

Fairfax County Department of Family Services

**Office for Women & Domestic
and Sexual Violence Services**



DOMESTIC
AND SEXUAL
VIOLENCE
SERVICES

Encouraging our clients, our staff,
and our community to act with
responsibility, compassion, and the
belief that all can live in peace.

Office for Women & Domestic and Sexual Violence Services

***Fiscal Year 2011
Annual Report***



BRIEF HISTORY

For over 30 years, the Victim Assistance Network, Artemis House (formerly known as The Women's Shelter), and ADAPT, known collectively as the Domestic Abuse and Sexual Assault (DASA) programs, were part of the Community Services Board (CSB). In July 2008, the DASA programs were moved into the Office for Women, thereby creating the renamed Office for Women & Domestic and Sexual Violence Services (OFWDSVS).

Over the next 3 years, these formerly distinct and separate programs were integrated to provide a smoother delivery of domestic and sexual violence services to better meet the needs and expectations of the community. By July 2011 the Office redesign was essentially completed.

In addition to direct services provided to those affected by domestic and sexual violence, OFWDSVS continues to provide support and guidance to the Commission for Women and works on policy issues affecting women and girls in our community. Examples of this work include ensuring Title IX parity for girls' softball and the development of a county-wide domestic violence in the workplace policy. OFWDSVS also supports Mother's Rooms lactation space for staff at major county sites.

**FOCUS ON THE
DOMESTIC AND
SEXUAL VIOLENCE
CLIENT SERVICES
OF OFWDSVS**

OUR WORK IS GUIDED BY COMMON GOALS & VALUES

Our mission is to work toward a community free of domestic and sexual violence by encouraging our clients, our staff, and our community to act with responsibility, compassion, and the belief that all can live in peace.

Our vision is for:

- ◉ *a community of empowered citizens who make safe and healthy choices for themselves and their families;*
- ◉ *educated citizens who offer personal support and public advocacy to create a violence-free community;*
- ◉ *professionals who work as allies in responding to those affected by sexual, interpersonal, and family violence;*
- ◉ *and decision-makers who are sensitive to these issues and use their positions to effect positive change.*

Our values are:

- ◉ *Safety*
- ◉ *Compassion*
- ◉ *Hope*
- ◉ *Responsibility*
- ◉ *Collaboration*

HOW WE DEFINE DOMESTIC VIOLENCE



In domestic or family violence, one person attempts to control or hurt another through actions or threats that can include physical, sexual, verbal, or psychological abuse. People of all ages, income levels, faiths, sexual orientation, gender, and education levels can experience domestic or family violence.

HOW WE DEFINE SEXUAL VIOLENCE



Sexual violence is a general term used to explain any act of a sexual nature where a person is forced, threatened, or intimidated into engaging in the activity without her or his permission. Some examples of this are rape, forced sodomy, sexual harassment, and indecent exposure. Women, men, and children can all be victims of sexual violence.

SERVICES WE OFFER

- ❖ **Fairfax County Domestic & Sexual Violence Hotline, a 24-hour information and support phone line for those affected by domestic and sexual violence, stalking, and human trafficking.**
- ❖ **Professional, short-term counseling services (individual and group) for survivors of domestic and sexual violence including adults and children.**
- ❖ **Support on issues surrounding interpersonal violence including legal, housing, and economic information.**
- ❖ **Accompaniment to the hospital for those seeking medical services after a sexual assault or domestic violence incident.**
- ❖ **Counseling and support services for residents at Artemis House, a crisis shelter providing support for those fleeing family violence.**
- ❖ **Specialized support and training on issues involving children.**
- ❖ **Provides the ADAPT (Anger & Domestic Abuse Prevention and Treatment) 18-week intervention and education program for persons who have been physically, emotionally, or verbally abusive to loved ones.**
- ❖ **Speakers for community groups wanting to learn about domestic and sexual violence and how they can make a difference.**
- ❖ **Educational outreach and prevention programs that focus on communication skills, healthy relationships, recognizing abusive behaviors, and other related topics.**
- ❖ **A variety of volunteer opportunities for community involvement.**

WHO DO WE SERVE ?

- ❖ **Survivors of sexual assault, either current or in the past, who need help and support.**
- ❖ **Family members who want to help a survivor of sexual assault or domestic violence.**
- ❖ **Those who are in relationships that are abusive.**
- ❖ **Survivors who have separated from an abusive partner and need help making the transition.**
- ❖ **Offenders who have been abusive toward a partner or family member, and want to stop the abusive behavior.**
- ❖ **Couples whose relationships have been abusive and who wish to stop the abuse while continuing some kind of relationship with one another.**
- ❖ **Someone who has ended a relationship and is being stalked or harassed.**

OUR ORGANIZATION

Office for Women & Domestic and Sexual Violence Services

Ina G. Fernández, Director, 1.0 SYE

Administration

Amy Kegley, Administrative Assistant IV, 1.0 SYE

Cross Program

Kathleen Kelmelis, Program Manager, 1.0 SYE
 Lucinda Blasco, Management Analyst II, 1.0 SYE
 Larissa Jackson, Volunteer Coordinator, 1.0 SYE
 Jennifer McPherson, Administrative Assistant II, .5 B Status-Limited Term

Liaison to the Commission for Women

Sandy Bromley, Management Analyst II, .5 B Status-Limited Term

Survivor Services: Community & Support

Debra Ranf, Social Work Supervisor, 1.0 SYE
 Vanessa R. Cullers, Economic & Housing Specialist, 1.0 SYE
 Laly Goodmote, Legal Specialist, 1.0 SYE
 Salima Jiwa, Children's Services Coordinator, 1.0 SYE
 Ara Jo, Community Outreach Specialist, .5 B Status-Limited Term
 Heather Potter, Prevention and Education Specialist, 1.0 SYE
 Lynne Rowson, Community Outreach Specialist, .5 B Status-Limited Term
 Jennifer Ward, Sexual Assault Outreach, .25 Grant

Survivor Services: Counseling

Chris Davies, Social Work Supervisor, 1.0 SYE
 Jeannette Aleman, DV/SV Counselor, 1.0 SYE
 Rebecca Albert, DV/SV Counselor, 1.0 SYE
 Margarita Citarella, DV Counselor, .45 Grant
 Heather McMillen, DV/SV Counselor, .5 SYE
 Lesley Persily, SV Counselor, .5 Grant
 Daman Reynolds, SV Counselor, .5 Grant
 Erin Salisbury, DS/SV Counselor, .5 SYE

Offender Services: ADAPT

Sam Bachman, Social Work Supervisor, 1.0 SYE
 James D. Miller, DV Counselor, 1.0 SYE
 Holland Omar, DV Counselor, 1.0 SYE
 Jennifer Perkins, Substance Abuse Counselor, .5 B Status-Limited Term
 Sonia Valenzuela, Family Counselor, 1.0 SYE

