



Women's Only Golf Clinic

The Laurel Hill Golf Club's Women's Only Golf Clinic is designed to introduce women to the fundamentals of playing golf. This includes building the proper swing and fundamentals, understanding short game techniques, an overview of equipment, as well as a basic understanding of the rules and etiquette of golf on and off the course. There will be a maximum of 12 students per session. Additionally, Laurel Hill Golf Club will provide all the necessary equipment for any and all participants.

COST: \$400 INCLUDES: Gift card good at all FCPA locations (\$130 value)
Four 60-minute sessions (\$300 value)
Multi-Use range pass for our practice facility (\$50)
2011 USGA Rules of Golf
A Laurel Hill G.C. Bag Tag
1 on 1 Golf fitness session with Laurie Strickland (\$60)

SESSION ONE

- Introduction to basic grip, posture and ball position
- Overview of clubs and equipment
- Building the proper swing

SESSION TWO

- Introduction to short game principles
- Fundamentals of chipping and pitching

SESSION THREE

- Introduction to the proper putting grip and posture
- Developing the putting stroke (distance/speed)
- "Reading" the greens

SESSION FOUR

- Learning the rules and etiquette of golf
- Club selection and general full swing

Laurel Hill Golf Club

8701 Laurel Crest Drive • Lorton, VA 22079 • 703-493-8849