

**Josiah H. Beeman Commission
Meeting of April 13, 2007
12000 Government Center Parkway
Room 232**

In Attendance:

Mary Ann Beall, Chair, Fairfax-Falls Church Community Services Board
Mary Ann Bergeron, Executive Director, VA Association of Community Services Board
Gary Cyphers, Deputy Executive Director, Communications & Members Services
American Public Human Services Association
David Dangerfield, Retired Chief Executive Officer, Valley Mental Health
Joan Dodge, Senior Policy Associate, National Technical Center for Children's Mental
Health (Georgetown University)
Diane Grieder, Owner/President, Alipar, Inc.
Chuck Hall, Executive Director, Hampton-Newport News Community Services Board
Ronald Manderscheid, Director, Mental Health and Substance Use Programs Constella
Group, Inc.
Mattie Palmore, Vice Chair, Fairfax-Falls Church Community Services Board,
Special Magistrate
Russell Pierce, Private Consultant Public Health Advisor, Substance Abuse and Mental
Health Services Admin. U.S. Department of Health and Human Services
Sherry Rose, Peer Advocate
Yvette Sangster, PAIMI Program Director, Protection and Advocacy for Individuals with
Mental Illnesses (Georgia Advocacy Office)
James Stewart, Inspector General, Office of the Inspector General for Mental Health,
Mental Retardation and Substance Abuse Services
Carol Ulrich, President, National Alliance for Mental Illness of Northern Virginia,
Member of Virginia Chief Justice's Commission on Mental Health Law Reform
Verdia Haywood, Deputy County Executive (DCE), Fairfax County
Margo Kiely, Josiah H. Beeman Commission Staff Director
Kathaleen Karnes, Management Analyst, Fairfax County
Louise Wilson, Josiah H. Beeman Commission Support

Welcome and Introductions:

Margo Kiely, Staff Director for the Josiah H. Beeman Commission, opened the meeting with a welcome to all in attendance. Going around the room, the members, staff, and guests introduced themselves.

Agenda Review:

Margo reviewed the agenda for both days of the meeting. She noted that there were two presentations: one by Ron Manderscheid on Transformation; the other on Saturday by Deputy County Executive Verdia Haywood on cross cutting initiatives in Human Services, and on Building a High Performing Organization.

Margo noted a change to the usual agenda. This change comes in the form of an addition of a segment of time on each day for comments and questions from the guests of the Commission. This will be a routine part of the Commission's agenda from this point forward.

Status of Data and Information Requests:

The document which had been mailed to the members of the Commission with responses to some of the data and information requests was reviewed.

The members shared their markups of the document and raised clarifying questions. Requests for additional information were made. A list "Requests for Clarification and Additional Data Requests" is attached to these minutes.

The discussion focused on a number of important issues: the role of state and private hospitals; the distribution of case management services; the collaboration with other Human Services Agencies; and revenue streams such as Medicaid, Medicare, and private pay-for services.

Larger system issues were included in the discussion: the pros and cons of integrated electronic records, integration of primary care and behavioral health care, the impact of discriminatory practice in coverage of illnesses, the role of IMD, and premature deaths from physical illnesses.

Target populations were discussed and the observation was made that it is part of the Commission's role to advise on the "not to be served" population. There is clarity on those eligible to be served, but there is difficulty arriving at a sustainable definition of who is not to be served.

Commissioners discussed a tour of mental health sites and initiation of discussions with the staff and the consumers.

Commission Guest Forum:

Dottie McKee, NAMI-NOVA, Brain Foundation, commented on an article, "Surviving My Son's Mental Illness" as well as a report "The High Cost of Mental Illness."

In light of the severe lack of affordable housing in Fairfax, Trudy Harsh spoke about her successes in providing a home for several people with mental illnesses, and her hopes to expand this capacity. Ron Manderscheid commented that this was a very good model to provide services. She also distributed information about The Brain Foundation.

2006 Institute of Medicine Quality Chasm Series Report:

Margo discussed the executive summary of the Institute of Medicine report "Improving the Quality of Health Care for Mental and Substance-Use Conditions."

Ron Manderscheid provided a presentation titled "Transformation and Quality Improvement: A Necessary Partnership for Success" (copy attached), and distributed "From Study to Action: A Strategic Plan for Transformation of Mental Health Care (publicly available at www.healthcarechange.org).

Group Discussion:

- Ron Manderscheid referred the Commission to the 10 rules derived from the Institute of Medicine report and adapted to the mental health system (cf. p. 23, "From Study to Action"). He also recommended that the Commission consider using these as guides to begin the kind of transformation which would address the six problems with mental health and substance use care (cf. p. 10, "From Study to Action").
- Joan Dodge referred the Commissioners to "Building Systems of Care-A Primer." The Systems of Care Grants are intended to build models of infrastructure development and service delivery that can be adopted by states and localities. She pointed out the values and principles detailed in the document and referenced the information on what works and doesn't work in communities.
- A short discussion followed about the similarities in these two efforts, noting that children and young people often are an afterthought and need full consideration.

Administrative:

The meeting schedule was adjusted to cancel Friday, November 30, 2007, and to meet on Saturday, December 1, 2007, with the possibility of some members participating through a conference call.

Kathaleen distributed a copy of the current webpage for the Commission and discussed the Reference Library.

Louise distributed the revised Commission member list along with the member address chart.

General Discussion:

A general discussion ensued with many members of the Commission participating. Members raised questions of scope, and questions of structure. The best practices approach was discussed with the observation that, although there are a lot of problems, "there are little pockets of better." In addition, members noted that there is broad agreement on rules and values, but the difficulty comes in translating these into action.

Parity of outcome, successful discharge planning, and inclusion of the entire family in planning care were noted as issues. The observation was made that "all the dilemmas that users face" would be important for the Commission to include in discussion.

The meeting adjourned at 5:00 PM.