Commission for Women

Jeamie F. Jew, Chair, Springfield District
 Lee Helfrich, Vice Chair, Mason District
 Toni Townes-Whitley, Commissioner, At-Large
 Nancy Krakover, Commissioner, Braddock District
 Diane Hoyer, Commissioner, Dranesville District
 Catherine A. Baum, Commissioner, Hunter Mill District
 Emily McCoy, Commissioner, Lee District
 Sook Kim, Commissioner, Minority At-Large
 Kari Warren, Commissioner, Mount Vernon District
 Vacant, Commissioner, Providence District
 Kathy Goggin, Commissioner, Sully District
 Rachel Nohe, Student Representative



10/11/11

SURVIVOR SERVICES

FY 2011 SURVIVOR SERVICES HIGHLIGHTS

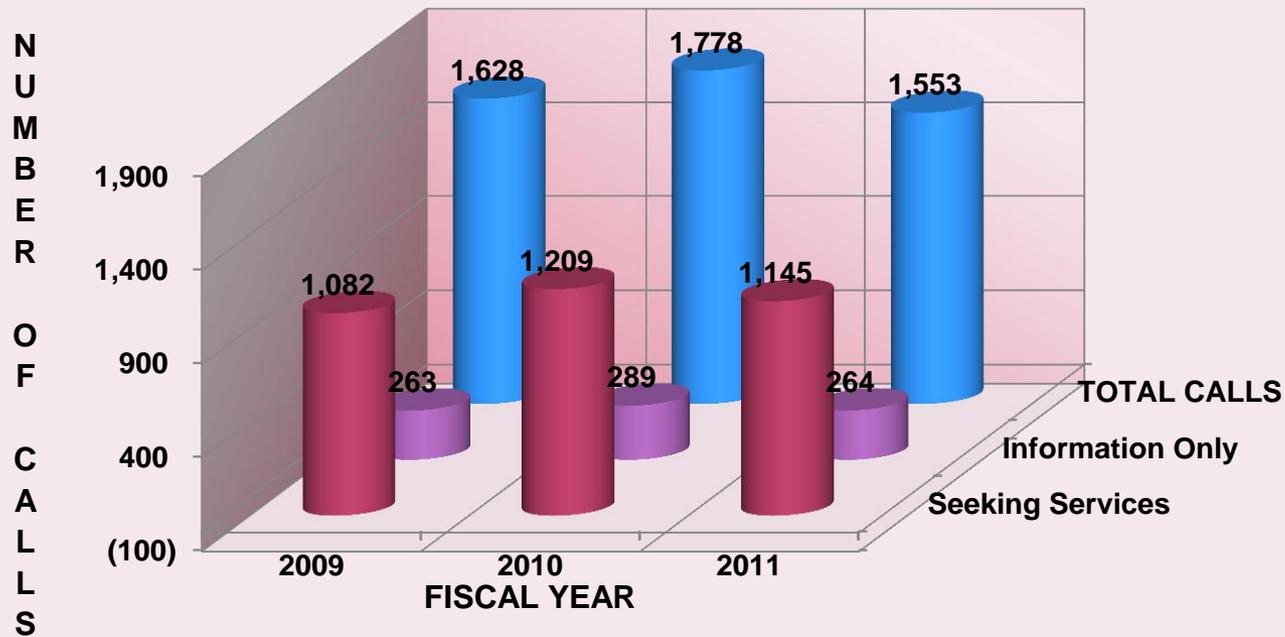
- ❖ **Centralized and simplified the process for referrals for counseling services by instituting a next business-day response.**
- ❖ **Deployed Legal Specialist to the newly developed Domestic Violence Action Center (DVAC) for half of her time.**
- ❖ **Expanded counseling services to five new service sites for a total of 12 sites throughout Fairfax County.**
- ❖ **Developed a new support group for male survivors of childhood sexual abuse.**

- ❖ **Developed and presented prevention and education programs for teens at schools and the community**
- ❖ **Implemented hotline response redesign to include coverage by staff during peak hours, thereby ensuring a more complete and consistent response to clients than previously provided.**
- ❖ **Offered weekly groups for Spanish-speaking women at the Franconia and Culmore Family Resource Centers.**
- ❖ **Developed “Power in Me” program for presentation to 5th & 6th grade students to provide them with tools to help create a violence-free community.**



