

**Josiah H. Beeman Commission  
Meeting of February 17, 2007  
12000 Government Center Parkway  
Room 232**

**In Attendance:**

James Scott, Delegate, 53<sup>rd</sup> District, Virginia House of Delegates  
Susan Beeman, Wife of the Late Ambassador Josiah H. Beeman  
Verdia Haywood, Deputy County Executive (DCE), Fairfax County  
Mary Ann Beall, Chair, Fairfax-Falls Church Community Services Board  
Mary Ann Bergeron, Executive Director, VA Association of Community Services Boards  
Gary Cyphers, Deputy Executive Director, Communications & Members Services  
American Public Human Services Association  
David Dangerfield, Retired Chief Executive Officer, Valley Mental Health  
Joan Dodge, Senior Policy Associate, National Technical Center for Children's Mental  
Health (Georgetown University)  
Diane Grieder, Owner/President, Alipar, Inc.  
Chuck Hall, Executive Director, Hampton-Newport News Community Services Board  
Sonia Jurich, Senior Research Associate, RMC Research Corp., Arlington, Virginia  
Ronald Manderscheid, Director, Mental Health and Substance Use Programs Constella  
Group, Inc.  
Mattie Palmore, Vice Chair, Fairfax-Falls Church Community Services Board,  
Special Magistrate  
Russell Pierce, Private Consultant Public Health Advisor, Substance Abuse and Mental  
Health Services Admin. U.S. Department of Health and Human Services  
Sherry Rose, Peer Advocate  
James Stewart, Inspector General, Office of the Inspector General for Mental Health,  
Mental Retardation and Substance Abuse Services  
Carol Ulrich, President, National Alliance for Mental Illness of Northern Virginia, Member  
of Virginia Chief Justice's Commission on Mental Health Law Reform  
Margo Kiely, Josiah H. Beeman Commission Staff Director  
Kathaleen Karnes, Management Analyst, Fairfax County  
Louise Wilson, Josiah H. Beeman Commission Support

**Welcome:** Margo opened the meeting with a welcome to all in attendance and thanked everyone again for taking an interest in becoming part of the Josiah H. Beeman Commission. She then introduced Susan Beeman, wife of the late Ambassador Josiah H. Beeman. Ms. Beeman warmly welcomed the members of the Commission and shared insights into the late Ambassador's interest in and commitment to assisting people with mental illness.

Margo Kiely then introduced Delegate Jim Scott, who presented Ms. Beeman with a proclamation from the General Assembly Honoring Ambassador Josiah H. Beeman. A copy of the proclamation is attached.

### **Charter and General Work Plan:**

DCE Verdia Haywood provided a presentation of the Charter and General Work Plan for the Commission (copy attached). His remarks included the following observations:

- The Board of Supervisors is very interested in taking a close look at what the Commission recommends as a vision and blueprint for the direction for public mental health service delivery. Expectations are very high in what the Commission can deliver.
- It is very important that we look at this not only at an operations level but also at a systems level. The Board of Supervisors and Community Services Board will weigh in heavily on the operations.
- Commission Deliverables
  - (1) Recommendations drawing on best practices in public mental health service delivery at the local level from around the nation – We need to clarify this to the best possible way that we can. We need to focus on service compilation, but we don't want to reinvent this.
  - (2) Recommendations on Service Populations – We need to look closely at what our care system is doing, or not doing. In particular, we need to focus on what services are provided to our children, older citizens, and the diverse population. We need to zero in on that.
  - (3) Recommendations on Service Delivery Design – This is a very crucial deliverable: where are we now, what is the role of public and private sectors, what is the best practices approach, and are we appropriately designed or organized to address issues from best practices.
  - (4) Recommend Strategies for Funding – The issue of finances is a major challenge everywhere and even in our community. We receive more local support in Fairfax than anywhere in Virginia; however, the level of need, the requirements are very substantial. Have we missed strategies that would optimize other resources to sustain the service delivery system such as federal, state, and other resources?
  - (5) Recommend Outcomes and System of Measurement – Recommend a system of both consumer and system outcomes. After we have looked at this, we need to ask where are we now, what is our strength, and what are some challenges. After we make that assessment, it will help guide us to be where we want to be.

Questions and answers ensued. The Commissioners were asked to give a “nutshell” reaction to the Charter. Responses indicated that the Charter was deemed to be challenging but worthwhile.

### **Timeline and Meeting Schedule:**

Kathaleen Karnes distributed the results of the survey regarding meeting times and dates and a copy of the resultant schedule for the remainder of the year. The schedule is attached.

Commissioners were asked to inform Louise Wilson [Louise.Wilson@fairfaxcounty.gov](mailto:Louise.Wilson@fairfaxcounty.gov) of times when they will be unable to attend.

### **Mental Health Service Delivery – Changes, Trends and Practices:**

The Commissioners were asked to respond to the following questions:

- What do you see as the most important change or development in mental health service delivery in the last 5 years?
- What trends can you identify that have significantly impacted mental health service delivery in recent years?
- What practices do you think we should be thinking about as we begin this work?

Much discussion ensued. Attached you will find an extensive listing. In brief summary, Commissioners brought up the following:

- Issues around the provision of acute care
- Case Management
- Changing Social Perceptions of Mental Illness
- Issues and developments in the care of children, adolescents, and families
- Community Support Service Development
- Co-occurring disorders treatment
- Criminal Justice
- Cross System Integration
- Evidence Based Practice
- Practice Based Evidence
- Parity and Insurance
- Mental Health Care
- Performance Management
- Recovery
- Transformation of the Mental Health System
- Workforce Issues
- Advance Directives
- Delegated Autonomy
- Caregiver Services
- Shortened Life Expectancies
- Technology and Technical Support
- Coordination of Care
- Wellness Promotion
- Practice Highlights from Across the Nation

It was noted that many of the emerging ideas have in fact been around for many years and that actual implementation is unduly delayed. The Commissioners raised questions about barriers to implementation and made note of the fact that change management will be required.

**Requests for Data and Information:**

Commissioners were asked what information or data they would like to have to pursue the accomplishment of the deliverables in the Charter. An extensive list is attached. In brief summary, data was requested concerning:

- Access to Services
- Information Technology
- Performance Measurement and Management
- Perspectives of Consumers, Families of Consumers, Mental Health and Addictions staff, Community Partners
- Practices
- Quality Assurance
- Service Integration
- Service Structure and Populations Served
- Staff Culture and Characteristics
- System Environment

Staff agreed to assemble and classify these requests and to work with the agency to determine the availability and criticality of data requested.

Commissioners identified links to be included in the reference library on the webpage and expert resources for the Commission.

**Meeting Evaluation:**

Evaluation forms for the meeting were distributed and Commissioners were encouraged to add any notes as they wished.

**Meeting adjourned 3:00 p.m.**