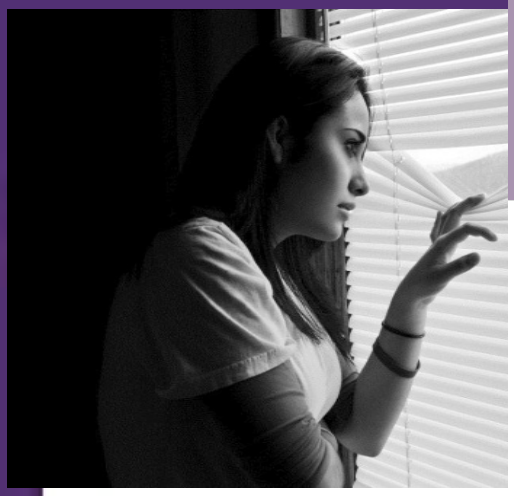

Coping Skills for Trauma Survivors: A Group for Women

The Office for Women & Domestic and Sexual Violence Services offers a free, confidential support group for adult women who have experienced sexual or domestic violence. The group meets for eight weekly sessions.

The group will help survivors learn:

- Specific strategies for coping with trauma
- How to move forward with what is important in your life

Office for Women & Domestic and Sexual Violence Services serves residents of Fairfax County and the Cities of Fairfax and Falls Church.

All services are confidential, free (except ADAPT), and provided regardless of race, gender, ethnicity, national origin, age, disability, religion, or sexual orientation.

When:

Wednesdays
6:30 p.m. – 8:00 p.m.

Location:

Annandale Area

Have Children?

If you have children ages 7 – 15, ask about the children's group meeting at the same time and place.

Office for Women &
Domestic and Sexual Violence Services
Fairfax County Government Center,
12000 Government Center Parkway, Suite 339
Fairfax, VA 22035
703-324-5730; TTY: 703-324-5706
24-hour Domestic and Sexual Violence Hotline: 703-360-7273

For more information or to join call Gretchen Fair at:

703-704-6717; TTY 703-324-5706

A Fairfax County, Virginia publication. Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call 703-704-6719; TTY 711. To request this information in an alternate format, call 703-704-6729; TTY 703-324-5706.

For information on how to reach this location using public transportation, visit www.fairfaxconnector.com 703-339-7871; TTY 711 or www.wmata.com 202-637-7000; TTY 202-638-3780. January 2013.