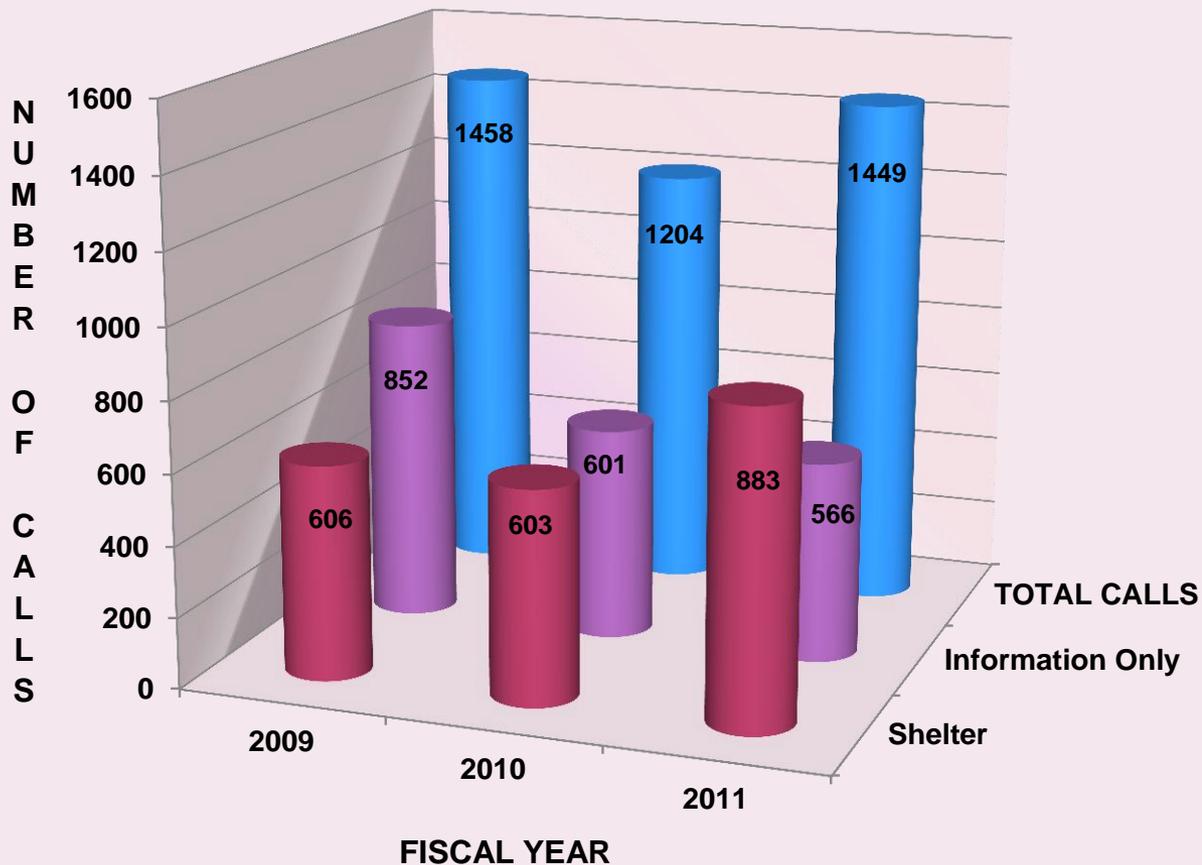
HOTLINE

FAIRFAX COUNTY DOMESTIC & SEXUAL VIOLENCE HOTLINE CALLS



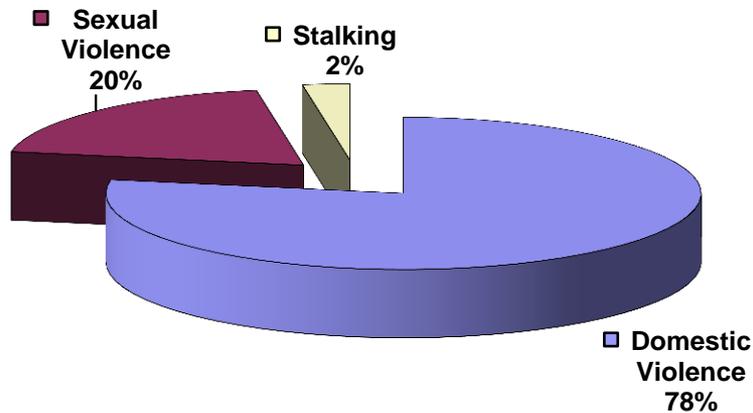
Over the course of the year, calls that had been going to the hotline, such as requests for programs, volunteer information, and setting up counseling appointments, were diverted to the main office. This resulted in fewer calls coming into the hotline. However, those calls that did come in were more likely to come from callers needing crisis intervention, immediate support, or more extensive help with navigating the system or accessing resources.

ARTEMIS HOUSE - CRISIS CALLS



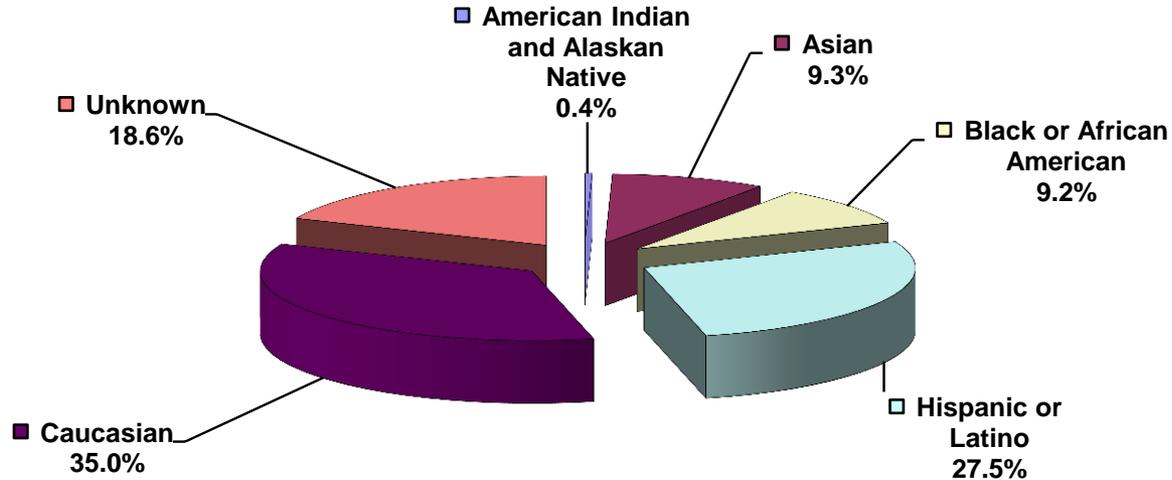
The Artemis House line, which is answered 24/7, is used by those seeking shelter and sometimes those seeking advice and help in accessing other domestic-violence related services.

FY 11 Hotline Calls - By Type

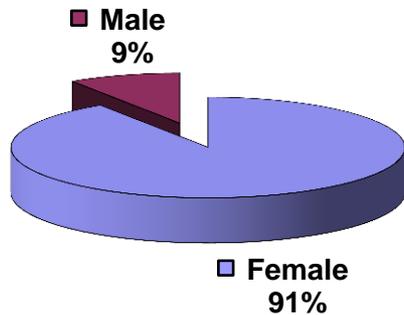


- 79% of callers looking for help with domestic violence issues were abused by a current or former intimate partner.
- 67% of callers seeking help with sexual violence issues were assaulted by someone known to them.

