, or TTY 711.



**For information** (not for registering)  
email: [childcareclasses@fairfaxcounty.gov](mailto:childcareclasses@fairfaxcounty.gov)  
phone: 703-324-3044