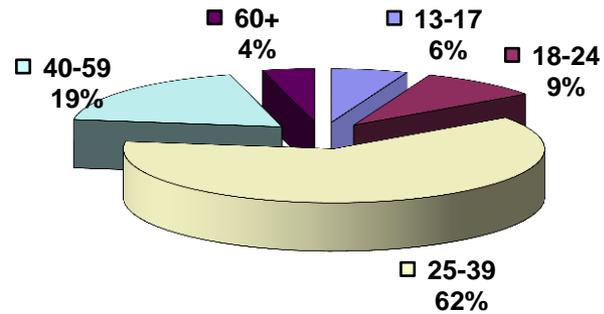
Hotline Calls - by Race/Ethnicity



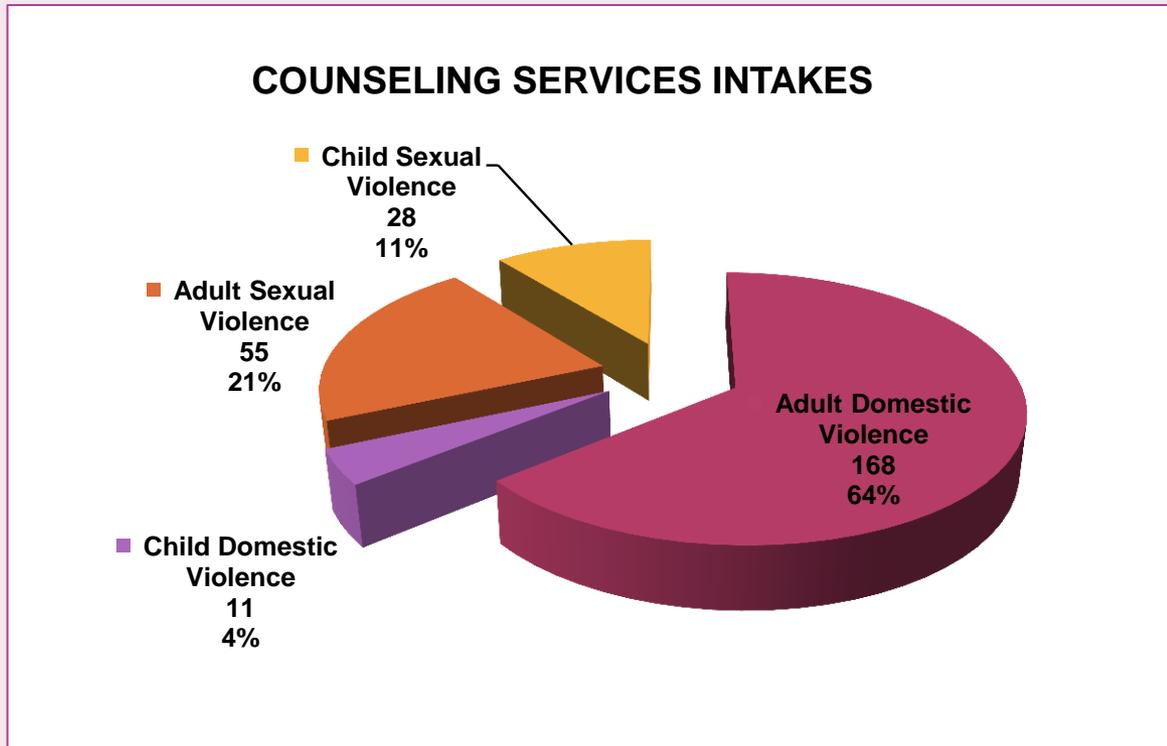
Hotline Calls - By Gender



Hotline Calls - by Age



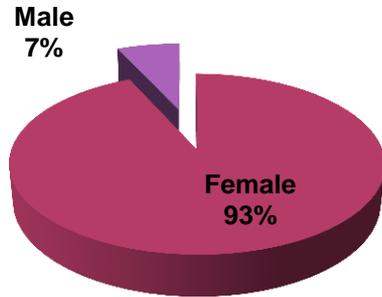
INDIVIDUAL & GROUP COUNSELING



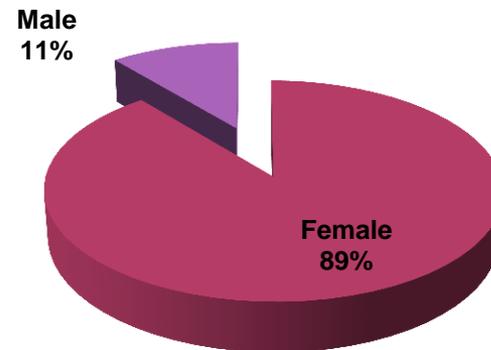
Total FY 2011 Intakes 262

Free counseling services are offered for 8 to 10 weeks.

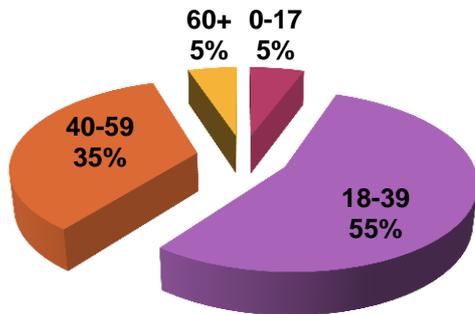
Domestic Violence Counseling Clients by Gender



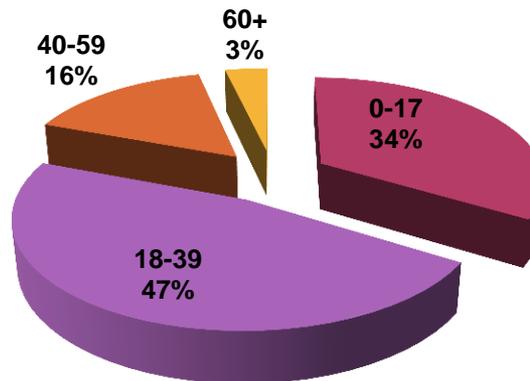
Sexual Violence Counseling Clients by Gender



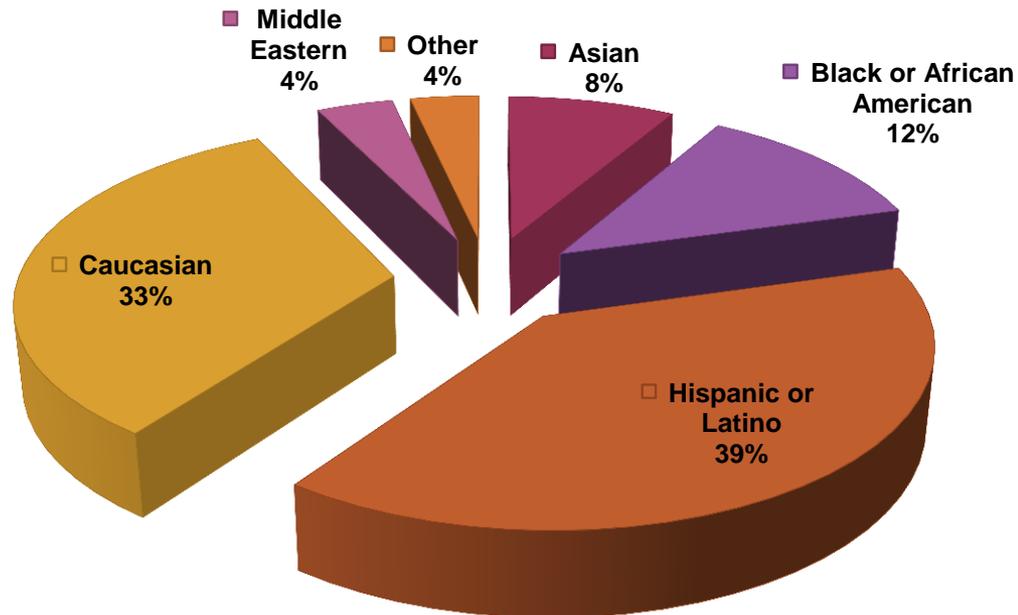
Domestic Violence Counseling Clients by Age



Sexual Violence Counseling Clients by Age



Counseling Clients by Race/ Ethnicity



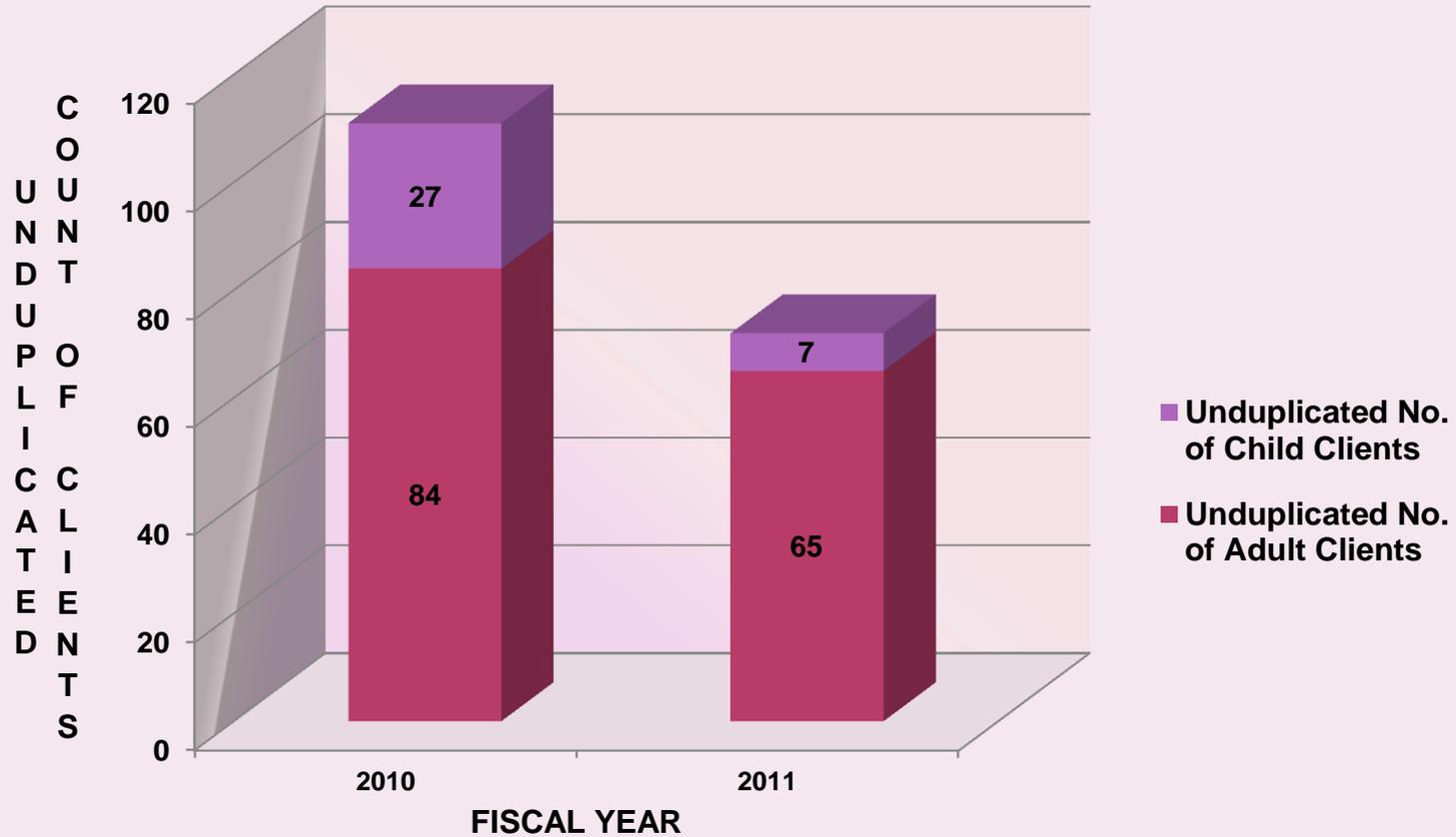
“Other” includes American Indian and Alaskan Native, Native Hawaiian and other Pacific Islander, and Multi-Racial

INDIVIDUAL COUNSELING



Total unduplicated individual counseling clients in FY 2011 - 277

SUPPORT GROUPS



Support groups conducted in FY 2011 were primarily for clients of Artemis House.

FY 2011 CONSULTATIONS



Consultations provided to clients at Artemis House and in the community, hotline callers, OFWDSVS staff, and other professionals on behalf of their clients.

OUTREACH & EDUCATION

*Over 130 programs/events reaching
over 4,000 residents, professionals, and
volunteers in the community.*

Sample activities include:

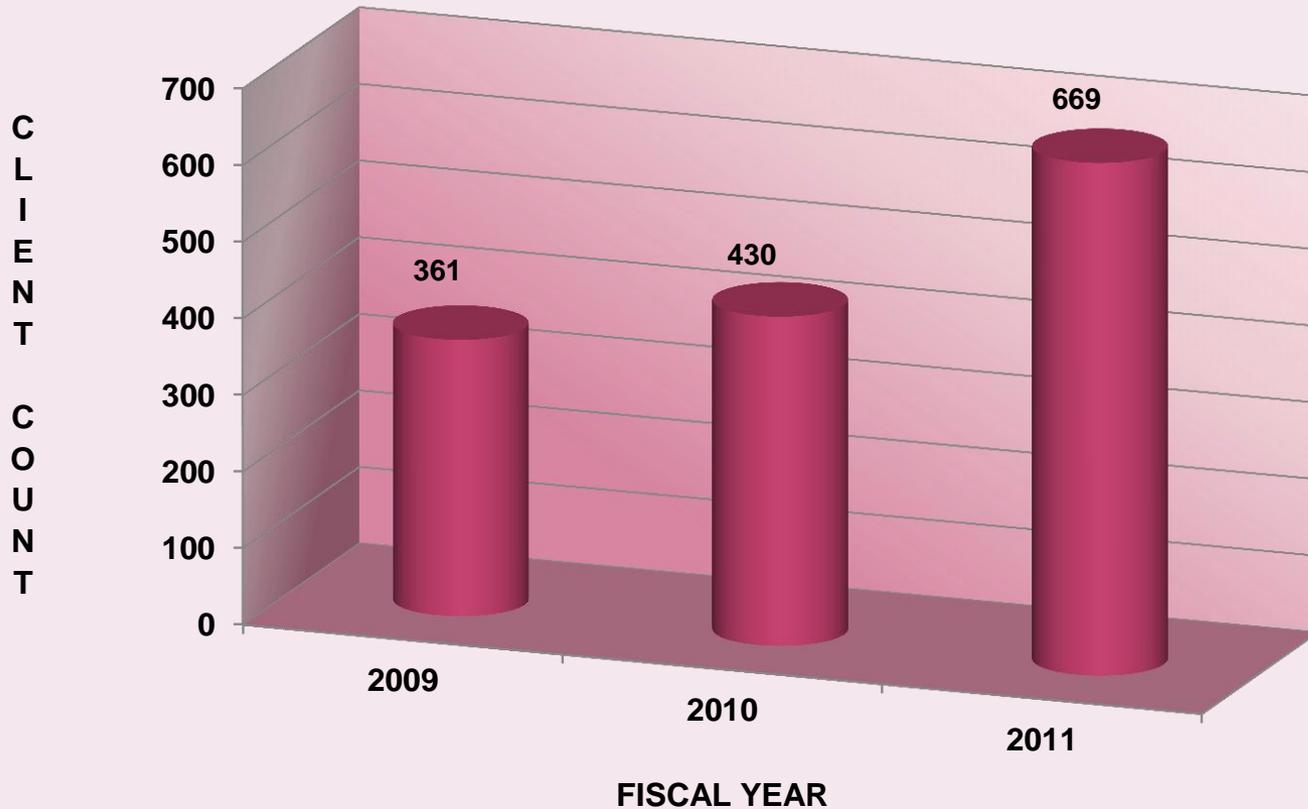
- **Activities and events during Domestic Violence Awareness Month (October) & Sexual Assault Awareness Month (April)**
- **“Respect uR d8” Workshop for Teens**
- **Documentary screenings and trainings:**
 - **Men & Boys Healing**
 - **Searching for Angela Shelton**
 - **Telling Amy’s Story**
- **Training on Healthy Relationships in English & Spanish**
- **Family & Dating Violence Awareness and Prevention**
- **Parenting Workshops**
- **Program information sessions in English & Spanish**

OFFENDER SERVICES

FY 2011 OFFENDER SERVICES HIGHLIGHTS

- ❖ **Walk-in ADAPT orientation & registration sessions were introduced late in FY10 and continued through FY 11. Usually 5 sessions per week are offered, including 1 or 2 with a Spanish-speaking counselor. Informs and orients prospective clients to the ADAPT program reducing staff time spent on this service by 3 to 5 hours per week per staff person.**
- ❖ **Developed Compassion Training for Couples in Conflict program and piloted first group.**
- ❖ **Translated ADAPT curriculum into the Spanish Language and offered first Spanish-language sessions.**
- ❖ **Developed and implemented accountability standards for ADAPT groups that tie into Results-Based Accountability model adopted by Human Services departments for implementation starting in FY 12.**

TOTAL OFFENDER SERVICES CLIENTS SERVED



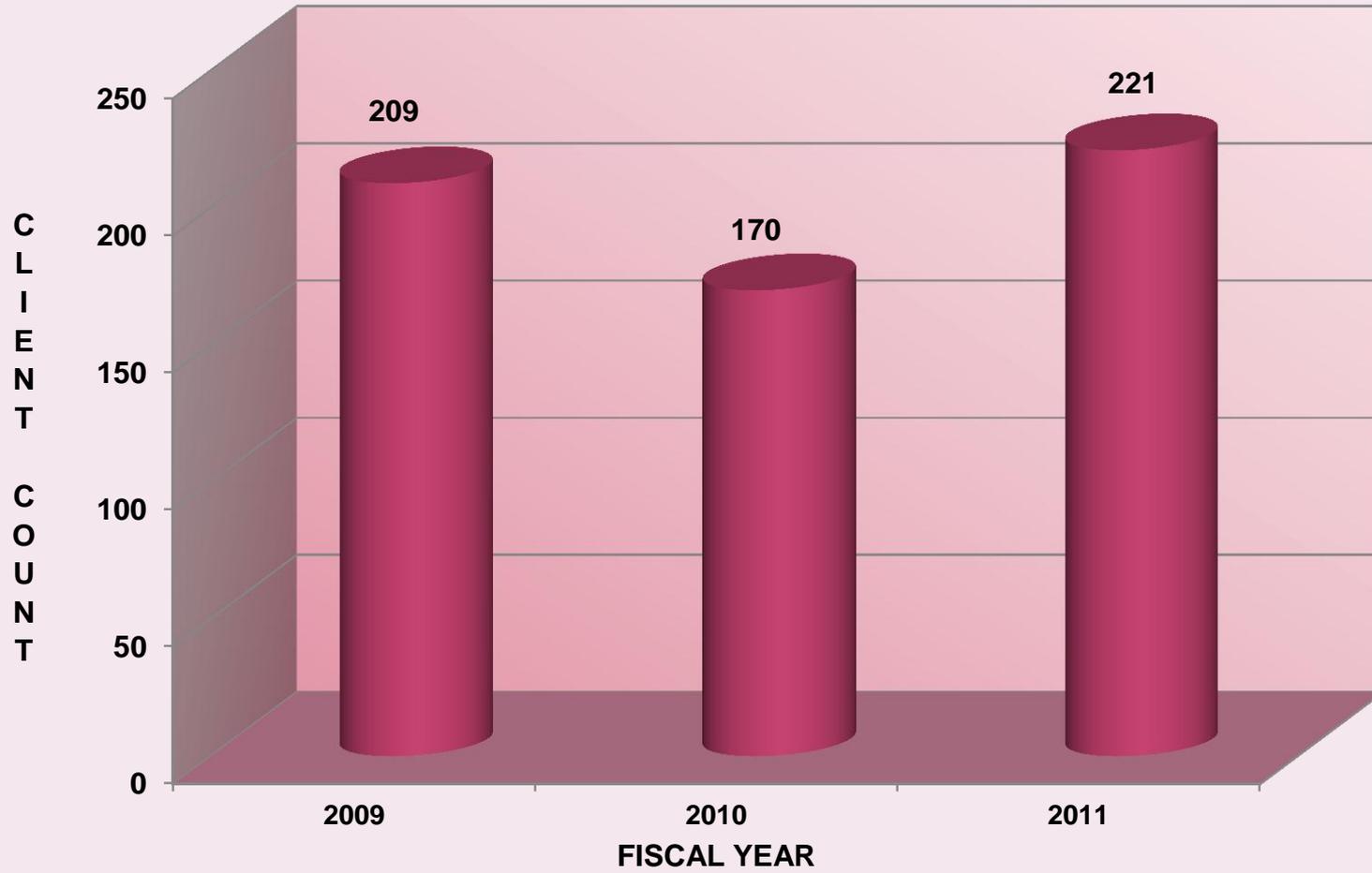
Total Clients Served includes ADAPT and “Compassion Training or Couples in Conflict” clients.

BATTERER INTERVENTION PROGRAM – ANGER AND DOMESTIC ABUSE PREVENTION AND TREATMENT (ADAPT)

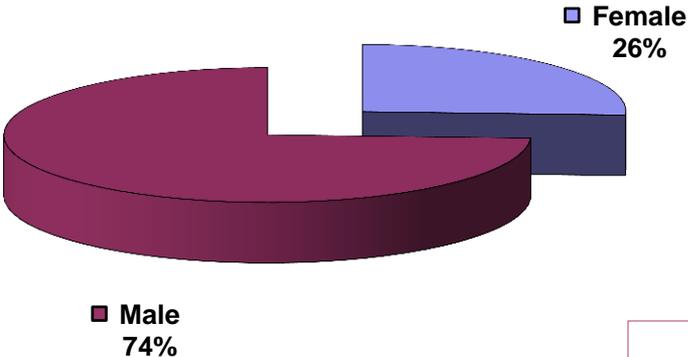
ADAPT helps program participants learn to:

- ❖ Regulate anger and shame.
- ❖ Take responsibility for behavior and feelings.
- ❖ Let go of harmful blame.
- ❖ Accept not being in control of another person or situation.
- ❖ Develop safe and compassionate solutions to family conflicts.
- ❖ Assess the role of substances on thoughts, feelings, and behavior.

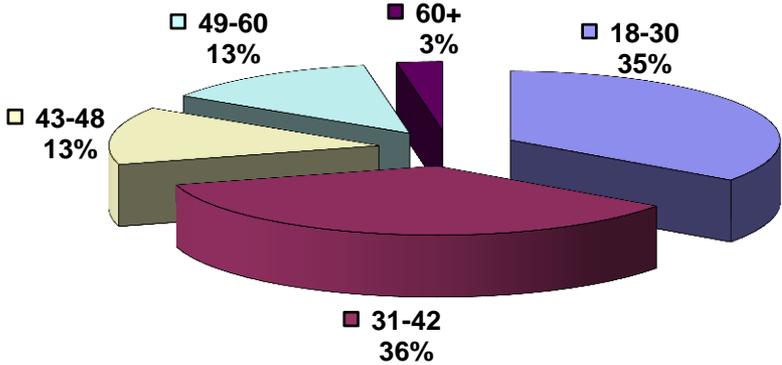
ADAPT INTAKES COMPLETED



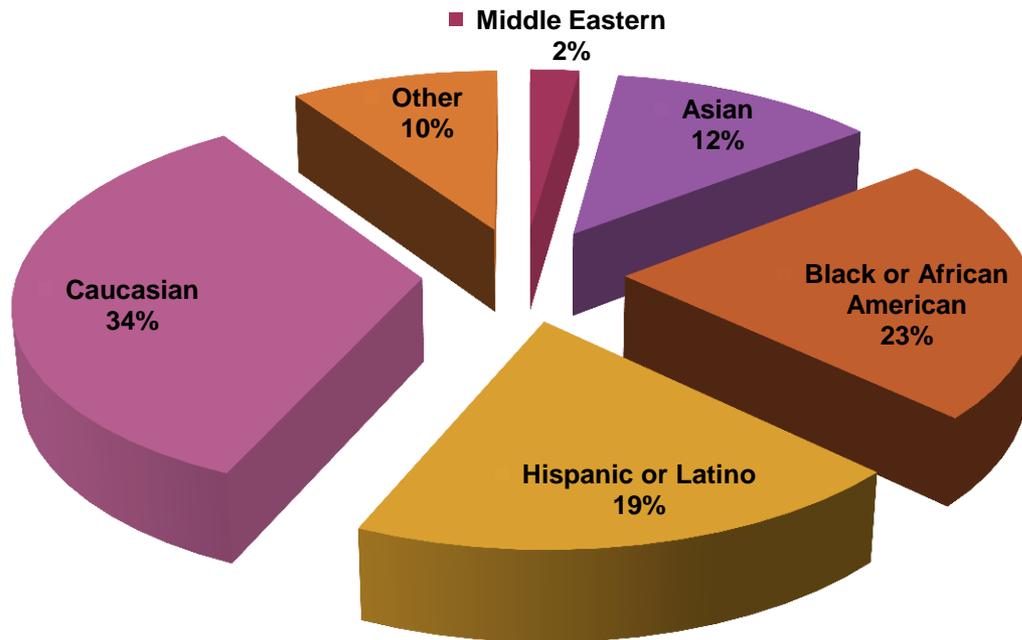
ADAPT Intakes Completed - by Gender



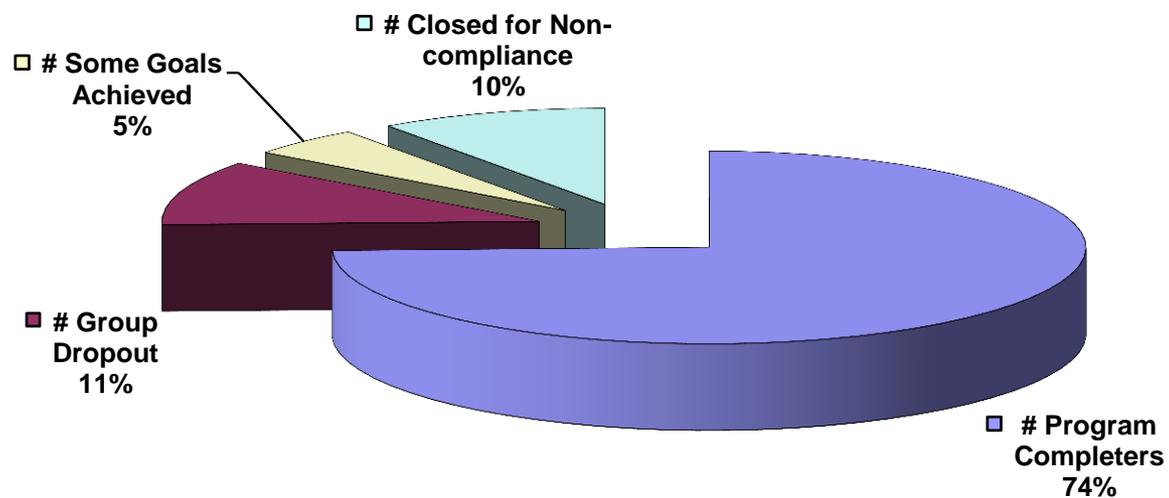
ADAPT Intakes Completed - by Age



ADAPT Intakes Completed - by Race/Ethnicity



ADAPT Termination Outcomes - Group Performance



184 clients started in new groups in FY 2011

VOLUNTEER SERVICES

VOLUNTEER OPPORTUNITIES



Fairfax County
Office for Women &
Domestic and Sexual
Violence Services

Court Accompaniment

ADAPT Group Facilitator

Hotline Counselor

Support Group Facilitator

Hospital Accompaniment

Outreach Specialist

Outcomes Research Specialist

- ❖ The work of an equivalent of 4.7 full-time employees was donated by volunteers at a value of \$104,676.
- ❖ There were 56 active volunteers in FY 2011.
- ❖ 43% of respondents to Volunteer Information Session ads were county employees.

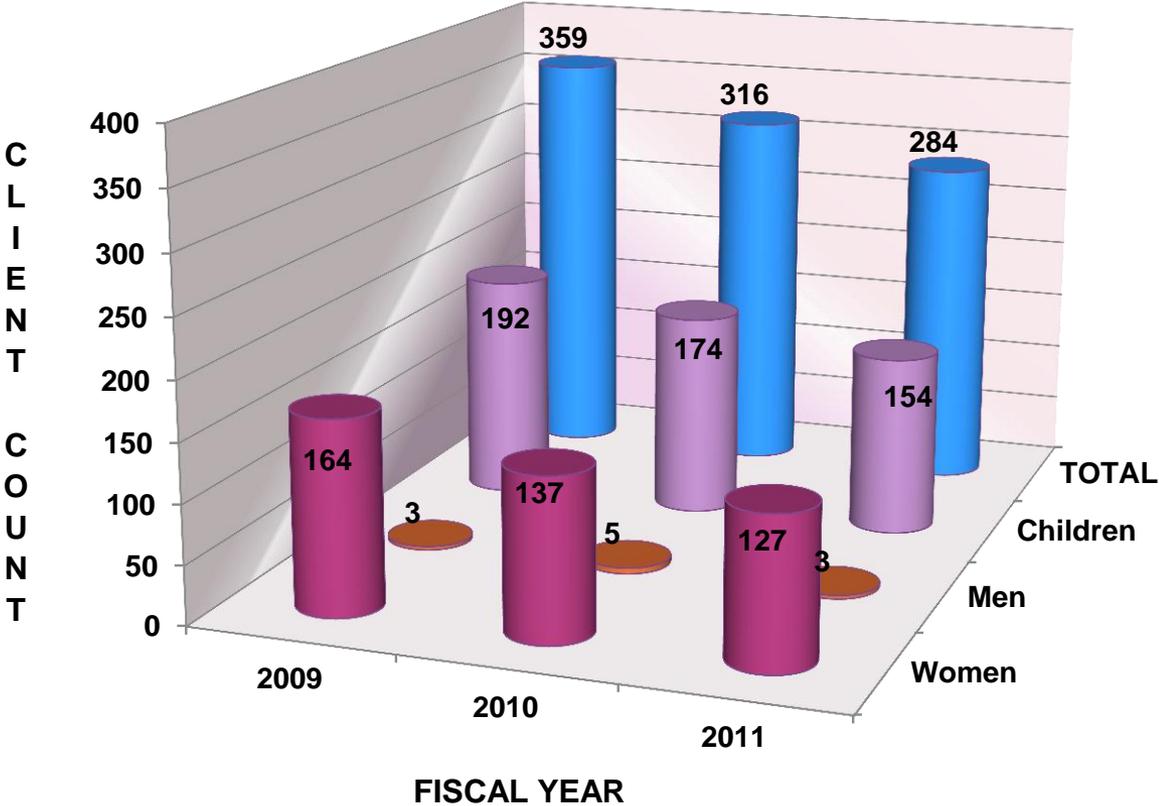
VOLUNTEER PROGRAM HIGHLIGHTS

- ❖ **Distributed Volunteer Updates quarterly newsletter.**
- ❖ **Implemented combined Offender Services and Survivor Services volunteer trainings.**
- ❖ **Conducted 11 volunteer orientation sessions.**
- ❖ **Obtained access to fingerprint machine to facilitate processing of background checks through partnership with Volunteer Solutions.**
- ❖ **Participated in the countywide volunteer data management system selection process.**
- ❖ **Established partnerships with Victim Services Section of Police Department, Domestic Violence Action Center (DVAC), GMU Service Learning, and OP3.**
- ❖ **Developed various brochures and training materials for volunteers.**
- ❖ **Volunteer recognition organized for service with OFWDSVS, with special recognition for three volunteers with 15, 18, and 28 years of service.**

ARTEMIS HOUSE, DOMESTIC VIOLENCE CRISIS SHELTER

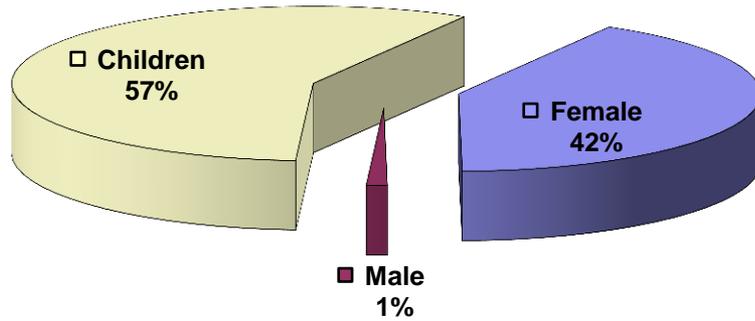
Funds to operate and manage Artemis House are handled through the Office for Women & Domestic and Sexual Violence Services.
In FY11, the contract was held by Shelter House, Inc.

SHELTER CLIENTS SERVED

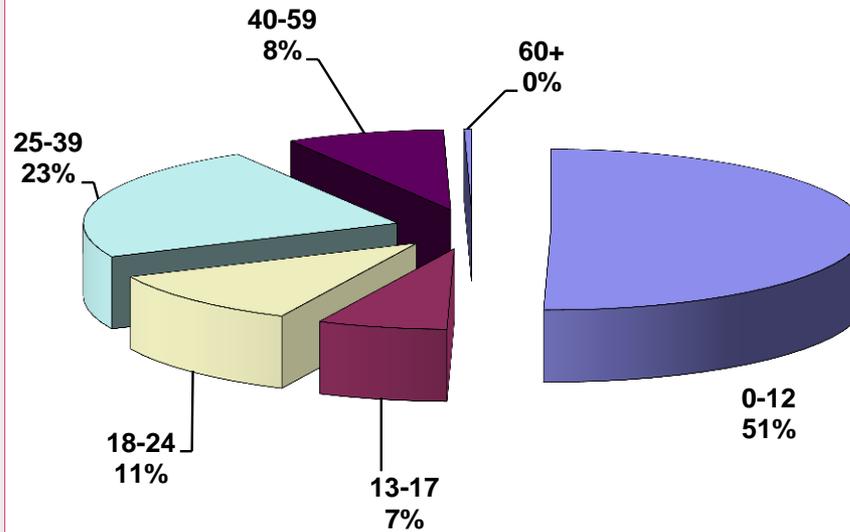


- 158 eligible households were turned away due to lack of space
- Shelter clients experiencing increased difficulties over the past few years in obtaining jobs, housing, and childcare needed to successfully transition out of the shelter. Consequently, shelter stays have become longer meaning fewer clients per year are able to access shelter beds.

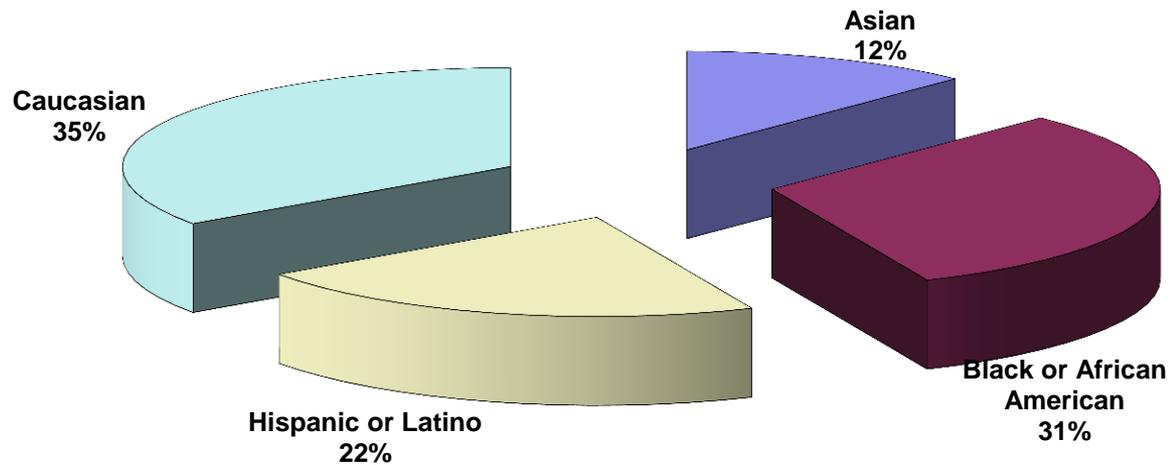
Shelter Admissions by Gender & Children



Shelter Admissions by Age



Shelter Admissions by Race/Ethnicity (Adults Only)



SOME IDENTIFIED UNMET SERVICE NEEDS

- ❖ **Availability of transportation for those who cannot get to individual counseling, court, or other necessary appointments.**
- ❖ **Outreach to underrepresented populations, including LGBTQ community, older adults, disabled individuals, and language and ethnic minorities.**
- ❖ **More and expanded prevention and education programs for all age groups.**
- ❖ **Shelter beds to accommodate more clients in crisis.**
- ❖ **Affordable housing for those transitioning from the shelter.**
- ❖ **Child supervision to assist parents accessing our counseling services.**